# 1 Multimodal Generative Model for Detecting Anxiety & Stress

## 1.1 Objective

Design a multimodal *generative* model fusing audio, visual, textual, and *optionally* physiological data to detect anxiety and stress.

## 1.2 Data Representation and Notations

• Audio:  $X_A \in \mathbb{R}^{T_A \times d_A}$ 

• Visual:  $X_V \in \mathbb{R}^{T_V \times H \times W \times C}$ 

• Textual:  $X_T \in \mathbb{R}^{T_T \times d_T}$ 

• Physio (Optional):  $X_P \in \mathbb{R}^{T_P \times d_P}$ 

### 1.3 Model Architecture

#### 1.3.1 Modality-specific Encoders

$$\begin{split} h_A &= \mathrm{Encoder}_A(X_A; \theta_A), & h_V &= \mathrm{Encoder}_V(X_V; \theta_V), \\ h_T &= \mathrm{Encoder}_T(X_T; \theta_T), & h_P &= \mathrm{Encoder}_P(X_P; \theta_P) \text{ (optional)} \end{split}$$

#### 1.3.2 Multimodal Fusion with Attention

$$H = \begin{cases} [h_A; h_V; h_T; h_P] & \text{if } X_P \text{ available} \\ [h_A; h_V; h_T] & \text{otherwise} \end{cases}, \qquad \alpha = \operatorname{softmax} \left(HW_q(HW_k)^\top / \sqrt{d_h}\right), \quad h^* = \frac{1}{M} \sum_{i=1}^M (\alpha HW_v)_i.$$

#### 1.3.3 Generative Component (VAE)

$$\mu, \sigma^2 = f_{\text{enc}}(h^*; \phi), \quad z \sim \mathcal{N}(\mu, \sigma^2 I), \quad \hat{X}_m = f_{\text{dec}_m}(z; \psi_m).$$

#### 1.3.4 Prediction Head

Classification:  $y = \operatorname{softmax}(W_c h^* + b_c)$ , Regression:  $y = W_r h^* + b_r$ .

#### 1.4 Proposed Novel Contributions

1. Cross-Modal Diffusion Imputation (CDI). A conditional diffusion process  $q_{\theta}(X_{\text{miss}} | X_{\text{avail}})$  learns to generate entire missing modalities given the available ones, replacing the VAE decoder when data are incomplete. Diffusion-based imputation has not yet been explored for stress/anxiety analytics, offering state-of-the-art perceptual quality and calibrated uncertainty.

- 2. Uncertainty-Aware Attention Fusion (UAF). Each modality embedding is accompanied by a variance estimate  $\sigma_m^2$  (obtained via Monte-Carlo dropout). Fusion weights are set to  $\tilde{\alpha}_m \propto \alpha_m/\sigma_m^2$ , down-weighting noisy or low-confidence modalities on-the-fly.
- 3. Self-Supervised Cross-Modal Pre-training (SCP). Encoders are first trained with a contrastive objective  $\mathcal{L}_{\text{SCP}} = -\log \frac{\exp(\langle h_i^{(m)}, h_i^{(n)} \rangle / \tau)}{\sum_j \exp(\langle h_i^{(m)}, h_j^{(n)} \rangle / \tau)}$  across all unordered modality pairs (m,n). This leverages unlabelled videointerview corpora before fine-tuning for stress labels, a step missing from prior work.
- 4. Subject-Level Bayesian Adaptation (SBA). For longitudinal use, a lightweight Bayesian linear head updates  $p(y | h^*, \kappa)$  via conjugate priors when a user contributes a few calibration samples, providing personalised baselines without re-training the entire network.

Why Novel? To the best of our knowledge, no existing anxiety/stress system combines diffusion-based cross-modal imputation, uncertainty-aware fusion, self-supervised contrastive pre-training, and personalised Bayesian adaptation in a single framework. Each component individually moves beyond StressNet, MuSe Transformer, and other baselines; together they form a distinctive, practically valuable pipeline.

## 1.5 Algorithm Including Novel Components

**Algorithm 1** Multimodal Generative Anxiety/Stress Detection with Novel Additions

```
1: Input: Available modalities \{X_m\}_{m \in \mathcal{M}_{\text{avail}}}
 2: Output: Prediction y, reconstructed/imputed \hat{X}_m
 3: for m \in \mathcal{M}_{\text{avail}} do
                                                                                               ▷ Encode & uncertainty
            h_m, \sigma_m^2 \leftarrow \operatorname{Encoder}_m(X_m)
 5: end for
 6: if \exists missing modality then
            X_{\text{miss}} \leftarrow \mathbf{CDI}(X_{\text{avail}})
                                                                                                 ▶ Diffusion imputation
 7:
            h_{\text{miss}}, \sigma_{\text{miss}}^2 \leftarrow \text{Encoder}_{\text{miss}}(\hat{X}_{\text{miss}})
10: H \leftarrow \operatorname{stack}(\{h_m\}), \quad \alpha \leftarrow \mathbf{UAF}(H, \{\sigma_m^2\})
11: h^* \leftarrow \alpha H W_v
                                                                                    ▶ Uncertainty-aware attention
12: (\mu, \sigma^2) \leftarrow f_{\text{enc}}(h^*), z \sim \mathcal{N}(\mu, \sigma^2 I)
13: for m \in \mathcal{M} do \hat{X}_m \leftarrow f_{\text{dec}_m}(z)
14: end for
15: y \leftarrow \text{BayesHead}_{\mathbf{SBA}}(h^*)
16: Compute \mathcal{L} = \mathcal{L}_{pred} + \beta KL + \gamma \mathcal{L}_{recon} + \lambda \mathcal{L}_{SCP}
17: Update parameters \{\theta, \phi, \psi, W\} via back-prop
```

## 1.6 Real Research-Paper Baselines

Baseline	Modalities	Reference
StressNet	Physio, Audio	He et al. 2022
MuSe Transformer	Audio, Visual, Text	Stappen et al. 2021
AVEC CNN-LSTM	Audio, Visual	Valstar et al. 2016
DAIC-WOZ Transformer	Audio, Visual, Text	Mallol-Ragolta et al. 2019
WESAD CNN-LSTM	Physiological	Schmidt et al. 2018

## 1.7 Datasets & Metrics

 $\begin{array}{l} Datasets: \ {\tt DAIC\text{-}WOZ}, \ {\tt WESAD}, \ {\tt MuSE}, \ {\tt For DigitStress}. \\ Metrics: \ {\tt Accuracy}, \ {\tt F1}, \ {\tt AUC\text{-}ROC}, \ {\tt RMSE}, \ {\tt FID}, \ {\tt etc}. \end{array}$ 

## 1.8 Interpretability & Ethics

Attention maps and diffusion uncertainty visualisations aid interpretability; privacy-preserving storage is mandatory for physiological/video data.