1. What is Shared Preferences?

Shared Preferences stores private primitive persistent data (like user specific settings) in a key value pair, examples include :

* Endpoint URLS,
* The security access token,
* Certain user preferences like color, title, language, etc.

1. What values can be saved in SharedPreferences?

A preferences can be any of a number of different data types. The following data types are supported by the SharedPreferences class:

* Boolean values
* Float values
* Integer values
* Long values
* String value

3 most common types of preferences used are:

* A checkbox type of preference, where you are simply interested in a true or false value.
* A edit text type of preference, where you would like the user to enter a value i.e. a text value.
* A list type of preference, where the user is shown a list of options and he/she selects only one of them as their preference.