



Ontario 5 Pin Bowlers' Association

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National Coaching Certification Program and Community Coach

What is the Community Sport Initiation?

The Community Sport Initiation is geared towards young bowlers getting started in our sport, where basic skills are learned. Coaches for this program are often parents or volunteers who are interested in teaching the basics of our sport while at the same time teaching fun and fitness. The majority of these coaches are people who are not interested in coaching at a higher level and our probably only going to coach while their son or daughter is part of the YBC Program. This is a one-day course and on completion the person will be certified as a Community Coach.

NCCP Vision for children in Community Sport

Children play a sport in order to have fun and to be with friends. Every child involved in sport should have a positive experience, which is only possible when the sport environment is both physically and emotionally safe.

How do I become a Community Coach?

Coaching courses will be offered starting in August of 2007. Community Coach Initiation has been completed and Learner Facilitator training will be held in March 2007. Contact your Provincial 5 Pin Bowlers Association for a course in your area.

Just what is the difference between the old and new versions of the NCCP Program?

In the new NCCP certification is based on the coach's ability to "DO" versus simply to "KNOW". Under the old system course conductors simply taught from a manual while the coaches sat and listened. The new NCCP is based on a competency approach, where

Learning Facilitators act as facilitators while the coaches actually do the work. Under the new program the facilitator introduces a topic and the coaches are broken into groups and they discuss the topic and come up with the proper explanations. The facilitator will then add any information that was not covered in the discussion. This one-day course is broken down into 7 modules.

7 Modules for Community Coach Training

Introduction: In the Community Coach Initiation context the focus is having a safe and fun sport experience while learning the basic fundamental skills.

Setting the Scene: where the coaches look at why they want to coach and why the bowlers want to participate

Plan a practice: In this module the Community Coach will have observed a video, develop a practice plan that includes consideration of safety, equipment and the skill level of the participants. They will identify rules that need to be introduced and review the necessary elements of an Emergency Action Plan.

Analyze Performance: At the end of this session the Community Coach will be able to identify basic movements needed for the basic skills in 5-pin bowling. They will also be able to identify common errors and make the appropriate corrections.

Run a Safe Practice: At the end of this module the coach will have explored the potential risks in a bowling centre including human and equipment. They will develop a Emergency Action Plan.

Practical Coaching: In this session the coach will have an opportunity to instruct participants delivering the lesson they developed in Module 3.

Ethical Decision Making: At the end of this session coaches will understand the Ethical Decision Making Procedure and better understand the new NCCP Code of Ethics, which is Respect for Athletes & participants ,coaching responsibilities ,maintaining Integrity in relationships and honoring sport