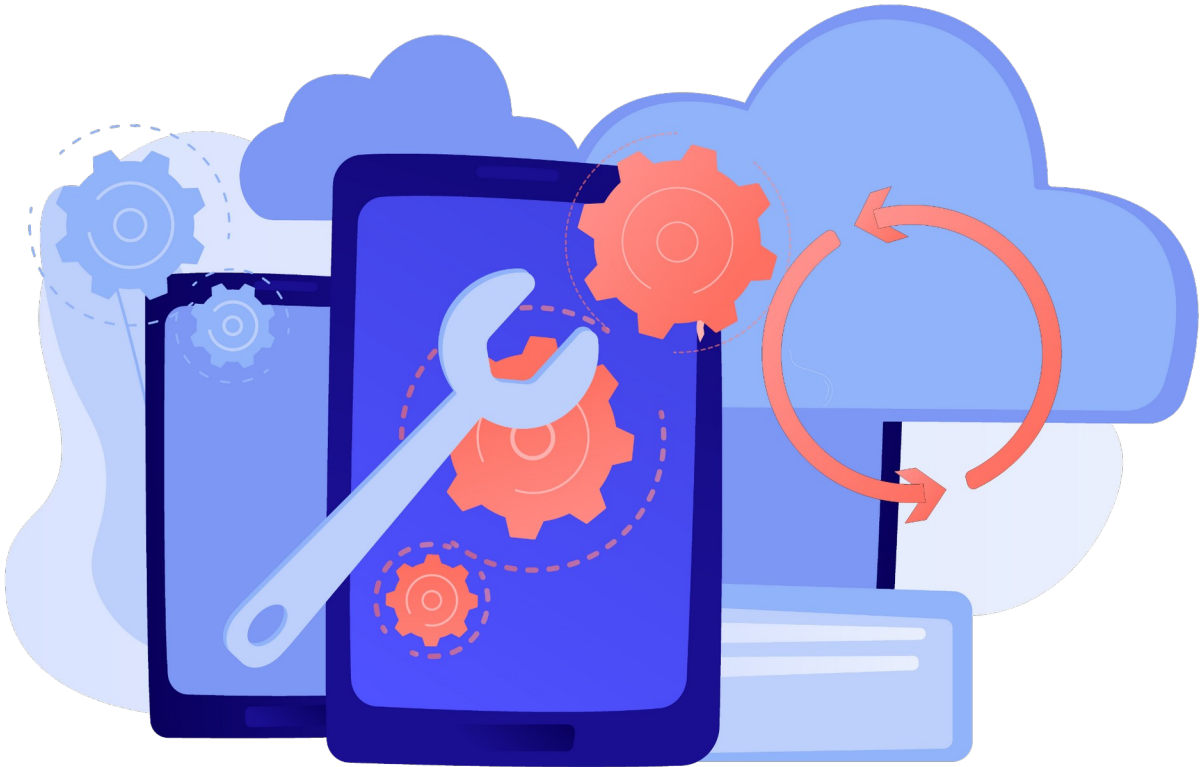


# How To Backup And Restore Text Messages On Android: An Essential Guide

*Have you ever sent text messages on Android and later felt lost on how to recover them? Use this guide to learn how to backup and restore text messages on Android.*



Designed by [Freepik](#)

There is always a chance you could lose your phone by a twist of fate. Accidents like dropping the phone into the water or deleting data by accident could happen to you. You may lose your text messages if you haven't done a backup. You lose all those precious memories with your loved ones. An awful experience nonetheless.

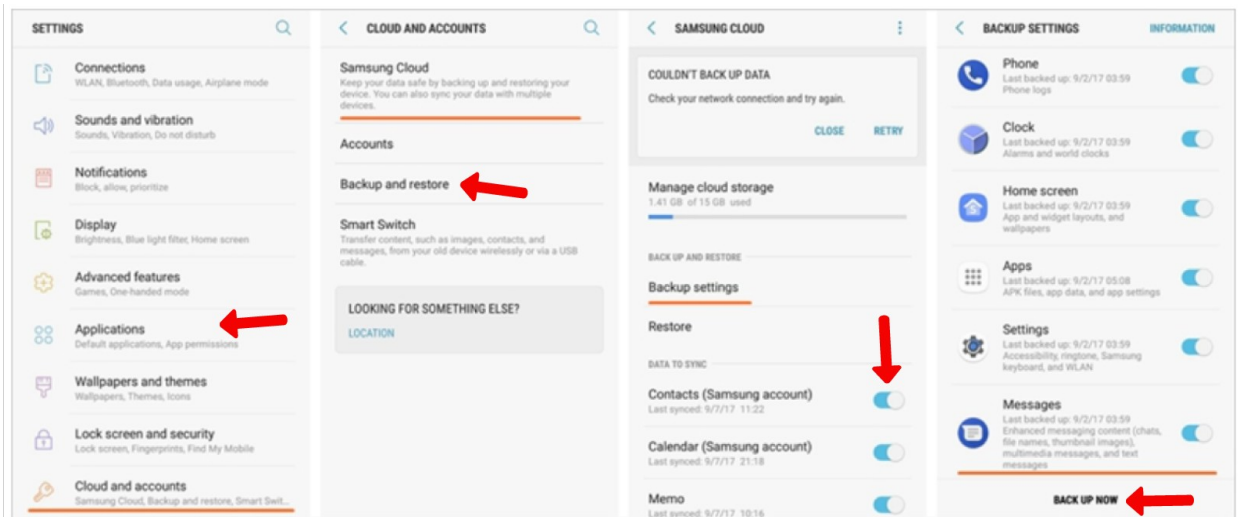
Would you ever like to be put in such a condition? Well, we would never want to be put in such a case. So, fend for yourself as we tell you how to safely backup your text messages and recover them when the need arises.

# Backing Up and Restoring Data using Samsung Cloud

Samsung Devices use the Samsung Cloud services to safely backup all the call logs, alarms, calendars, text messages, settings, etc. It includes everything except your files and data on your phone. A total 15Gb storage is provided free of cost, making this your go-to solution.

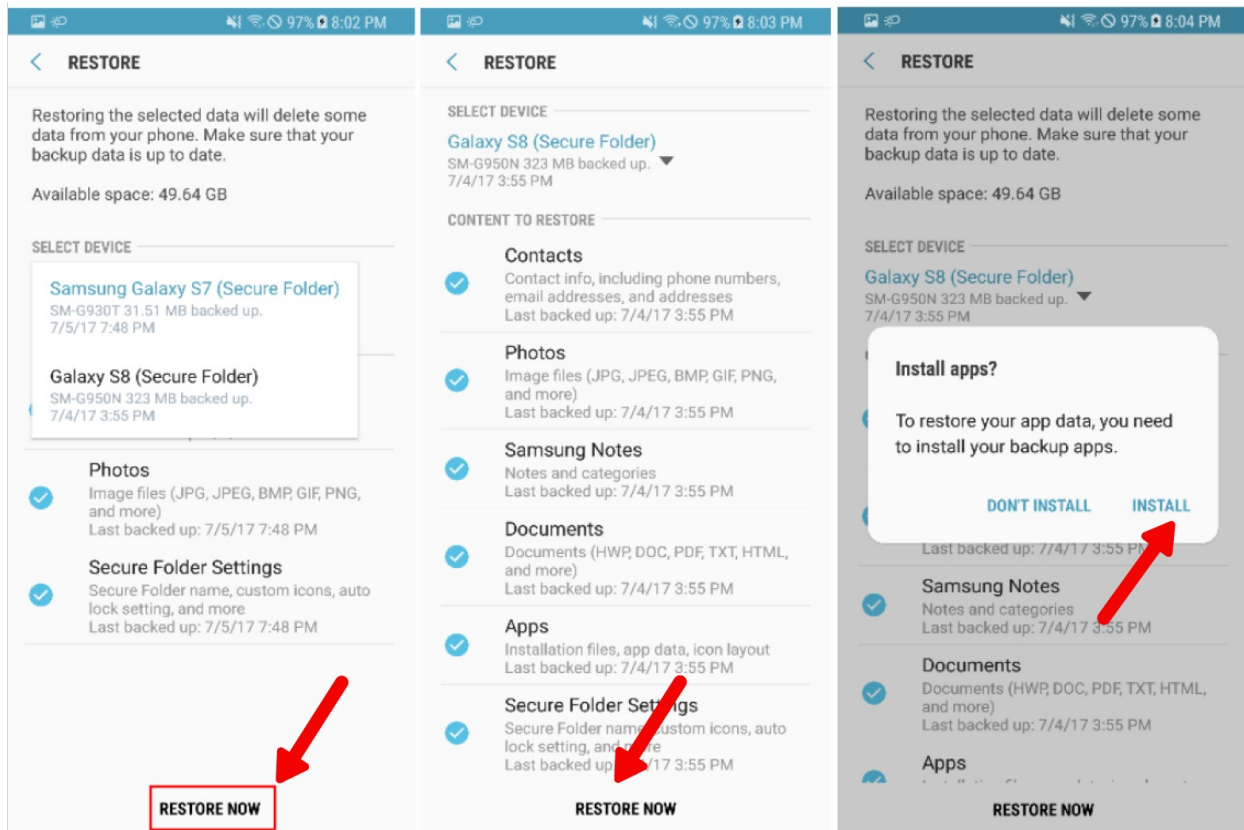
## How to backup your messages into Samsung Cloud?

- Open **Settings** from the home screen
- Click on your name at the top of the screen
- Click on **Samsung Cloud**.
- Select the **information you wish to back up**, such as the Messages app or Calendar, and tap **Back up** at the bottom of the screen.
- Start uploading the backup to the cloud. If you have many files, it may take some time. The process will continue in the background, and a notification will appear at the end.



## How to Restore Messages from Cloud Storage on a Samsung device?

- Navigate to **"Settings"** on your Android device.
- Tap **"Cloud and Account"** to find out.
- **Choose the account** where your SMS messages have been backed up.
- Select the **text messages** from the list that you have backed up.
- To restore the deleted SMS on your Android device, tap **"Restore."**



## How to Backup and Recover Text Messages Using Google Drive Backup

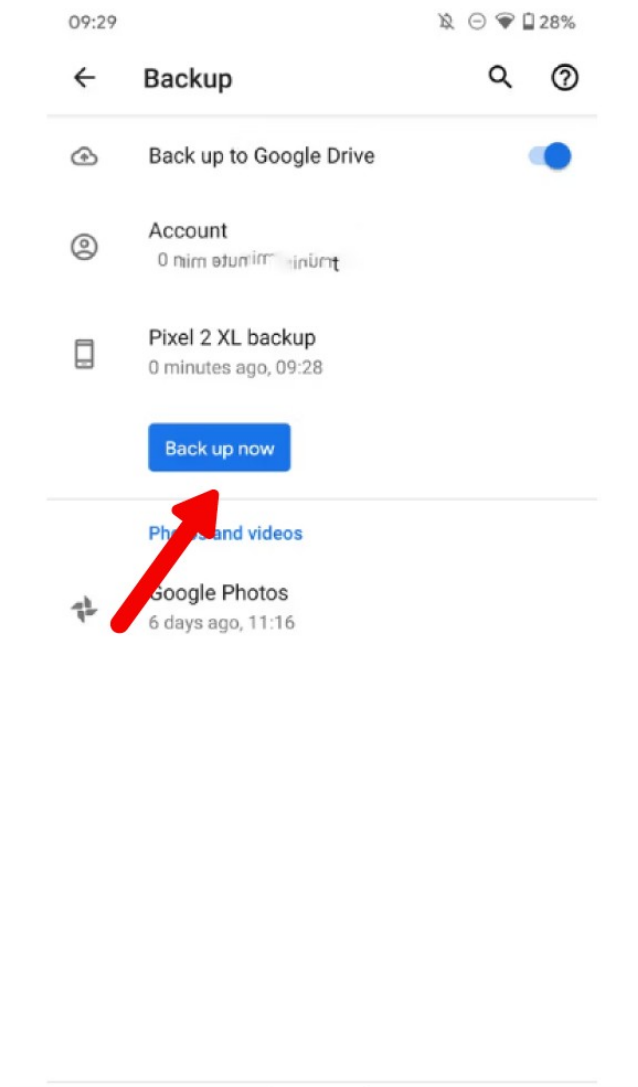
Google Drive is one of the best platforms to save and share documents via Google Docs and access your files from any device. You can save all kinds of files on Google Drive. But did you know that you can backup all your text messages, settings, WhatsApp messages etc., on Google drive?

Here are the simple steps you must follow to backup all your data to Google Drive.

### Backing Up data using Google Drive

- Open the settings menu, then select **"Google"** from the drop-down menu.
- Choose **"Backup"** from the **"Services on this Device"** list.

- Tap "**Back up now**" after enabling "**Back up to Google Drive.**"



## Recover messages from Google backup

- After the factory reset, **Sign in** with your Google Account and accept the terms of service for Android.
- You will receive a list of restorable data, including your apps, call history, device settings, contacts, and calendar. Select "**Everything**" and press the "**Restore**" button to begin restoring your data.

MMS material is excluded from this basic backup service, although Google provides the service as part of a Google One subscription. If you've also realised that you're running out of storage space on your Google Drive, the \$2 per month may be well worth it when you know that it also allows you to store up all your pictures and videos.

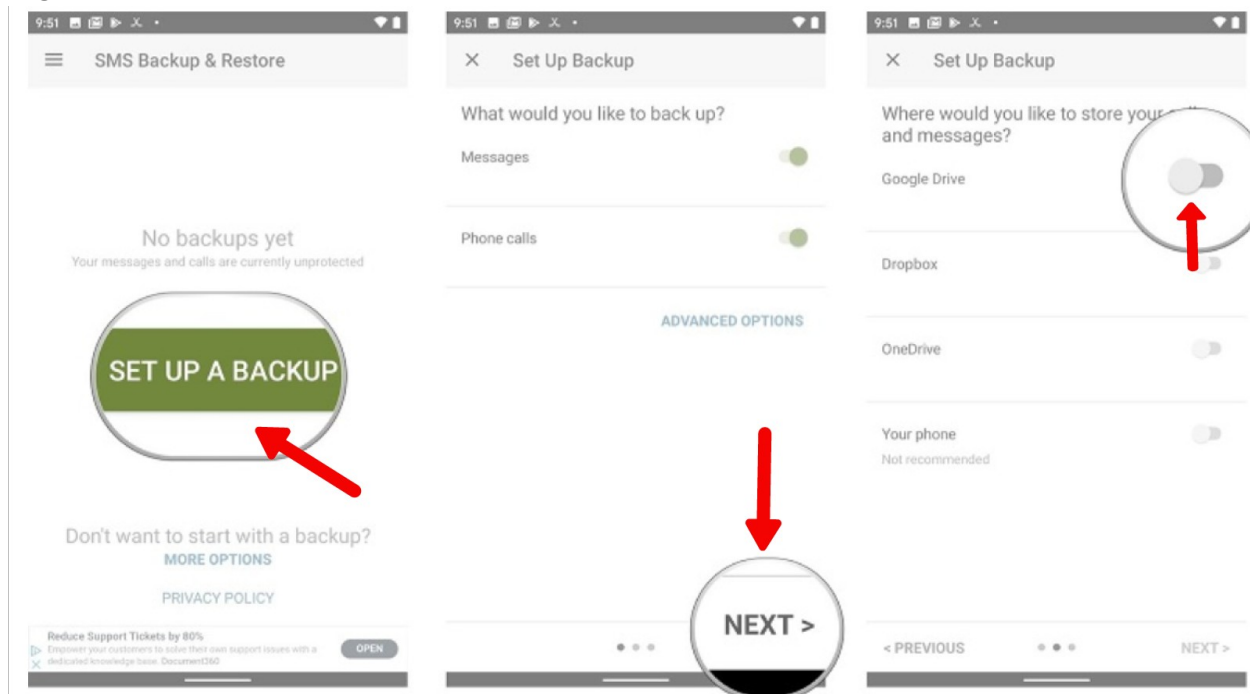
## Back up and restore text messages Using an SD card

Many Android devices have an external SD card installed. A device backup can be created on the external SD card using a third-party application. The file created can be transferred to any android phone and can be used to recover information in case your device is factory reset.

### Back up text messages using an SD Card

- Download and install the free **"SMS Backup & Restore"** software from the Google Play Store.
- The app will require multiple permissions to access your messages and phone logs. Tap **"Get Started"** and grant the requested permissions to proceed.
- Click the huge green button labelled **"Backup"** on the home screen.
- Choose to back up SMS, MMS, and call logs here. If you cannot view MMS messages, you must tap **"Advanced Options."** After making your selection, touch **"Next."**
- You can store the backup on Google Drive, Dropbox, or OneDrive. Next, tap **"Your Phone"** to save it to an SD card.
- Select your SD card by tapping **"Your own folder"** and then select it. Additionally, you can store it in your internal storage, allowing you to upload it to the cloud or your computer.
- SMS Backup & Restore permits hourly, daily, or weekly backup updates. Select the desired option and touch **"Backup now"** to create a backup file.

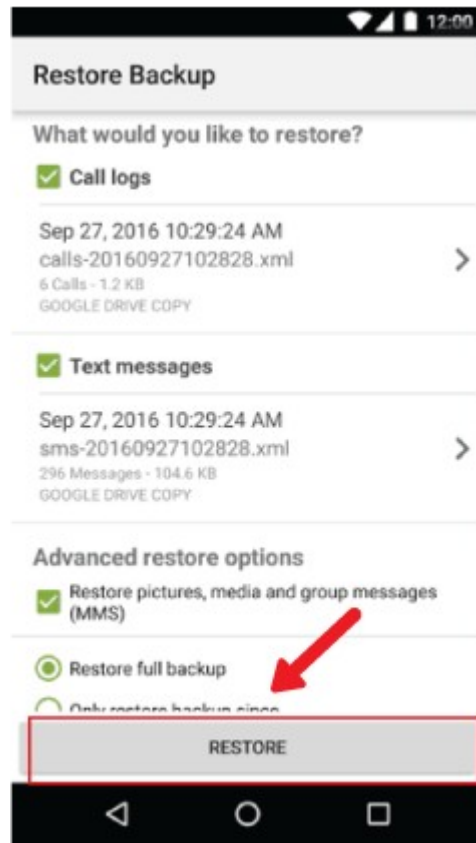
Since the data is stored in an XML file, it's compatible with all Android devices, regardless of their make or model.



## Restore Text Messages

If you backed up your messages using to SD Card using **SMS Backup and Restore**, here is how to recover your text messages.

- From your home screen or app drawer, launch SMS Backup & Restore.
- Click on **Restore**.
- Select the **checkboxes** next to the backups you want to restore. You may back up call logs and SMS messages depending on what you choose to back up.
- Tap the arrow next to the SMS messages backups if you have multiple backups stored and want to restore a specific one.
- Click on **Restore**.
- Tap **OK**. In this info box, you're informed that SMS Backup and Restore needs to be temporarily set as your default messaging app to restore your messages.
- Click on **Yes**. It will restore the messages and/or call logs.
- Tap **Close** once the restore is completed.



## Wrapping Up

Backing up all the data and files should always be your priority. The best way to backup all your device text messages is by using the built-in automatic cloud backup. Make sure that your device is backing up all the files regularly. If you are more concerned about your safety, you can

backup all your files on your SD Card or use 3rd party apps. Hoping you always find a way to recover your data!

## Frequently Asked Questions

### What is an SMS?

SMS is the abbreviation of the term Short Message Service. It is a method used to send text messages up to 160 characters between phones through a mobile carrier. Cellular towers transfer the data from your device to carrier servers, which move the information to another device after processing.

### How do I recover deleted messages in WhatsApp if I didn't back up the messages?

There is no possible way to recover Whatsapp deleted messages. The conversation in Whatsapp is always end-to-end encrypted and not stored on any Whatsapp servers. Consequently, if you didn't back up your data on Google Drive, even Whatsapp cannot recover any information, let alone third-party apps.

### How can I recover deleted SMS on an Android phone without backup?

You cannot recover SMS messages on an Android device without backup. If the messages are essential, you can contact your mobile service provider to give them to you. However, this only happens when the messages are critical.

### How do I transfer my text messages from my old phone to my new phone?

Text messages can be transferred from one device to another by

- Backing them up using Cloud, Google Drive or Third Party Applications
- Performing a data recovery on the new phone

### How can I recover permanently deleted messenger text messages?

Once you permanently delete the messenger text messages, you can never recover them. They are erased from existence forever.