



Ontario 5 Pin Bowlers' Association

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NCCP Update

In 2006 the Canadian 5 Pin Bowlers Association adopted the new NCCP program. The new program consists of two streams. The Community Coach which replaces the old Level 1 and the Competitive Coach which replaces the old Level 2. Both these courses are multi-sport courses which means no separate Theory Courses are required. Both streams are based on a competency based education training. This methodology places a greater emphasis on a coaches ability to 'DO' versus simply to "KNOW". The new NCCP is less knowledge based and more know how based. In the new system the emphasis is on learning by doing.

Community Coach

In December 2008 the first context the Community Coach received final approval from the Coaching Association of Canada. This course is non evaluated and once a coach has taken the 7 hour course they will be deemed as "Trained" as a Community Coach. They now will be allowed to coach in any C5PBA/O5PBA tournament that requires a Full Level 1 coach. The Community Coach course consists of 7 modules:

- Introduction
- Setting the Scene
- Plan a Practice
- Analyze Performance
- Safety
- Practice Coaching
- Making Ethical Decisions

All current Full Level 1 coach are required to have Making Ethical Decisions module in order to be granted the Community Coach equivalency. All current full Level 1 coaches wishing to to be granted Community Coach equivalency must complete the Making Ethical Decision module by December 31st 2013 or they will be moved to an inactive file and must then take the complete Community Coach program to become active.

There are 3 ways in which a Full Level 1 can obtain their Community Coach equivalency:

1. Take the 1 ½ hour portion of MED as part of the Community Coach program
2. Take Part “A” of the NCCP program which is normally taught at a Community College or thru your provincial sport organization
3. Take the on-line Making Ethical Decision module for a Community Coach at the Coaching Association of Canada website. Before taking this course you must apply for a password at coach@coach.ca You must supply your CC # and your name to receive a passport

Competitive Coach

In December 2010 the second context the Competitive Coach received final approval from the Coaching Association of Canada. This course is an evaluated course and at the end of the 19 hour course a coach will receive the status of “TRAINED” as a Competitive Coach. After 3 months a trained coach can apply for the Evaluation Phase of the course. Once a coach has passed the Evaluation process they will obtain the status of “CERTIFIED” which will allow them to coach in any C5PBA/O5PBA event. The Competitive Coach course consists of 7 modules:

- Introduction & Setting the Scene
- LTAD (Long Term Athlete Development & CS4L (Canadian Sport for Life)
- Plan a Practice (teaching & learning)
- Analyze Performance
- Making ethical Decisions (6 step approach)
- Provide support to bowlers in training
- Support the competitive experience

Evaluation Phase

During the 3 month waiting period a coach will be required to go out into the field and work with either YBC bowlers or any type of higher average bowlers. During this time the coach can work on their portfolio which must be submitted prior to the on lane evaluation. The portfolio which the coach will receive at the completion of the course will contain the following:

- signed Coaches Code of Ethics
- practice plan for novice bowlers
- practice plan for experienced bowlers to refine a skill
- Emergency Action Plan
- Coach self-assessment form
- Athlete or parent assessment form
- Administrator / Proprietor assessment form
- CAC coach transcript
- evidence of successfully completing the on-line Comp Intro MED

This portfolio must be sent to the Evaluator 7 days prior to evaluation

Based on the new NCCP system of a coach's ability to do rather than know the coach must show evidence of achievement in the following contexts:

- Professionalism
- Teaching methods
- Structure and organization of a practice
- Safety
- Planning a productive practice
- Correct Errors

Once a coach has passed this phase they will be deemed Certified as a Competitive Coach.

A Full Level 2 coach has until December 31st 2015 to obtain their Competitive Coach equivalency. To receive this a Full Level 2 coach must:

1. Must sign the coaches Code of Conduct
2. Must successfully pass the on-line evaluation on the C5PBA website
3. Must successfully pass the Comp Intro MED on-line on the CAC website.
Before doing the on-line MED they must apply to the CAC for a passport by visiting coach@coach.ca and providing them with your CC# and name

Again after December 31st 2015 if a coach has not received Competitive Coach equivalency they will be removed from the active coaching file

A Community Coach must wait 6 months before they can take the Competitive Coach module. This allows the coach ample time to take what they have learned and apply it in the field.

The final step in this process is the Coach Development phase which we are currently working on. A Competitive Coach must pass some sort of development every 5 years

Note:

For any coach who has only the technical portion of either context and require only the theory portion they must take **Part 'A'** only which includes the Making Ethical Decisions module.

O5PBA Coaching Committee