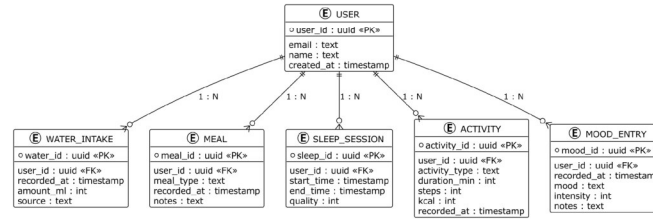


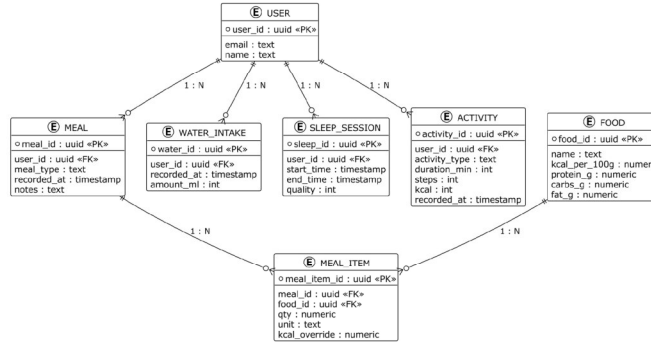
# U NF

(E) DailyLog (UNF)
user_id : uuid date : date water : [ {time, ml}, ... ] meals : [ {type, time, items:[{food, qty, unit, kcal?}, ...], notes?}, ... ] sleep : {start, end, quality?} activity : [ {type, durationMin, steps?, kcal?, time}, ... ] mood : [ {time, mood, intensity?, notes?}, ... ] cycle : [ {date, kind, symptoms?}, ... ] habits_balance : [ {type, status, since, note?}, ... ]

## 1NF



## 2NF



## 3NF

