

沟通是我们生活中一个重要的部分，它需要包括发送者和接收者两个角色，而且如果两者间有相似的经历沟通将会更加有效，人们通过各种感官通道发送各种各样的信息，而且其中一些通道更加有效，但是噪音会阻碍沟通，而反馈则可以帮助发送者了解接收者是否正确理解，沟通可以对所有参与的人产生影响，此外所有的沟通都需要在一定语境下进行

Communication include the two roles of sender and receiver, and communication will be more effective if people have similar experiences. People send a variety of information through various sensory channels, and some of them The channel is more effective. Noise is anything that hinders communication, feedback can help the sender understand whether the receiver understands correctly

Communication needs to include the two roles of sender and receiver and it will be more effective if the two have similar experiences, it also needs a certain context. People send all kinds of messages through various sensory channels in communication and everyone will be affected. Noise will hinder communication but feedback is beneficial for it.