

Information for women with endometriosis

Version 2014

Patient version
of the ESHRE Guideline on
management of women
with endometriosis

Table of contents

About this booklet	4
The ESHRE guideline on management of women with endometriosis	4
Why a patient version?	4
How this booklet was developed	4
More information	5
Who developed the ESHRE guideline on management of women with endometriosis?	5
Part 1: The menstrual cycle	6
Part 2: About Endometriosis	7
What is endometriosis?	7
What are the symptoms of endometriosis?	8
What causes endometriosis?	9
Endometriosis, adenomyosis, uterine fibroids and polyps?	10
How can endometriosis be classified?	11
Classification systems used in this document	12
How can you reduce the chances of getting endometriosis?	13
Part 3: Endometriosis in adolescents	14
Part 4: Endometriosis outside the pelvis.....	15
Does endometriosis occur outside the pelvic cavity?	15
Treatment of endometriosis outside the pelvis	15
Part 5: Diagnosis of Endometriosis	16
Should my doctor perform a clinical examination?	16
What is laparoscopy?	17
Should I undergo laparoscopy for a definite diagnosis?	18

Part 6: Treatment of pain due to endometriosis	21
Which medication can be used before a definite diagnosis of endometriosis?	22
Can I take analgesics (painkillers) for pain due to endometriosis?	22
What are the options for hormonal treatment of pain?	23
How does hormonal treatment work?	23
Progestagens and anti-progestagens	24
GnRH agonists	26
Aromatase inhibitors	27
What are the side effects of hormonal treatment?	27
Is surgical treatment an option for relieving pain symptoms?	28
Part 7: Endometriosis and infertility	30
Am I infertile because I have endometriosis?	30
Is surgical treatment an option for enhancing the chance of getting pregnant?	31
Is medically assisted reproduction an option for enhancing the chance of get pregnant?	32
Part 8: Beyond usual treatment.....	35
Part 9: Menopause in endometriosis.....	36
Part 10: Endometriosis and Cancer	37
Part 11: Dictionary	38
Part 12: Questions from women with endometriosis.....	40
Part 13: More information	42
References	44
Disclaimer	45

About this booklet

The ESHRE guideline on management of women with endometriosis

Recently, a group of clinical experts in endometriosis has written a European guideline on endometriosis in an attempt to improve clinical practice within Europe and as a result improve the quality of life of women with endometriosis. The guideline is entitled “Management of women with endometriosis”.

Why a patient version?

This patient version is a translation of the guideline in plain language. This version aims at involving patients in healthcare improvement, either by learning about the current standard of care, or by enabling patients to make informed decisions on their health, supported by the best available evidence.

How this booklet was developed

This booklet was written by Dr Nathalie Vermeulen (methodological expert), Ms Bianca de Bie (patient representative) and Dr Gerard Dunselman (gynaecologist and chair of the Guideline Development Group).

A number of key questions was selected based on patient enquiries received by the Dutch endometriosis patient organisation (Endometriose Stichting). The questions of patients are listed in the back of this booklet. Focussing on these questions, the clinicians version of the Guideline on the management of women with endometriosis was translated to plain language advises and answers for patients.

Further background information and answers to questions not addressed in the guideline is added in yellow squares. Difficult terms are coloured blue and explained in the dictionary. The chair of the guideline development group checked the accuracy of all provided information. Finally, the booklet was sent to the guideline development group and national patient organisations for review. The text was adapted based on comments from the following individuals and organisations:

Helen North/ Patient Advisory Group	Endometriosis UK
Sandra Engstrom	support group leader for EndometriosisUK in Edinburgh
Geraldine Canny Ph.D.	Referent biologist for a local patient association (Association Suisse de Soutien Contre l'Endométriose)
Prof. Dr. Carlos Calhaz – Jorge	Faculdade de Medicina de Lisboa (Portugal)
Prof. Thomas D'Hooghe	University Hospitals Gasthuisberg, University of Leuven (Belgium)

More information

More detailed information on each of the topics in the patient version can be found in the clinicians' edition of the guideline on the ESHRE website (www.eshre.eu/guidelines).

Contact details for national patient organisations within Europe can be found at the back of this booklet.

Who developed the ESHRE guideline on management of women with endometriosis?

This booklet is based on the guideline on management of women with endometriosis (for doctors) that was developed by a guideline development group set up by the ESHRE Special Interest Group Endometriosis and Endometrium. The guideline development group constituted of clinicians with special interest in women with endometriosis, a literature methodological expert and a patient representative.

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The guideline on management of women with endometriosis (for doctors) is published on the website of ESHRE (www.eshre.eu/guidelines). For more detailed information, you can contact a patient organisation or ask your doctor.