```
document.getElementById('contactForm').addEventListener('submit', function(event) {
  event.preventDefault();
  alert('Thank you for your message!');
});
document.querySelectorAll('nav ul li a').forEach(anchor => {
  anchor.addEventListener('click', function(event) {
    event.preventDefault();
    document.querySelectorAll('section').forEach(section => {
      section.style.opacity = '0';
    });
    const targetSection = document.querySelector(this.getAttribute('href'));
    setTimeout(() => {
      targetSection.scrollIntoView({ behavior: 'smooth' });
      targetSection.style.opacity = '1';
    }, 500);
  });
});
```