

# INTRODUCTION TO PALLIATIVE CARE COURSE FOR HEALTH CARE PROFESSIONALS MODULE 7: PRACTICUM

At the end of this unit the participants required to:

1. Participate in palliative care activities including care of a person or family faced with a life threatening illness
2. Identify strengths and weaknesses related to palliative care service delivery practices at the practicum site
3. Draw a list of appropriate recommendations to strengthen palliative care practices at the practicum site and for their facilities

The learners are expected to undertake at-least 2 day placement at a palliative care site/ hospice so as to gain hands on experience. The experience will cut across communication, breaking of bad news, symptoms management including physical pain, care for special groups (elderly, pediatrics etc.) emotional/psychological support and spiritual care.

It is expected that the trainees should achieve **at least 5 of the 9** listed objectives below;

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| --- | --- | --- | --- |
|  | **Objective** | **Tick Once done** | **Mentee’s Comments/Evaluation**  **(What you did, How you felt, any areas you need further support in, etc)** |
| 1. | Assessment of a patient with  serious health suffering |  |  |
| 2. | Assessment and management of pain and other common  symptoms |  |  |
| 3. | Participate in opioids prescription/ dosage review/ administration procedures |  |  |

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| --- | --- | --- | --- |
| 4. | Patient and/or family counselling |  |  |
| 5. | Breaking bad news |  |  |
| 6. | Bereavement visit/ counselling |  |  |
| 7. | Multi-disciplinary team meeting |  |  |
| 8. | Home visit |  |  |
| 9. | Day care (in the centers where  this is available) |  |  |

# MENTOR’S COMMENTS:



Name of mentee:

Name of mentor:

Date:

NB: A certificate of completion will be issued upon completion and meeting the required practicum objectives