

Questions on surgical treatment for endometriosis:

- *Should I take medication after surgery?*
- *Is my case too risky? Am I inoperable?*
- *Is hysterectomy the solution and should I take hormone-replacement therapy after surgery?*
- *What is the difference between ablation and excision?*
- *What is the difference between laparotomy and laparoscopy?*
- *What is the difference between traditional laparoscopy and robotic laparoscopy?*

Questions on small ovarian cysts:

- *Should I take hormonal contraceptives?*
- *Should I undergo surgery? Which type of surgery?*
- *How long can the cyst stay?*
- *Is an endometrioma 'damaging' to the ovary?*
- *Will my endometrioma rupture? Is it an emergency?*
- *What is the best option if I want to get pregnant and my suspected endometrioma is not causing me pain symptoms?*
- *Should asymptomatic endometrioma be treated?*

Questions on infertility and pregnancy in endometriosis:

- *How many women with endometriosis remain involuntarily childless?*
- *Why/how might endometriosis impair my fertility?*
- *Am I infertile because I have endometriosis?*
- *What is the best option to get pregnant?*
- *Do I have an increased risk for pregnancy complications, miscarriage?*
- *Will pregnancy cure my endometriosis?*
- *Is it wise to bring plans for pregnancy forward?*
- *Should I undergo surgery prior to IVF?*

Questions on extragenital endometriosis:

- *Can endometriosis occur in women without a uterus?*
- *Can endometriosis affect the following sites: diaphragm, lungs, thorax, kidney, pouch of Douglas, bowel, bladder?*

Questions on menopause in endometriosis:

- *Should I take Lucrin (Lupron > GnRH agonist)?*
- *Does (pseudo)menopause cure endometriosis?*

Questions on endometriosis and cancer:

- *What is the effect of the hormonal treatments on the risk of cancer?*
- *Does endometriosis cause cancer?*

Questions on reimbursement in endometriosis:

- *Which treatments are reimbursement for women with endometriosis?*

Part 13: More information

In almost every European country, women with endometriosis have been setting up national patient organisations specifically designed to provide support and information to women with endometriosis and their families and improve the awareness of the disease among healthcare professionals, employers, women with endometriosis and their families, the public and the media.

Most of these patient organisations have a website where you can find

- information on endometriosis
- read real life stories
- information on how to get in contact with other women with endometriosis
- receive specific information on endometriosis treatment and specialised clinics for your country

You can find the list of European endometriosis patient organisations and their contact details below.

In case your country is not in the list, you can contact Fertility Europe, who can advise you on any fertility organisations in your country. (www.fertilityeurope.eu)

Austria	EVA – Endometriose Vereinigung Austria	Website: www.eva-info.at Email: office@eva-info.at
Belgium	Endometriose Stichting	Website: www.endometriose.be Email: info@endometriose.be
Denmark	Endometriose Foreningen Denmark	Website: www.endo.dk Email: info@endo.dk
Finland	Endometriosisyhdistys Finland	Website: www.endometriosisyhdistys.fi Email: endo@endometriosisyhdistys.fi
France	Association EndoFrance	Website: www.endofrance.org Email: contact@endofrance.org
Germany	Endometriose-Vereinigung Deutschland e.V.	Website: www.endometriose-vereinigung.de Email: info@endometriose-vereinigung.de
Hungary	Nok az endometriózisért alapítvány	Website: www.endometrioziis.hu Email: info@endometrioziis.hu
Iceland	Samtök Kvenna með Endómetríósu	Website: www.endo.is Email: endo@endo.is
Ireland	Endometriosis Association of Ireland	Website: www.endometriosis.ie Email: info@endo.ie
Israel	Endi – Endometriosis Israel	Website: www.endi.org.il Email: info@endi.org.il
Italy	Associazione Italiana Endometriosis Onlus	Website: www.endoassoc.it Email: info@endoassoc.it
	Associazione Progetto Endometriosis Onlus	Website: www.apeonlus.com Email: info@apeonlus.com
Malta	Endo Support (Malta)	Website: no website Email: endsupport@gmail.com
The Netherlands	Endometriose Stichting	Website: www.endometriose.nl Email: info@endometriose.nl
Norway	Endometrioseforeningen	Website: www.endometriose.no Email: post@endometriose.no
Poland	Polskie Stowarzyszenie Endometrioza	Website: www.pse.aid.pl Email: info@pse.aid.pl
	Stowarzyszenie Endometrioza	Website: www.endometrioza.aid.pl Email: info@endometrioza.aid.pl
	Pierwszy Polski Portal o Endometrioze	Website: www.endometrioza.org Email: redkcja@endoendo.pl
Portugal	Associação Portuguesa de Endometriose	Website: www.aspoendo.org Email: aspoendo@netcabo.pt
Spain	Asociacion de Endometriosis España (AEE)	Website: www.endoinfo.org Email: info@endoinfo.org
	Asociacion de Afectadas de Endometriosis de Madrid (ADAEM)	Website: www.adaem.org.es Email: adaem@adaem.org.es
Sweden	Endometriosföreningen Sverige	Website: www.endometriosforeningen.com Email: info@endometriosforeningen.com
Switzerland	Groupe Endometriosis Suisse	Website: www.endsuisse.ch Email: laure@endosuisse.ch
	Association Suisse de Soutien Contre l'Endometriose	Website: www.assce.ch Email: info@assce.ch
Turkey	Turkish Society of Endometriosis and Adenomyosis	Website: www.endometrioziisdernegi.com Email: info@endometrioziisdernegi.com
United Kingdom	Endometriosis UK	Website: www.endometriosis-uk.org Email: admin@endometriosis-uk.org
	Endometriosis SHE Trust UK	Website: www.shetrust.org.uk Email: shetrust@shetrust.org.uk

References

The body of this document

The ESHRE guideline on management of women with endometriosis (2013).

Available at www.eshre.eu/guidelines

Information on endometriosis in adolescents

Brosens I, Gordts S, Benagiano G. Endometriosis in adolescents is a hidden, progressive and severe disease that deserves attention, not just compassion. Hum Reprod. 2013 Aug;28(8):2026-31. doi: 10.1093/humrep/det243. Epub 2013 Jun 5.

Dictionary

Reproductive medicine. A textbook for paramedics. N. De Haan, M. Spelt, R. Göbel (eds), Elsevier gezondheidszorg, Amsterdam 2010.

100 questions and answers about endometriosis. David B. Redwine. Jones & Bartlett Learning, 2009

Mohammad Reza Razzaghi, Mohammad Mohsen Mazloomfard and Anahita Ansari Jafari (2012). Endometriosis, Endometriosis - Basic Concepts and Current Research Trends, Prof. Koel Chaudhury (Ed.), ISBN: 978-953-51-0524-4, InTech, DOI: 10.5772/32760. Available from: <http://www.intechopen.com/books/endometriosis-basic-concepts-and-current-research-trends/endometriosis-an-overview>

Illustrations

The menstrual cycle

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Endometriotic tissue in the abdomen

NIH fact sheet : Endometriosis (2011)

Endometriosis, adenomyosis, uterine fibroids and polyps

Illustration from <http://www.fairview.org/healthlibrary/Article/85716> (No copyright information)

Schematic classification examples of extent and location of endometriosis

Adapted from the Revised American Society for Reproductive Medicine Classification of Endometriosis (1996).

Surgical laparoscopy

Krames Information brochure on endometriosis

A levonorgestrel-releasing intrauterine system

<http://m.mirena.com/>

Options for hormonal contraceptives

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This booklet is in no way intended to replace, dictate or fully define evaluation and treatment by a qualified physician. It is intended solely as an aid for patients seeking general information on issues in reproductive medicine.

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