

Coaching the NEW look

There has been a lot of discussion over the past couple of years concerning coaching and the new CBET program. I would like to explain just what CBET is all about and the transition into the new program. **Before I start I would like to remind everyone that until this process has been completed each province would continue to deliver the old Technical portion, level 1 and 2, of the NCCP program.**

The Theory portions of the old NCCP are now referred to Part "A" and Part "B" of the new CBET course.

CBET stands for Competency-based Education and Training. This new program is based on three essential points.

- 1 Providing a positive sport experience to participate.
- 2 Provide an opportunity for participants to achieve their full potential in and through sport.
- 3 Using sport as a means of helping participants to develop in a holistic way.

Given the responsibility that is associated with the coaching process, it is critical that such interventions take place within the boundaries of ethical practice. The ethical dimensions of coaching are embodied in the 5 coaching values:

- 1 Responsible coaching
- 2 Competent coaching
- 3 Fairness
- 4 Integrity
- 5 Honoring sport

The new CBET structure is based on three coaching streams:

- 1 Community Sport
- 2 Competition
- 3 Instruction

Currently we are developing the Community Sport module and the first draft has been completed. We will be running 2 pilot projects in early April 2006 and our goal is to start training the Learning Facilitators (old Master Course Conductors) as early as September 2006. We plan to run 5 courses across Canada and, hopefully, by November 2006 we can start training our first Community Coaches.

We will continue to update this web page as we progress through the Community Sport phase as to when and where the Learners Facilitator Training will take place as well as when the coaches' training will take place in your province.

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