1185 Eglinton Avenue East, Suite 602, North York, Ontario, M3C 3C6
Telephone: (416) 426-7167 Fax: (416) 426-7364 E-Mail: o5pba@o5pba.ca Website: www.o5pba.ca

O5PBA ELITE COACHES' SEMINAR/WORKSHOP 2005/06

We will be bringing in experience coaches who have been successful at both Provincial and National tournaments. These coaches will be working with novice coaches who would like to coach the elite bowler.

This will include:

- > Introductions and Opening Remarks
- > Lecture Introduction to Team Building
- Question and Answer "Pro Coaches"
- > Group Activity
- > Presentation of Results
- > Case Studies Open, Youth Challenge and Masters
- > Lecture Psychologist or Physiotherapist
- > Individual/Small Group Activity based on Lecture
- > Injury Prevention, Detect and Correct

DATE	LOCATION	ZONES ASSIGNED	
December 17, 2005	London, Ontario	A–Western Ontario D–Niagara Peninsula S–Grand River Z–Tri County	B–Middlesex Elgin E–Hamilton T–Bluewater
January 28, 2006	Barrie, Ontario	F–Central Ontario H–Huronia	G–York Simcoe P–Metro Toronto
March 11, 2006	Kingston, Ontario	J–Ontario Durham L–Kawartha Lakes	K–Bay of Quinte X–Ottawa Valley

Please Note:	Subject to availability coaches may be permitted to attend sessions in
	locations other than that assigned to his/her Zone. Please contact the
	Provincial Office.



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O5PBA ELITE COACHES' SEMINAR/WORKSHOP 2005/06 REGISTRATION FORM

Zone Association:				
DEADLINE DATE – NOVEMBER 30 TH , DEADLINE DATE – DECEMBER 30 TH , DEADLINE DATE – FEBRUARY 10 TH , 2	2005 – (Barrie)			
Print the names of each person attending the Seminar/Wor	rkshop for (City)			
1	2			
3	4			
HOTEL ACCOMMODA	ATION			
Four Points, London Travelodge (Bayfield), Barrie Four Points, Kingston Friday, December 16, 2005 Friday, January 27, 2006 Friday, March 10, 2006 We would like to book rooms at the hotel indicated person(s) occupying room(s).	Rate: \$106.40 (Taxes Incl.) () Rate: \$133.28 (Taxes Incl.) ()			
METHOD OF PAYME	ENT			
Please Indicate: Cheque { } Money Order { } **	* VISA { } ** Mastercard { }			
** <u>NOTE</u> : IF YOU ARE PAYING BY CREDIT CARD, YOUR PAYMENT WILL BE PROCESSED TO YOUR CREDIT CARD ON THE DATE WE RECEIVE THIS REGISTRATION FORM				
Payment is enclosed in the amount of \$				
Cardholder's Name:(PLEASE PRINT)				
Credit Card Number:	Expiry Date:			
Signature of Cardholder:				
Coaches' Seminar/Workshop Page 2 of 2	11/9/2005			