

1. What is Lectio Divina

- Lectio Divina is “Divine Reading” in English it is a practice of scriptural reading, meditation and prayer intended to promote communion with God and to increase the knowledge of God's word.

A. Lectio (Read) – Read the Scripture

- My favorite verse was (Mark 4:37-39) It says A great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. But he was in the stern, asleep on the cushion. And they woke him and said to him, “Teacher, do you not care that we are perishing?” And he awoke and rebuked the wind and said to the sea, “Peace! Be still!” And the wind ceased, and there was a great calm. In this passage if we have God in our life we should not worry on what will happen next or tomorrow because God will always provide the needs and wants in our life that is why God called Yahweh Yireh meaning The Lord will provide this is when God told Abraham to offer his son Isaac as a burnt offering. So we should not worry and just have faith in God that he will provide every little thing that we need in our life.

B. Meditatio (Reflect) – Meditate on the Scripture Passage

- This reminds me of when my Mother tells me their story when I was a baby that they don't know where they will get their milk for me and for my brother because back then we really don't have anything my father has a job but could not provide the entire family. My mother just prayed to God and have faith in him that he will provide the needs and wants of our Family and God has some ways of his own to fulfill his promise my Father was promoted to be the IT Manager to provide our Family. Having Faith in God is really reliable because in him we can do anything we won't feel weakness or pain in him but he will protect us from harm and grace will come over in our life in just a second everything will change if we just have faith in him. If I were there in the Scripture and witness the story that would change my life for the rest of my life and would be amazed how powerful our God that we are

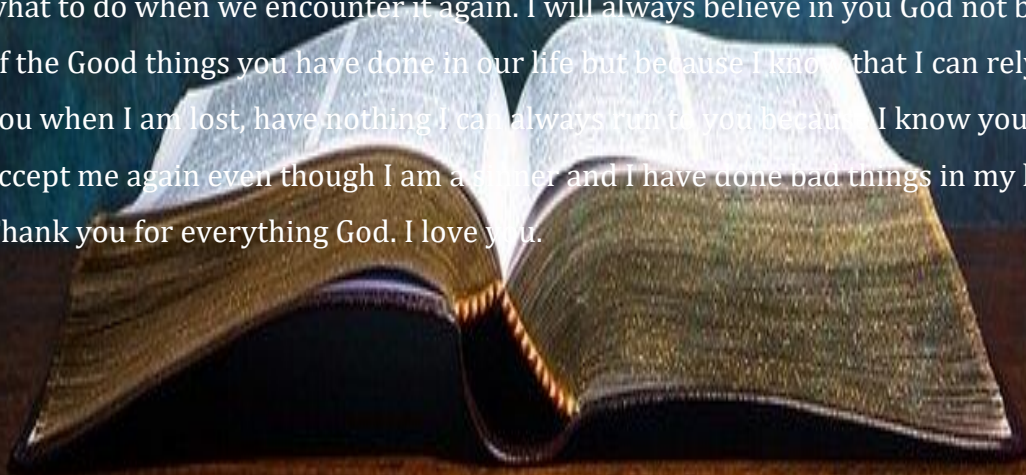
serving and having our faith in him. I would follow his footsteps and worship him for the rest of my life.

C. Oratio (Respond) – Pray based on your meditation

- Dear Jesus Thank you for not letting us behind back then when we need help you were there for us to provide our food, shelter, clothing, and everything we need. Thank you God for you were always there for us protecting us from all evil we encountered and may encounter in the future. My faith will never change in you but it will just grow and grow as the day's go by just like my Mother who has really big Faith in your word, and works. I know that we will encounter challenges but that will just make my Faith in you even more stronger. Please help me understand everything that I need to change in my life I know that I am not perfect but in you I will be because I can do anything in your name who will guide me on my journey in this life I know that you will protect me from all evil that I will be successful because I have you in my life.

D. Contemplatio (Rest) – Contemplate on the loving presence of God

- Lord, I love you for everything you have done in my family and for the whole world for protecting us from all evil that we encountered and may encounter in the future. I know that you will not abandon us in evil but you will save us from it. Thank you for teaching us every day in our life that we can use it on the future so that we know what to do when we encounter it again. I will always believe in you God not because of the Good things you have done in our life but because I know that I can rely on you when I am lost, have nothing I can always run to you because I know you will accept me again even though I am a sinner and I have done bad things in my life. Thank you for everything God. I love you.





YOU ARE GOOD, SOVEREIGN



+ JOURNEY TO THE GOSPEL



"My Father's House . . . marketplace"



John 2 : 13 - 25
Jesus clears the Temple Courts



+ JOURNEY TO THE GOSPEL



Jesus is not swayed even by those
who believe in Him simply because
of the signs they see Him perform.

He is not out to impress others
with miracles.

He sees what is in the hearts of people.

John 2 : 13 - 25

Jesus clears the Temple Courts



Fr. Michael



+ JOURNEY TO THE GOSPEL



ORATIO
Respond



John 2 : 13 - 25

Jesus clears the Temple Courts



Fr. Michael

