Aaron Bernard 235 Grandpre St Apt 2 Baton Rouge, La 70802 (225) 315-9147

Aaron.Bernard.LMT@qmail.com

Licensed Massage Therapist LA 8066 NV-9513

Objective:

High Energy Massage Therapist with knowledge of wide range of massage methods and techniques. Able to work well with staff and clients alike and work well in high-in challenging environments.

Build clientele with well-established business, further educate myself and clients. Advance my career as a massage therapist. Currently in the process of transitioning to Las Vegas, NV.

Education:

Medical Training College Baton Rouge, Louisiana January 2015 Massage Therapy Program 756 hours 72 hours of clinical practicum

Baton Rouge Community College Baton Rouge, Louisiana June 2008-2010
Psychology

Woodlawn High School Baton Rouge, Louisiana May 2006

Skills and Abilities:

- Consult with clients to determine massage needs and special request
- Perform wide range of massage and therapy techniques
- Able to uphold moral ethics to help promote a positive view on the industry
- Administered body treatments to guests in keeping with treatment outline
- Welcomed guest with good gesture and a smile
- Assessed and accommodated guest requirements and inquired regarding their physical health
- Up-sold products to guest

- Greeted customers and offered a thorough discussion of individual needs
- Suggested spa and massage products to clients
- Built long-term relationships with clients by contacting them later to follow up on service

Qualified in the following techniques:

Swedish Massage Clinical Sports Massage Deep Tissue
ONeuromuscular Chair Massage Reflexology
Hot stone Massage Hydrotherapy Mud Application
Foot Scrub (salt/sugar) Body Wrap Aromatherapy

Employment History:

- LSU-Athletic Department Baton Rouge, La 2014-2015
 - Massage Therapist (provided massage therapy to athletes under supervision)
- Anytime Fitness Baton Rouge, La 2014-2015
 - o Personal Trainer/ Massage Therapist/Sales Manager
- Le Roche Bleu Spa Baton Rouge, La 2016 January- April
 - Massage Therapist
- Balanced Massage (Chair Event Company) New Orleans, La 2017-present
 - o Massage Therapist
- The Retreat Spa Baton Rouge, La 2016 April-present
 - Massage Therapist

Reviews

https://www.yelp.com/biz/the-retreat-baton-rouge?q=aaron

https://www.tripadvisor.com/Attraction_Review-g40024-d10199160-Reviews-The_Retreated to Spa-Baton Rouge Louisiana.html

References

• Nancy Trahan

The Retreat Spa

Owner/Operator

225.761.4567

• Cynthia M Jenkins

Anytime Fitness

Former Manager

225.772.5921

• Michelle Wilson

Owner/Operator

225.248.6015