

5 Myths & Facts

About the Coronavirus

Different variations of health advisories are emerging on social media as Coronavirus is spreading to various countries and affecting more people every day. In the midst of this global emergency, a lot of these fake news on unproven advisories could prove to be harmful than the virus itself.

✗ MYTH

Consuming Alcohol
could kill Coronavirus



1

✓ FACT

In no way will consumption of alcohol protect you from being infected by Coronavirus. its consumption likely to increase the health risks if a person becomes infected with the virus. Alcohol (at a concentration of at least 60% by volume) works as a disinfectant on your skin, but it has no such effect within your system when ingested.

<https://www.euro.who.int>

✗ MYTH

Eating bananas can
prevent Coronavirus



2

✓ FACT

While bananas are a good source of nutrients, including vitamin B6, fiber and potassium, there is no evidence that bananas can prevent or kill coronavirus. "There is no correlation of bananas or any of the foods we know of with this virus," said Dr. Faheem Younus, who specializes in infectious diseases at the University of Maryland.

<https://apnews.com/article/8631011043>

✗ MYTH

Extreme Temperature
will kill Coronavirus



3

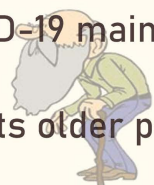
✓ FACT

No, extreme temperature will not kill novel coronavirus. With numerous preventive measures doing rounds on the internet falsely attributed to UNICEF claimed that exposure to sunlight or drinking hot water will save one from the deadly coronavirus. Extreme temperatures, be it hot or cold, are not suitable for the human skin. Thus, exposing oneself to this extreme heat will not prevent one from the virus.

<https://www.ha-asia.com>

✗ MYTH

COVID-19 mainly
affects older people.



4

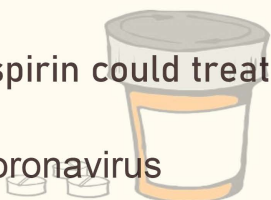
✓ FACT

Anyone can become infected with COVID-19; however, older people, infants, individuals with weak immune systems or those with pre-existing medical conditions (such as diabetes and heart disease) are most at risk of becoming severely ill once infected.

<https://www.worldaware.com/>

✗ MYTH

Aspirin could treat
Coronavirus



5

✓ FACT

Novel coronavirus is a virus, not a bacterium easily treated with aspirin. Popping aspirin cannot treat coronavirus. In fact, there is no vaccine to protect against human coronaviruses and there is no specific treatment.

<https://www.usatoday.com/>

Stay Informed with Reliable Sources

To keep updated with the current Coronavirus outbreak with reliable and accurate resources, only follow information provided by the WHO, CDC, and relevant country health departments.