

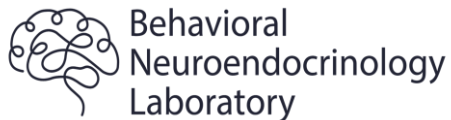


UNIVERSITY
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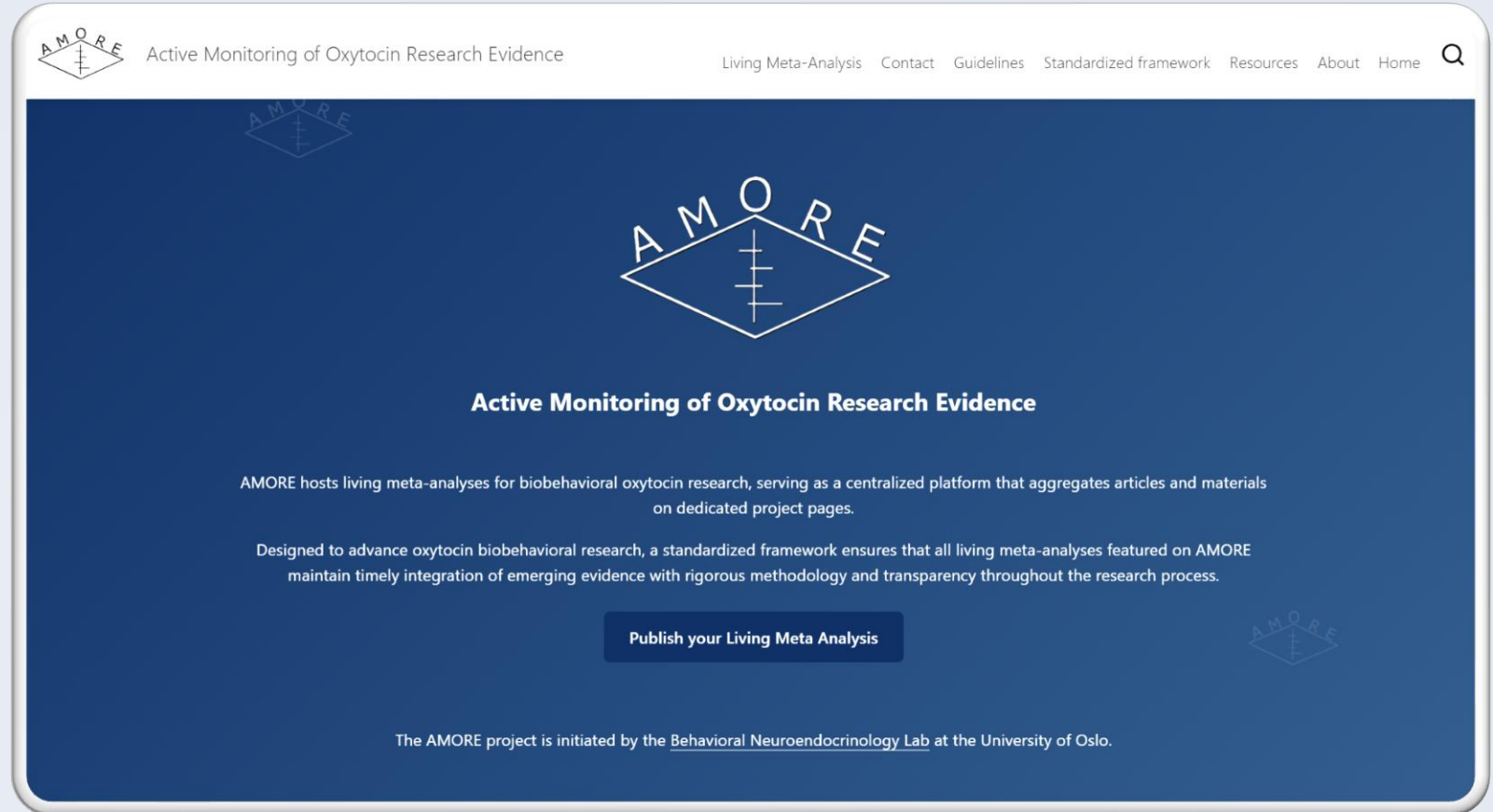
Active monitoring of oxytocin research evidence (AMORE) platform

Ingebjørg A. Iversen

Research assistant



<https://amore-project.org/>



Background

Clinical potential

- Oxytocin is extensively investigated as individualized support or treatment for various psychiatric conditions

Rigney et al., (2022). *Endocrinology*, <https://doi.org/10.1210/endocr/bqac111>

Inconsistent findings

- Despite its promise, oxytocin research has been marked by inconsistent results concerning its therapeutic applications and underlying mechanisms

Leng, G., & Ludwig, M. (2016). *Biological Psychiatry*, 79, 243–250.

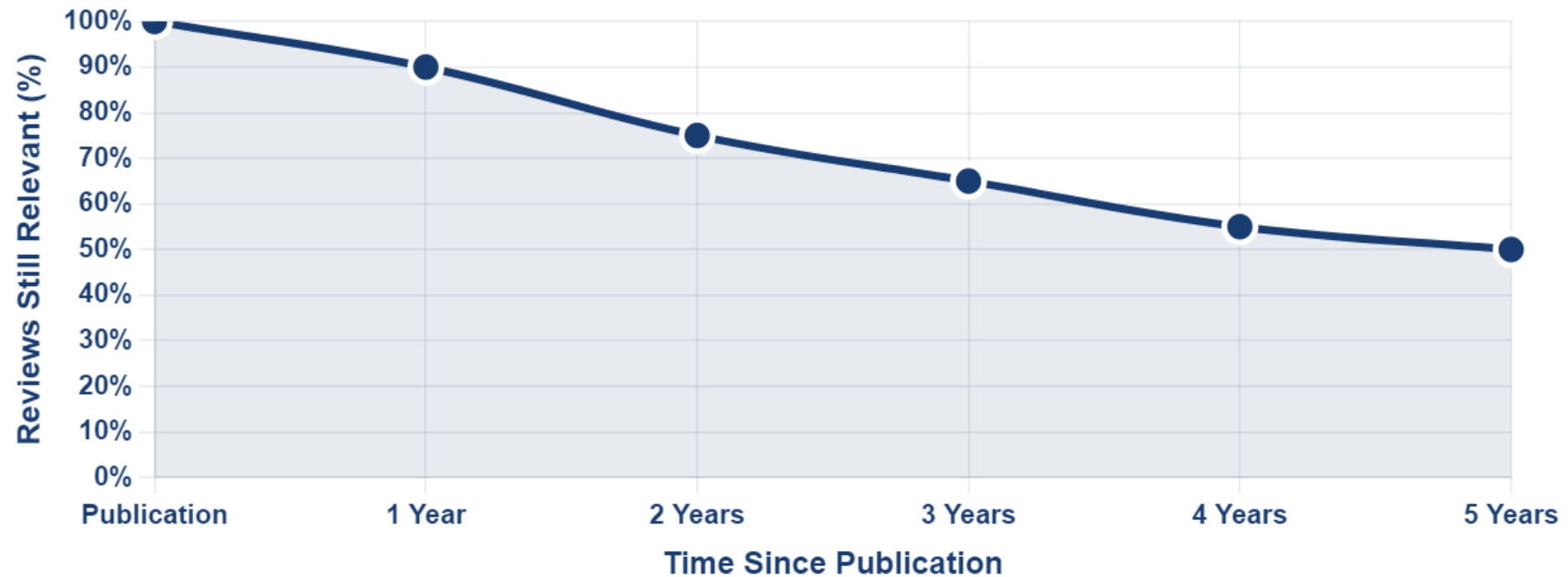
Meta-analysis tool

- Meta-analysis is a popular approach to shed light on mixed findings in a body of literature

Borenstein et al., (2009). *Introduction to Meta-Analysis* (pp. 21–32). <https://doi.org/10.1002/9780470743386.ch4>



How quickly meta-analyses become obsolete



Meta-analysis relevance declines rapidly over time, with 25% becoming obsolete within 2 years and 50% within 5 years.

Figure. 2. How Quickly Meta-Analyses Become Obsolete. This figure is based on article from Winters et al., 2021 to illustrate their reports, and is not based on analysis of own data. Winters et al., (2021). *British Journal of Sports Medicine*, <https://doi.org/10.1136/bjsports-2020-103490>

Traditional vs. living meta-analysis: evidence integration over time

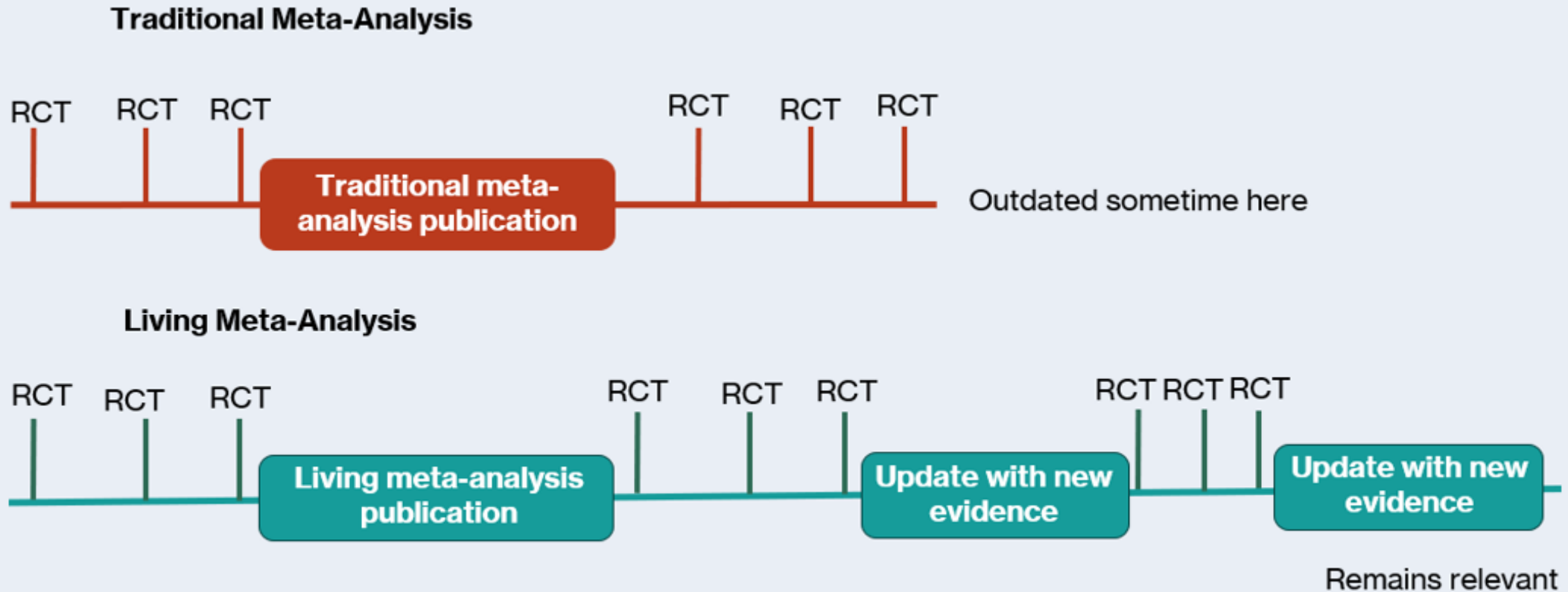
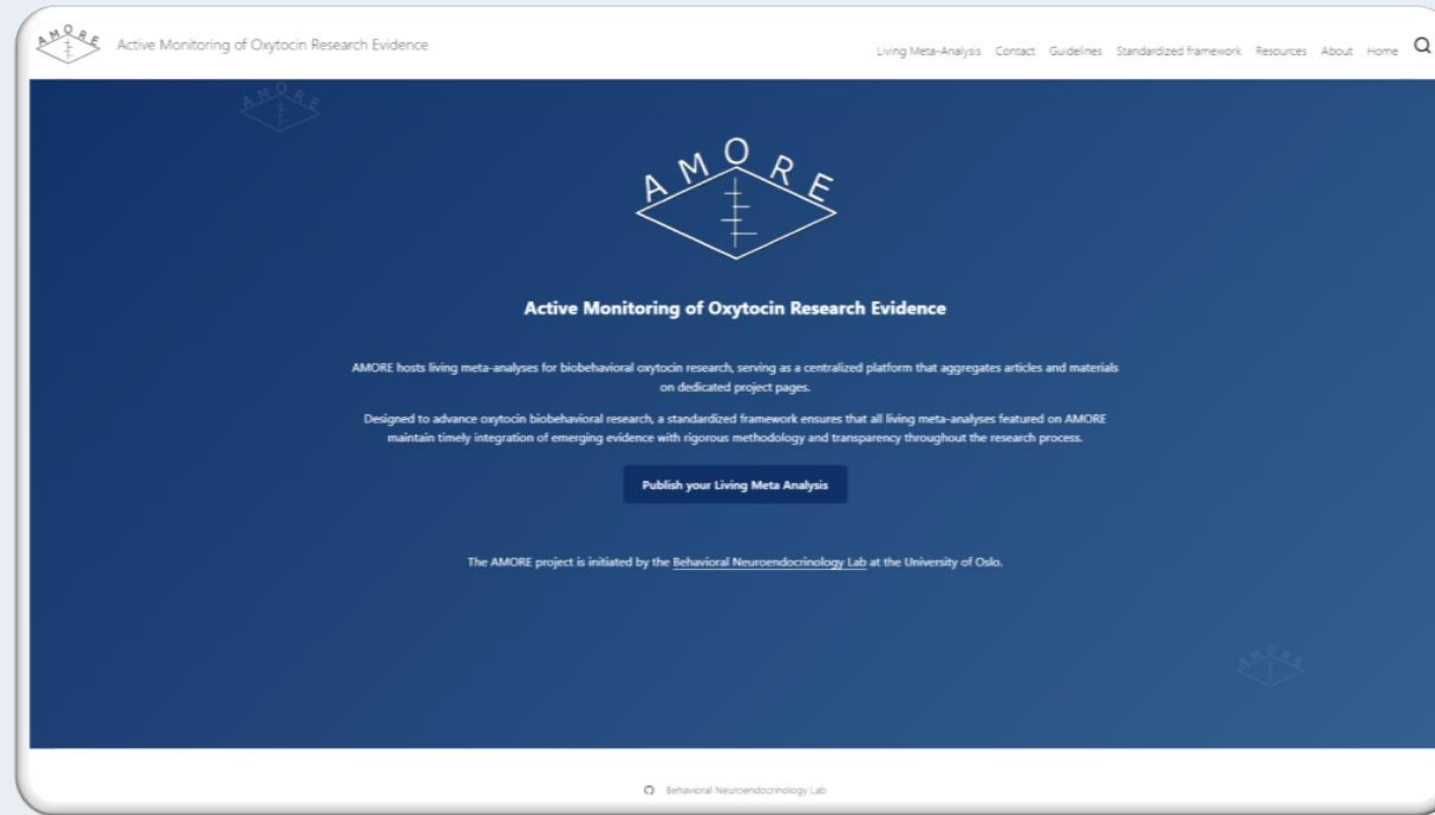


Figure. 3. Traditional vs. Living Meta-Analysis: Evidence Integration Over Time. Elliott, et al., (2017). Journal of Clinical Epidemiology, <https://doi.org/10.1016/j.jclinepi.2017.08.010>

AMORE: advancing biobehavioral oxytocin research



Delphi process for establishing standardized framework

1

Expert
committee
formation

Established
committee
resulting in 24
members

2

First
questionnaire

Initial assessment
of perspectives
on suggested
framework items

Second
questionnaire

yes-no questions
assessing the
endorsement of
standardized
framework items

Standardized
framework

Standardized
framework
established from
second
questionnaire
responses

Shift from moderate to high endorsement on suggested standardized framework items

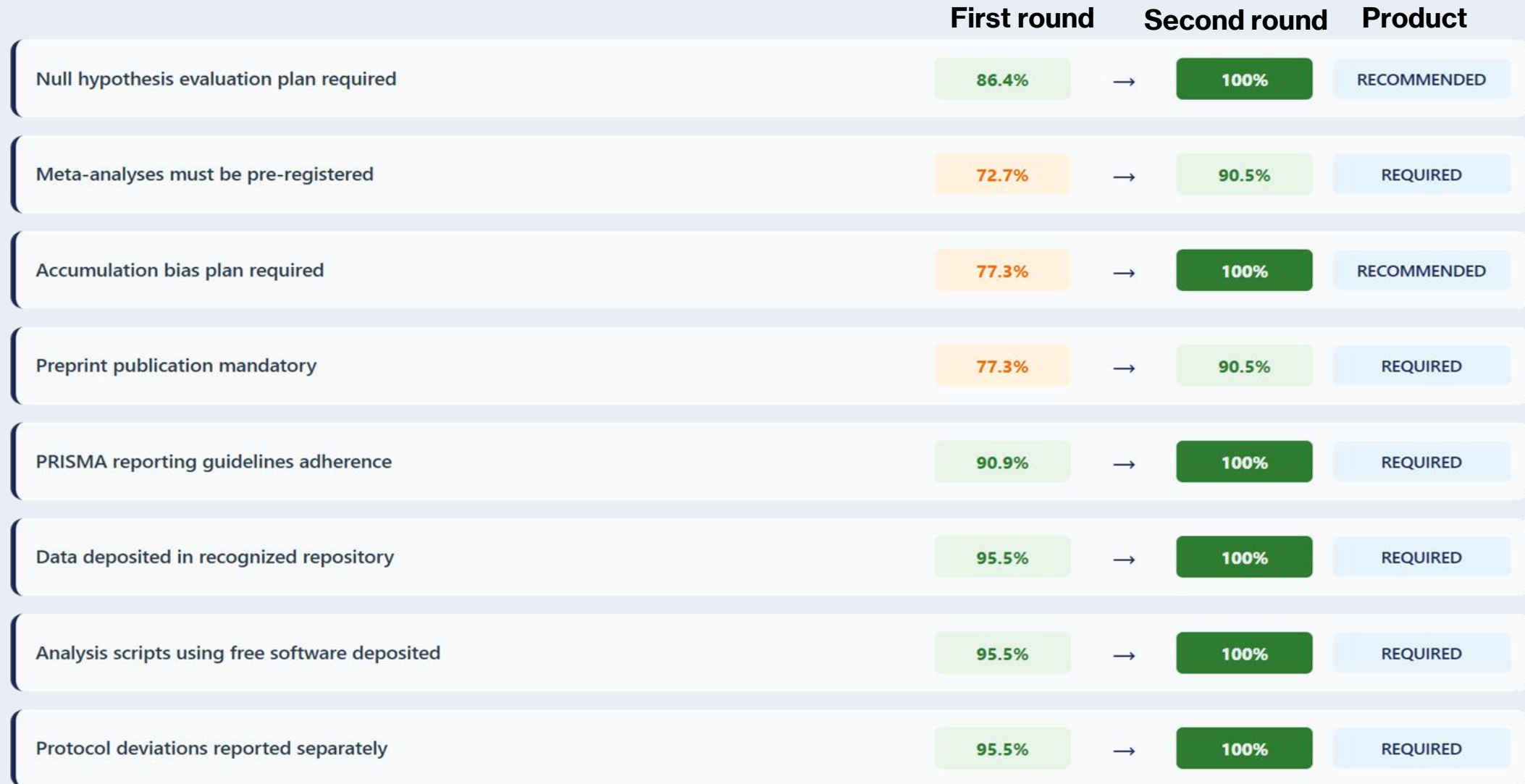


Figure 4. Shift from moderate to high endorsement on suggested standardized framework items. The figure illustrates the shift in the percent who endorsed “Yes” for the suggested items regarding transparent science and methodological requirements. Three demographic questions and three methodological questions with multiple response options are not included in this visualization

Check out the standardized framework on <https://amore-project.org/standardization>

 Active Monitoring of Oxytocin Research Evidence

Living Meta-AnalysisContactGuidelinesStandardized frameworkResourcesAboutHome



Standardization Framework for AMORE

Consensus built standardization framework for collaborative living meta-analysis and transparent science



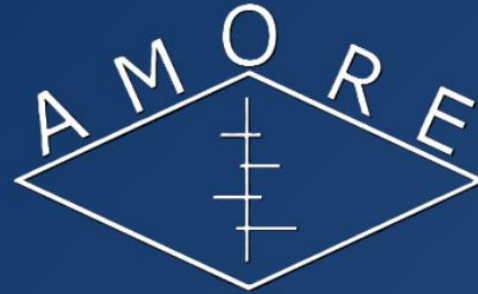
Our Requirements

Recommended Practices

Mandatory Requirements

- **Update Frequency**
Maximum 24 months between analysis updates
- **Pre-registration**
Meta-analysis must be pre-registered
- **Pre-print Publication**
Initial results must be published on recognized pre-print server (e.g., Open Science Framework)
- **Guideline Adherence**





Active Monitoring of Oxytocin Research Evidence

AMORE hosts living meta-analyses for biobehavioral oxytocin research, serving as a centralized platform that aggregates articles and materials on dedicated project pages.

Designed to advance oxytocin biobehavioral research, a standardized framework ensures that all living meta-analyses featured on AMORE maintain timely integration of emerging evidence with rigorous methodology and transparency throughout the research process.

[Publish your Living Meta Analysis](#)



The AMORE project is initiated by the [Behavioral Neuroendocrinology Lab](#) at the University of Oslo.

Checklist for creating AMORE project proposal

When creating a project proposal for a Living Meta-Analysis in AMORE, it is essential to include all necessary information to ensure a smooth review and approval process. The following checklist outlines the key components that should be included in your project proposal.



[Access the Protocol Checklist Tool](#)

Additional Resources

PRISMA for Living Systematic Reviews

PRISMA for Living Systematic Reviews (LSR) is an extension of the PRISMA statement that provides guidance on reporting living systematic reviews and meta-analyses. It includes a checklist and flow diagram to help researchers ensure they are following best practices in their reporting.

[Visit PRISMA-Statement.org Website](#)



Connect With Us

We have three form options for you to choose from. By clicking the contact button, you will be redirected to our three forms.

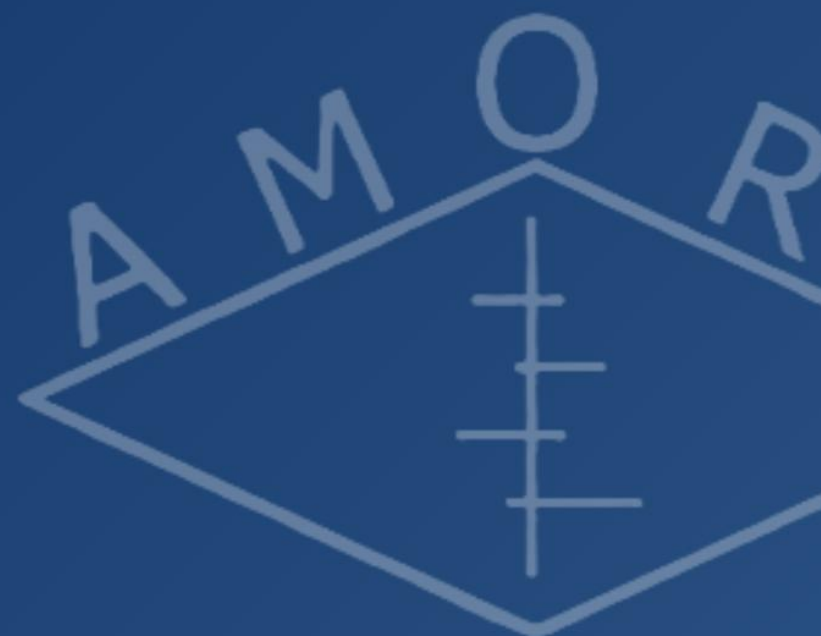
Propose your project: If you have a new living meta-analysis project that you would like to publish on AMORE, please select this option.

Update an existing living meta-analysis: If you have an existing living meta-analysis that you would like to update, please select this option.

General inquiry: If you have any other questions or inquiries, please select this option.

We will get back to you as soon as possible to discuss the details and answer any questions you may have.

[Contact Form](#)



The form contains questions that can be personally identifying. [Show more](#) ▼

Contact form AMORE

How can the AMORE team assist you?

Your response option will redirect you to the correct contact form for your need

- ☐ I would like to propose a project
- ☐ I would like assistance with methodological inquiries or questions
- ☐ I would like to update my project page information

Send



Living Meta-Analysis Directory

Search across all fields...

- Biological Outcomes
- Psychological and Behavioral
- Clinical Outcomes
- Oxytocin Assessment
- Study Population
- Study Details

Effects of Oxytocin Administration on Non-Social Executive Functions in Humans: A Preregistered Systematic Review and Meta-Analysis

Publication Status: Published Analytical Framework: Mixed Methods Oxytocin Intervention: Intranasal oxytocin administration Oxytocin Assessment: Behavioral assessment
Oxytocin Route: Central Oxytocin Dosage: 24 IU Biological Outcomes: NA
Psychological and Behavioral Outcomes: Executive Function, Working Memory, Cognitive Flexibility, Inhibitory Control Clinical Outcomes: NA Population Status: Mixed Population Age: Adults
Clinical Type: Various clinical conditions

This preregistered systematic review and meta-analysis investigates the effects of oxytocin administration on non-social executive functions in humans. While oxytocin has received considerable attention for its role in social behaviors, emerging evidence suggests broader cognitive effects beyond social contexts. The analysis employed both frequentist and Bayesian approaches, synthesizing 20 effect estimates from 13 eligible studies (729 total participants). The project addresses whether oxytocin administration influences executive functions when measured using non-social stimuli and tasks. A multilevel random-effects meta-analysis was conducted to account for multiple outcomes within studies.

Assessing the Likelihood of Neurodevelopmental Conditions After Birth with Oxytocin: A Living Systematic Review and Meta-Analysis

Publication Status: Preregistered Analytical Framework: Mixed Methods, Frequentist, Bayesian Oxytocin Intervention: Perinatal oxytocin exposure
Oxytocin Assessment: Biological sample collection Oxytocin Route: Administration method unspecified, Central, Peripheral, Various administration routes
Oxytocin Dosage: Variable dosage, 8 IU, 16 IU, 24 IU, 32 IU, 40 IU Biological Outcomes: Neurological Psychological and Behavioral Outcomes: Cognition & Memory
Clinical Outcomes: Neurodevelopmental Population Status: Mixed, Healthy, Clinical Population Age: Children

This living meta-analysis investigates the relationship between perinatal exposure to exogenous oxytocin and the likelihood of neurodevelopmental conditions such as attention-deficit/hyperactivity disorder (ADHD) and autism in children. Oxytocin is commonly used to induce and augment labor, with up to 50% of births in developed countries and varying rates (0.7% to 97.0%) in low- and lower-middle-income countries associated with synthetic oxytocin use. The analysis employs a frequentist approach, utilizing random effects models with the Paule-Mandel estimator to synthesize findings across the literature. The project addresses whether perinatal exposure to exogenous oxytocin increases the likelihood of neurodevelopmental conditions in children. This living meta-analysis will be updated every 24 months, ensuring the incorporation of emerging evidence.



Effects of Oxytocin Administration on Non-Social Executive Functions in Humans: A Preregistered Systematic Review and Meta-Analysis

Authors

Heemin Kang (University of Oslo)
Bernt D. Glaser (University of Oslo)
Alina I. Sartorius (University of Oslo)

[Show more authors](#)

Timeline

Pre-registered: July 29, 2022
Published: January 18, 2025
Next update: Transforming meta-analysis protocol into living meta-analysis protocol in progress

Identifiers

DOI: 10.1038/s41380-024-02871-4
Keywords: oxytocin, executive function, meta-analysis, cognitive flexibility, working memory, inhibitory control

Contact

Principal Investigator: Daniel S. Quintana
Email: daniel.quintana@psykologi.uio.no

Abstract

This preregistered systematic review and meta-analysis investigates the effects of oxytocin administration on non-social executive functions in humans. While oxytocin has received considerable attention for its role in social behaviors, emerging evidence suggests broader cognitive effects beyond social contexts.

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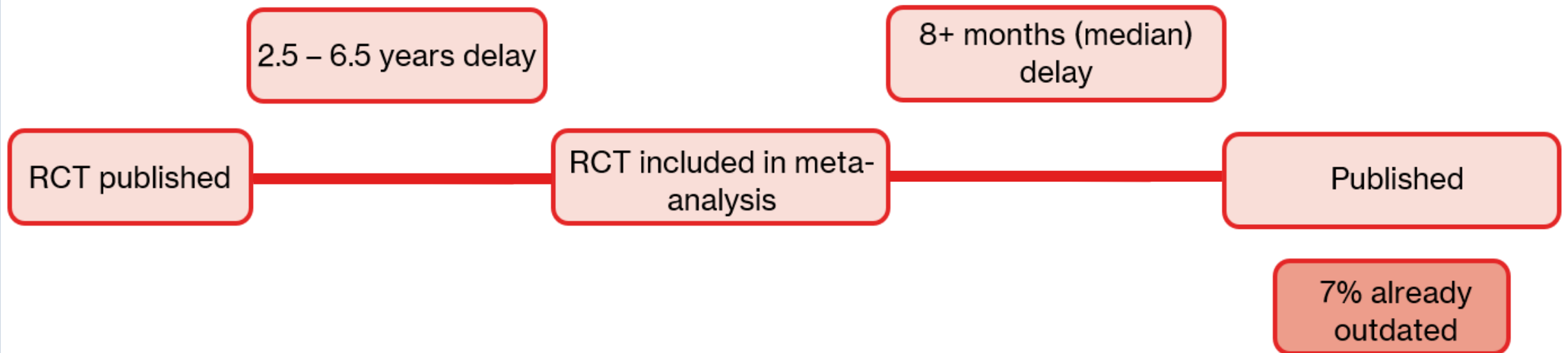
Co-authors and expert steering committee members

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 Robert James Blair	 Heemin Kang	 Anna-Rosa Cecilie Mora-Jensen	 Dirk Scheele	 Ingebjørg A. Iversen
 Jennifer A. Bartz	 Elizabeth A. Lawson	 Marilyn Horta	 Ekaterina Schneider	

Funding

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The Slow Path from Evidence Production to Synthesis



Multiple delay points create substantial gaps between new evidence and published meta-analysis

Figure. 1. The Slow Path from Evidence Production to Synthesis. This figure is based on reports from Shojana et al., 2007 and Elliot et al., 2014 to illustrate their findings, and is not based on analysis of own data. Elliott et al., (2014). *PLoS Medicine*, <https://doi.org/10.1371/journal.pmed.1001603>. Shojania et al., 2007). *Medicine*, 147(4), 224–233. <https://doi.org/10.7326/0003-4819-147-4-200708210-00179>

Living meta-analysis is resource demanding

Elliott et al. (2017) suggested three criteria for when living systematic reviews are appropriate:

1. high priority for clinical decision-making
2. low certainty in existing evidence due to mixed findings
3. rapidly emerging new research evidence.

Oxytocin biobehavioral research is a good candidate for living meta-analysis

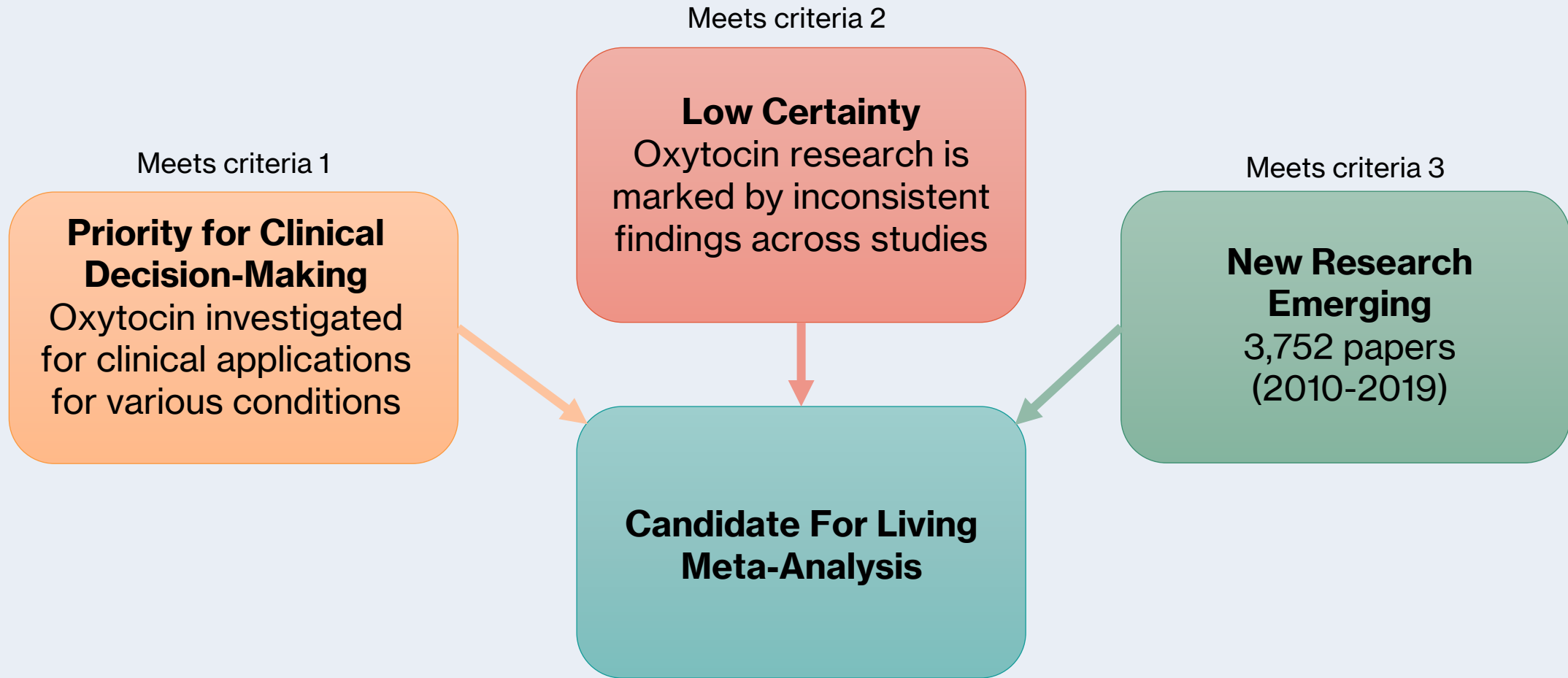


Figure 3. Oxytocin biobehavioral research is a good candidate for living meta-analysis. Leng, G., & Leng, R. I. (2021). *Journal of Neuroendocrinology*, 33(11), e13014. <https://doi.org/10.1111/jne.13014>. Leng, G., & Ludwig, M. (2016). *Biological Psychiatry*, 79, 243–250. Elliott et al., (2017) *Journal of Clinical Epidemiology*, <https://doi.org/10.1016/j.jclinepi.2017.08.010>

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Delphi process for establishing standardized framework

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Analysis and
refinement

Responses
analysed, second
questionnaire
designed based
on the results and
comments

4

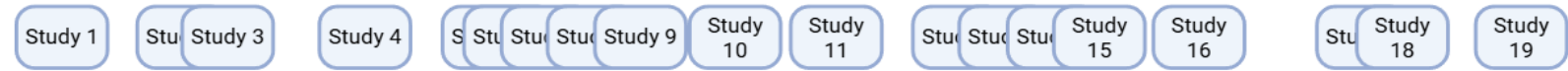
Second
questionnaire

Members
responded to the
second
questionnaire with
yes-no questions
about endorsement
of standardized
framework

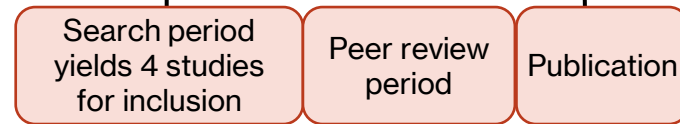
5

Analysis and
establishment

Standardized
framework
established from
second
questionnaire
responses



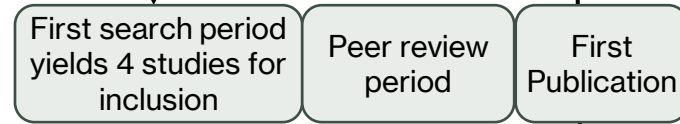
Conventional meta-analysis



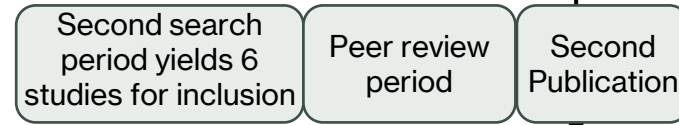
Outdated any moment after search period

Living meta-analysis

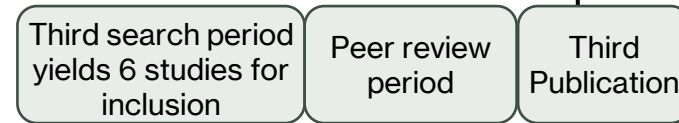
1st search period



2nd search period



3rd search period



Reflects most current evidence

4th search period

