



GET YOUR GREENBACK TOMPKINS

TAKE A STEP TO SAVE MONEY AND ENERGY

You are getting this bag as part of Get Your GreenBack Tompkins!

Today hundreds of volunteers are distributing these bags with energy saving steps and products to 12,000 homes across the county.

Enclosed are resources to help you take a new step to save money and energy:

1. Energy-saving Light Bulb (Compact Fluorescent Lightbulb)
2. Energy-saving Resource Guide Part 1
Inside this booklet
 - Local Food
 - Transportation Alternatives
 - Waste Reduction
 - Raffle Entry Form - (on back cover) Pledge to take a step and enter to win \$2,000 in prizes
3. Energy Saving Resource Guide Part 2 ("Path to Home Energy Savings")
 - Heating and Electricity
 - Path to Home Energy Savings - cost-effective sequence to make home energy upgrades
 - How to sign up for a no-cost or reduced-cost home energy assessment
4. *Comfort At Home* NYSERDA Magazine with Free Home Energy Assessment Application (p. 32)
5. Area Building Performance Contractors Information



"GET MY GREENBACK?"

Get Your GreenBack Tompkins is a community-based campaign to inspire all 42,000 households and every business in Tompkins County to take meaningful steps to save energy and money in the areas of **Food, Building Heat & Lighting, Transportation, and Waste.** *Including you!* Join the 100's of others who have already taken steps to **Get Their GreenBack!**

Saving Energy Means Saving Money and Creating Jobs

Follow the steps! Design your own!



Using the bus and taking your car off the road can save you \$8-10,000 per year in annual costs.



Installing the compact fluorescent light bulb included in the bag will save you more than \$50 over the life of the bulb. If all 12,000 households replace one incandescent bulb with their CFL we will collectively save \$589,284 and reduce carbon emissions the equivalent of taking 553 cars off the road.



Buying local food saves transportation costs, keeps dollars local and invests in regional production.



Reducing waste and reusing or sharing products saves transportation and manufacturing energy costs, saves our county recycling energy and is a great way to build community.



Visit GetYourGreenBackTompkins.org to add your own step and follow what new steps others have committed to. Become a member of the Get Your GreenBack Coalition!

Steps You Can Take

While this guide has more in-depth resources listed on the following pages, here are some steps you can take in each sector that will save money, save dollars and create local jobs:



LOCAL FOOD

- Buy Local.** Join a winter CSA (Community Supported Agriculture), split the cost with friends or visit a farmer's market and pick up your share of fresh nutritious local produce weekly.
- Eat local meat.** Attend the upcoming Meat Fair (Dec. 10, NYS Grange, Cortland, 2-5PM) and learn about buying good quality local meats and save money.
- Grow Your Own.** Start a garden, become a better gardener or enhance your garden with cold frames or hoop houses to extend the growing season. Take a step this winter and learn how.
- Preserve.** Learn how to make and preserve your own inexpensive jams, pickles or tomato sauce to enjoy during the winter or give as gifts. Learn food preservation skills.



TRANSPORTATION

- Carpool.** Check out Zimride, Tompkins County's online rideshare matching website to help you find a ride or share a ride with people already going your way.
- Take the Bus.** If the Tompkins Consolidated Area Transit (TCAT) system is available near you, take it to work (or to play) instead of driving your car. It's far cheaper and you can enjoy the ride.
- Bike.** Get your bike tuned-up at a local bike shop and try biking to work or an outing. Use the bike rack on a TCAT bus so you can "ride" your bike up that steep climb.
- Carshare.** Sign up for Ithaca Carshare and have access to clean, well-maintained vehicles 24 hours a day. Taking your car off the road saves \$8,000 - \$10,000 per year on the full costs of keeping a vehicle.



WASTE REDUCTION

- Recycle.** Visit recycletompkins.org to learn about the "Simple Six" categories of recyclables that are now easiest and most important to recycle to save you money and help the county reduce costs.
- Compost.** Make a new compost pile or use your old one – it really can be easy to keep food scraps out of the garbage. Refer to the home composting resources in this booklet.
- Repair.** If something's broken or torn, give a fair shot at repairing or mending it yourself before replacing it and you can save significant cash. Many local organizations teach repair/reuse skills.
- Reuse.** For needed household items visit a local reuse shop and see what deals you can find. Share appliances/equipment with neighbors and friends which will also help share maintenance costs.



HEATING AND ELECTRICITY

- Get a Free or Reduced-Cost Home Energy Assessment.** Fill out the free home energy assessment application (for households with incomes under \$291,200). See page 5 of the Path to Energy Savings packet or visit UpgradeUpstate.org to learn more.
- Change your Lightbulb.** Use the Compact Florescent lightbulb (cfl) in this bag! Replacing bulbs in your five most frequently used light fixtures can save more than \$65 a year.
- Get programmed for savings.** Install a programmable thermostat. When used properly, a programmable thermostat can save up to \$150 a year in energy costs. Learn how to install, step by step at: www.UpgradeUpstate.org
- Seal and save.** Attend an area workshop or contact a building performance professional to help you seal air leaks with caulk, spray foam, or weather stripping. It'll greatly improves your comfort while reducing utility bills.



GENERAL COMMUNITY TIPS

- Motivation.** Ask a friend or family member to take a step with you.
- Look to the Future.** The choices you make now will definitely affect the future. Investing in energy saving and money saving choices rewards you with more dollars every month, forever.
- Connect with your community.** Talk with your neighbors about energy savings and this Get Your GreenBack campaign!

LOCAL FOOD



Tompkins County Local Foods: A Menu for a Healthy Whole Community.

An essential part of *Get Your Green Back Tompkins!*

Whether you are looking to save money, learn to garden, support local food/farm businesses or just want to know what is happening in Tompkins County, check out the "menu" below.

The new 2012 Local Foods Guide (32 pages) is available online at: <http://ccetompkins.org/agriculture/buy-local/guide-local-foods> and will be available in Dec. at Cooperative Extension (272-2292), local food retailers/producers and area farms. Lists over 150 producers in a 5 county area offering everything from fresh produce, Pick-Your-Own crops, meats, honey and maple syrup to specialty foods and more.

UPCOMING FALL/WINTER EVENTS:

Buy Local Foods This Winter!!

Ithaca Farmers Market (IFM) continues at Steamboat Landing...

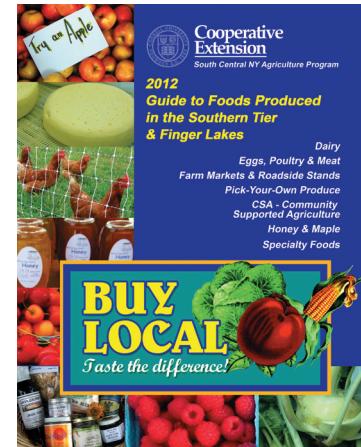
November-December - Saturdays, 10AM - 3PM

January-February - Saturdays, 11AM - 2PM - Indoors at The Greenstar Space (Meadow St./Rt 13 South)

The Ithaca Farmers Market re-opens at Steamboat Landing on the first Saturday in April, 9AM - 3PM

Visit www.ithacamarket.com for more information

It's a great time to buy in bulk for winter storage! Call Cooperative Extension for Home Storage information, 272-2292.



Meat Fair - learn about how to buy local meats and save money

Saturday, Dec. 10, 2-5 PM, at the NYS Grange, 100 Grange Place, Cortland

Meet over 20 producers who offer a variety of meats for sale including pasture-raised and organic.

Enjoy samples, speak to the producers, choose hormone-free, anti-biotic free meats.

Bulk purchases can be more economical than store cuts.

Winter Community Supported Agriculture (CSA) Shares

Available from the following farms:

- Blue Heron Farm, Lodi, www.blueheronorganic.com (winter produce: greens & roots)
- Cayuga Pure Organics, Brooktondale, www.cporganics.com (dry beans/flour shares)
- Finger Lakes Fruit Bowl, Full Plate Collective, Ithaca, fingerlakesfruitbowl@gmail.com (frozen berries all winter long)
- Finger Lakes Granola, Groton, kathy.flbc@hotmail.com (gluten free granola)
- High Point Farms, Trumansburg, www.highpointfarms.com (grassfed beef, pork, free range chicken & eggs)
- The Piggery, Ithaca, www.thepiggery.net, (heritage pork, deli meats) - available at the store on Franklin St. all year
- Sweetland Farm, www.sweetlandfarm.org (winter produce: greens & roots)
- For a listing of summer CSA farms, call Cooperative Extension at 607-272-2292 or visit cce.tompkins.org – local foods. Come to the annual CSA Fair to meet with over 20 CSA Farms in our area, held in early March.



LOCAL FOOD

Ithaca Community Harvest (ICH): is offering fresh, local produce in affordable Market Boxes enough for one week. Recipes to get you going! Affordable. Only \$10.00 a box. Available at Beverly J. Martin, Greater Ithaca Activity Center and Southside Community Center.

Contact Market Box Coordinators:

Natasha Tanner, nmtanner@gmail.com

Anna Ortiz, (585)410-9815 nomaslagrimas@yahoo.com

It's Apple Season - get apples from local orchards! - Call for availability!

- Littletree Orchards, Newfield, 564-9246
- Cornell Orchards, Ithaca, 255-4542
- One of a Kind Orchard, Lansing, 533-7272
- Baker's Acres, Lansing, 533-4653
- Westhaven Farm, Ithaca, 279-9483
- Grisamore Farms, Locke, 315-497-1347
- Indian Creek Farm, Ithaca, 227-6147



ONGOING RESOURCES THROUGH CORNELL COOPERATIVE EXTENSION, TOMPKINS COUNTY AGRICULTURE & HORTICULTURE PROGRAM –

Information for new farmers and established farm businesses on sustainable production and pest management, business management, and marketing with the goal of increasing the viability of farms in our region.

Information for home gardening success..from seed to harvest.

Call the Growline M-F, 9-3 with your gardening and plant problem questions or email: growline1@gmail.com.

Soil testing services available: both pH and complete nutrient analysis.

Plant Diagnostic Services – insect, disease, weed, plant identification.

For more information, contact Monika Roth, CCETC Ag & Hort Program Leader – 607-272-2292 or email mr55@cornell.edu.

Rural Farmers Markets in Tompkins County (visit these markets in 2012!):

Caroline Farmers' Market, May-October, Saturdays, 10-2, Brooktondale Community Center

Lansing Farmers' Market, June-October, Saturdays, 10-1, Lansing Town Hall

Trumansburg Farmers' Market, June-October, Wednesdays, 4-7, Town Park at Rt 227 & 96

Groton, July-Sept., Tuesdays, 3:30-6:30, Senior Circle Apartments



*Farmer Paul Martin teaches a workshop to
Groundswell's new farmer trainees (2011)*

For more information, contact Joanna J. Green, Groundswell Director at info@groundswellcenter.org or call 607-277-0180



LOCAL FOOD

Congo Square Market – Southside Community Center, Ithaca, Celebrate community and culture with music, foods, fresh produce, and crafts. Fridays, 5-7 PM, June-September. Contact Southside Community Center for information.

Jhakeem Haltom, Market Founder/Manager, jhalmot@cityofithaca.org, 607-351-7602

PROGRAMS ADDRESSING COMMUNITY FOOD ACCESS:

The Whole Community Project (WCP), a project of Cornell Cooperative Extension of Tompkins County, WCP is a collaborative effort of organizations and individuals to support the health and well being of everyone in Tompkins County. WCP aims to be a place of dialogue and action for all the communities that make up Tompkins County. The Whole Community Project supports and facilitates community efforts for an equitable, sustainable and healthy local food system for everyone; supporting innovative ideas from county residents (like you!) Please contact Jemila Sequeira, Whole Community Project-Coordinator. Es538@cornell.edu or 607-272-2292 ext. 157

It will take our whole, diverse community to make a difference.



WCP Sponsored 2010 Dec. Food Security Meeting, GIAC.

Gardens4Humanity



Gardens 4 Humanity (G4H) is a community-driven food justice organization that promotes economic, personal, and neighborhood empowerment and health through education, urban gardening and local farm connections.

Services that we currently offer include:

- **Youth Afterschool Programming** – Currently available at Southside Community Center, Greater Ithaca Activities Center (GIAC) and West Village Urban 4H program, our afterschool program educates children about basic garden, cooking and nutrition skills and raises awareness about local farming and local foods.

- **Neighborhood Garden Development** – We work with communities and neighbors around Tompkins County to design and construct edible gardens especially in low-income neighborhoods, public housing sites/mobile home communities and food pantries.

For further inquiries, contact Josh Dolan, G4H Coordinator and community food gardening educator at sapsquatch7@gmail.com or Cooperative Extension, 272-2292

Healthy Food For All

- Community Supported Agriculture (CSA) farms provide vegetable and fruit shares and an abundance of organic farm fresh seasonal produce at a reduced price every week from June through November for limited income families
- Coordinates nutrition cooking classes with Cooperative Extension of Tompkins County Nutrition programs, local chefs and farmers for families with limited income
- Provides educational resources to help people identify, store and prepare seasonally available produce.

Sign up with Liz Karabinakas, 272-2292 or email: evk4@cornell.edu





LOCAL FOOD

Ithaca Community Harvest (ICH) is a collaborative effort of a diverse group, representing a number of area farms, local organizations and initiatives concerned with: food sovereignty, justice & equity, education, leadership development and personal, community and ecological well-being. ICH is growing healthy farms and families from the roots up by strengthening cooperation and leveraging locally available resources to meet local needs with a particular focus on engaging and benefiting historically marginalized communities.

For more info. Contact: Elizabeth Karabinakis at 607-272-2292 or evk4@cornell.edu

ITHACA COMMUNITY HARVEST HEALTHY FOOD INITIATIVES INCLUDE:

Market Boxes (distributed weekly – see above), and

The Fresh Fruit and Vegetable Snack Program (FFVSP) at Beverly J. Martin Elementary School (BJM) provides free fresh fruits and vegetables, local and/or organic whenever possible, in the classroom every day to all students and staff.



MORE STEPS TO A HEALTHY COMMUNITY...



Ithaca Crop Mob/Gleaning

Coordinates monthly work days on farms and arranges a “mob” of community members to lend a hand with labor intensive projects (gleaning) to help farms get special projects done. Coordinates school and after-school educational field trips to local farms to foster a connection to and appreciation for fresh food.

Youth Farm Project

- Provides internships and employment for high-school age teens and young adults to farm at Three Swallows in Danby
- Grows food for BJM, GIAC and Southside Community Center snacks and meals, and for the Congo Square Market in the Southside neighborhood and the Northside Farmers Market
- Coordinates activities to foster youth development and job training. Contact: Dan Flerlage danflerlage@hotmail.com

GreenStar Natural Foods Cooperative:

FLOWER — Fresh, Local & Organic Within Everyone’s Reach – is GreenStar’s new member-owner discount specifically designed to make products more affordable to lower-income individuals. Individuals currently receiving assistance from certain government programs receive a total discount of 15 percent. Offering a free, one-year trial membership to qualifying individuals who have never been a GreenStar member.



TRANSPORTATION ALTERNATIVES



Tompkins County Transportation

An essential part of *Get Your Green Back Tompkins!*

Whether you are looking to save money, get more exercise, support local transportation initiatives and businesses or just want to know what is happening in Tompkins County, check out the options below.

Way2Go

Tompkins County's Transportation Information Source!

Contact Way2Go if you want to know more about:

- Medical trips in and out of county
- Ridesharing to and from errands and appointments
- Vanpooling to work and using Ithaca Carshare to get around

Way2Go can present to your business or community group about:

- Low or no cost options for getting to and from work
- Retiring from driving, and still getting where you need to go

Visit us at www.Way2GoInfo.org or contact us at 272-2292

zimride Tompkins

Tompkins County's online rideshare matching website!

- Find a ride or share a ride with people already going your way
- Perfect for commuting to work, or that weekly trip to run errands

Sign up. Add a ride. Share a ride. www.Zimride.com/Tompkins

Vanpool and share the cost of commuting to work!

- Vanpools are for groups of 5-15 people who are leaving from and arriving at a common location
- Vanpoolers split the cost of gas and mileage; The more people in your vanpool, the more you save
- Get a *free* Ithaca Carshare membership for joining, and a 15 ride TCAT pass for every 3 months you vanpool

Interested? Contact Way2Go or www.VANRIDE.com





TRANSPORTATION ALTERNATIVES



- Provides door-to-door service for disabled residents of Tompkins County and those 60 years or older
- Gadabout runs Monday through Friday, 8am-4pm
- \$1.50 per one-way trip within the City of Ithaca, and \$2.00 per one-way trip outside the city limits; 48 hours notice required

To schedule a ride, call **273-1878**

Need transportation to the doctors?

- Rides to medical and health related appointments that are within Tompkins County
- Serves elderly citizens and residents who have limited transportation options with 48 hours notice

To contact FISH call **1-866-255-6545**



\$3 RIDES TO ITHACA

Ride from Enfield and Newfield to Ithaca

Using



- Call Ithaca Dispatch 24 hours in advance to reserve a ride at 277-7777
- CityVan runs Monday through Friday from 7:30am to 5:30pm
- \$3 per one way trip for adults, \$2 for youth, youth under 5 ride free (13 and under must ride with adult); Be sure to ask for CityVan!

*CityVan provides service to the City of Ithaca, Cayuga Medical Center and the South Hill Business Campus

Need help finding help?

- Get free information on family support, resources for older adults, work support, food and clothing banks, transportation and more

Dial **2-1-1** from your phone 24 hours a day or visit www.HSCTC.org to view the online directory

Finger Lakes Region, New York 



TRANSPORTATION ALTERNATIVES



Reserve. Unlock. Drive.

- 24/7 access to 15 vehicles throughout the City of Ithaca, including a pickup truck and minivan
- Different plans available to meet your needs; Organization Memberships, Student Rates for Ithaca College and Cornell and an Easy Access plan for income-eligible members*

Call **277-3210** or visit www.IthacaCarshare.org

*Rates and plans subject to change

<i>Just in Case</i>	<i>It's My Car</i>
MEMBERSHIP \$50/year	MEMBERSHIP \$200/year OR \$20/month
HOURLY RATE \$7.95/hour	HOURLY RATE \$4.95/hour
MILEAGE RATE \$0.20/mile	MILEAGE RATE \$0.20/mile
This is the right plan for you if just need a car once in a while.	This is the right plan for you if you need a car more than a few times a month.

Easy Access Plan		
All driving is charged by the hour and by the mile. Rates include gas and insurance.		
Application	Free	
Membership	\$10/month	Comes with \$15 pre-paid driving, which rolls over if unused.
Hourly	\$4.95/hour	
Mileage	\$0.20/mile	

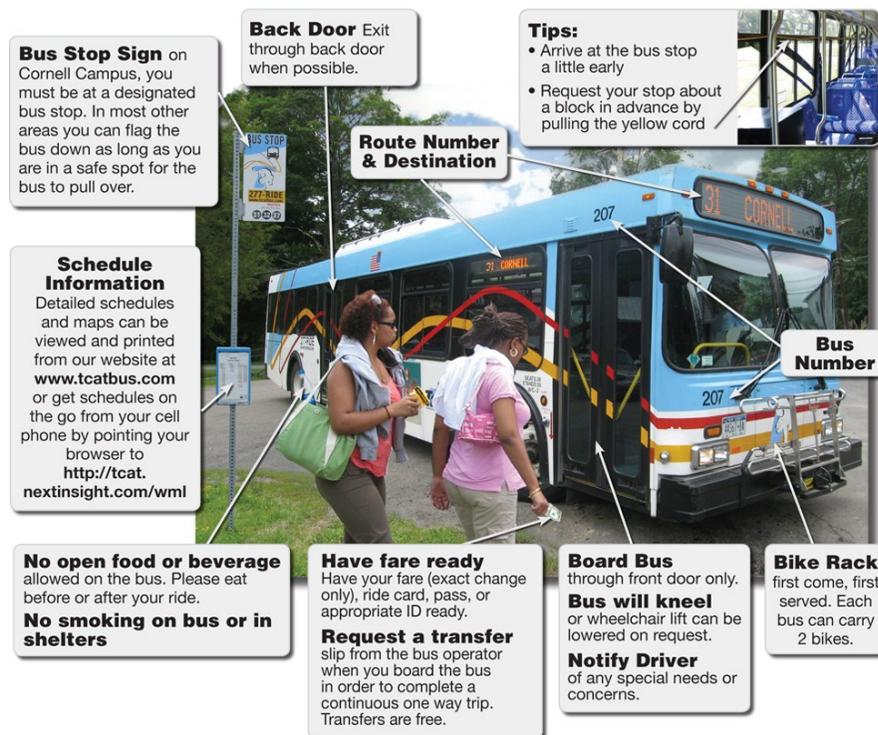


TRANSPORTATION ALTERNATIVES



Getting Started

Every bus system is a little different so riding the bus for the first time can be a little intimidating even for the seasoned rider coming from another city. You might even be a little nervous about riding the bus because you are not quite sure how to use the system. Here are some tips to help you get started.



Safety Tips

It is unsafe to cross the street in front of the bus. Please wait until the bus has left and then cross the street according to standard pedestrian safety rules.

Chasing a bus that is in motion is dangerous to you, to the other passengers, and to the driver. The driver's attention is now focused forward. He or she must pay attention to traffic. For your safety, buses will not load passengers once they pull away from a stop.

Yield seating to the elderly or persons with disabilities.
For courtesy, and to avoid distracting the driver, please use headphones when listening to radios or portable music devices.

If you are bringing a stroller onto the bus, please fold it and place it by your seat. Keep children seated. There is no fare for children age 5 and under, but the limit is three children per adult.

All cash fare rides are the same low price regardless of how long the trip (within Tompkins County) no matter what day you travel, weekends and weekdays).

- Adult (ages 18-59) - \$1.50*
- Youth (ages 6-17) - \$0.75*
- Senior Citizens (age 60+) / Persons with Disabilities - \$0.75 (half fare)*

*As of October 10, 2011. Fares subject to change



WASTE REDUCTION



Single Stream Recycling

For your convenience, you can now mix recyclable paper, glass, metal, and plastic containers in one bin.

The Simple Six

It is now easier for residents to save money and make a difference by recycling the Simple Six. You can mix it up in one bin at the curb.

- M**etal cans and foil
- R**igid plastics
- P**aper and cardboard
- N**umbered 1-7 plastics
- C**artons
- G**lass

You can remember the Simple Six with the letters MRPNCG: More Recycling Possible Now Cuts Garbage. Keep it simple and save.

Recycling is Easy:

- Collect curbside recyclables in a recycling bin at home.
- Place recycling bin at the curb for your scheduled collection.
- Bring your empty recycling bin back inside and continue to collect recyclables.

For more information, including a list of recyclable items and your collection day, contact Tompkins County Solid Waste Management Division, 273-6632 or visit www.RecycleTompkins.org.

SINGLE STREAM RECYCLING

Paper and containers...Mix it up!



WASTE REDUCTION



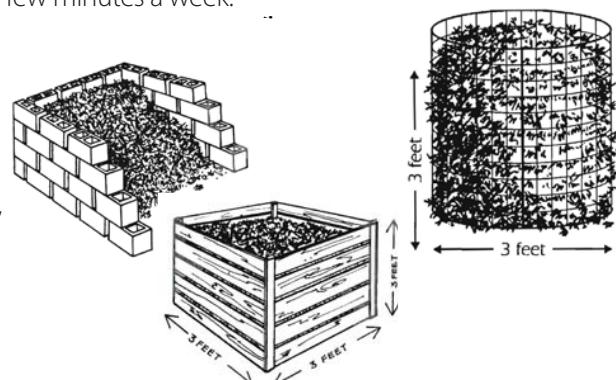
Composting at Home

Why compost?

Composting at home saves money, reduces greenhouse gas emissions, and yields compost, which can be used to improve the health of your soil. Yard waste, like fallen leaves or branches, provides a free source of "browns" to help you compost food waste. You will generate less trash by keeping wet food scraps out, and your garbage will be lighter and less stinky. This may save you money on the cost of disposal as you reduce the number of cans you put on the curb, or trips you make to the dump. As for greenhouse gas emissions, the shorter the distance the waste travels, the better. Composting onsite requires no fossil fuels. Furthermore, adding finished compost to your soil improves its health and can reduce the need to purchase other amendments or use chemical fertilizers. Composting at home is simple, and requires only a few minutes a week.

Getting started with composting

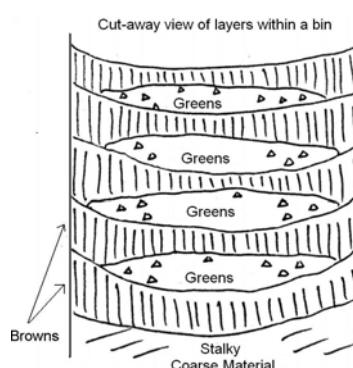
Bin systems are a handy way to manage compost. They allow you to obtain the optimal size of approximately one cubic meter (~3 ft on a side) and keep materials neat and contained. Bins may be purchased or made from purchased or found materials; examples include welded wire fence cylinders, cinder block bins, and bins made of pallets. It's best to place the bin in a pretty flat spot, with partial shade/partial sun, not right up against a house or too close to nearby structures.



Adding materials to the bin

The "Lasagna Method" is a way of structuring the inputs so that maintenance is minimized, pests are deterred, odors are eliminated, and both large and small amounts of compostable materials can be handled at any time. This simple layering system can be used in any type of bin.

- The first layer in your bin should be a loose layer of twigs and branches—stalky material that will not compress as the compost bin fills up.
- Next, add a "brown" layer in a bowl shape (higher on the sides, lower in the middle). These can be made of dried leaves, straw, wood chips, sawdust, even torn up paper. The brown layers serve many purposes, such as preventing unwanted odors and acting as a visual and physical barrier to pests.
- Dump a "green" layer into the bowl of browns and spread it thin (1–2"). Acceptable greens include food scraps from meal preparation, inedible leftovers, fresh grass clippings that are too long to be left on the lawn, garden weeds, herbivore manure, etc. DO NOT include meat, oily materials, dairy products, or bones. These risk attracting pests to the compost area.
- Alternate brown layers with green layers. Brown layers should be 2–3 times as thick as green layers and lower in the center so that no food ever shows on the edges.
- Always end with a brown layer. The bin should look like a stack of leaves, straw, or materials from the yard so that no food is visible from the bottom, top or sides.



Want to know more?

Call the "Rotline" (compost hotline) at 272-2292 or visit us at 615 Willow Ave, Ithaca or online: <http://ccetompkins.org/garden/composting>

The Compost Education Program of Cornell Cooperative Extension of Tompkins County is funded by the Tompkins County Solid Waste Management Division.



**Cooperative
Extension**
Tompkins County

Remember to Reduce, Reuse, Recycle & ReBuy. Also, support local Reuse Efforts by buying reused materials.

HEATING AND ELECTRICITY



Check out the Path to Home Energy Savings (blue insert) included in this bag for the most cost effective sequence to make upgrades, low / no-cost ways to save, how to get a no-cost or reduced-cost energy assessment, tips on choosing a contractor, and upcoming home energy events.



Upgrade Upstate is your one stop shop for home energy upgrades

Visit upgradeupstate.org to get a no-cost or reduced-cost energy assessment. Learn which rebates, tax credits, and loans you qualify for to help pay for work. Check out how-to videos for low-cost / no-cost improvements and testimonial videos of Tompkins County residents who have made upgrades. Upgrade Upstate is a program of Cornell Cooperative Extension of Tompkins County.

In addition here is a list of other community initiatives:



Warm Up Tompkins! - Cooperative Extension of Tompkins County and Ithaca Neighborhood Housing Services want to help you save on heating costs. For a limited time you can receive low interest financing for home improvements aimed at energy efficiency and a \$500 rebate toward a pellet stove. This pilot program could cut your heating bills in half! Visit www.ccetompkins.org/warm-up-tompkins to see what your neighbors are saying after having gone through the program. For more information contact Guillermo Metz at CCETC at 607-272-2292 x 185 or gm52@cornell.edu.

Energy Loan Programs - Finance your energy upgrades with low interest loans:

- Ithaca Neighborhood Housing Services Energy\$ense Loan: Visit ithacanhs.org or call 607-277-4500.
- Alternatives Federal Credit Union Energywise Home Equity Loan: Visit alternatives.org or call 607-216-3409 or 607-216-3412.

Weatherization Assistance Program - The Weatherization Assistance Program provides installation of energy saving measures in owner occupied homes and rental units. The program is available at no cost to income-qualified Tompkins County homeowners, renters and landlords. Call Tompkins Community Action at 607-273-8816 or visit www.tcactionweb.org for more information.

Green Resources Hub Watt Meter Lending Program - Take advantage of the Green Resource Hub's Watt Meter Lending Program, for homes or businesses. Appliances, televisions, and computers can account for 7% or more of a building's energy consumption. Borrow one of our watt meters to see how much energy your electronics are using. Find easy ways to save money and energy! Visit www.greenresourcehub.org or call 607-216-1552 for more information.

Finger Lakes Energy Challenge - Take the Finger Lakes Energy Challenge! A program of Sustainable Tompkins, the Finger Lakes Energy Challenge is an online platform where you can choose your own goals to achieve greater energy security, and connect to resources to help you meet your pledge. Together we can "walk our talk" and wean ourselves off fossil fuels. Visit sustainabletompkins.org for more information.

Finger Lakes Climate Fund - The Finger Lakes Climate Fund works to promote energy efficiency projects while strengthening our regional economy and assisting local families in need. Carbon offset donations are used for grants to fund energy efficiency projects that would not otherwise be possible in low to moderate income households in our region. These grants help pay for insulation, air sealing, energy efficient heating equipment, and other upgrades to reduce energy use and greenhouse gas emissions. Visit www.fingerlakesclimatefund.org to offset your unavoidable emissions with a tax-deductible donation that helps others save energy.

Get Your GreenBack Tompkins Coalition:

- 2-1-1/Human Services Coalition of Tompkins County
- AES Cayuga
- Area Congregation Together (ACT)
- Alternatives Federal Credit Union
- ASI Energy
- Cayuga Medical Center
- Cinemopolis
- City of Ithaca
- Community Innovations
- Cornell Cooperative Extension of Tompkins County
- Cornell University
- Dorothy Cotton Institute
- Downtown Ithaca Alliance
- Dryden Solutions
- EcoVillage
- eLab, Diaspora & Sustainable Passions
- Energy Independent Caroline
- Energy Tec
- Finger Lakes Land Trust
- Finger Lakes ReUse
- Friends In Service Helping (FISH)
- Gadabout
- Gardens 4 Humanity (G4H)
- Green Resource Hub
- Groundswell Center for Local Food & Farming
- Green Home Heroes
- Greater Ithaca Activities Center (GIAC)
- Halco
- Healthy Food For All
- Ithaca CarShare
- Ithaca College
- Ithaca Community Harvest (ICH)
- Ithaca Green Building Alliance
- Ithaca Neighborhood Housing Services (INHS)
- Ithaca-Tompkins County Transportation Council
- Landlords Association of Tompkins County
- Level Green Institute
- Local First
- Multicultural Resource Center
- Museum of the Earth
- New Earth Strategies
- Office of US Rep. Maurice Hinchey
- Peaks Over Poverty
- ScienceCenter
- Sew Green
- Share Tompkins
- Snug Planet
- Southside Community Center
- SunSky Energy
- Sustainable Enterprise and Entrepreneurs Network
- Sustainable Tompkins
- Taitem Engineering
- The School Districts of Tompkins County
- The Village at Ithaca
- Tompkins County
- Tompkins Community Action (TCAction)
- Tompkins Cortland Community College (TC3)
- Tompkins County Area Development (TCAD)
- Tompkins County Area Transit (TCAT)
- Tompkins County Chamber of Commerce
- Tompkins County Climate Protection Initiative (TCCPI)
- Tompkins County Council of Governments
- Tompkins County Environmental Management Council
- Town of Danby
- Town of Dryden
- Town of Enfield
- Town of Ithaca
- Town of Lansing
- Town of Newfield
- Town of Ulysses
- UpState Energy Solutions

Refreshments for Volunteers:

- Wegmans
- Cornell Catering
- F&T Distributors
- Cornell Orchards
- Tops and P&C
- Ludgate's Farm Market
- Regional Access
- Greenstar Cooperative Market
- Ithaca Bakery

Thanks To Our Sponsors:

- Cargill Delcinc Technologies
- Cargill International
- Cornell University Public Service Center
- Eagle Envelope
- Home Depot
- ReLight NY
- Tompkins County Climate Protection Initiative
- Tompkins County Planning Department





GET YOUR
GREENBACK
TOMPKINS

TAKE A STEP TO SAVE MONEY AND ENERGY

GET YOUR GREENBACK is about YOU taking a new step to save money and grow our economy-and then sharing your best ideas on how to do that with the rest of us.

So...

TAKE YOUR FIRST STEP AND ENTER THE RAFFLE

to win over \$2,000 in prizes. Fill out and return the raffle card in the enclosed envelope or enter online at www.GetYourGreenBack.org.



Yes! I will take a new step to save energy.

My step is _____

- Get ideas on steps you can take and submit your raffle entry online at www.getyourgreenback.org

Yes! Enter me in the prize raffle. Prizes include:

- Eighty \$25 gift cards to Home Depot and other local energy efficiency product retailers.
- Energy efficiency products

Name: _____

Address: _____

Phone: _____

Email: _____

Are you interested in getting a no-cost home energy assessment?

- Yes!
- Yes, but I'm a renter.
- Unsure, send me more information
- No, I already had one.
- No, not interested at this time.

Questions or Comments?

Call Cooperative Extension of Tompkins County at 607-272-2292 or e-mail getyourgreenbacktompkins@gmail.com