

### Scoring the Beck Depression Inventory

After you have completed the questionnaire, add up the score for each of the 21 questions. The following table indicates the relationship between total score and level of depression according to the Beck Depression Inventory.

Classification	Total Score	Level of Depression
Low	1-10	Normal ups and downs
	11-16	Mild mood disturbance
Moderate	17-20	Borderline clinical depression
	21-30	Moderate depression
Significant	31-40	Severe depression
	Over 40	Extreme depression