

Fairfield Cares Community Coalition Meeting Minutes – 4/10/19 (8:30-9:45am)

In attendance:

Jenn Jacobsen, Katy Rosenfeld, Reini Knorr, Amanda Romaniello, Santina Jaronko, Wendy Bentivegna, Tim Morris, Phil Dwyer, Kim Michiko, Giovanna Mozzo, Bernadette Coppola, Kathy Clair

- 1. Introductions and Minutes meeting were approved. Giovanna Mozzo is the new rep from Hub replacing Margaret Watts as rep for Fairfield Cares.
- 2. Chair's Update:
 - a. Reini has set up town site and email address. This will allow for greater outreach and let people unsubscribe. Two lists: active coalition members and FYI program notice.
 Consolidate process through town distribution.
 - b. Denique and Amanda presented the survey results to BOE last night. There were more questions than usual.
 - i. Highlights:
 - Alcohol trend going down over all @21%- varies by grade with seniors @51%
 - 2. E-cigarettes over all use at 9%- nicotine use with seniors at 32% for nicotine use and 23% with THC use.
 - 3. Usage increases as progression from middle school- education for middle school on this topic is vital. The Health department is revising the curriculum and adding vaping education in grades 5/6-8 and 9-12.
 - 4. We need to focus on vaping and parent buy-in to alcohol free gatherings for teens since survey showed 50% getting alcohol at home with parents permission.
 - 5. Reini will share link to BOE presentation on survey results.
 - 6. Darien has a "report card" of with a snapshot of key info from survey. We will provide same for Fairfield of successes and what to work on.
- 3. Middle school program- trying to partner with YMCA and already have established collaborating with Parks and Rec. Program would be asset based and ideally run in school as an after school program. Considering piloting in one school first. Also considering tapping into already robust preteen programs in town such as youth groups. We would like to try again to launch a middle school program.

4. Treasurer report:

- a. \$905.25 remaining from previously allocated to student survey
- b. Amanda, Jenn, Wendy and Lori are meeting to discuss reallocations on Friday 4/12.
- c. CSC grant- will need additional money if we want further analysis by the evaluator, Emily. We may have funds elsewhere in unspent grant.

5. Resources:

a. YMCA fiduciary partnership status- in consideration and being reviewed in corporate office. Next resource meeting is on April 26th hoping to have answer on YMCA.

6. Programming:

- a. April 27- Drug Take Back
- b. May 27- Sober concert
- c. May 27- Healthy Kids day at YMCA- we will have a table
- d. Chamber of Commerce business brochure- Fairfield Cares will look into being included.
- e. March 18- Narcan training registered 60 but checked in 30.
- f. April 23- concert meeting- need youth committee members to participate in planning / SAMHSA approved \$700 to help publicize concert. Coalition- approach local businesses to sponsor with in kind donation and/or help promote.
- g. Mock Crash- May 2 Tim Morris update
- h. Grim Reaper- May 20- FLHS

 Nathan Harmon speaking at FLHS and RLMS yourlifespeaks.org
- i. RAFT group 4/27- Walk in Her Shoes.
- j. Freshman Forum- Poor attendance in spring looking at returning it to the fall calendar. 1/3 of what we usually have in attendance.

7. CSC/Youth update:

- a. Revisited sustainability plan and sent to coalition for preview. Will be submitted to DMHAS.
- b. Carma Creative to update social media campaign.
- c. Looking for Youth Peer Advocates- Fairfield U/ Sacred Heart U. 25 years old and younger. 3 meetings a year. Next meeting 6/20. Wendy will reach out to Pam P.

8. Member updates:

- a. Health Dept. received small grant addressing Opioid- May 1- Aug. 31 time frame- hoping to hire intern for summer.
- b. Giovanna- DMHAS demographic sheets was due April 1, 2019 LPC report due soon fiscal year ends June 30.
- c. National prevention week is May 13-17.
- d. Forward any fliers regarding Mental Health to Hub and they will include in calendar.

Next meeting: May 15th from 8:30-10 Senior center on Mona Terrace