

# A critique of IRAP research

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Data & code:

[osf.io/ke7zx](https://osf.io/ke7zx)

# IRAP's Predictive Validity

Updating a recent meta analysis

# IRAP's Predictive Validity

Meta-analysis of association between IRAP & clinically-relevant criterion effects

- Vahey, Nicholson & Barnes-Holmes' (2015)

Widely-cited for sample size justifications

- 66 citations
  - 39 new IRAP papers in this period

"the  $N$ s involved in the studies ... are often relatively small.

Indeed, it could be argued that this impacts upon on the credibility of IRAP research.

However, in a recent meta-analysis of IRAP studies, it was reported that even small  $N$  IRAP studies have sufficient statistical power" (McEnteggart, 2015)

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Indeed, it could be argued that **this impacts upon on the credibility of IRAP research.**

However, in a recent meta-analysis of IRAP studies, it was reported that even small  $N$  IRAP studies have sufficient statistical power" (McEnteggart, 2015)

# Excluded problematic analyses

**50% of effect sizes (7 of 15) were excluded**

Mere presence of IRAP effects

- Widely misinterpreted due to Generic Pattern
- Not an external criterion (Flake et al., 2017)

IRAP as dependent variable

- No clinical assessment utility (Fried & Kievit, 2016)
- Incompatible with their meta analysis modelling approach
  - Correct multivariate meta:  $(Y_1, Y_2) \sim \text{IRAP}$
  - Vahey et al. method:  $\text{IRAP} \sim (X_1, X_2)$

# IRAP's Predictive Validity

Excluded problematic analyses

Meta analysis via Hunter & Schmidt method

		95% CI	
	<i>r</i>	Lower	Upper
Original	.45	.40	.54
Updated	.39	.27	.51



# Sample size recommendations

80% power for a bivariate correlation

	Required $N$
Original	37
Updated	105

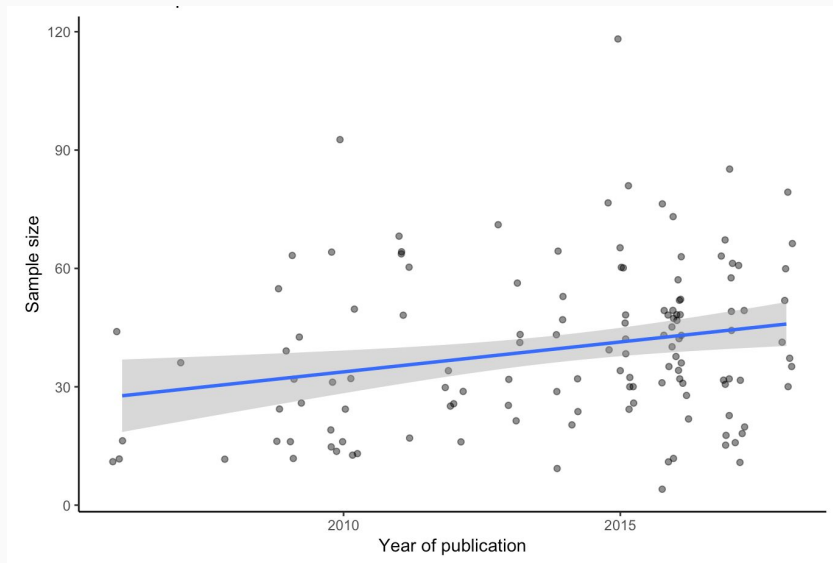
# Most IRAP research is under-powered

	% of under-powered published studies
Original	50%
Updated	93%

# Most IRAP research is under-powered

If current rate increase in sample sizes continues,

The average study won't be well-powered until the year **2051**



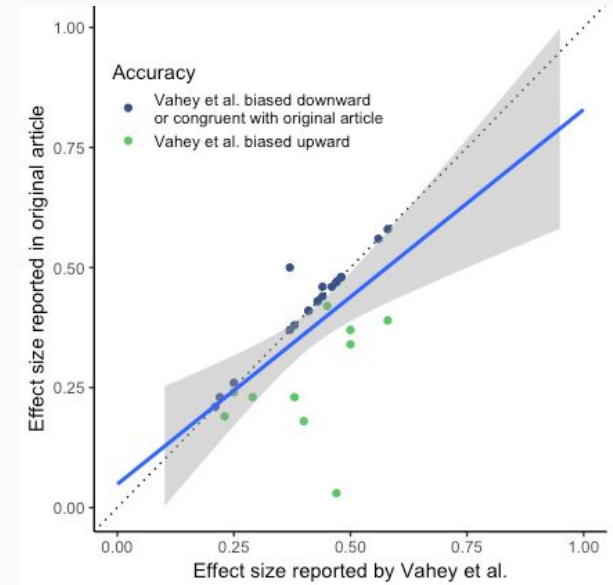
# A new meta analysis

Following best practices

# Issues with original meta analysis

## Effect size extraction errors

- Incongruities in 33% of cases
- Biased upwards



# Issues with original meta analysis

## Hypothesizing After Results are Known (HARKing)

- Inclusions based on what the meta authors thought **could have been predicted** ahead of time, not what the original authors **actually predicted**

## No blinding

- Researchers knew the effect size when choosing them

# Issues with original meta analysis

Only relevant to deductive research

- Meta analysis of *predictable effects* can only inform future research that is making *predictions*
- But current this *deductive* meta is now inappropriately cited in *inductive* research to justify sample sizes

# IRAP's Predictive Validity

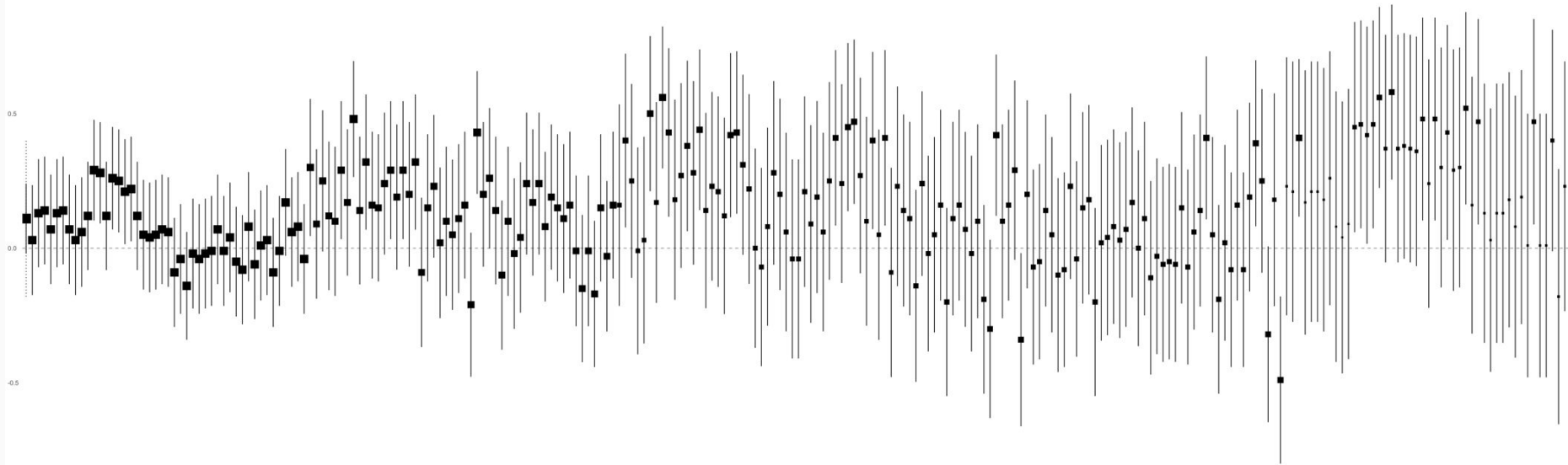
A meta-analysis for inductive research

Modern meta-analytic best practices

- Multilevel meta analysis
- Restricted Maximum Likelihood estimation &  $N$  weighting
- Considered same articles as original meta
- Included all 249 effect sizes
  - Other than previously specified problematic analysis types



# Sample size recommendations



Meta-effect size:  $r = .11$ , 95% CI  $[-.02, .24]$ ,  $p = .10$ .

# Sample size recommendations

80% power for a bivariate correlation:

	Required $N$
Original	37
Updated	105
New	19,620

Conclusion

There is a problem with  
~~the IRAP~~  
our research practices

# The way forward

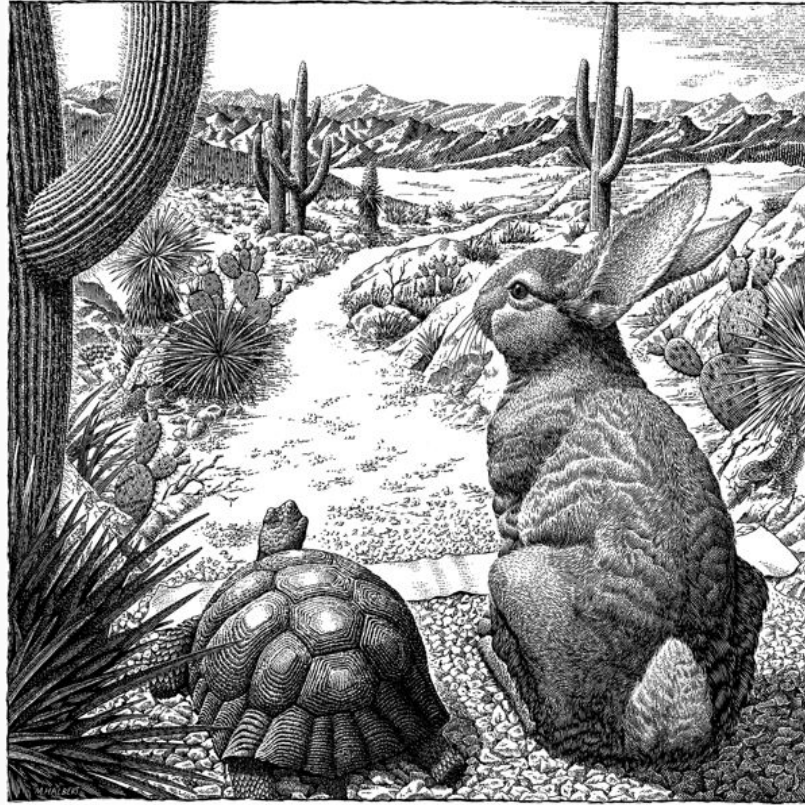
Our research practices are not exceptional

Real issue: we're resistant to change

- Other fields have had their crisis, are now 8 years into recovery

There's still time to fix this!

- More power, better use of statistics, pre-registration, direct replication
  - See Munafò et al. (2017) *A manifesto for reproducible science*



Tortoise vs. Hare approaches to science

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