

## **Adult Diarrhea: Outpatient Care Protocol**

### **Alarm features J7**

In the presence of any of the alarm features the person should be assessed by the physician carefully and referral management along with supportive treatment should be initiated. The alarm features are:

- Diarrhea accompanied with fever above 102.2 F
- Abdominal distension
- Prolonged symptoms of diarrhea (>14 days)
- Persistent vomiting
- Passing of black tarry stool
- Severe dehydration (e.g., sunken eyes or decreased tears, dry mucous membranes, orthostatic hypotension or decreased urine output)
- Severe pain in the abdomen or rectum
- Diarrhea with severe abdominal pain in a patient older than 50 years or in the elderly (above 60 years)
- Drowsiness or listlessness
- Convulsions or loss of consciousness
- Inability to administer oral rehydration therapy