**PARTICIPATION**

What is Participation?

This is the act of being involved in an activity, to do things; either as an individual or a group setting.

How and where do I participate?

1. At Moringa School – as a student. I am involved in the day to day activities of Moringa School i.e. tea-taking, attending classes, interacting with classmates etc.
2. At Home – as a member of the family. I will eat together with my family members, I do chores etc.
3. In Church – I attend service and any other activities that are organized by my church
4. With Friends – Interacting with friends is part of social participation
5. Social Media – This has become a very large platform for participation. Most communication between human being is done here. I am involved in discussions concerning Liverpool on these platforms, for example.

Why do I participate?

Man is a social animal. It is basic human instinct to want to be involved in particular activities, especially with others. This is why when an individual is left out of activities that involve other people, they feel left out and missing something.