notebook

January 9, 2025

0.1 1. Project Introduction

The project aims to investigate the factors influencing thyroid disorders by analyzing a dataset of clinical and demographic features. By leveraging advanced statistical and machine learning methods, the project seeks to develop predictive models that accurately assess the risk of thyroid disorders in individuals.

0.2 2. Importance of the Topic

Thyroid disorders are prevalent globally and can lead to severe health complications if not diagnosed and treated early. In the fields of healthcare and medical informatics, early detection and risk stratification of thyroid disorders are critical for improving patient outcomes and optimizing healthcare resources. This project contributes to these fields by providing data-driven insights and tools for early risk assessment.

0.3 3. Problem Statement

Despite advances in medical diagnostics, there remains a gap in utilizing data-driven approaches for predicting thyroid disorders. Existing research primarily focuses on clinical evaluations and biochemical tests. This project addresses this gap by developing robust statistical models and machine learning algorithms to predict thyroid risk levels using a comprehensive dataset.

0.4 4. Objectives

0.4.1 Main Objective

• To develop and validate predictive models for assessing thyroid disorder risk using demographic and clinical features, identifying the most significant predictors and evaluating the performance of various machine learning algorithms.

0.4.2 Additional Objectives

0.5 5. Research Questions

0.6 7. Stakeholders

- **Healthcare Providers:** Endocrinologists and general practitioners who diagnose and treat thyroid disorders.
- **Researchers:** Medical researchers and data scientists focused on endocrinology and predictive modeling.

- Patients: Individuals at risk of thyroid disorders who would benefit from early detection and intervention.
- **Healthcare Organizations:** Hospitals, clinics, and public health departments interested in improving thyroid disorder management.

0.7 8. Data Understanding

The dataset structure includes various clinical and demographic features. The **Age** of the individual is recorded in years, while **Gender** is denoted as 1 for male and 0 for female. **Pregnancy** status is indicated by 1 if pregnant and 0 otherwise. The presence of a **Family History of Thyroid** disorders is noted with 1 for yes and 0 for no. The presence of **Goiter** is also marked as 1 for yes and 0 for no. **Fatigue** symptoms are recorded similarly with 1 for yes and 0 for no, as is the history of **Weight Change**. The dataset includes **Hair Loss** presence (1 for yes, 0 for no) and **Heart Rate Changes** (1 for yes, 0 for no). Sensitivity to cold or heat (**Sensitivity to Cold or Heat**) is also noted with 1 for yes and 0 for no. **Increased Sweating** is recorded with the same binary notation. **Muscle Weakness**, **Constipation or More Bowel Movements**, and the presence of **Depression or Anxiety** are all indicated by 1 for yes and 0 for no. The dataset further records **Difficulty Concentrating or Memory Problems** with 1 for yes and 0 for no, as well as the presence of **Dry or Itchy Skin**. Finally, the **Thyroid Risk Level** is classified as 0 for no risk, 1 for moderate risk, and 2 for high risk.

Dataset Format - Provided in a tabular format with binary (0/1) and integer values. - Each row represents an individual patient record. - The target variable is Thyroid_Risk_Level, suitable for classification tasks.

0.8 Import Libraries

```
[1]: import pandas as pd
     import matplotlib.pyplot as plt
     import seaborn as sns
     from sklearn.model_selection import train_test_split
     from sklearn.linear_model import LogisticRegression
     from sklearn.preprocessing import StandardScaler
     from sklearn.pipeline import Pipeline
     from sklearn.metrics import accuracy score, precision score, recall_score,__
      ⇔f1_score, confusion_matrix
     from sklearn.tree import DecisionTreeClassifier
     from sklearn.naive bayes import GaussianNB
     from sklearn.ensemble import RandomForestClassifier
     from sklearn.svm import SVC
     from sklearn.model_selection import train_test_split
     from sklearn.ensemble import GradientBoostingClassifier
     from sklearn.neighbors import KNeighborsClassifier
     import xgboost as xgb
     from sklearn.neural_network import MLPClassifier
```

```
[2]: df = pd.read_csv("Data/Thyroid_Dataset_Resampled.csv")
```

```
[3]: df.shape
```

[3]: (10506, 17)

There are 10,506 rows and 17 columns

```
[4]: df.head(5)
```

[4]:	Age	Gender	Pregnancy	Family_History_of_Thyroid	Goiter	Fatigue	\
0	81	1	0	1	1	1	
1	18	1	0	0	0	1	
2	87	0	0	1	1	0	
3	27	1	0	0	1	0	
4	49	0	0	0	0	0	

0 0 0 1 1 1 1 1 2 1 1 1 3 1 1 1 4 0 1 0		Weight_Change	${ t Hair_Loss}$	<pre>Heart_Rate_Changes</pre>	Sensitivity_to_Cold_or_Heat	\
1 1 1 1 2 1 1 1 3 1 1 1 4 0 1 0	0	0	0	1	1	
2 1 1 1 1 3 1 1 1 1 4 0 1 0	1	1	1	1	0	
3 1 1 1 1 4 0 1 0	2	1	1	1	0	
4 0 1 0	3	1	1	1	1	
	4	0	1	0	1	

	Increased_Sweating	Muscle_Weakness	Constipation_or_More_Bowel_Movements	١
0	0	1	1	
1	1	0	0	
2	0	1	1	
3	1	0	0	
4	0	0	0	

\

	Depression_or_Anxiety	Difficulty_Concentrating_or_Memory_Problems	\
0	0	1	
1	0	0	
2	1	0	
3	1	1	
4	0	1	

	Dry_or_Itchy_Skin	Thyroid_Risk_Level
0	0	2
1	1	1
2	1	2
3	0	2
4	1	1

Column Structure - Age: Age of the individual (in years). - Gender: Gender of the individual (1 for male, 0 for female). - Pregnancy: Pregnancy status (1 if pregnant, 0 otherwise). - Family_History_of_Thyroid: Indicates family history of thyroid disorders (1 for yes, 0 for no). - Goiter: Presence of goiter (1 for yes, 0 for no). - Fatigue: Presence of fatigue symptoms (1 for yes, 0 for no). - Weight_Change: History of weight changes (1 for yes, 0 for no). - Hair_Loss:

Presence of hair loss (1 for yes, 0 for no). - Heart_Rate_Changes: Changes in heart rate (1 for yes, 0 for no). - Sensitivity_to_Cold_or_Heat: Sensitivity to cold or heat (1 for yes, 0 for no). - Increased_Sweating: Increased sweating (1 for yes, 0 for no). - Muscle_Weakness: Presence of muscle weakness (1 for yes, 0 for no). - Constipation_or_More_Bowel_Movements: Changes in bowel movement patterns (1 for yes, 0 for no). - Depression_or_Anxiety: Presence of depression or anxiety (1 for yes, 0 for no). - Difficulty_Concentrating_or_Memory_Problems: Difficulty concentrating or memory problems (1 for yes, 0 for no). - Dry_or_Itchy_Skin: Presence of dry or itchy skin (1 for yes, 0 for no). - Thyroid_Risk_Level: Risk level of thyroid disorders (0: No risk, 1: Moderate risk, 2: High risk).

[5]: df.info()

<class 'pandas.core.frame.DataFrame'>
RangeIndex: 10506 entries, 0 to 10505
Data columns (total 17 columns):

#	Column	Non-Null Count	Dtype
0	Age	10506 non-null	int64
1	Gender	10506 non-null	int64
2	Pregnancy	10506 non-null	int64
3	Family_History_of_Thyroid	10506 non-null	int64
4	Goiter	10506 non-null	int64
5	Fatigue	10506 non-null	int64
6	Weight_Change	10506 non-null	int64
7	Hair_Loss	10506 non-null	int64
8	Heart_Rate_Changes	10506 non-null	int64
9	Sensitivity_to_Cold_or_Heat	10506 non-null	int64
10	Increased_Sweating	10506 non-null	int64
11	Muscle_Weakness	10506 non-null	int64
12	Constipation_or_More_Bowel_Movements	10506 non-null	int64
13	Depression_or_Anxiety	10506 non-null	int64
14	Difficulty_Concentrating_or_Memory_Problems	10506 non-null	int64
15	Dry_or_Itchy_Skin	10506 non-null	int64
16	Thyroid_Risk_Level	10506 non-null	int64

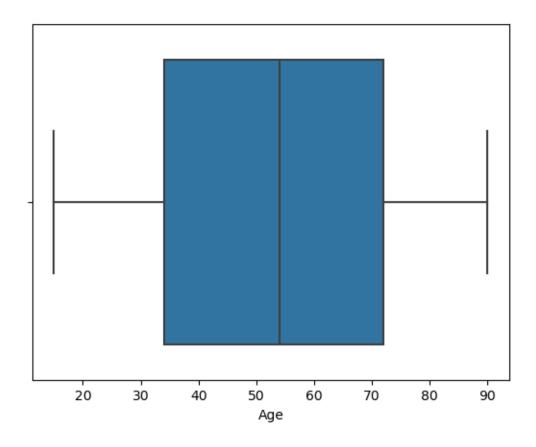
dtypes: int64(17)
memory usage: 1.4 MB

All the 17 columns are of integer data type.

There isn't any column that contains missing values.

0.9 Data Cleaning

```
[6]: sns.boxplot(x=df['Age'])
plt.show()
```



```
[7]: # Rename columns
newColName = {
        'Family_History_of_Thyroid' : 'Family_Thyroid_History',
        'Sensitivity_to_Cold_or_Heat' : 'Sensitivity_temp',
        'Constipation_or_More_Bowel_Movements': 'Bowel_Movement_Changes',
        'Depression_or_Anxiety': 'Depression_Anxiety',
        'Difficulty_Concentrating_or_Memory_Problems':__
        'Concentration_Memory_Issues',
        'Dry_or_Itchy_Skin': 'Dry_Itchy_Skin',
}

df = df.rename(columns=newColName)
```

```
[8]: start_col = "Gender"
    start_index = df.columns.get_loc(start_col)

for col in df.columns[start_index:]:
    count = df[col].value_counts()
    print(count)
```

Gender

0 5345

1 5161

Name: count, dtype: int64

Pregnancy

0 7979

1 2527

Name: count, dtype: int64 Family_Thyroid_History

0 5453

1 5053

Name: count, dtype: int64

Goiter

0 7273

1 3233

Name: count, dtype: int64

Fatigue

0 6328

1 4178

Name: count, dtype: int64

Weight_Change

0 6352

1 4154

Name: count, dtype: int64

Hair_Loss

0 6406

1 4100

Name: count, dtype: int64

Heart_Rate_Changes

0 6364

1 4142

Name: count, dtype: int64

Sensitivity_temp

0 6406

1 4100

Name: count, dtype: int64

Increased_Sweating

0 6403

1 4103

Name: count, dtype: int64

Muscle_Weakness

0 6388

1 4118

Name: count, dtype: int64

Bowel_Movement_Changes

0 6267

1 4239

Name: count, dtype: int64

Depression_Anxiety

```
0
         6404
         4102
    1
    Name: count, dtype: int64
    Concentration_Memory_Issues
         6355
    0
         4151
    Name: count, dtype: int64
    Dry_Itchy_Skin
         6421
         4085
    1
    Name: count, dtype: int64
    Thyroid_Risk_Level
         3502
         3502
    1
    0
         3502
    Name: count, dtype: int64
[9]: # Create Age bins
    age_bins = [10, 20, 30, 40, 50, 60, 70, 80, 90, 100]
    age_labels = ['11-20', '21-30', '31-40', '41-50', '51-60', '61-70', '71-80', _
      # Create a new column
    df['Age_Group'] = pd.cut(df['Age'], bins=age_bins, labels=age_labels,_
      →right=False)
     # Value Counts for each age groups
    df['Age_Group'].value_counts().sort_index()
```

[9]: Age_Group 11-20 657 21-30 1238 31-40 1398 41-50 1321 51-60 1479 61 - 701410 71-80 1452 81-90 1411 91-100 140 Name: count, dtype: int64

0.9.1 Univariate Analysis

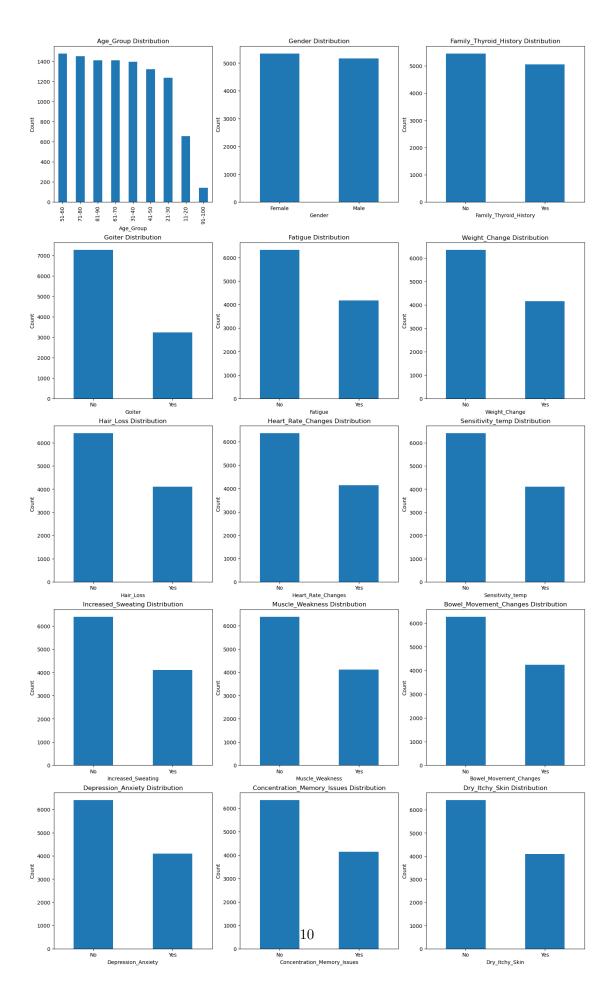
Distribution of Value Counts for Thyroid-Related Factors (Age Group, Gender, Family Thyroid History, Goiter, Fatigue, Weight Change, Hair Loss, Heart Rate Changes, Temperature Sensitivity, Increased Sweating, Muscle Weakness, Bowel Movement Changes, Depression/Anxiety, Concentration/Memory Issues, Dry Itchy Skin)

```
[10]: def value_count_dist_matrix(cols, labels=None):
          # Number of rows and columns for the grid layout
          num_cols = 3
          # Ensures enough rows for all columns
          num_rows = (len(cols) + num_cols - 1) // num_cols
          fig, axes = plt.subplots(nrows=num_rows, ncols=num_cols, figsize=(5 *_
       →num_cols, 5 * num_rows), constrained_layout=True)
          # Flatten the array of axes for easier indexing
          axes = axes.flatten()
          for i, col in enumerate(cols):
              # Value count of the specified column
              col_count = df[col].value_counts()
              # Plot
              col count.plot(kind='bar', ax=axes[i])
              axes[i].set_title(f'{col} Distribution')
              axes[i].set_xlabel(f'{col}')
              axes[i].set_ylabel('Count')
              if labels and col in labels:
                  axes[i].set xticks([0, 1])
                  axes[i].set_xticklabels(labels[col], rotation=0)
          # Hide any unused subplots
          for j in range(i + 1, len(axes)):
              fig.delaxes(axes[j])
          plt.show()
      # Define columns to plot and their labels
      cols = ['Age_Group', 'Gender', 'Family_Thyroid_History', 'Goiter',
              'Fatigue', 'Weight_Change', 'Hair_Loss', 'Heart_Rate_Changes',
              'Sensitivity_temp', 'Increased_Sweating', 'Muscle_Weakness',
              'Bowel_Movement_Changes', 'Depression_Anxiety', __

¬'Concentration_Memory_Issues',
              'Dry Itchy Skin'
      labels = {
          'Gender': ['Female', 'Male'],
          'Family_Thyroid_History': ['No', 'Yes'],
          'Goiter': ['No', 'Yes'],
          'Fatigue': ['No', 'Yes'],
          'Weight_Change': ['No', 'Yes'],
          'Hair_Loss': ['No', 'Yes'],
          'Heart_Rate_Changes': ['No', 'Yes'],
          'Sensitivity_temp': ['No', 'Yes'],
```

```
'Increased_Sweating': ['No', 'Yes'],
   'Muscle_Weakness': ['No', 'Yes'],
   'Bowel_Movement_Changes':['No', 'Yes'],
   'Depression_Anxiety': ['No', 'Yes'],
   'Concentration_Memory_Issues':['No', 'Yes'],
   'Dry_Itchy_Skin': ['No', 'Yes']
}

# Plot the value counts in a matrix layout
value_count_dist_matrix(cols, labels)
```



- The highest count is in the 51-60 age group, while the youngest (11-20) and oldest (91-100) age groups have the lowest counts.
- Females slightly outnumber males in terms of gender distribution.
- A slightly higher number of individuals do not have a family history of thyroid issues, goitre, fatigue, weight changes, hair loss, heart rate changes, temperature sensitivity, increased sweating, muscle weakness, bowel movement changes, depression/anxiety, concentration/memory issues, and dry itchy skin compared to those who do.

Age Distribution by Gender

```
[11]: # Mean age for each gender group
mean_age = df.groupby('Gender')['Age'].mean()

# Mode age for each gender group
mode_age = df.groupby('Gender')['Age'].apply(lambda x: x.mode().iloc[0])

# Median age for each gender group
median_age = df.groupby('Gender')['Age'].median()

# Print the mean, mode, and median ages
print("Mean age by gender (0 is Female, 1 is Male):", mean_age)
print("\nMode age by gender (0 is Female, 1 is Male):", mode_age)
print("\nMedian age by gender (0 is Female, 1 is Male):", median_age)
```

```
Mean age by gender (O is Female, 1 is Male): Gender

0 53.511880
1 53.015113

Name: Age, dtype: float64

Mode age by gender (O is Female, 1 is Male): Gender

0 80
1 73

Name: Age, dtype: int64

Median age by gender (O is Female, 1 is Male): Gender

0 54.0
1 53.0

Name: Age, dtype: float64
```

- The average age for males is 53, while for females it is 54.
- The most common age (mode) for males is 73, whereas for females it is 80.
- The median age for males is 53, and for females, it is 54.

Pregnancy Distribution among Females

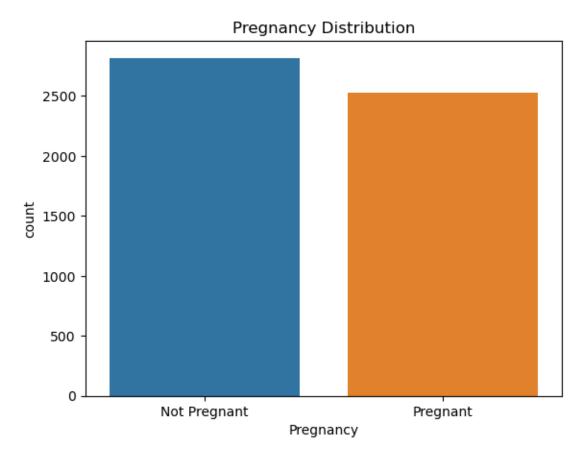
```
pregnancy_dist = df[(df['Gender'] == 0)]['Pregnancy'].value_counts()
print("Pregnancy Distribution: 0 is Not Pregnant and 1 is Pregnant",
pregnancy_dist)

sns.countplot(x='Pregnancy', data=df[df['Gender']==0])
plt.xticks(ticks=[0,1], labels=['Not Pregnant', 'Pregnant'])
plt.title("Pregnancy Distribution")
plt.show()
```

Pregnancy Distribution: 0 is Not Pregnant and 1 is Pregnant Pregnancy

0 2818 1 2527

Name: count, dtype: int64



• According to pregnancy distribution, 2818 females are not pregnant while 2517 are pregnant.

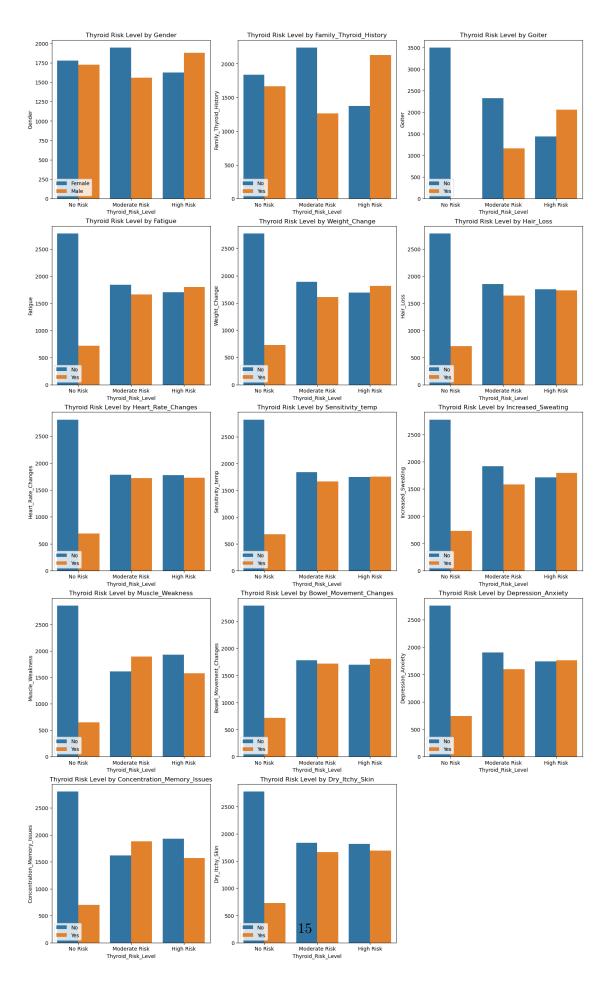
0.9.2 Bivariate Analysis

Thyroid Risk Levels Based on Gender, Family Thyroid History, Goiter, Fatigue, Weight Change, Hair Loss, Heart Rate Changes, Temperature Sensitivity, Increased

Sweating, Muscle Weakness, Bowel Movement Changes, Depression/Anxiety, Concentration/Memory Issues, and Dry Itchy Skin.

```
[13]: import seaborn as sns
      import matplotlib.pyplot as plt
      def thyroidRiskLevel(col, label, df, ax):
          sns.countplot(x="Thyroid_Risk_Level", hue=col, data=df, ax=ax)
         ax.set xticklabels(["No Risk", "Moderate Risk", "High Risk"])
         ax.set_ylabel(f"{col}")
         ax.set_title(f"Thyroid Risk Level by {col}")
         ax.legend(labels=label, loc='lower left')
      # Define columns to plot and their labels
      cols = ['Gender', 'Family_Thyroid_History', 'Goiter',
              'Fatigue', 'Weight Change', 'Hair Loss', 'Heart Rate Changes',
              'Sensitivity_temp', 'Increased_Sweating', 'Muscle_Weakness',
              'Bowel_Movement_Changes', 'Depression_Anxiety', __
       'Dry_Itchy_Skin'
            ٦
      labels = {
          'Gender': ['Female', 'Male'],
          'Family_Thyroid_History': ['No', 'Yes'],
          'Goiter': ['No', 'Yes'],
          'Fatigue': ['No', 'Yes'],
          'Weight_Change': ['No', 'Yes'],
          'Hair_Loss': ['No', 'Yes'],
          'Heart_Rate_Changes': ['No', 'Yes'],
          'Sensitivity_temp': ['No', 'Yes'],
          'Increased_Sweating': ['No', 'Yes'],
          'Muscle_Weakness': ['No', 'Yes'],
          'Bowel_Movement_Changes':['No', 'Yes'],
          'Depression_Anxiety': ['No', 'Yes'],
          'Concentration_Memory_Issues':['No', 'Yes'],
          'Dry_Itchy_Skin': ['No', 'Yes']
      }
      # Number of rows and columns for the grid layout
      num_cols = 3
      num_rows = (len(cols) + num_cols - 1) // num_cols
      fig, axes = plt.subplots(nrows=num_rows, ncols=num_cols, figsize=(5 * num_cols,_
      →5 * num_rows), constrained_layout=True)
      axes = axes.flatten()
      for i, col in enumerate(cols):
         thyroidRiskLevel(col, labels.get(col, ['No', 'Yes']), df, axes[i])
```

```
# Hide any unused subplots
for j in range(i + 1, len(axes)):
    fig.delaxes(axes[j])
plt.show()
```

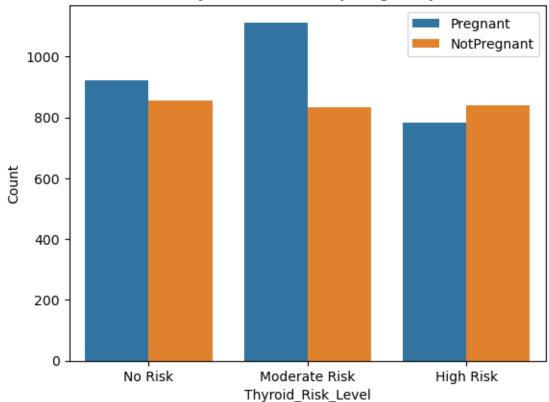


- Thyroid Risk Level by Gender: Females have a high count in the Moderate Risk category, while males have high counts in the High Risk category. This suggests that males might be more prone to thyroid issues or are more frequently diagnosed.
- Thyroid Risk Level by Family Thyroid History: Individuals with no family thyroid history have higher counts in the "No Risk" and "Moderate Risk" categories. In contrast, those with a family thyroid history have higher counts in the High Risk category. This indicates a significant correlation between having a family history of thyroid issues and a higher risk of developing thyroid conditions.
- Thyroid Risk Level by Goiter: Individuals without goiter have the highest count in the "No Risk" category. Conversely, those with goiter have higher counts in the "Moderate Risk" and "High Risk" categories. The presence of goiter is strongly associated with increased thyroid risk levels.
- Thyroid Risk Level by Fatigue: Individuals without fatigue have the highest counts in the "No Risk" and "Moderate Risk" categories. However, those with fatigue have the highest count in the High Risk category, indicating a strong association between the presence of fatigue and increased thyroid risk levels.
- Thyroid Risk Level by Weight Change: Individuals without weight change have high counts in the "No Risk" and "Moderate Risk" categories, while those with weight change have a slightly higher count in the High Risk category.
- Thyroid Risk Level by Hair Loss: Individuals without hair loss have the highest count in the "No Risk" category and a slightly higher count in both the moderate and high risk categories.
- Thyroid Risk Level by Heart Rate Changes: Individuals without heart rate changes have the highest count in the "No Risk" category and slightly higher counts in both the moderate and high risk categories.
- Thyroid Risk Level by Sensitivity to Temperature Changes: Individuals without temperature sensitivity have the highest count in the "No Risk" category and slightly higher counts in the "Moderate Risk" category. Both no sensitivity and sensitivity to temperature changes have approximately similar counts in the High Risk category.
- Thyroid Risk Level by Increased Sweating: Individuals without increased sweating have the highest counts in the "No Risk" and "Moderate Risk" categories, while in the High Risk category, both no increased and increased sweating have approximately similar counts.
- Thyroid Risk Level by Muscle Weakness: Individuals without muscle weakness have the highest counts in the "No Risk" and "High Risk" categories. In the Moderate Risk category, those with muscle weakness have the highest count.
- Thyroid Risk Level by Bowel Movement Changes: Individuals without bowel movement changes have the highest count in the "No Risk" category, while in the Moderate and High Risk categories, both no and present bowel movement changes have approximately similar counts.
- Thyroid Risk Level by Depression/Anxiety: Individuals without depression/anxiety have the highest count in the "No Risk" category and slightly higher counts in the Moderate Risk category. Both no and present depression/anxiety have approximately similar counts in the High Risk category.
- Thyroid Risk Level by Concentration/Memory Issues: Individuals without concentration/memory issues have the highest count in the "No Risk" category and slightly higher

- counts in the High Risk category. Those with concentration/memory issues have a slightly higher count in the Moderate Risk category.
- Thyroid Risk Level by Dry Itchy Skin: Individuals without dry itchy skin have the highest count in the "No Risk" category and slightly higher counts in both the Moderate and High Risk category

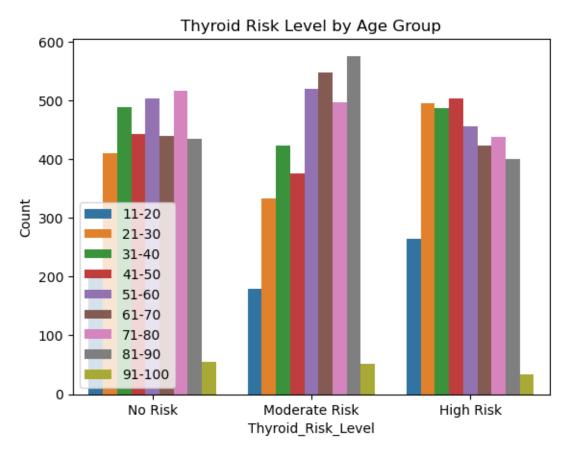
Thyroid Risk Level by Pregnancy





• Thyroid Risk Level by Pregnancy: Pregnant females have a higher count in the Moderate Risk category and a slightly higher count in the No Risk category. Non-pregnant females have a slightly higher, yet similar count to pregnant females, in the High Risk category.

Thyroid Risk Level by Age Group



• Thyroid Risk Level by Age Group: In the No Risk category, the 71-80 age group has the highest count, followed by the 51-60 age group. The 91-100 and 11-20 age groups have

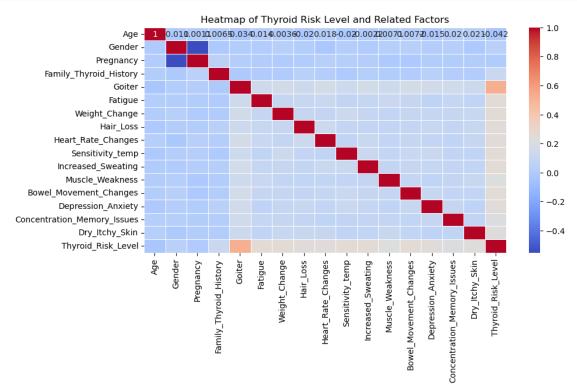
the lowest counts. In the Moderate Risk category, the 81-90 age group has the highest count, followed by the 61-70 age group, with the 91-100 and 11-20 age groups having the lowest counts. In the High Risk category, the 41-50 age group has the slightly highest count, followed by the 21-30 age group, while the 91-100 and 11-20 age groups have the lowest counts.

0.9.3 Multivariate Analysis

```
[16]: # Selecting only the necessary numeric columns for the heatmap
numeric_columns = df.select_dtypes(include=[int, float]).columns

# Calculating the correlation matrix
correlation_matrix = df[numeric_columns].corr()

# Plotting the Heatmap
plt.figure(figsize=(10, 5))
sns.heatmap(correlation_matrix, annot=True, cmap='coolwarm', linewidths=0.5)
plt.xticks(rotation=90)
plt.title('Heatmap of Thyroid Risk Level and Related Factors')
plt.show()
```



Strong Positive Correlations:

1. **Family Thyroid History**: A family history of thyroid issues significantly increases the likelihood of developing thyroid conditions. Genetic predisposition is a crucial factor.

2. Goiter:

- **Insight**: The presence of goiter (an enlarged thyroid gland) is a significant indicator of thyroid problems.
- 3. **Fatigue**: Fatigue are more likely to have thyroid issues. Fatigue is a common symptom of thyroid disorders.
- 4. **Weight Change**: Significant weight changes, whether weight loss or gain, are strongly linked to thyroid risk levels, indicating metabolic disruptions caused by thyroid dysfunction.
- 5. **Hair Loss**: Hair loss shows a strong correlation with thyroid risk levels, suggesting it is a frequent symptom of thyroid conditions.
- 6. **Heart Rate Changes**: Changes in heart rate, such as palpitations or irregular heartbeats, are closely linked to thyroid disorders, indicating cardiovascular implications.
- 7. **Sensitivity to Temperature**: Sensitivity to temperature changes is strongly associated with thyroid risk levels, suggesting that thyroid disorders can affect thermoregulation.
- 8. **Increased Sweating**: It is another symptom closely associated with thyroid disorders, indicating potential hyperthyroidism.
- 9. **Muscle Weakness**: It is strongly correlated with thyroid risk levels, suggesting that thyroid issues can impact muscular health and strength.
- 10. **Bowel Movement Changes**: Changes in bowel movements, such as constipation or diarrhea, are closely linked to thyroid disorders, indicating gastrointestinal involvement.
- 11. **Depression/Anxiety**: Mental health issues like depression and anxiety are strongly correlated with thyroid risk levels, indicating psychological implications of thyroid disorders.
- 12. Concentration/Memory Issues: Cognitive impairments, such as concentration and memory issues, are strongly linked to thyroid disorders, suggesting neurological effects.
- 13. **Dry Itchy Skin**: Dry and itchy skin is strongly associated with thyroid risk levels, indicating dermatological symptoms of thyroid conditions.

0.9.4 Negative Correlations:

- 1. **Gender**: A slight negative correlation indicates that one gender (females) is less likely to have thyroid issues compared to the other (males), suggesting gender-specific prevalence.
- 2. **Pregnancy**: A slight negative correlation with Thyroid Risk Level suggests that pregnancy may not be a significant standalone risk factor for thyroid issues.

0.10 Machine Learning

```
[17]: # Drop Age column
df = df.drop(columns=['Age_Group'])

# Dictionary to store the results
results = {
    'Model': [],
```

```
'Accuracy': [],
    'Precision': [],
    'Recall': [],
    'F1-Score': [],
    'Confusion Matrix': []
}
# Function to evaluate and store model results
def evaluate and store results (model name, y test, y pred, results):
   # Store the results
   results['Model'].append(model name)
   results['Accuracy'].append(accuracy_score(y_test, y_pred))
   results['Precision'].append(precision_score(y_test, y_pred,_
 →average='weighted'))
   results['Recall'].append(recall_score(y_test, y_pred, average='weighted'))
   results['F1-Score'].append(f1_score(y_test, y_pred, average='weighted'))
   results['Confusion Matrix'].append(confusion matrix(y test, y pred).
 →tolist()) # Convert to list to avoid DataFrame issues
    # Convert results to a DataFrame
   results_df = pd.DataFrame(results)
   return results_df
```

0.10.1 Logistic Regression

```
[18]: # Load and prepare the dataset
      X = df.drop('Thyroid_Risk_Level', axis=1)
      y = df['Thyroid_Risk_Level']
      # Split the data into training and test set
      X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3,_
       →random state=42)
      # Create a pipeline
      pipeline = Pipeline([
          ('scaler', StandardScaler()),
          ('logreg', LogisticRegression(max_iter=1000))
      ])
      # Fit the pipeline on the training data
      pipeline.fit(X_train, y_train)
      # Predict on the test set
      y_pred = pipeline.predict(X_test)
      # Evaluate and store results
```

```
results_df = evaluate_and_store_results('Logistic Regression', y_test, y_pred, u → results)
results_df
```

0.10.2 Decision Trees

• Simple decision tree classifier.

0.10.3 Naive Bayes

• Probabilistic classification.

```
[20]: # Fit with training set
model = GaussianNB()
model.fit(X_train, y_train)

# Predict with test set
y_pred = model.predict(X_test)

# Evaluate and store results
results_df = evaluate_and_store_results('Naive Bayes', y_test, y_pred, results)
results_df
```

```
[20]:
                            Model Accuracy Precision
                                                          Recall F1-Score \
             Logistic Regression 0.668782
                                            0.664486 0.668782 0.665666
      1 Decision Tree Classifier 0.827094
                                                        0.827094 0.827334
                                              0.827743
      2
                      Naive Bayes 0.576459
                                              0.633556 0.576459 0.526044
                                          Confusion Matrix
        [[879, 147, 41], [183, 576, 287], [117, 269, 6...
      1
           [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
      2
           [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
     0.10.4 Random Forests
     Ensemble of decision trees.
[21]: # Fit training set
      model = RandomForestClassifier()
      model.fit(X_train, y_train)
      # Predict with test set
      y_pred = model.predict(X_test)
      # Evaluate and store results
      results_df = evaluate_and_store_results('Random Forests', y_test, y_pred,_u
      ⇔results)
      results_df
```

```
[21]:
                           Model Accuracy Precision
                                                        Recall F1-Score \
             Logistic Regression 0.668782 0.664486 0.668782 0.665666
     1 Decision Tree Classifier 0.827094
                                            0.827743 0.827094 0.827334
                                            0.633556 0.576459 0.526044
     2
                     Naive Bayes 0.576459
     3
                  Random Forests 0.854378
                                            0.854547 0.854378 0.854260
                                         Confusion Matrix
        [[879, 147, 41], [183, 576, 287], [117, 269, 6...
          [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
     1
     2
          [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
     3
           [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
```

0.10.5 Support Vector Machines (SVM)

• Classification using hyperplanes.

```
[22]: # Fit with train set
model = SVC()
model.fit(X_train, y_train)

# Predict with test set
y_pred = model.predict(X_test)
```

```
# Evaluate and store results
      results_df = evaluate_and_store_results('Support Vector Machines', y_test,__
       →y_pred, results)
      results_df
[22]:
                           Model
                                  Accuracy Precision
                                                         Recall F1-Score
             Logistic Regression 0.668782
                                             0.664486
                                                       0.668782 0.665666
      1 Decision Tree Classifier 0.827094
                                             0.827743
                                                       0.827094 0.827334
      2
                     Naive Bayes 0.576459
                                                       0.576459 0.526044
                                             0.633556
      3
                  Random Forests 0.854378
                                             0.854547
                                                       0.854378 0.854260
         Support Vector Machines 0.613579
                                             0.611967 0.613579 0.610940
                                         Confusion Matrix
        [[879, 147, 41], [183, 576, 287], [117, 269, 6...
      1
           [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
      2
           [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
      3
            [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
       [[849, 144, 74], [187, 570, 289], [108, 416, 5...
     0.10.6 K-Nearest Neighbors (KNN)
       • Classification based on proximity.
[23]: # Fit with train set
      model = KNeighborsClassifier()
      model.fit(X_train, y_train)
      # Predict with test set
      y_pred = model.predict(X_test)
      # Evaluate and store results
      results_df = evaluate_and_store_results('K-Nearest Neighbors', y_test, y_pred,_
       ⇔results)
      results df
[23]:
                           Model Accuracy Precision
                                                         Recall F1-Score \
             Logistic Regression 0.668782
                                             0.664486 0.668782 0.665666
        Decision Tree Classifier 0.827094
                                             0.827743 0.827094 0.827334
      1
      2
                     Naive Bayes 0.576459
                                                       0.576459 0.526044
                                             0.633556
      3
                  Random Forests 0.854378
                                             0.854547
                                                       0.854378 0.854260
      4
         Support Vector Machines 0.613579
                                             0.611967
                                                       0.613579 0.610940
      5
             K-Nearest Neighbors 0.700508
                                             0.703341 0.700508 0.693888
```

[[879, 147, 41], [183, 576, 287], [117, 269, 6...

[[911, 89, 67], [84, 833, 129], [43, 133, 863]]

1

Confusion Matrix

```
2 [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
3 [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
4 [[849, 144, 74], [187, 570, 289], [108, 416, 5...
5 [[942, 85, 40], [188, 699, 159], [197, 275, 567]]
```

0.11 Advanced Models

0.11.1 Gradient Boosting Machines (GBM)

• Ensemble learning method.

```
[24]:
                              Model
                                    Accuracy
                                              Precision
                                                            Recall F1-Score
      0
                Logistic Regression 0.668782
                                                0.664486 0.668782 0.665666
      1
          Decision Tree Classifier 0.827094
                                                0.827743
                                                          0.827094 0.827334
      2
                        Naive Bayes 0.576459
                                                0.633556 0.576459
                                                                   0.526044
      3
                     Random Forests 0.854378
                                                          0.854378 0.854260
                                                0.854547
      4
            Support Vector Machines 0.613579
                                                0.611967
                                                          0.613579
                                                                    0.610940
      5
                K-Nearest Neighbors 0.700508
                                                0.703341
                                                          0.700508
                                                                   0.693888
        Gradient Boosting Machines
                                    0.720495
                                                0.730118 0.720495 0.717663
                                          Confusion Matrix
     0
         [[879, 147, 41], [183, 576, 287], [117, 269, 6...
      1
           [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
      2
           [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
      3
            [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
        [[849, 144, 74], [187, 570, 289], [108, 416, 5...
      5 [[942, 85, 40], [188, 699, 159], [197, 275, 567]]
        [[916, 125, 26], [166, 753, 127], [115, 322, 6...
```

0.11.2 XGBoost

• Efficient implementation of gradient boosting.

```
[25]: # Fit with train set
      model = xgb.XGBClassifier()
      model.fit(X_train, y_train)
      # Predict with test set
      y_pred = model.predict(X_test)
      # Evaluate and store results
      results_df = evaluate_and_store_results('XGBoost', y_test, y_pred, results)
      results_df
[25]:
                             Model Accuracy Precision
                                                           Recall F1-Score \
               Logistic Regression 0.668782
                                                0.664486 0.668782 0.665666
      1
          Decision Tree Classifier 0.827094
                                               0.827743 0.827094 0.827334
      2
                       Naive Bayes 0.576459
                                               0.633556 0.576459 0.526044
      3
                    Random Forests 0.854378
                                               0.854547 0.854378 0.854260
      4
           Support Vector Machines 0.613579
                                               0.611967 0.613579 0.610940
               K-Nearest Neighbors 0.700508
      5
                                               0.703341 0.700508 0.693888
      6 Gradient Boosting Machines 0.720495
                                                0.730118 0.720495 0.717663
                           XGBoost 0.832487
                                                0.832485 0.832487 0.832191
                                         Confusion Matrix
        [[879, 147, 41], [183, 576, 287], [117, 269, 6...
           [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
      1
      2
           [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
            [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
      3
      4 [[849, 144, 74], [187, 570, 289], [108, 416, 5...
      5 [[942, 85, 40], [188, 699, 159], [197, 275, 567]]
      6 [[916, 125, 26], [166, 753, 127], [115, 322, 6...
      7
           [[955, 67, 45], [84, 846, 116], [60, 156, 823]]
```

0.11.3 AdaBoost

• Boosting method for classification.

```
[26]: from sklearn.ensemble import AdaBoostClassifier

# Fit with train set
model = AdaBoostClassifier()
model.fit(X_train, y_train)

# Predict with test set
y_pred = model.predict(X_test)

# Evaluate and store results
results_df = evaluate_and_store_results('AdaBoost', y_test, y_pred, results)
results_df
```

/home/ikn/miniforge3/envs/learn-env/lib/python3.10/sitepackages/sklearn/ensemble/_weight_boosting.py:527: FutureWarning: The SAMME.R algorithm (the default) is deprecated and will be removed in 1.6. Use the SAMME algorithm to circumvent this warning. warnings.warn(

```
[26]:
                              Model Accuracy
                                              Precision
                                                            Recall F1-Score
                Logistic Regression
      0
                                    0.668782
                                                0.664486 0.668782
                                                                    0.665666
           Decision Tree Classifier
                                                         0.827094
                                                                    0.827334
      1
                                    0.827094
                                                0.827743
      2
                       Naive Bayes 0.576459
                                                0.633556 0.576459
                                                                    0.526044
      3
                     Random Forests 0.854378
                                                0.854547
                                                          0.854378
                                                                    0.854260
      4
            Support Vector Machines 0.613579
                                                0.611967
                                                         0.613579 0.610940
                K-Nearest Neighbors 0.700508
                                                0.703341 0.700508 0.693888
      5
      6
        Gradient Boosting Machines 0.720495
                                                0.730118 0.720495 0.717663
      7
                           XGBoost 0.832487
                                                0.832485 0.832487
                                                                    0.832191
      8
                           AdaBoost 0.650698
                                                0.644383 0.650698 0.646680
                                          Confusion Matrix
         [[879, 147, 41], [183, 576, 287], [117, 269, 6...
      1
           [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
      2
           [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
      3
            [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
        [[849, 144, 74], [187, 570, 289], [108, 416, 5...
        [[942, 85, 40], [188, 699, 159], [197, 275, 567]]
        [[916, 125, 26], [166, 753, 127], [115, 322, 6...
      7
           [[955, 67, 45], [84, 846, 116], [60, 156, 823]]
       [[873, 170, 24], [167, 509, 370], [108, 262, 6...
```

0.11.4 Neural Networks

• Deep learning models for complex patterns.

```
[27]:
                             Model
                                    Accuracy Precision
                                                           Recall F1-Score
     0
               Logistic Regression 0.668782
                                               0.664486 0.668782
                                                                  0.665666
          Decision Tree Classifier 0.827094
     1
                                               0.827743
                                                         0.827094
                                                                  0.827334
     2
                       Naive Bayes 0.576459
                                               0.633556 0.576459 0.526044
```

```
3
               Random Forests
                                0.854378
                                            0.854547
                                                       0.854378
                                                                 0.854260
4
      Support Vector Machines
                                0.613579
                                            0.611967
                                                       0.613579
                                                                 0.610940
5
          K-Nearest Neighbors
                                0.700508
                                            0.703341
                                                       0.700508
                                                                 0.693888
6
   Gradient Boosting Machines
                                0.720495
                                            0.730118
                                                       0.720495
                                                                 0.717663
7
                       XGBoost
                                0.832487
                                            0.832485
                                                       0.832487
                                                                 0.832191
8
                      AdaBoost
                                0.650698
                                            0.644383
                                                       0.650698
                                                                 0.646680
9
              Neural Networks
                                            0.707881
                                                      0.686548
                                0.686548
                                                                 0.686676
                                      Confusion Matrix
   [[879, 147, 41], [183, 576, 287], [117, 269, 6...
1
     [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
2
     [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
3
      [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
4
   [[849, 144, 74], [187, 570, 289], [108, 416, 5...
   [[942, 85, 40], [188, 699, 159], [197, 275, 567]]
5
6
   [[916, 125, 26], [166, 753, 127], [115, 322, 6...
7
     [[955, 67, 45], [84, 846, 116], [60, 156, 823]]
   [[873, 170, 24], [167, 509, 370], [108, 262, 6...
8
   [[828, 207, 32], [139, 773, 134], [87, 389, 563]]
```

0.12 All Machine Model Results

```
results_df
[28]:
                               Model
                                       Accuracy
                                                               Recall
                                                                        F1-Score
                                                 Precision
                Logistic Regression
      0
                                       0.668782
                                                   0.664486
                                                             0.668782
                                                                        0.665666
           Decision Tree Classifier
                                                             0.827094
                                                                        0.827334
      1
                                       0.827094
                                                   0.827743
      2
                         Naive Bayes
                                       0.576459
                                                             0.576459
                                                                        0.526044
                                                   0.633556
      3
                      Random Forests
                                       0.854378
                                                   0.854547
                                                             0.854378
                                                                        0.854260
      4
            Support Vector Machines
                                       0.613579
                                                   0.611967
                                                             0.613579
                                                                        0.610940
      5
                 K-Nearest Neighbors
                                       0.700508
                                                   0.703341
                                                             0.700508
                                                                        0.693888
      6
         Gradient Boosting Machines
                                       0.720495
                                                   0.730118
                                                             0.720495
                                                                        0.717663
      7
                                       0.832487
                             XGBoost
                                                   0.832485
                                                             0.832487
                                                                        0.832191
      8
                            AdaBoost
                                       0.650698
                                                   0.644383
                                                             0.650698
                                                                        0.646680
      9
                     Neural Networks
                                       0.686548
                                                   0.707881
                                                             0.686548
                                                                        0.686676
                                            Confusion Matrix
         [[879, 147, 41], [183, 576, 287], [117, 269, 6...
      0
      1
           [[911, 89, 67], [84, 833, 129], [43, 133, 863]]
      2
           [[1067, 0, 0], [635, 187, 224], [387, 89, 563]]
      3
            [[969, 61, 37], [87, 863, 96], [37, 141, 861]]
      4
         [[849, 144, 74], [187, 570, 289], [108, 416, 5...
      5
         [[942, 85, 40], [188, 699, 159], [197, 275, 567]]
      6
         [[916, 125, 26], [166, 753, 127], [115, 322, 6...
      7
            [[955, 67, 45], [84, 846, 116], [60, 156, 823]]
         [[873, 170, 24], [167, 509, 370], [108, 262, 6...
         [[828, 207, 32], [139, 773, 134], [87, 389, 563]]
```

0.12.1 Top Performers:

- 1. Random Forests (Accuracy: 0.854378, Precision: 0.854547, Recall: 0.854378, F1-Score: 0.854260): This model has the highest overall performance, making it the best choice for predicting thyroid risk levels.
- 2. **XGBoost** (Accuracy: 0.832487, Precision: 0.832485, Recall: 0.832487, F1-Score: 0.832191): It also performs exceptionally well, with high accuracy and balanced metrics, making it a strong contender.
- 3. **Decision Tree Classifier** (Accuracy: 0.827094, Precision: 0.827743, Recall: 0.827094, F1-Score: 0.827334): It provides good accuracy and balanced performance, making it a reliable option.

0.12.2 Middle Performers:

- 4. **Gradient Boosting Machines** (Accuracy: 0.720495, Precision: 0.730118, Recall: 0.720495, F1-Score: 0.717663): This model has decent performance, particularly in precision, but falls short compared to top performers.
- 5. **K-Nearest Neighbors** (Accuracy: 0.700508, Precision: 0.703341, Recall: 0.700508, F1-Score: 0.693888): This model has moderate performance, making it suitable for scenarios where simplicity is valued over top accuracy.

0.12.3 Lower Performers:

- 6. **Neural Networks** (Accuracy: 0.686548, Precision: 0.707881, Recall: 0.686548, F1-Score: 0.686676): While neural networks offer some potential, they don't perform as well as the top models in this context.
- 7. Logistic Regression (Accuracy: 0.668782, Precision: 0.664486, Recall: 0.668782, F1-Score: 0.665666): This model provides basic performance but is outperformed by more complex models.
- 8. AdaBoost (Accuracy: 0.650698, Precision: 0.644383, Recall: 0.650698, F1-Score: 0.646680): This model has lower accuracy and precision compared to other boosting algorithms like Gradient Boosting and XGBoost.
- 9. **Support Vector Machines** (Accuracy: 0.613579, Precision: 0.611967, Recall: 0.613579, F1-Score: 0.610940): This model shows relatively lower performance in this context, making them less favorable.
- 10. Naive Bayes (Accuracy: 0.576459, Precision: 0.633556, Recall: 0.576459, F1-Score: 0.526044): This model has the lowest accuracy and F1-Score, indicating it's not well-suited for this dataset.

- 0.13 Conclusion
- 0.13.1 Insights
- 0.13.2 Model Performance Overview
- 0.13.3 Recommendations
- 0.13.4 Limitations
- 0.13.5 Future Works
- 0.13.6 References

[]: