

Phase 2.0

More About [event_1_arm_1][dog_name_1a]

Thank you for participating in our treatment study. The more people who participate, the better. The larger that number the more significant the data and our findings will be. We can't do it without you!

Please press "Next" when you are ready to begin the follow-up survey for [event_1_arm_1][dog_name_1a].

From Whom Did You Seek Advice

Have you ever sought professional help in an attempt to resolve the problematic behavior of [event_1_arm_1][dog_name_1a]?

☐ Yes ☐ No

What type of professional did you consult?
Check all that apply

- ☐ Veterinarian, DVM (for help other than health issues)
- ☐ Dog trainer
- ☐ Dog behavior consultant

Professional score:

Veterinarians

Did the veterinarian discover any medical issue that might be relevant to the behavior of [event_1_arm_1][dog_name_1a]?
(e.g., a thyroid problem, seizures, pain)

☐ Yes ☐ No

Which of the following health issues were found?
Check all that apply

- ☐ Thyroid problem
- ☐ Seizures
- ☐ Pain
- ☐ Tumor
- ☐ Cognitive dysfunction
- ☐ Other

Please explain other health issue:

Trainers

Have you seen multiple dog trainers for
[event_1_arm_1][dog_name_1a]?

☐ Yes ☐ No

How many dog trainers would you say you have
consulted for [event_1_arm_1][dog_name_1a]?

Were the dog trainers credentialed?

☐ Yes ☐ No ☐ I don't know

Were the trainers certified by the Certification
Council of Professional Dog Trainers (CPDT-KA or
CPDT-KSA)?

☐ Yes ☐ No ☐ I don't know

Consultants

Have you seen multiple dog behavior consultants for
[event_1_arm_1][dog_name_1a]?

☐ Yes ☐ No

How many dog behavior consultants would you say you
have consulted for [event_1_arm_1][dog_name_1a]?

Were the dog behavior consultants credentialed?

☐ Yes ☐ No ☐ I don't know

What type of credentials did the behavior consultants hold?
Check all that apply

- ☐ Certification Council of Professional Dog Trainers, Certified Behavior Consultant, CBCC-KA
- ☐ International Association of Animal Behavior Consultants, Certified Dog Behavior Consultant, CDBC
- ☐ Animal Behavior Society Certified Behaviorist, CAAB or ACAAB
- ☐ Board Certified Veterinary Behaviorist, DACVB
- ☐ Other

Please explain other consultant credential:

Professional Recap

Which type of professional worked out best in terms of results?

- ☐ Veterinarian, DVM
- ☐ Non-credentialed dog trainer
- ☐ Credentialed dog trainer
- ☐ Non-credentialed behavior consultant
- ☐ Certified behavior consultant - CBCC-KA or CDBC
- ☐ Certified behaviorist - ACAAB or CAAB
- ☐ Certified veterinary behaviorist - DACVB
- ☐ Combination of the above professionals

Which of the following methods for skill training (e.g., "watch", "leave it", "stay") were recommended?
Check all that apply

- ☐ Reward-based training (e.g., food, play, praise)
- ☐ Punishment-based training (e.g., collar jerk, spray bottle, shaker can)
- ☐ Combination of reward and punishment-based training
- ☐ Compulsion (i.e., forcing the dog to do something)

What types of equipment were recommended and utilized?
Check all that apply

- ☐ Flat collar (leather or nylon)
- ☐ Martingale
- ☐ Slip collar, choke collar, or prong collar
- ☐ Head halter (e.g., Gentle Leader, Halti)
- ☐ Body harness - leash clips on chest
- ☐ Anti-bark collar that is not remote controlled (e.g., shock, tone, spray)
- ☐ Remote-controlled electric collar using shock, tone, or vibration
- ☐ Other

Please describe other equipment:

Medication

Was medication recommended for
[event_1_arm_1][dog_name_1a]?

☐ Yes ☐ No

Did you pursue the option of medication for
[event_1_arm_1][dog_name_1a]?

☐ Yes ☐ No

TODO: I need to add a response field for each medication asking:

- Dosage in mg (LL 0.25, UL 10.00)
- Number of doses per day (1-4)
- Used only when necessary (i.e., prn)
- Length of time used

Which of the following medications were administered?
Check all that apply

- ☐ Fluoxetine (Prozac)
- ☐ Sertraline (Zoloft)
- ☐ Paroxetine (Paxil)
- ☐ Citalopram (Celexa)
- ☐ Escitalopram (Lexapro)
- ☐ Clomipramine (Clomicalm)
- ☐ Trazadone
- ☐ Buspirone
- ☐ Valium-type drug (e.g., diazepam, alprazolam, clonazepam)
- ☐ Clonidine
- ☐ Acepromazine (Ace)
- ☐ Diphenhydramine (Benadryl)
- ☐ Other

Please describe other medication:

Which drug or combination of drugs worked best for your dogs's problem?
Check all that apply

- ☐ Fluoxetine (Prozac)
- ☐ Sertraline (Zoloft)
- ☐ Paroxetine (Paxil)
- ☐ Citalopram (Celexa)
- ☐ Escitalopram (Lexapro)
- ☐ Clomipramine (Clomicalm)
- ☐ Trazadone
- ☐ Buspirone
- ☐ Valium-type drug (e.g., diazepam, alprazolam, clonazepam)
- ☐ Clonidine
- ☐ Acepromazine (Ace)
- ☐ Diphenhydramine (Benadryl)
- ☐ Other

Please describe other drug combination:

Did you use an alternative treatment for
[event_1_arm_1][dog_name_1a]?

☐ Yes ☐ No

Which of the following alternative treatments were used?

Check all that apply

- ☐ Acupuncture/acupressure
- ☐ Aromatherapy (essential oils)
- ☐ CBD (cannabidiol) (e.g. Canapé™)
- ☐ Chiropractic (manipulation of musculoskeletal system, especially the spine)
- ☐ DOG TV
- ☐ Herbal/botanical medicine (e.g. Bach Flower Essences, Rescue Remedy)
- ☐ Homeopathy (based on "like cures like")
- ☐ Hormonal (melatonin, estrogen [DES])
- ☐ Hydrotherapy
- ☐ Magnetic field therapy
- ☐ Massage (including Tellington Touch [T-Touch])
- ☐ Music therapy (bioacoustics music, e.g. Through a Dog's Ear, Pet Acoustics)
- ☐ Nutraceuticals (vitamins; minerals; enzymes; Zylkene™ [milk protein = alpha-casozepine];
- ☐ L-tryptophan/TP/5HTP; Anxitane (L-theanine), Omega 3, Omega 6
- ☐ Pheromone therapy (calming collars, diffusers, spray)
- ☐ Pressure wraps (Thundershirt, Anxiety Wrap)
- ☐ Reiki (laying on of hands)
- ☐ Vision blocking (Calming cap/Thundercap)

Behavior Modification Programs

Was a behavior modifying strategy recommended?

☐ Yes ☐ No

Which behavior modifying strategy was recommended?

- ☐ Systematic Desensitization (Systematic desensitization is a behavioral technique that involves exposing a dog gradually and systematically to an anxiety-producing person, other animal, object or event beginning with the stimulus at a very low level (e.g., the subject to be desensitized is presented with the fear inducing stimulus at a reduced intensity by arranging for it to be farther away or with fear of sounds substantially reducing the volume and then gradually increasing exposure to the stimulus until it is tolerated at full intensity).
- ☐ Counterconditioning (teaching an opposite behavioral response to a once fear-inducing stimulus, e.g., a stranger's approach initially = fear; that response is changed so that the stranger's approach always predicts a valuable reward, i.e. stranger = good stuff)
- ☐ A combination of systematic desensitization and counterconditioning
- ☐ Leadership program (a.k.a. Learn to earn, Nothing in life is free, No free lunch, Working for a living, "Say please.")
- ☐ Medication - A veterinarian prescribed medication for use during behavior modification supervised by a trainer or behavior specialist
- ☐ Medication - A veterinarian prescribed medication as a standalone treatment (e.g., without the addition of training/behavior modification)

Response To Treatment

TODO: The following need to be added:

- The inclusion of a one sentence instruction above the scale for each section has been requested
- Added an "approximate time until improvement was seen (in weeks) after each section

Response To Treatment For Aggression

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Aggression to familiar people in the home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to strangers visiting the home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to strangers away from home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to another dog in the home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to unfamiliar dogs visiting the home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to unfamiliar dogs outside on walks (off lead)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to unfamiliar dogs outside on walks (on lead)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to veterinarians	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to trainers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to groomers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggression to animals other than dogs in the home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Aggression sum:

Aggression average score:

Response To Treatment For Fearfulness

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Separation anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thunderstorm phobia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other noise phobia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Frightened of people (no aggression)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Frightened of dogs (no aggression)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post traumatic stress disorder (PTSD)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
General anxiety (panting, pacing, startle)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Fear sum: _____

Response To Treatment For A Repetitive Behavior

TODO: Add the following for each question when selected:

- Rating for treatment (with medication) 1-7
- Rating for treatment (w/o medication) 1-7
- Approximate time until improvement was first observed (in weeks)
- Approximate time until maximum improvement was observed (in weeks)

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Spinning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tail chasing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shadow or light chasing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Running in a geometric pattern	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Compulsive licking of the wrist or hock	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fly snapping (no flies around)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sucking the flank region and/or blankets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tennis ball fetish	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Collecting objects, arranging them in piles or patterns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nail biting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Digging in the yard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stone/Rock Chewing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Repetitive sum: _____

Repetitive count: _____

Approximate time until improvement was seen: _____

(in weeks)

Response To Treatment Of Simple House Soiling

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Rating for response to treatment for inappropriate urination and/or defecation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TODO: Add response to treatment for:

- urine/fecal marking
- urination when dog is excited/overwhelmed
- rolling in disgusting stuff
- running away/escaping

Soiling sum: _____

Response To Treatment Of Excessive Barking

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Rating for response to treatment for excessive barking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Barking sum: _____

Response To Treatment Of Nuisance Jumping Up

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Rating for response to treatment for nuisance jumping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Jumping sum: _____

Response To Treatment Of Mounting/Humping

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Rating for response to treatment for mounting/humping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Mounting sum: _____

Response To Treatment Of Eating Feces

	More than 75% worse	50% worse	25% worse	No change	25% better	50% better	More than 75% better
Rating for response of treatment to eating feces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Eating feces sum: _____

Response To Treatment Of Destructive Behavior

More than 75% worse 50% worse 25% worse No change 25% better 50% better More than 75% better

Rating for response of treatment
to destructive behavior

☐ ☐ ☐ ☐ ☐ ☐ ☐

Destructive sum:

Final Thoughts

Follow-up sum: _____

Follow-up count: _____

Follow-up average: _____

For those of you whose dogs did not improve or got worse, what was the outcome for your dog?

- ☐ Kept my dog anyway
- ☐ Rehomed the dog
- ☐ Surrendered the dog to a shelter, rescue, or pound
- ☐ Euthanized the dog (i.e., put to sleep)