**Week 3 Worksheet: MY STI IDENTITY**

1. **The Jungle of Personalities**

Instructions: Read the personality traits per column then tick all the traits that you possess. Add all the number of ticks for each column and write the total below. The highest number that you will get defines your personality type. Refer to the handout below the worksheet for the personality description.

|  |  |  |  |
| --- | --- | --- | --- |
| **A** | **B** | **C** | **D** |
| Likes control  Confident  Firm  Likes challenges  Problem solver  Bold  Goal driven  Strong willed  Self-resilient  Persistent  Takes change | Enthusiastic  Visionary  Energetic  Promoter  Mixes easily  Fun-loving  Spontaneous  Likes new ideas  Optimistic  Takes risks  Motivator | Sensitive  Calm  Non-demanding  Enjoys routine  Relational  Adaptable  Thoughtful  Patient  Good listener  Loyal  Self-composed | Consistent  Reserved  Practical  Factual  Perfectionistic  Detailed  Inquisitive  Persistent  Sensitive  Accurate  Controlled |
| Total: Enter here | Total: Enter here | Total: Enter here | Total: Enter here |

1. **Application**
   1. How did the results make you feel? Why?

Type in your answer here.

* 1. Why do you think it is important to know your strengths and weakness?

Type in your answer here.

* 1. How can you use your strengths and minimize your weakness to develop yourself in the following aspects: physical or physiological, intellectual, spiritual, and social?

Type in your answer here.

* 1. How did the poem effect you?

Type in your answer here.

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