## Appendix A. Raw results

Original forms are available in Supplementary Material: https://doi.org/10.5281/zenodo.6815983

## Appendix B. SEGRESS checklist

SEGRESS item checklist			
Topic	Item#	Details	Location
Title	1	Identification of report topic and type as a systematic review.	Title, title page
Abstract	2	Provision of a structured summary of the entire report.	Abstract, page 1
Opening		Introduction of the larger problem, broad context for the work, and importance of the work.	Section 1, page 2
Rationale	3	Rationale for the review in the context of existing knowledge and how it contributes to the larger problem.	Section 1.1, page 2
Objectives	4	Stating the research questions addressed by the review and how they contribute to the larger problem.	Section 1.2, page 3
Eligibility criteria	5	Specify the inclusion and exclusion criteria based on the topic of interest.	Section 2.2, page 8
Information sources	6	Definition of all sources searched to identify studies.	Section 2.1, page 6
Search strategy	7	Provision of the full search strategies for all databases and snowballing.	Section 2.1, page 6
Selection process	8	Description of methods used to decide whether a study met the inclusion criteria.	Section 2.2, page 8
Data collection process	9	Specification of the methods used to collect data from reports.	Section 2.1, page 6
Data items	10	Listing and definition of all outcomes for which data were sought.	Section 2.4, page 10
Study risk of bias assessment	11	Specification of the methods used to assess risk of bias in the included studies.	Section 2.5, page 11
Effect measures	12	Specification of each outcome of the effect measures.	Not used
Analysis and synthesis methods	13	Description of the processes used to decide which studies were eligible for each synthesis.	Section 3, page 12
Reporting bias assessment	14	Presentation of the methods used to assess risk of bias due to missing results in a synthesis.	Section 3.2, page 24
Certainty assessment	15	Presentation of the methods used to assess certainty in the body of evidence.	Section 3.2, page 24
Study selection	16	Description of the results of the search and selection process including near-misses.	Section 2.2, page 8
Study characteristics	17	Citation of each included study and presentation of its characteristics.	Appendix A, page 42
Risk of bias in studies	18	Presentation of the assessments of risk of bias for each included study.	Section 3.2, page 24
Results of individual studies	19	Provision of summary statistics and for each study.	Section 3, page 12
Results of analyses and syntheses	20	Presentation of the results of all statistical analyses and syntheses conducted.	Section 3, page 12
Reporting biases	21	Presentation of the assessments of risk of bias due to missing results.	Section 4.3, page 35
Certainty of evidence	22	Presentation of the assessments of certainty in the body of evidence for each outcome.	Section 4.3, page 35
Discussion	23	Interpretation of the results in the context of other evidence.	Section 4, page 25
Registration and protocol	24	Registration information for the review.	Not registered
Support	25	Description of sources of financial or non-financial support for the review.	Section 5, page 36
Competing interests	26	Declaration of any competing interests of review authors.	Section 5, page 37
Availability of data, code, and other materials	27	Reporting which other deliverables can be publicly found and where.	Appendix A, page 49