



Ontario 5 Pin Bowlers' Association

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Competitive Coach Program Q & A

What is the NCCP (National Coaching Certification Program)?

The NCCP is a coach training and certification program that assists coaches in developing their skills as a coach. Through multi sport a coach can participate in workshops that are focused on the NCCP Outcomes. These include:

- Make Ethical Decisions
- Plan a Practice
- Support the Athlete in Training
- Analyze Performance
- Support the Competitive Experience

Competition Introduction – Training & Evaluations

In order to be certified in this context a coach will be evaluated based on their knowledge and applications within the 4 outcomes:

- Make ethical Decisions
- Plan a Practice
- Analyze Performance
- Provide support to the bowler in training

The Competitive Coach is a 19 hour course and at the end of the course the coach will be trained in the context. A trained Competitive coach will then go and work as a coach for 3 months and then they can apply for certification. A coach must be certified before they are allowed to coach at a provincial or national championships.

What is Evaluation?

Under the new NCCP a coach must prove their ability to coach the bowler effectively. In this process the facilitator will acknowledge the skills you have learned and if necessary identify the components that need improvement.

Evaluation Phase

There are 3 phases in the Evaluation Process:

- must successfully complete the CAC on-line Making ethical Decisions
- must submit a written portfolio. This includes 3 assessment forms; 2 lesson plans an Emergency Action Plan as well as signing the coach Code of Conduct
- on-lane evaluation based on the 4 modules

What is the cost to become Competitive Coach?

The cost of this course is \$ 175.00, which includes:

- 19 hour training course
- evaluation process
- update your CAC profile

Once I have been certified what can I coach?

- Youth Challenge Provincial and National Championships
- Open Provincial and National championships

I am a Full Level 2 coach. What do I have to do to become a Competitive Coach?

A full level 2 coach will be recognized for their prior learning and experience. You will need to do the following evaluation phase:

- must successfully complete the on-line Making Ethical Decisions
- must successfully complete the on-line sport evaluation on the C5PBA website
- accept the Code of Conduct

There is no cost for any Full Level 2 coaches.

I only have my Level 2 Technical & Practical, I don't have my Theory portion. What do I need to do?

- Take Part "B" of the Multi Sport Course. This would give you a Full Level 2 and then you would need to follow the above steps to receive Competitive Coach status
- Second option is to take the complete Competitive Coach course plus the Evaluation Process

How do I take the on-line MED for the Competitive Coach?

Before you take the on-line MED you must first apply for a password. Go to www.coach.ca and send them an email with your cc number and they will send you a password.

Then go to Coaching Association of Canada website and click on MED for comp Intro and follow the prompts. At the end of the process please print your certification record, which you will need to send to the C5PBA with your signed Code of Conduct.

What happens if I do not take the upgrade?

All Full Level 2 coaches have until December 31st 2015 to take the upgrade. After that date they will be moved to an inactive file and will no longer be accredited as a certified coach.

If you require further information contact Dave Post at coach@o5pba.ca