



Caregiver / Aged Care Worker Courses

Kathmandu Technical School provides courses that provide foundational skills, core skills, and specific skills to individuals so that they can easily fit into institutions within specific industries. We are renowned for our extensive training in caregiving/aged care and pride ourselves on being Nepal's top nursing care course provider.

Highlights:

- Caregiver course affiliated with CTEVT
- National Skill Testing Board (NSTB) recognized skill test center
- Blended curriculum integrating CTEVT and international standards



Some specific course topics include:

Introduction to Caregiver and its scope & nature

Work health and safety (WHS)

Personal care & providing support in activities of daily living (ADLs)

Use of international standard care assistive devices like lifting machine & Sera Stedy

Checking vital signs with recording & reporting

Mental health (depression, Parkinson's, dementia & Alzheimer's care)

Person centered approach of care

Duty of care & dignity of risk

Palliative care

20%

Theory Classes

80%

Practical Classes

The Course includes on-the job training/internship at elderly care homes.

Total 3 months (390 hours)



WHO SHOULD ENROLL?

Individuals who are planning to:

Establish own business in
the care industry

Study abroad & do
part-time jobs

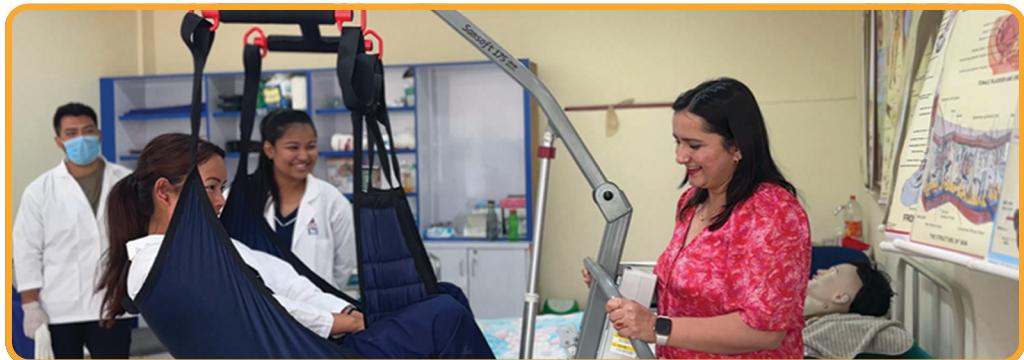
Go to foreign
employment

Study health
related courses



Training Features & Facilities

- Nationally / internationally experienced instructors
- International standard tools & equipment
- High-tech classrooms
- Basic English language & workplace communication
- Peaceful learning environment
- Job placement support in Nepal & coordination for jobs aboard



Graduates of KTS are working abroad mainly in countries like UK, Australia, Canada, Germany & Japan within aged care industries. Apart from this, these skills are highly in-demand in Israel, Malta, Romania, Croatia & New Zealand.

Class Shifts:

Morning Session
7:00 AM onwards

Afternoon Session
11:00 AM onwards

Evening Session
4:00 PM onwards