**Lactulose**

**MOA:**

**it pulls in water from the body to the large intestine.**

**which :**

**- softens the stools**

**- tolerates insufficient fluids intake with ispaghula**

**Interactions:**

* **Ketoconazole**
* **Azithromycin**
* **Aluminium Hydroxide**
* **Oral neomycin**
* **laxatives**
* **antacids**

**Contraindications:**

* **Allergy to lactulose (may cause anaphylaxis)**
* **Galactosemia (patients on galactose-restricted diet)**
* **diabetes mellitus**
* **people with lactose intolerance**

**Side effects:**

* **Diarrhoea**
* **Flatulence**
* **Abdominal Discomfort**
* **Nausea**
* **Vomiting**
* **(Diarrhea and abdominal pain occur due to a high dose.)**

**Safety:**

* **safe with alcohol**
* **safe with pregnancy**
* **safe with breast-feeding**
* **safe to drive while on this medicine**
* **no renal impairment**
* **in case of overdose: -> Taking more than the recommended dose of this medication may cause abdominal pain, electrolyte imbalance and diarrhea, which may last for a couple of days => seek medical assistance**

**~: References :~**

* <https://www.lybrate.com/medicine/lactulose>