

# COMMUNITY SERVICE REPORT

Fill out the form. Obtain signatures. Scan, and email to [griggs.latinamerica@adventistas.org](mailto:griggs.latinamerica@adventistas.org)

**NOTE:** Minimum of 20 hours of community service per year of enrollment with Griggs is required. Make copies as needed.



## Information:

Name: Tashiro Frota, Paulo ID Number: \_\_\_\_\_  
Last \_\_\_\_\_ First \_\_\_\_\_ M.I. \_\_\_\_\_

Dates  
Served: 07/18/25 mm/dd/yy to 07/27/25 mm/dd/yy Total Hours of Service: 40

## Description:

Description of project including duties performed:

The Tamandaré Mission took place over five days in Tamandaré, Pernambuco, and involved a sequence of activities focused on community service, health education, and environmental responsibility. Throughout the period, the work followed a clear routine, and each assignment contributed to a broader effort to support local needs.

During the mission, two days were dedicated to health education. The first occurred at a public health fair combined with a free-clothing bazaar directed at families in greater social vulnerability. While the distribution of garments took place, explanations were offered on the eight natural remedies, emphasizing practical understanding and accessible application. The second day continued the same line of work, this time inside the local health post. As residents waited for their medical appointments, they were guided through a small educational circuit about the natural remedies. The role consisted of receiving each group, presenting the essential information, answering brief questions, and ensuring that the waiting period became a moment of learning rather than inactivity.

Environmental action was another central component. One morning was fully allocated to cleaning the beach. The shoreline contained a significant amount of discarded waste. In average, hundreds of debris were collected individually, including plastics, fishing remnants, and other refuse. The activity generated immediate results for the local environment and reinforced the importance of visible, practical intervention.

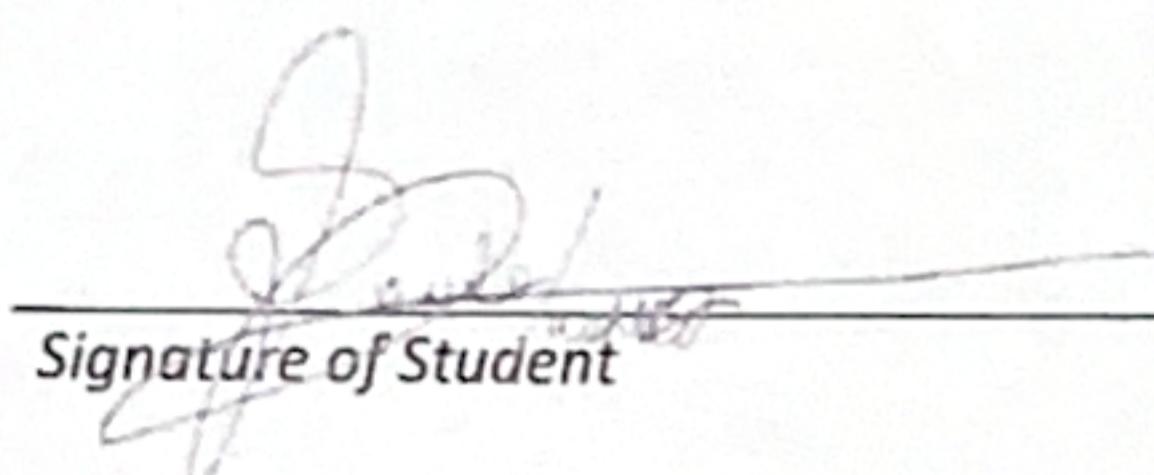
The mission also included educational visits related to ecological preservation. The group attended a coral cultivation laboratory and observed the procedures used in reef restoration. The contact with this work clarified the fragility of the region's marine systems and the technical processes required to maintain them. Although not a direct volunteer task, the visit allowed the mission's participants to understand the environmental context in which the community lives.

Other activities were carried out in parallel. Books were distributed to residents, welcoming actions were performed in different parts of the town, and participation in organized marches helped strengthen community engagement. The presence of youth from the Desbravadores, even without a proper local structure for them in Tamandaré, supported these efforts and added continuity to the work developed.

Across the five days, the mission established a consistent rhythm of service. The tasks combined practical assistance, health-focused guidance, environmental care, and educational exposure. The experience showed that community work is built through repeated actions and returning periods, carried out with attention to both immediate needs and long-term implications for local wellness.

### Student Signature:

*With my signature I verify that I have completed the community service as recorded above.*



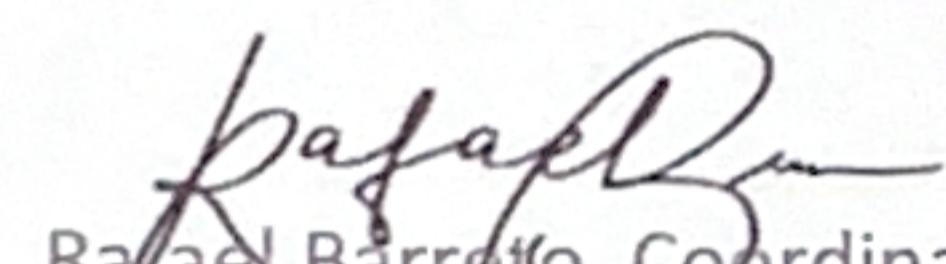
*Signature of Student*

11/25/25

*Date*

### Supervisor Signature:

*With my signature I verify this student has completed the community service as recorded above under my supervision.*



Rafael Barreto, Coordinator of the Tamandaré Project.

*Signature of Supervisor, Title*

11/25/25

*Date*

IAPE – Instituto Adventista Pernambucano de Ensino

*Organization Name*

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*Phone*

*Number:*

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