Study	Std. Mean Diff. Weight with 95% CI (%)
Giady	With 33 70 Of (70)
Mutrie	-2.53 [ -3.31, -1.75] 8.41
McNeil	-1.07 [ -1.87, -0.27] 8.01
Reuter	-2.10 [ -2.88, -1.32] 8.41
Doyne	-1.20 [ -2.04, -0.36] 7.28
Hess-Homeier	-0.82 [ -1.94, 0.30] 4.14
Epstein	-0.84 [ -1.74, 0.06] 6.36
Martinsen	-1.16 [ -1.71, -0.61] 17.17
Singh	-0.45 [ -1.12, 0.22] 11.65
Klein	0.25 [ -0.75, 1.25] 5.18
Veale	-0.53 [ -1.00, -0.06] 23.37
Overall	-1.01 [ -1.24, -0.79]
Heterogeneity: $I^2 = 74.60\%$ , $H^2 = 3.94$	
Test of $\theta_i = \theta_j$ : Q(9) = 35.43, p = 0.00	
Test of $\theta = 0$ : $z = -8.73$ , $p = 0.00$	
	-4.00 -2.00 0.00 2.00
Fixed-effects inverse-variance model	