



## **Demo Trade Journal - XAUUSD**

**Position: LONG (Buy)**

Entry: 3300.0

Exit: 3310.0

SL: 3298.0

TP: 3310.0

Lot: 0.1

Commission: \$1.1

**Risk-Reward: 5.0**

**PnL: \$98.9**

Entry Time: 28/07/2025 19:00:00

Exit Time: 28/07/2025 20:00:00

Duration: 1:00:00

[Position ID: 76678867](#)

Rating: 5/10

Strategies: #Breakout, #News

Reflection:

- Followed your trading plan?: Yes
- Avoided FOMO?: Yes
- Clear and valid setup?: Yes
- No revenge trading?: Yes
- Proper risk taken?: Yes

Reflection Notes:

- gghjjhg