

Weybridge Children's Centre Newsletter Autumn 2010

A Sure Start Children's Centre

'Caring for each other, Sharing with each other, Learning together'

Welcome to our new look newsletter, I hope you have all had a lovely summer.

Attached you will find our new programme, which is full of activities to support families with young children in the Weybridge area. Please have a read as we aim to offer something for everyone and each activity has been planned in response to families' requests. Your feedback is extremely important to us and we are now setting up our forum; 'Friends of Weybridge Children's Centre'. This forum is an opportunity to meet together and to consult further about our services, please contact me for more details or if you would like to get involved.

We look forward to seeing you in our centre soon.

- Daphne

Do you want to give up smoking? We can put you in touch with 'Surrey's Stop Smoking Service'. It's a free service run by professionals and you can be supported through evening groups or one-to-one day time telephone sessions. Talk to us for more details or call the Stop Smoking Service directly on 0845 602 3608



Bits and Bobs

The Parenting Puzzle is fully booked for September, so we are now taking bookings for January

Our Saturday drop in session is up and running, so please drop by and see us.

If you interested in gardening and would like to get involved with helping us develop our garden please get in touch.

Our Centre

Following our extremely successful opening celebration on 10th July we are delighted to be offering a huge range of services from our centre, based at the converted bowls pavilion.

There is a marvellous multi-sensory room, which provides an interesting and stimulating experience for all children, however has particular benefits for children with additional needs. This room is available to be booked for half hour slots, simply ring the centre advisers, Yvette and Helena, to book your session.

Yvette and Helena are also on hand to answer any questions you may have regarding local childcare, early years education or starting school. They have well established links with local agencies and services and a wide variety of leaflets for you.

If they can't help you, they'll know who can!

MONDAY CNTD.

Toddling Twins

As above but for older twins who are toddling Every 3rd Monday of the month In the Weybridge Library Hall 11.30-13.00

Baby Massage

Learn Massage techniques to bond with and soothe your baby (aged 3 to 6 months)

At the Centre

Please ring to enquire about the next available date

TUESDAY

English for Speakers of Other Languages

Workshops for parents/carers from abroad who want to improve their English. A 6 week course based at the Centre 9.30-11.00

Please ring to enquire about the next available date and to book your place

Snoezelen Room

A multi-sensory room with particular benefits for children with additional needs but available to be booked free of charge by all.

Please ring to book your half hour slot

Pricing

We aim to make our sessions accessible by all, because of this the activities on this programme are free of charge, except:

The Parenting Puzzle

We charge £10, to cover the cost of refreshments and the book provided.

Infant First Aid

This course is partially subsidised so the cost to you will be £10 per person

Please Note:

Parents and Carers are responsible for their children at all times .

The centre accepts no responsibility for loss or damage to any personal property whilst you are attending any of the sessions.





Activity Programme Autumn Term 2010



A Sure Start Children's Centre

For more information on any of our groups please contact us: centreadvisers@weybridgecc.org 01932 300 106
Alternatively visit our website: www.weybridgecc.org
Or come and visit us between 9.00am and 12.00pm Monday-Saturday at:

The Pavilion Churchfield Road Weybridge KT13 8DB





A group for childminders and their charges to come and enjoy arts and crafts

At the Centre 9.30 - 11.00

Please call to book on the preceding

Wednesday

Messy Mondays

A group for under 5s and their carers, with craft activities weekly and cookery every 2nd Monday of the month.

At the Centre 11.30-13.00

Please call to book.

Groddlers

Opportunity for grandparents to play with their grandchildren (aged 0-5 years) and socialise

Every 1st Monday of the month

At the Centre 11.30-13.00.

Please call to book.

Twin & Multiple Birth Group

Information and support for parents with twins or multiple children aged 0-5 years
Every 2nd Monday of the month
In Weybridge Library Hall 11.30-13.00



Snoezelen Group

Support and Advice for parents and carers of children aged 0-5 years with additional needs.

At the Centre 9.30-11.30

Please ring to book your place

Health Clinic

The Health Visitors will come to the centre to carry out health checks. These will be organised by your Health Visitor.

The Parenting Puzzle

A 10 week course that encourages parents and carers to enjoy bringing up children more and get the best out of family life.

At the Centre 7.30-9.30p.m.

Please ring to enquire about the next start date and to book your place



Thriving Babies

A social group for the under 1s At the Centre 9.30-11.00

Play & Art

Art, Craft and Play sessions for parents and children (0-4years).

13.30-15.00

At the United Reformed Church,
Queens Road, Weybridge.
Drop in session. No booking necessary



Midwives Clinic

Midwives come to the centre to carry out ante-natal checks. By appointment only.



Drop in Session

An open morning for families to come and make use of our facilities.

The 1st, 2nd and 3rd Saturdays of the month 9.00-12.00 at the Centre

Fatherly Fun

A chance for Dad's to come and have some fun and bond with their little ones.

Each session will have a different activity.

Ring to find out more about what the next activity will be.

The Last Saturday of the month 9.30-11.00
At The Centre

Infant First Aid

A training session to give parents the skills, knowledge and confidence to administer appropriate first aid to a child or baby

At the Centre, please ring to enquire about

At the Centre, please ring to enquire about the next available date and to book your place