



team members



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## project overview

For most people, sunlight is the largest single source of vitamin D, and with busy schedules, adults often don't take the time to ensure they and their families spend enough time outside during daylight hours.



#### project management

We use Trello for a project management tool to keep our project on track.

## our goal The SOL app will monitor time spent outdoors by using smart devices to detect sunlight exposure and setting personalized goals for parents and children. We believe that being mindful of time spent outdoors will achieve a lifestyle of improved health and wellness.

## Our design journey

User Research

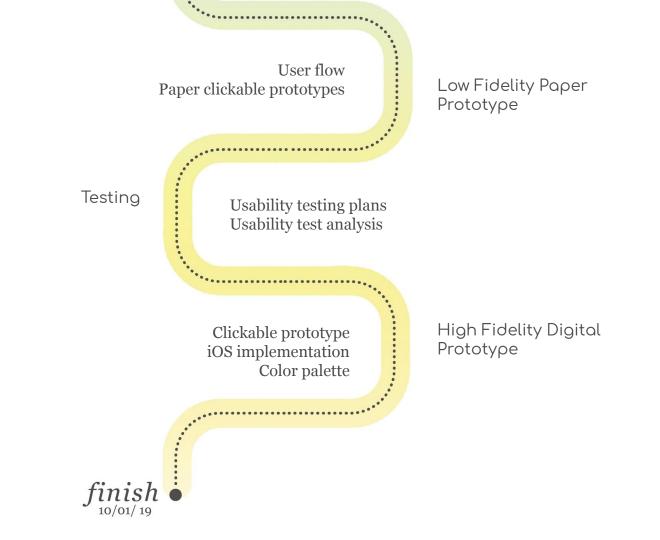
Proto persona User research plan Interview Survey start

09/12/19

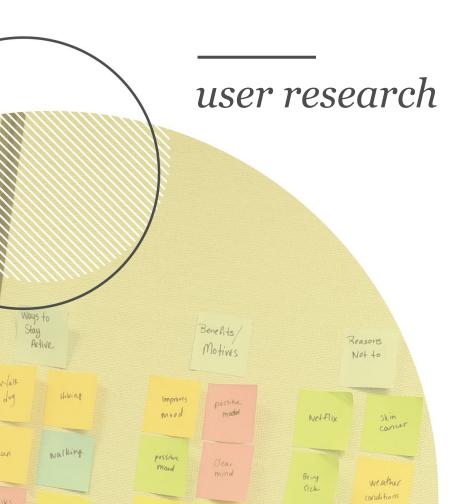
Analyze data Affinity diagram Empathy map User persona

Definition & Ideation

Problem statement Competitor analysis "I Like, I Wish, What If" map User journey map



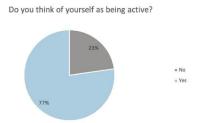
## User Research

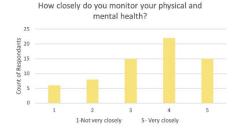


We used qualitative and quantitative methods to collect data and to understand the needs and wants of our potential users.

#### surveys

We created surveys using Google Forms and distributed them via Facebook and LinkedIn. We managed to obtain over 60 responses.







#### insights



"Oh, yeah, definitely. It will always affect someone's mood. Yeah, regardless of who it is."



"I work out a lot. I try to.
And I go on walks outside outdoors."



"I'm very active. And very. If I'm not at work, I'm usually outdoors doing something."



"It makes me happy like it. It's like, gives me fresh air and natural sun."



"...I can work on my computer, basically, to get some, the sun I don't like to be in dark areas."

#### user persona

Benjamin feels that not spending enough time outdoors puts him in a bad mood. Benjamin says he has no idea what the recommended daily sun intake should be.

> He thinks his mood will improve if he goes outside more.

Benjamin Nichols 39 years old Active • family man • goal setter

## Definition & Ideation

## definition & ideation

Benjamin is concerned about spending an adequate amount of time outside. This is important to him because he feels that it will improve his mood & health. How might we provide Benjamin the tools to monitor & measure healthy sun exposure habits?

#### competitor analysis

We compared three apps that focused on activity tracking and sun exposure.



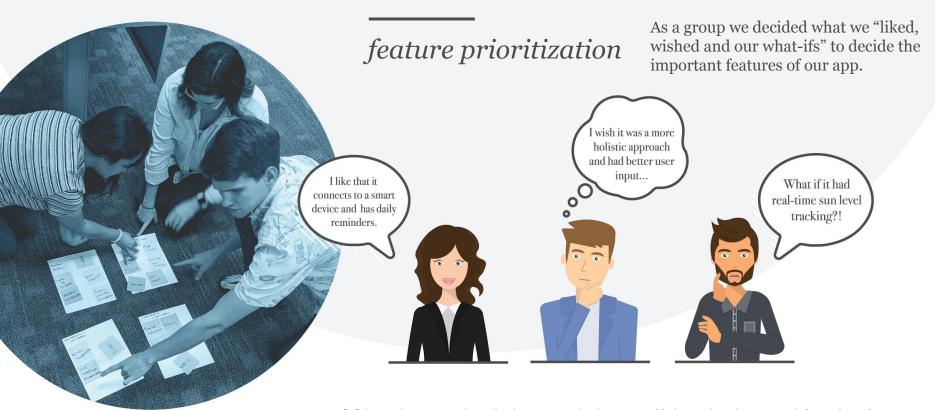
fitbit



dminder



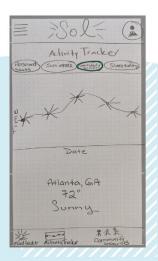
Qsun



SOL is the app that helps people be mindful and achieve a lifestyle of improved health and wellness through time spent in the sun.

## Prototyping & Testing

### paper prototype







activity tracker

#### **Test findings:**

- 1. User had difficulty finding where to sync a device. User didn't think it would be under profile.
- 2. User was unclear about how mood was being measured.
- 3. User suggested a daily breakdown detail about what times of day you spent outside and sun intensity level.

## digital prototypes





#### **Test Findings**

- 1. Users need feedback that the app has started tracking their time outside.
- 2. Users need labels to understand what the activity log is showing.

3. Users didn't associate "Log" with "Activity Tracker".



# Final High-Fidelity Prototype

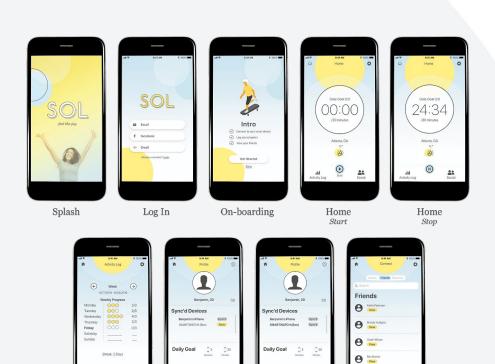
## color pallette



## final prototype

Our final deliverable includes a high-fidelity prototype of the app as well as a detailed case study of our design thinking process.

**Link to Final Prototype** 



Profile

Device Sunced

Community

Activity Log

Profile

Sunc Device



#### summary

Using the Design Thinking Process we were able to understand the needs, wants and pain points of our potential users. More importantly, using this method gave us the tools to solve each step as a team and communicate our ideas.

Moreover, we think that the SOL App goes beyond tracking your sunlight exposure, but it also improves the user's overall wellness.