



SOLIDARITY NOT STIGMA

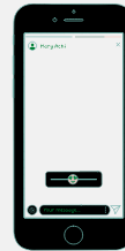
FAMILY SUFFERS COVID-19 STIGMATI[Z]ATION

"Media called her a 'spreader'. She faced social media harassment. She burnt her property, prepared for death as news of her testing positive went viral. Sad story about how COVID-19 stigma affected this Bulawayo family."

@RangaMberi | The Chronicle

BEFORE YOU ACT

Understand first the whole story



Put yourself in the victim's shoes

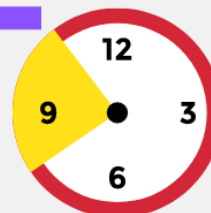
Report the false information to the platform administrators.

People who are sick with COVID-19 have done nothing wrong don't treat them differently



Avoid spreading the false rumors that can downgrade their self-esteem

When in doubt, take the time to verify the shared information



Make positive comments

