

Inspirational Thoughts

Index	Type	Title/Details	
1	Poem	The Christmas Guest	Conrad waits for the Lord on christmas day, who came as 3 shadows in need
2	Story	The Rainbow	Spiritual symbolism of rainbows
3.1	Prayer	Parents Prayer	Prayers about parenting
3.2	Prayer	The Art of Parenthood	On parenting
3.3	Prayer	Father Knows	On parenting
3.4	Prayer	Heavens Very Special Child	On parenting
4	Story	An Irish Legend	The King disguises himself as a beggar to test a young man's character
5.1	Prayer	God Calling (p.138)	Faith is propagated by those who die for it
5.2	Prayer	Communion Reflection	We are baptised by existence
6.1	Letter	My God is No Stranger	Search, love and hope
6.2	Poem	My God is No Stranger	God is every real thing
7.1	Prayer	Phyllis Mc Ginley. Blundering Toward Heaven	Saints are humans who stumble towards heaven
7.2	Story	Saint Maria Goretti	July 5, 1902. The Forgiving Young Woman
8.1	Prayer	Father, Pour Out Your Spirit	God grant us novelty in spiritual guidance
8.2	Note	Christian Awareness Weekend	A note on christian events
9.1	Prayer	My Brothers	Accept us as we are, and God's word and his holy mysteries from us
9.2	Prayer	Asking God to Bless Someone	Loving kindness towards a beloved, and asking God's blessings for them.
10	Prayer	Anyway. 'Mother Teresa, A Simple Path'	Give the world your best, regardless of evils incurred
11	Prayer	Christmas Blessings	May God be with you in all his qualities
12.1	Collection	On Mourning	4 pieces on mourning
12.2	Quote	Friendship Stays Forever Green	Aphorism on friendship
12.3	Story	Comfort for those who Mourn	Faith in the real and continued presence of our loved ones past
12.4	Prayer	Death of a person	Gratitude that those who die attain eternal peace
12.5	Poem	Safely Home	A loved one in heaven writes to their loved ones on earth
13	Prayer	If I Had My Child To Raise Over Again. Diane Loomans	Affirmations on qualities of good parenting
14	Prayer	Litany Of Mary of Nazareth	Structured prayer
15	Prayer	Images of Serenity	How the lord gives us serenity
16	Article	From Church of Ireland mould-breaker to Catholic Convert	By Michael McHugh. On Dr Fleury
17.1	Prayer	Surrendering Everything to The Lord our Father	Gratitude, love, surrender, boundless confidence in the lord's guidance
17.2	Letter	To Sarah. Thoughts on the prayer	Letter on thoughts about the prayer on surrender
18	Program	Examination of Conscience	Program on systematically examining one's moral progress
19.1	Letter	Letter of Appreciation from John Hume	To Letterkenny Vocational School
19.2	Aphorism	It is better to light one candle than to curse the darkness	Aphorism
20	Poem	A Love Letter	A letter from Jesus to offer love and support

Inspiration 1

Index	Type	Title	
1	Prayer	Jesus Depends on Me	Unity with Jesus. I am the Lord's only and last message
2.1	Prayer	I Give You. . . .	Give the Lord all you have
2.2	Prayer	I'm Special. Sr Evangelist	God made me special for a very special purpose
3	Aphorism	What is Religion?	Religion is a relationship with: Jesus, Others, Yourself. Religion gives joy
4	Poem	He Leadeth Me	Based on Isa. 48:17. Lord thy God leads in all forms
5.1	Note	Fr Rohr on 10 commandments	Commandments lead to living the beatiudes
5.2	Note	Sr Chittister. The Ten Commandments - Laws of the Heart	Laws for Fulfillment not just order
5.3	Prayer	Earth Credo. Elizabeth S. Tapia	Sacredness of the earth and interconnectedness of creator and created. Peace and Justice
6.1	Poem	Time to Mourn	A time of love, a time of hate. A time of peace, I swear it's not too late
6.2	Note	Reflection: There is No Death	The life of a soul on earth lasts beyond his departure
6.3	Poem	My God is No Stranger	God is everywhere
7	Poem	Feelings	Feelings as a revelation of the Trinity
8.1	Prayer	A Prayer For Choosing a State in Life	Grant me the grace to know that state of life
8.2	Poem	Things Don't Just Happen	Destiny of God's plan for us who love him
9.1	Prayer	My Child, I Love you	Jesus providing guidance
9.2	Song	Let it be	Night and waking. Knowing an answer will come
9.3	Prayer	Reflection - The One I Love	Words of gratitude for all those we love
10.1	Prayer	Pray before work	I'll never start work in the morning again without taking some time to Pray
10.2	Aphorism	Gentle Humor of the Heart. Nico	Abiding in the wisdom of gentle humor of the heart
11.1	Prayer	To Say Hello	To have said hello and goodbye to a great soul is to have come face to face with God and to know His Love
11.2	Bible	Psalms 023. The Lord is My Constant Companion	There is no need he cannot fulfill
12	Bible	Psalms 062. As for me, my heart waits on God	I know that my salvation comes from him
13	Bible	Psalms 136. Thank You, God, for all these things	. . . that reveal your love. Thank you for the heavens that cover us
14	Poem	O God, now I know who I am	
15	Poem	Persons are Gifts. Fr. George B. Hintemann, O.P	
16	Story	What Makes a Woman Unforgettable	
17	Story	To Call Forth Another From His Deepest Doing	
18	Story	Somebody's Son. Richard Pindell	
19	Teaching	A Short Course in Human Relations	The most import words
20.1	Story	Relax! For Everything - yes, everything	
20.2	Prayer	Lord, I thank you for this new day.	
21	Poem	The Hound of Heaven. Francis Thompson	
22.1	Proverb	I hear, and I forget	.. I see, and I remember, I do, and I understand. Chinese Proverb
22.2	Poem	Heaven's Grocery Store	
23	Poem	Reflection: Life is not a race, but a journey..	
24.1	Speech	Born to Manifest the Glory. Nelson Mandela 1994 Inaugural	
24.2	Poem	God's Reason	
25.1	Meditation	The Mystery of God	

Index	Type	Title	
25.2	Poem	Love Poem	But I am somebody, For I am God's child
26	Meditation	What God Would Make of Me . . . Ignatius of Loyola, Letters	
27	Meditation	Count your blessings	
28.1	Poem	Discontent	
28.2	Poem	The Rose	
28.3	Poem	Myself	
28.4	Parable	On the Power of The Lord. Ann Landers, Readers Digest 1980	
28.5	Prayer	Fill the day with good will	
28.6	Prayer	Radiating Christ	
28.7	Prayer	Saints and Sinners	
28.8	Story	Finding God in All Things. JC, The Still Small Voice 1971	
29	Article	Those we honour, venerate and emulate. Joseph O'Neill	Catholic Traditions newspaper
30	Bible	Matt 25,31-40	About the time to come

Inspiration 2

Index	Type	Title
1	Poem	The Whether Outlook
2	Prayer	What a lovely world we live in. Sr Susan Evangelist
3	Prayer	Perfect Trust
4	Image/Story	Statue of Mary survives hurricane. NYC 2012
5	Prayer	Love is. 1 Corinthians 13:4-8
6	Prayer	Perfect Trust
7	Prayer	Slow Me Down Loard
8	Meditation	Go Placidly Amid The Noise. Baltimore 1692. Max Ehrmann
9.1	Meditation	Bones
9.2	Prayer	My Way, God's Way. St Columbus, Lower Hull NZ
10.1	Meditation	Beatitudes of the heart
10.2	Prayer	Mended Homes
11	Poem	Looking Back
12	Prayer	Morning Prayer. Leaning On God
13	Prayer	Quotes to help prayer
14	Meditation	Mental Health
15.1	Story	The Power of Psalm 91 For God's Protection
15.2	Bible	Psalm 91. Security Under God's Protection
16	Prayer	Take Time
17	Prayer	Praying The Gospel with Joy
18	Meditation	500 Attend Marian Congress in Dublin. Irish Catholic 2003
19	Prayer	Chosen Ones. Sr. Susan Evangelist
20.1	Prayer	Just For Today Lord
20.2	Reading	Friday Morning. Reading: Mark 5:25-35
21	Prayer	Let Go!
22	Meditation	Recipe For Happiness
23	Story	A Meeting on a Train. Pasteur, Louis
24	Story	The Branching of The Road
25.1	Prayer	Love. Emmet Fox
25.2	Poems	Trees. Joyce Kilmer
25.3	Aphorism	No greater Love than this exists
25.4	Prayer	This As My Prayer
26	Story	The Story of a Song
27.1	Prayer	People. Lord, make me aware of the wonder of people
27.2	Prayer	Beannacht. John O'Donoghue
28.1	Meditation	A Profile of the Gentle Self
28.2	Meditation	This is a Negative - Free Zone!
29.1	Prayer	Healing Prayer at Bedtime
29.2	Prayer	Today. Salesian Missions, NY
29.3	Prayer	The Only Place I Can Bring Happiness

Index	Type	Title
30	Poem	One Solitary Life
31	Meditation	Jesus Reveals Himself To Us
32	Story	We Are The Clary, and You Are The Potter
33.1	Prayer	It means a lot on days like this to have someone like you
33.2	Prayer	Give Lavishly! Give Abundantly!
34	Poem	Don't let crosses vex or tease. MC McAuley
35	Meditation	Little Angels
36	Prayer	Just For Today
37.1	Article	I want true love
37.2	Poem	Why God Made Hugs
38	Bible	Psalms 23
39	Prayer	True Friends
40	Story	Whose job is it?