

# Initial Survey

Welcome and thank you for volunteering to participate in the Animal Ownership Interaction Study.

Your answers will provide invaluable data that will help save millions of dogs.

DO NOT TAKE THIS SURVEY IF YOU HAVE NOT REGISTERED TO PARTICIPATE WITH THE CENTER FOR CANINE BEHAVIOR STUDIES.

UNREGISTERED PARTICIPANTS' SURVEY DATA WILL NOT BE INCLUDED IN STUDY ANALYSIS.

REGISTER AT: [WWW.CENTERFORCANINEBEHAVIORSTUDIES.ORG](http://WWW.CENTERFORCANINEBEHAVIORSTUDIES.ORG)

AFTER REGISTERING, YOU MUST ACCESS THIS SURVEY THROUGH YOUR MEMEBERS AREA.

Please read this before you start answering questions.

In order to maintain your anonymity, you are not required to provide an email in this survey. To maintain anonymity, you cannot stop, save, and return to complete the survey. Maintaining anonymity requires you to complete the survey in its entirety and then on the last page click "Submit" to save all your answers.

Before starting to answer questions, you may review all survey questions by simply clicking "Next Page" on the bottom of each page to proceed through the survey; you may also click "previous page" to go back.

The survey will remain open and active as long as it remains in an open browser. Your answers are saved only after clicking "Submit" on the last page of the survey.

You are not required to answer all of the questions. However, in order for the survey data to be meaningful and valuable, answering certain survey questions is REQUIRED.

Required questions to be answered are identified as (Required). Your survey will not be accepted for submission until all (Required) questions are answered.

After submitting your completed survey, every six months the Center for Canine Behavior Studies will send you an email to ask you to re-take a shorter version of the survey and on your CCBS membership page you will be provided a hyperlink to take the 6-month survey.

The shortened 6-month surveys will not require completing PART 3: Ten Item Personality Inventory and PART 4: Emotion Regulation Questionnaire (ERQ).

Participant Number:

Gender of owner:

☐ Male ☐ Female

Is this the first dog you have ever owned?

☐ Yes ☐ No

How many dogs have you owned previously?

☐ 1 or 2  
☐ 3 to 5  
☐ 6 to 10  
☐ More than 10

Did you grow up with dogs as a child (0-16 years)?

☐ Yes ☐ No

Are there other dogs in your household?

☐ Yes ☐ No

Is your dog spayed/neutered?

☐ Yes ☐ No

How old was the dog when spayed/neutered?

\_\_\_\_\_  
(in months)

What was your primary reason for neutering this dog?

☐ Birth control  
☐ Required by breeder, shelter, or rescue group  
☐ To correct/reduce an existing behavior problem  
☐ To correct/reduce an existing health problem  
☐ To prevent future behavior problems  
☐ To prevent future health problems  
☐ Recommended by a veterinarian  
☐ Other

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**PART 1: Canine Behavioral Assessment & Research Questionnaire (Required)**

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The following questions are designed to allow you to describe how your dog has been behaving in the recent past (i.e., during the last few months). Please try to answer all of the questions. Only leave a question blank if you cannot answer it for some reason (for instance, if you have never observed the dog in the situation described).

**SECTION 1: Excitability**

Some dogs show little reaction to exciting events, while others become highly excited at the slightest novelty. Using a number on the following 5-point scale: 0 = Calm to 4 = Extremely Excited please indicate your own dog's recent tendency to become excitable in the following circumstances:

	0	1	2	3	4
Just before being taken on a walk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Just before being taken on a car trip	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**SECTION 2: Aggression**

Most dogs display aggressive behavior from time to time (e.g. barking, growling, baring teeth, snapping, etc). Using a number on the following 5-point scale:

0 = No Aggression to 4 = Serious Aggression

please indicate your own dog's recent tendency to display aggressive behavior in each of the following circumstances:

	0	1	2	3	4
When approached directly by an unfamiliar person while being walked/exercised on a leash.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When toys, bones or other objects are taken away by a household member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When approached directly by a household member while s/he (the dog) is eating.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When mailmen or other delivery workers approach your home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When his/her food is taken away by a household member.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When approached directly by an unfamiliar dog while being walked/exercised on a leash.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When strangers walk past your home when your dog is outside or in the yard.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When barked, growled, or lunged at by another (unfamiliar) dog.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When approached while eating by another (familiar) household dog (leave blank if no other dogs).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When approached while playing with/chewing a favorite toy, bone, object, etc., by another (familiar) household dog (leave blank if no other dogs).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### SECTION 3: Fear and Anxiety

Dogs often show signs of anxiety or fear when exposed to particular sounds, objects, persons or situations (e.g. crouching or cringing with tail tucked between the legs; whimpering or whining, freezing, trembling, or attempting to escape or hide). Using a number on the following 5-point scale:

0 = No Fear/Anxiety to 4 = Extreme Fear/Anxiety

please indicate your own dog's recent tendency to display fearful behavior in the following circumstances:

	0	1	2	3	4
When approached directly by an unfamiliar person while away from your home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In response to sudden or loud noises (e.g. thunder, vacuum cleaner, car backfire, road drills, objects being dropped, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When an unfamiliar person tries to touch or pet the dog.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In response to strange or unfamiliar objects on or near the sidewalk (e.g. plastic trash bags, leaves, litter, flags flapping, etc.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When approached directly by an unfamiliar dog.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When first exposed to unfamiliar situations (e.g. first car trip, first time in elevator, first visit to veterinarian, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When barked, growled, or lunged at by an unfamiliar dog.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When having nails clipped by a household member.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When groomed or bathed by a household member.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### SECTION 4: Separation-related Behavior

Some dogs show signs of anxiety when left alone, even for short periods of time. Thinking back over the recent past, how often has your dog shown each of the following signs of anxiety when left, or about to be left, on its own:

	Never	Seldom	Sometimes	Usually	Always
Restlessness/agitation/pacing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Barking or whining.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chewing/scratching at doors, floor, windows, curtains, etc.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### SECTION 5: Attachment and Attention-seeking

Most dogs are strongly attached to their people, and some demand a great deal of attention and affection from them. Thinking back over the recent past, how often has your dog shown each of the following signs of attachment or attention-seeking.

	Never	Seldom	Sometimes	Usually	Always
Tends to follow you (or other members of the household) about the house, from room to room.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tends to sit close to, or in contact with, you (or others) when you are sitting down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 6: Training Difficulty

Some dogs are more obedient and trainable than others. By checking the appropriate boxes, please indicate how trainable or obedient your dog has been in each of the following situations in the recent past:

	Never	Seldom	Sometimes	Usually	Always
Obeys a "sit" command immediately.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Obeys a "stay" command immediately.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 7: Miscellaneous Problems

Dogs display a wide range of miscellaneous behavior problems in addition to those already covered by this questionnaire. Thinking back over the recent past, please indicate how often your dog has shown any of the following behaviors:

	Never	Seldom	Sometimes	Usually	Always
Easily distracted by interesting sights, sounds or smells.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chases or would chase birds, given the chance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chases or would chase squirrels, rabbits, etc., given the chance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Escapes or would escape from home or yard, given the chance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chews inappropriate objects.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pulls excessively hard when on the leash.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Urinates against objects/ furnishings in your home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Urinates when left alone at night, or during the daytime.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Defecates when left alone at night, or during the daytime.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hyperactive, restless, has trouble settling down.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playful, puppyish, boisterous.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Active, energetic, always on the go.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chases own tail/hind end.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Barks persistently when alarmed or excited.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## PART 2: Attitudes To Training Score

Recently there has been much debate about the most appropriate ways to train dogs. By answering the following questions, in conjunction with the C-BARQ42, we hope you will be able to help us resolve this debate once and for all. Please take your time and be as accurate as possible with your answers.

	Never	2	3	Sometimes	5	6	Always
Would you regard yourself as a person who uses positive methods (reward and praise) to train your dog?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you attempt to stare your dog down?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you pin your dog on his back as a punishment ("alpha roll")?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you hit or kick your dog?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you physically force an item from your dog's mouth?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you physically force your dog to obey a command by pressuring him into, say, a "down" position.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you yell at your dog when you are upset with him?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you use a choke collar, prong collar or shock collar to train your dog?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you knee your dog in the chest or step on his/her toes to prevent jumping up?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you throw anything at your dog, spray him with something, or use a loud sound (shake can or air horn) to prevent him for doing something?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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**PART 3: Ten Item Personality Inventory (Required)**


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Dogs are believed to be sensitive to their owners' personalities, and may alter their behavior accordingly. The TIPI questions below, taken in conjunction with the C-BARQ42, will help us identify how much our personality may influence our dog's behavior. Understanding this connection better will enable us to suggest ways that owners can optimize their interactions with their dogs to achieve a more rewarding relationship.

	Disagree strongly	Disagree moderately	Disagree a little	Neither agree nor disagree	Agree a little	Agree moderately	Agree strongly
Extraverted, enthusiastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Critical, quarrelsome	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dependable, self-disciplined	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anxious, easily upset	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Open to new experiences, complex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reserved, quiet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sympathetic, warm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disorganized, careless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Calm, emotionally stable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conventional, uncreative	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## PART 4: Emotion Regulation Questionnaire (Required)

We would like to ask you some questions about your emotional life, in particular, how you control (that is, regulate and manage) your emotions. The questions below involve two distinct aspects of your emotional life. One is your emotional experience, or what you feel like inside. The other is your emotional expression, or how you show your emotions in the way you talk, gesture, or behave. Although some of the following questions may seem similar to one another, they differ in important ways. For each item, please answer using the following scale:

	Disagree strongly	Disagree moderately	Disagree a little	Neither agree nor disagree	Agree a little	Agree moderately	Agree strongly
When I want to feel more positive emotion (such as joy or amusement), I change what I'm thinking about.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I keep my emotions to my self.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I am feeling positive emotions, I am careful not to express them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I control my emotions by not expressing them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I want to feel more positive emotions, I change the way I'm thinking about the situation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I control my emotion by changing the way I think about the situation I'm in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I am feeling negative emotions, I make sure not to express them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I want to feel less negative emotion, I change the way I'm thinking about the situation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**PART 5: Beck's Depression Inventory**

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We all know that dogs pick up on our moods. But what impact, if any, does this have on their long-term wellbeing? Could our low mood states transfer to our dogs and make them sad, too? Or are they relatively immune to absorbing the negative emotions to which they are sometimes inadvertently exposed? It is with great respect and in absolute confidence that we ask you to answer the following personal questions about yourself with the goal of finding the answer to this important question.

Select the best answer:

- ☐ I do not feel sad
- ☐ I feel sad
- ☐ I am sad all the time and I can't snap out of it
- ☐ I am so sad and unhappy that I can't stand it

Select the best answer:

- ☐ I am not particularly discouraged about the future
- ☐ I feel discouraged about the future
- ☐ I feel I have nothing to look forward to
- ☐ I feel the future is hopeless and that things cannot improve

Select the best answer:

- ☐ I do not feel like a failure
- ☐ I feel I have failed more than the average person
- ☐ As I look back on my life, all I can see is a lot of failures
- ☐ I feel I am a complete failure as a person

Select the best answer:

- ☐ I get as much satisfaction out of things as I used to
- ☐ I don't enjoy things the way I used to
- ☐ I don't get real satisfaction out of anything anymore
- ☐ I am dissatisfied or bored with everything

Select the best answer:

- ☐ I don't feel particularly guilty
- ☐ I feel guilty a good part of the time
- ☐ I feel quite guilty most of the time
- ☐ I feel guilty all of the time

Select the best answer:

- ☐ I don't feel I am being punished
- ☐ I feel I may be punished
- ☐ I expect to be punished
- ☐ I feel I am being punished

Select the best answer:

- ☐ I don't feel dissapointed in myself
- ☐ I am disappointed in myself
- ☐ I am disgusted with myself
- ☐ I hate myself

Select the best answer:

- ☐ I don't feel I am any worse than anybody else
- ☐ I am critical of myself for my weaknesses or mistakes
- ☐ I blame myself all the time for my faults
- ☐ I blame myself for everything bad that happens

Select the best answer:

- ☐ I don't have any thoughts of killing myself
- ☐ I have thoughts of killing myself, but I wouldn't carry them out
- ☐ I would like to kill myself
- ☐ I would kill myself if I had the chance

Select the best answer:

- ☐ I don't cry any more than usual
- ☐ I cry more now than I used to
- ☐ I cry all the time now
- ☐ I used to be able to cry, but now I can't cry even though I want to

Select the best answer:

- ☐ I am no more irritated by things than I ever was
- ☐ I am slightly more irritated now than usual
- ☐ I am quite annoyed or irritated a good deal of the time
- ☐ I feel irritated all the time

Select the best answer:

- ☐ I have not lost interest in other people
- ☐ I am less interested in other people than I used to be
- ☐ I have lost most of my interest in other people
- ☐ I have lost all of my interest in other people

Select the best answer:

- ☐ I make decisions about as well as I ever could
- ☐ I put off making decisions more than I used to
- ☐ I have greater difficulty in making decisions more than I used to
- ☐ I can't make decisions at all anymore

Select the best answer:

- ☐ I don't feel that I look any worse than I used to
- ☐ I am worried that I am looking old or unattractive
- ☐ I feel there are permanent changes in my appearance that make me look unattractive
- ☐ I believe that I look ugly

Select the best answer:

- ☐ I can work about as well as before
- ☐ It takes an extra effort to get started at doing something
- ☐ I have to push myself very hard to do anything
- ☐ I can't do any work at all

Select the best answer:

- ☐ I can sleep as well as usual
- ☐ I don't sleep as well as I used to
- ☐ I wake up 1-2 hours earlier than usual and find it hard to get back to sleep
- ☐ I wake up several hours earlier than I used to and cannot get back to sleep

Select the best answer:

- ☐ I don't get more tired than usual
- ☐ I get tired more easily than I used to
- ☐ I get tired from doing almost anything
- ☐ I am too tired to do anything

Select the best answer:

- ☐ My appetite is no worse than usual
- ☐ My appetite is not as good as it used to be
- ☐ My appetite is much worse now
- ☐ I have no appetite at all anymore

Select the best answer:

- ☐ I haven't lost much weight, if any, lately
- ☐ I have lost more than five pounds
- ☐ I have lost more than ten pounds
- ☐ I have lost more than fifteen pounds

Select the best answer:

- ☐ I am no more worried about my health than usual
- ☐ I am worried about physical problems like aches, pains, upset stomach, or constipation
- ☐ I am very worried about physical problems and it's hard to think of much else
- ☐ I am so worried about my physical problems that I cannot think of anything else

Select the best answer:

- ☐ I have not noticed any recent changes in my interest in sex
- ☐ I am less interested in sex than I used to be
- ☐ I have almost no interest in sex
- ☐ I have lost interest in sex completely