



Renew | Reflect | Reconnect

REFORMING:

At HOPA, we believe in guiding individuals towards positive change and growth. Our reforming programs are designed to help individuals recognize their potential, make better choices, and build a brighter future.

TRANSFORMING:

Transformation is at the heart of what we do. Through personalized counseling and therapy, we empower individuals to break free from the chains of addiction and lead fulfilling lives.

RESTORING:

Restoration is about rebuilding lives and relationships. Our substance abuse therapy focuses on healing the body, mind, and spirit, offering a path to recovery and renewed hope.

ADDICTION COUNSELING:

Our addiction counseling services provide a supportive and confidential environment for individuals struggling with substance abuse. Our trained counselors offer guidance, support, and practical strategies to help individuals overcome addiction.

DRUG & SUBSTANCE ABUSE THERAPY:

We offer specialized therapy programs tailored to address drug and substance abuse issues. Our therapy sessions aim to uncover underlying causes, develop coping mechanisms, and pave the way for a drug-free life.

MENTORSHIP:

Mentorship plays a crucial role in personal growth and recovery. Our mentorship programs connect individuals with experienced mentors who provide guidance, encouragement, and support throughout the journey to recovery.

EMPOWERMENT:

Empowerment is key to lasting change. We empower individuals to take control of their lives, make positive choices, and build the skills and confidence needed to maintain sobriety and lead a fulfilling life.

AN INITIATIVE BY

CONTACT:

For more information or
to schedule an appointment

Please contact us at:

0721 484 660 / 0723 348 458

hopacentres@gmail.com

www.hopacentres.co.ke