



SEO PERFORMANCE REPORT

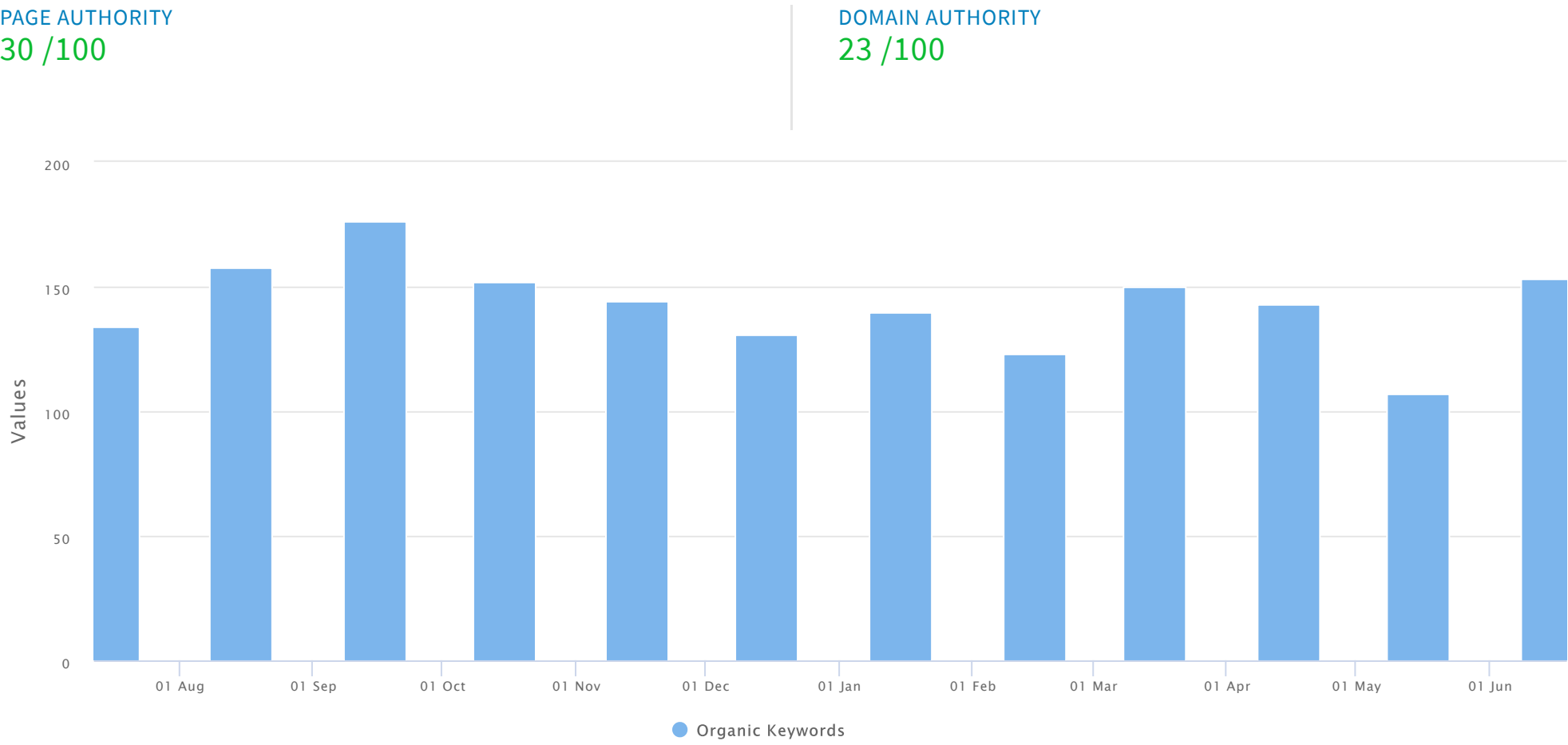
Prepared for
<http://www.ahelpinghandnw.com/>

05/08/2019

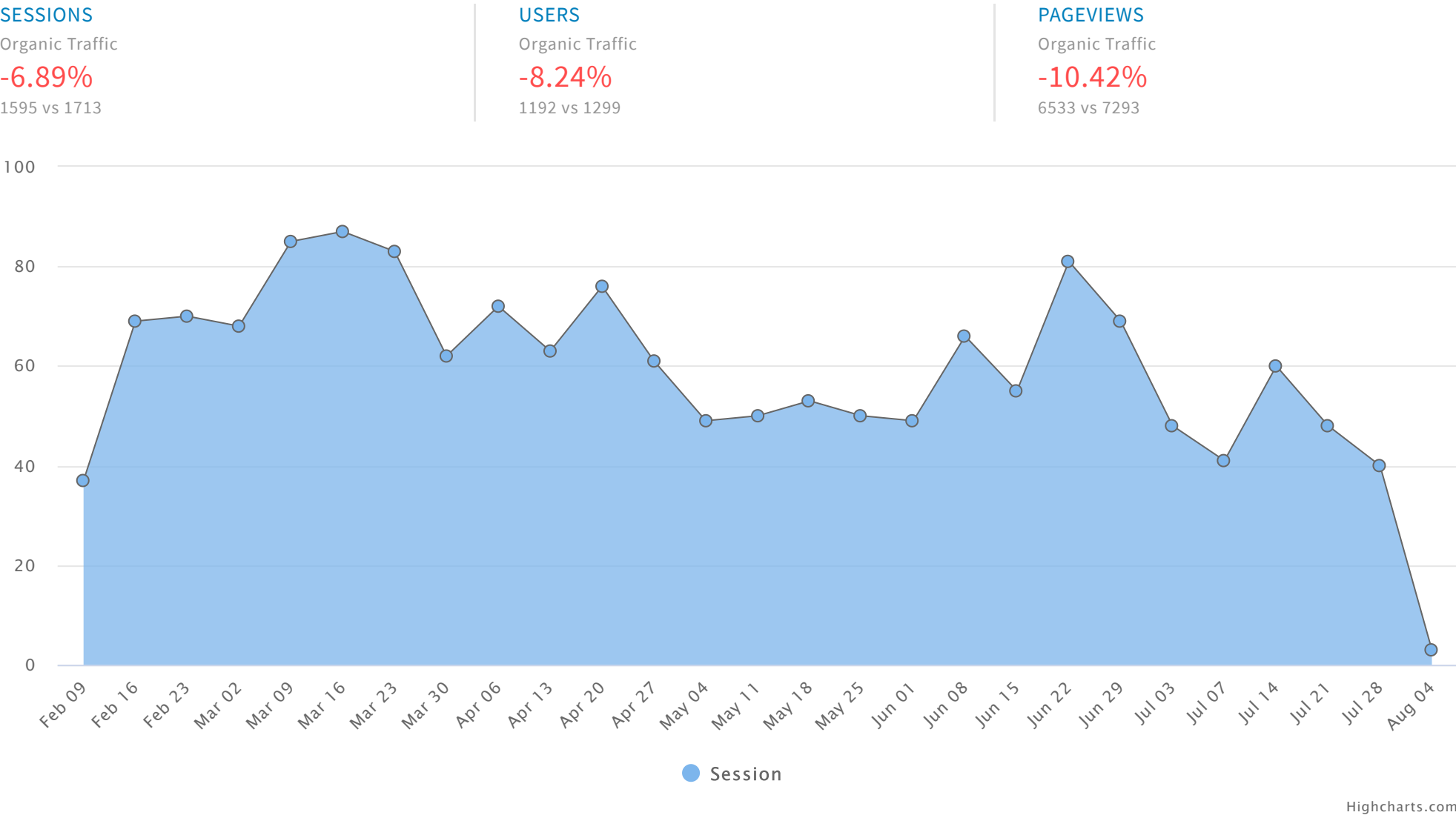


Monthly Performance Report (A Helping Hand)

ORGANIC KEYWORD GROWTH (12 MONTHS)



















ORGANIC TRAFFIC GROWTH (6 MONTHS)



















ORGANIC KEYWORDS









Keywords	Current Position	Previous Position	Change	Traffic %	CPC(USD)	Average Vol	URL
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Keywords 	Current Position 	Previous Position 	Change 	Traffic % 	CPC(USD) 	Average Vol 	URL 
a helping hand homecare seattle wa	1	1		9.81	0	90	http://www.ahelpinghandnw.com/
caring helping hands	1	1		4.2	0.4	40	http://www.ahelpinghandnw.com/
a helping hand seattle	1	1		3.73	0	20	http://www.ahelpinghandnw.com/
a helping hand homecare seattle	1	1		3.27	6.23	30	http://www.ahelpinghandnw.com/
a helping hand home care	2	2		9.57	3.43	320	http://www.ahelpinghandnw.com/
a helping hand homecare seattle wa	2	2		2.57	0	90	http://www.ahelpinghandnw.com/contact/
a helping hand homecare seattle	2	2		0.7	6.23	30	http://www.ahelpinghandnw.com/contact/
helping hands home care address	2	2		0.46	0	20	http://www.ahelpinghandnw.com/
a helping hand seattle	2	2		0	0	20	http://www.ahelpinghandnw.com/contact/
a helping hand seattle	3	3		0	0	20	http://www.ahelpinghandnw.com/who-we-ar e/
a helping hand	4	4		31.07	1.63	1900	http://www.ahelpinghandnw.com/
helping hands home care agency	4	4		1.63	10.63	110	http://www.ahelpinghandnw.com/
a helping hand seattle	4	4		0	0	20	http://www.ahelpinghandnw.com/employe nt/
ahelpinghand	5	5		1.86	0	170	http://www.ahelpinghandnw.com/
with a helping hand	5	5		0.7	0	70	http://www.ahelpinghandnw.com/
caregivers helping hand inc	5	5		0.23	0	30	http://www.ahelpinghandnw.com/
helping hands home care	6	6		15.18	4.8	1300	http://www.ahelpinghandnw.com/
hand home care	6	6		0.7	4.32	70	http://www.ahelpinghandnw.com/
helping hands agency	7	7		6.54	1.92	720	http://www.ahelpinghandnw.com/
helping hand home healthcare agency	7	7		0.46	2.71	70	http://www.ahelpinghandnw.com/
helping hands home care nw	7	7		0.23	4.51	30	http://www.ahelpinghandnw.com/
helping hands home care inc	7	7		0	0	20	http://www.ahelpinghandnw.com/
helping hands bothell	8	8		0.7	0	110	http://www.ahelpinghandnw.com/contact/
the helping hands agency	8	8		0.46	0	90	http://www.ahelpinghandnw.com/









Keywords 	Current Position 	Previous Position 	Change 	Traffic % 	CPC(USD) 	Average Vol 	URL 
helping hands testimonials	8	8		0	0	20	http://www.ahelpinghandnw.com/testimonials/
great hands agency	8	8		0	0	20	http://www.ahelpinghandnw.com/
helping hands senior home care services	8	8		0	14.77	30	http://www.ahelpinghandnw.com/
helping hands home health	9	9		3.97	3.15	590	http://www.ahelpinghandnw.com/
helping hand home	9	9		0.7	5.63	590	http://www.ahelpinghandnw.com/
helping hands everett wa	9	9		0.23	0	40	http://www.ahelpinghandnw.com/
faq a	11	11		0.23	0	40	http://www.ahelpinghandnw.com/faq/
helping hands senior care	11	11		0.23	7.73	30	http://www.ahelpinghandnw.com/
helping hands head office address	14	14		0	0	20	http://www.ahelpinghandnw.com/
be a helping hand	15	15		0	0	20	http://www.ahelpinghandnw.com/
caregiver orientation	15	15		0	0	40	http://www.ahelpinghandnw.com/new-employee-orientation/
helping hands home health care	16	16		0.23	9.1	390	http://www.ahelpinghandnw.com/
helping hands home care salem oregon	17	17		0	1.55	20	http://www.ahelpinghandnw.com/
helping hands home care interview questions	17	17		0	0	50	http://www.ahelpinghandnw.com/faq/
helping hand careers	18	18		0	0.3	20	http://www.ahelpinghandnw.com/employment/
helping hands caregiver services	18	18		0	16.42	70	http://www.ahelpinghandnw.com/
home caregivers seattle	18	18		0	0	20	http://www.ahelpinghandnw.com/
helping hand assisted home care	18	18		0	0	70	http://www.ahelpinghandnw.com/home-care/
helping hands logo	19	19		0.23	2.72	390	http://www.ahelpinghandnw.com/
pnw helping hands tacoma	19	19		0	0	30	http://www.ahelpinghandnw.com/contact/
helping hands home care brooklyn ny	19	19		0	0	40	http://www.ahelpinghandnw.com/
one handed activities of daily living	19	19		0	0.14	20	http://www.ahelpinghandnw.com/2014/03/18/tasks-of-everyday-living/
helping hands for you	20	20		0	0	90	http://www.ahelpinghandnw.com/

Keywords 	Current Position 	Previous Position 	Change 	Traffic % 	CPC(USD) 	Average Vol 	URL 
helping hand usa login	21	21		0	0	30	http://www.ahelpinghandnw.com/
helping hands caregivers	21	21		0	5.88	170	http://www.ahelpinghandnw.com/
helping hands lynnwood	21	21		0	0	50	http://www.ahelpinghandnw.com/contact/
hand and hand together home care	21	21		0	0	70	http://www.ahelpinghandnw.com/
the helping hand	21	21		0	0.4	590	http://www.ahelpinghandnw.com/
senioradvisor com best of 2018	22	22		0	0.55	20	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
helping hand award	22	22		0	0	50	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
helping hand home health & hospice inc	23	23		0	0	20	http://www.ahelpinghandnw.com/home-care/
home care agencies in seattle	23	23		0	0	40	http://www.ahelpinghandnw.com/
helping hands nursing agency	24	24		0	0.15	20	http://www.ahelpinghandnw.com/
gig harbor to lynnwood	25	25		0	0	50	http://www.ahelpinghandnw.com/contact/
helping hands out of hours	26	26		0	0	20	http://www.ahelpinghandnw.com/
home care awards 2018	27	27		0	0	50	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
helping hands healthcare agency	27	27		0	0	40	http://www.ahelpinghandnw.com/
best of home care awards 2018	28	28		0	2.61	50	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
philips lifeline wristband	28	28		0	18	110	http://www.ahelpinghandnw.com/phillips/
home care agencies in seattle wa	29	29		0	8.14	70	http://www.ahelpinghandnw.com/
what does helping hand do	29	29		0	0	110	http://www.ahelpinghandnw.com/testimonials/
make your own helping hands	32	32		0	0	70	http://www.ahelpinghandnw.com/
helping hands careers	33	33		0	8.3	20	http://www.ahelpinghandnw.com/employment/
healing hands everett wa	33	33		0	0	40	http://www.ahelpinghandnw.com/
a helping hand story	34	34		0	0	20	http://www.ahelpinghandnw.com/

Keywords 	Current Position 	Previous Position 	Change 	Traffic % 	CPC(USD) 	Average Vol 	URL 
helping hands office	34	34		0	3.55	50	http://www.ahelpinghandnw.com/
home sure wins	35	35		0	0	70	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
the helping hand story	36	36		0	0	20	http://www.ahelpinghandnw.com/
what to know about hospice	36	36		0	2.52	20	http://www.ahelpinghandnw.com/2018/10/01/four-things-need-know-hospice-care/
www helping hand com	37	37		0	0.15	40	http://www.ahelpinghandnw.com/
can urinary tract infection cause mental confusion	38	38		0	0	30	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
hand in hand home care	38	38		0	7.13	210	http://www.ahelpinghandnw.com/
home care seattle	40	40		0	8.72	260	http://www.ahelpinghandnw.com/
helping hands home care reviews	40	40		0	0.37	30	http://www.ahelpinghandnw.com/
helping hands community care jobs	41	41		0	0	30	http://www.ahelpinghandnw.com/
hospice care tacoma	43	43		0	0	20	http://www.ahelpinghandnw.com/2018/10/01/four-things-need-know-hospice-care/
urinary tract infection symptoms mental confusion	44	44		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
untreated uti in elderly	44	44		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
what do seniors need most	44	44		0	0	20	http://www.ahelpinghandnw.com/2014/06/10/what-do-seniors-want/
king home care	44	44		0	5.48	90	http://www.ahelpinghandnw.com/
helping hand aged care jobs	44	44		0	0	30	http://www.ahelpinghandnw.com/blog/
helping hands contact	45	45		0	0	50	http://www.ahelpinghandnw.com/contact/
home care services seattle	46	46		0	0	20	http://www.ahelpinghandnw.com/
help homecare	46	46		0	7.11	110	http://www.ahelpinghandnw.com/
senior support network	50	50		0	0	20	http://www.ahelpinghandnw.com/blog/
about helping hands	50	50		0	0	50	http://www.ahelpinghandnw.com/
helping hands health services inc	50	50		0	0	20	http://www.ahelpinghandnw.com/
caregiver jobs in tacoma wa	51	51		0	3.16	90	http://www.ahelpinghandnw.com/

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helping hand email	52	52		0	0.41	30	http://www.ahelpinghandnw.com/contact/
hand care 2018	52	52		0	0	20	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
helping hands healthcare reviews	53	53		0	0	50	http://www.ahelpinghandnw.com/
what if uti goes untreated	53	53		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
helping hands website	55	55		0	0.76	260	http://www.ahelpinghandnw.com/
home health agencies seattle	55	55		0	6.38	110	http://www.ahelpinghandnw.com/
urinary tract infection confusion in elderly	56	56		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
helping hands healthcare services	57	57		0	0	30	http://www.ahelpinghandnw.com/
philips lifeline pill dispenser	57	57		0	9.22	40	http://www.ahelpinghandnw.com/phillips/
phillips medical alert	57	57		0	19.22	110	http://www.ahelpinghandnw.com/phillips/
a helping hand services	58	58		0	0	20	http://www.ahelpinghandnw.com/
philips lifeline standard medical alert help button	59	59		0	19.29	20	http://www.ahelpinghandnw.com/phillips/
give me a helping hand	62	62		0	0	70	http://www.ahelpinghandnw.com/
home care assistance seattle wa	63	63		0	0	30	http://www.ahelpinghandnw.com/contact/
can a urinary tract infection cause mental confusion	63	63		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
urinary tract infection in elderly with dementia	64	64		0	0.05	170	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
helping hands of america home care	65	65		0	0	40	http://www.ahelpinghandnw.com/blog/
philips lifeline medical dispenser	65	65		0	11.96	40	http://www.ahelpinghandnw.com/phillips/
helping hand health group	65	65		0	0	50	http://www.ahelpinghandnw.com/
thanks for your helping hand	65	65		0	0	20	http://www.ahelpinghandnw.com/testimonials/
home care seattle wa	66	66		0	12.93	20	http://www.ahelpinghandnw.com/
adl acronym	66	66		0	0	170	http://www.ahelpinghandnw.com/2014/03/18/tasks-of-everyday-living/

Keywords 	Current Position 	Previous Position 	Change 	Traffic % 	CPC(USD) 	Average Vol 	URL 
helping hand it	66	66		0	0	90	http://www.ahelpinghandnw.com/
home care assistance seattle	66	66		0	9.5	140	http://www.ahelpinghandnw.com/contact/
magnolia home care seattle wa	67	67		0	0	20	http://www.ahelpinghandnw.com/contact/
helping hands services inc	67	67		0	0	20	http://www.ahelpinghandnw.com/
philips lifeline med dispenser	68	68		0	0	90	http://www.ahelpinghandnw.com/phillips/
bladder infection in elderly	68	68		0	0.31	260	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
hand care at home	70	70		0	0	40	http://www.ahelpinghandnw.com/
helping hands employment agency	71	71		0	0	30	http://www.ahelpinghandnw.com/
lifeline medication dispenser	71	71		0	9.57	90	http://www.ahelpinghandnw.com/phillips/
help at home homecare	71	71		0	12.56	110	http://www.ahelpinghandnw.com/
do you need a helping hand	71	49	🔴 -22	0	0	20	http://www.ahelpinghandnw.com/
just caring hands home health	73	73		0	0	50	http://www.ahelpinghandnw.com/
healing hands agency	74	74		0	0	50	http://www.ahelpinghandnw.com/
home care agency washington state	76	76		0	3.28	30	http://www.ahelpinghandnw.com/
senioradvisor com reviews	77	77		0	1.03	70	http://www.ahelpinghandnw.com/2018/04/16/a-helping-hand-wins-2018-best-of-in-home-care-award-from-senioradvisor-com/
confusion in the elderly with urinary tract infections	77	77		0	0	50	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
uti mental confusion elderly	77	77		0	0	40	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
activities of daily living insurance	77	77		0	0	30	http://www.ahelpinghandnw.com/2014/03/18/tasks-of-everyday-living/
uti and mental confusion in elderly	79	79		0	0	30	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
levels of assistance with adls	80	80		0	0.09	140	http://www.ahelpinghandnw.com/2014/03/18/tasks-of-everyday-living/
helping hands contact number	81	81		0	0	50	http://www.ahelpinghandnw.com/

Keywords 	Current Position 	Previous Position 	Change 	Traffic % 	CPC(USD) 	Average Vol 	URL 
can a urinary tract infection cause confusion in the elderly	81	81		0	0	50	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
tasks of daily living	81	81		0	2.94	90	http://www.ahelpinghandnw.com/2014/03/18/tasks-of-everyday-living/
uti in elderly and confusion	83	83		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
home healthcare agencies seattle	83	83		0	0	70	http://www.ahelpinghandnw.com/
when you need a helping hand	83	83		0	0	40	http://www.ahelpinghandnw.com/
lifeline pendant	84	84		0	18.54	20	http://www.ahelpinghandnw.com/phillips/
helping hands phone number	84	84		0	1.65	390	http://www.ahelpinghandnw.com/
where is helping hands	85	85		0	0	20	http://www.ahelpinghandnw.com/
trusted hands home health	86	86		0	0	70	http://www.ahelpinghandnw.com/
home healthcare seattle	87	87		0	36.52	110	http://www.ahelpinghandnw.com/
elderly care tacoma	88	88		0	6.92	40	http://www.ahelpinghandnw.com/
hands on learning gig harbor	90	90		0	0	30	http://www.ahelpinghandnw.com/contact/
helping hand community support services	90	90		0	0	90	http://www.ahelpinghandnw.com/
uti and dementia in elderly	92	92		0	0	40	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
helping hands for the elderly	92	92		0	1.53	90	http://www.ahelpinghandnw.com/
who are helping hands	93	93		0	0	20	http://www.ahelpinghandnw.com/
helping hands near me	95	95		0	0.07	720	http://www.ahelpinghandnw.com/
home health care tacoma	96	96		0	10.02	40	http://www.ahelpinghandnw.com/
uti and elderly confusion	97	97		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/
helping hands nursing	98	98		0	2.2	170	http://www.ahelpinghandnw.com/
helping hands lake stevens	98	98		0	0	20	http://www.ahelpinghandnw.com/
urinary tract infection untreated symptoms	100	100		0	0	20	http://www.ahelpinghandnw.com/2016/04/26/hidden-dangers-urinary-tract-infections-elderly/

SAMPLE BACKLINKS

GOOGLE ANALYTICS GOAL COMPLETION

Keywords ▲	Sessions ⬆	New Users ⬆	Bounce Rate ⬆	Page / Session ⬆	Avg.Session Duration ⬆	Goal Conversion ⬆	Goal Completions ⬆	Goal Value ⬆
(not provided)	193	133	2.07	4.31	161.72	0	0	0
(not set)	790	593	9.75	3.16	82.6	0	0	0
https://www.ahelpinghandnw.com	3	0	0	5.33	208.33	0	0	0