

## **Dizziness and Vertigo: Outpatient Care Protocol**

### **Alarm features** *J1*

In the presence of any of the alarm features the person should be assessed by the physician carefully and referral management along with supportive treatment should be initiated. These include:

- Severe headache
- Hearing or visual loss
- Fever of more than 101 F
- Problems with speech
- Weakness of arms or legs
- Difficulty walking
- Collapse, or periods of unconsciousness
- Numbness in areas of body
- Chest pain
- An abnormally slow or fast pulse
- An irregular pulse
- Recurrent or persistent vertigo
- When otoscopy findings are abnormal