

Timetable

4

*Norwich and
Stowmarket
to Ipswich
and London.*

Valid from 19 May 2019

greateranglia



Notes and symbols


Bold Times in bold are direct services operated by Greater Anglia


Italic Times in italics are connecting train services with one change of train.


Other connections may be available with further changes


0640 For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable


 First Class accommodation available

 Seat reservations possible


 Seat reservations recommended

 PlusBus operates from this station

 Buffet service

 Wi-fi service

DLR Interchange with Docklands Light Railway

 Interchange with London Underground

a Arrival time

b Arrival time. Change at Ipswich

d Departure time

s Stops to set down only

u Stops to pick up only

A Service runs 7 October to 13 December

B Service runs 20 May to 4 October

C Service runs 19 May to 8 September

D Service runs 15 September to 8 December























All services are operated by Greater Anglia unless otherwise shown



















Mondays to Fridays

		📶		📶		📶		📶		📶		📶	
		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶
London Liverpool St	📶	1500		1530	1600		1630		1700		1702	1730	
Stratford	DLR 📶										1710		
Shenfield	📶										1726		
Chelmsford	📶			1600							1736		
Witham	📶										1746		
Colchester	📶	1546		1621	1646		1716				1801		
Colchester	📶	1547		1621	1647		1717		1727		1801	1812	
Manningtree	📶	1555		1629	1655		1713		1735		1809	1827	
Ipswich	📶	1607		1640	1707		1734		1759		1820	1837	
Ipswich	📶	1600	1608	1620	1641	1708	1720	1736	1741	1800	1817	1825	1839
Needham Market	📶			1629			1729		1751		1826		
Stowmarket	📶	1612		1635	1652	1719	1735	1747	1758		1832	1836	1850
Diss	📶		1630		1705	1732		1800		1821		1848	1904
Norwich	📶	1650		1724	1753		1822		1842		1909	1925	









London Liverpool Street and Ipswich to Norwich





























Mondays to Fridays

									
London Liverpool St	 d	1750	1810	1830	1900	1902	1930	2000	2030
Stratford DLR	 d								2038u
Shenfield	 d								
Chelmsford	 d								2103
Witham	 d								
Colchester	 a	1842	1900	1919		1947	2019	2046	2122
Colchester	 d	1843	1902	1920		1948	2020	2047	2123
Manningtree	 d	1852	1911	1929		1956	2028	2055	2132
Ipswich	 a	1902	1921	1940	1955	2008	2040	2107	2143
Ipswich	 d	1904	1913	1923	1941	1955	2001	2009	2021
Needham Market	 d		1922				2030		2127
Stowmarket	 d	1916	1928	1934	1953	2013	2021	2036	2052
Diss	 d	1930	1947	2006		2034	2105	2132	2209
Norwich	 a	1950	2009	2027	2030	2053	2124	2151	2229

					
London Liverpool St	 d	2100	2130	2230	2330
Stratford DLR	 d		2138u	2238u	2338u
Shenfield	 d				
Chelmsford	 d		2203	2303	0003
Witham	 d				
Colchester	 a	2146	2222	2322	0022
Colchester	 d	2147	2223	2323	0023
Manningtree	 d	2156	2232	2332	0032
Ipswich	 a	2207	2244	2344	0044
Ipswich	 d	2209	2219	2245	2345
Needham Market	 d		2229		
Stowmarket	 d	2220	2235	2257	2357
Diss	 d	2233	2311	0011	0111
Norwich	 a	2253	2330	0030	0136

[illegible]



























								
London Liverpool St	0830	0900	0930	1000	1030	1100	1102	
Stratford DLR	0838u		0938u		1038u			
Shenfield								
Chelmsford	0903		1003		1103			
Witham								
Colchester	0922	0946	1022	1046	1123		1147	
Colchester	0923	0947	1023	1047	1123		1148	
Manningtree	0931	0955	1031	1055	1131		1156	
Ipswich	0943	1007	1043	1107	1143	1155	1207	
Ipswich	0944	0958	1020	1044	1108	1120	1144	1155
Needham Market		1008	1029	1044	1108	1120	1144	1155
Stowmarket	0955	1011	1035	1055	1135	1155	1213	1230
Diss	1008	1029	1108	1129	1208		1230	
Norwich	1027	1050	1127	1150	1227	1230	1252	

		 		 		 		 		 		 		 	
London	Liverpool St	 d	1130	1200		1230	1300		1330	1400		1430			
	Stratford DLR	 d	1138u			1238u			1338u			1438u			
	Shenfield	 d													
	Chelmsford	 d	1203			1303			1403			1503			
	Witham	 d													
	Colchester	 a	1222	1246		1322	1346		1422	1446		1523			
	Colchester	 d	1223	1247		1323	1347		1423	1447		1523			
	Manningtree	 d	1231	1255		1331	1355		1431	1455		1531			
	Ipswich	 a	1243	1307		1343	1407		1443	1507		1543			
	Ipswich	 d	1244	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1558	
	Needham Market	 d			1329				1429			1529			
	Stowmarket	 d	1255		1335	1355	1411		1435	1455		1535	1555	1611	
	Diss	 d	1308	1329		1408	1429		1508	1529		1608			
	Norwich	 a	1327	1350		1427	1450		1527	1548		1627			





































































































		📶📶📶		📶📶📶		📶📶📶		📶📶📶		📶📶📶		📶📶📶		
		📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	📶📶📶	
London	Liverpool St	📶📶📶	1500	1530	1600	1630	1700	1730	1800					
Stratford	DLR	📶📶📶		1538u		1638u		1738u						
Shenfield		📶📶📶												
Chelmsford		📶📶📶		1603		1703		1803						
Witham		📶📶📶												
Colchester		📶📶📶	a 1546	1622	1646	1722	1746	1822	1846					
Colchester		📶📶📶	d 1547	1623	1647	1723	1747	1823	1847					
Manningtree		📶📶📶	d 1555	1631	1655	1731	1755	1831	1855					
Ipswich		📶📶📶	a 1607	1643	1707	1743	1807	1843	1907					
Ipswich		📶📶📶	d 1608	1620	1644	1708	1720	1744	1758	1808	1820	1844	1908	1920
Needham Market		📶📶📶	d	1629		1729				1829		1849		1929
Stowmarket		📶📶📶	d	1635	1655	1719	1735	1755	1811	1835	1855			1935
Diss		📶📶📶	d 1629	1708	1732	1808		1829		1908		1929		
Norwich		📶📶📶	a 1650	1727	1751	1827		1850		1927		1950		

London Liverpool Street and Ipswich to Norwich



























Saturdays

													
													
London Liverpool St	Θ d 1830	1900		1902		1930	2000		2030	2100	2130	2230	2330
Stratford DLR	Θ d 1838u					1938u			2038u		2138u	2238u	2338u
Shenfield	 d												
Chelmsford	 d 1903					2003			2103		2203	2303	0003
Witham	 d												
Colchester	 a 1922			1947		2022	2046		2122		2222	2322	0022
Colchester	 d 1923			1948		2023	2047		2123	2148	2223	2323	0023
Manningtree	d 1931			1956		2031	2055		2132	2156	2232	2332	0032
Ipswich	 a 1943	1955		2008		2043	2107		2143		2244	2344	0044
Ipswich	 d 1944	1955	2001	2009	2020	2044	2108	2117	2145	2219	2245	2345	0045
Needham Market	d				2029			2127		2229			
Stowmarket	d 1955		2013		2035	2055		2133	2156	2235	2257	2357	0057
Diss	d 2008			2030		2108	2129		2209		2311	0011	0111
Norwich	 a 2027	2030		2051		2127	2150		2229		2330	0036	0136

Sundays

C													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													
													

		C		D									
		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶
London	Liverpool St	🚉	🚉	🚉	🚉	🚉	🚉	🚉	🚉	🚉	🚉	🚉	🚉
		1230	1330	1330		1430		1530		1630			
Stratford	DLR	🚉	🚉	🚉		🚉		🚉		🚉			
		1238u	1338			1438u		1538u		1638u			
Shenfield		🚉				🚉							
Chelmsford		🚉				🚉							
Witham		🚉				🚉							
Colchester		🚉				🚉							
		1319	1419	1419		1519		1619		1719			
Colchester		🚉				🚉							
		1320	1420	1420		1520		1620		1720			
Manningtree		🚉				🚉							
		1329	1429	1429		1529		1629		1729			
Ipswich		🚉				🚉							
		1340	1439	1439		1540		1640		1740			
Ipswich		🚉				🚉							
		1302	1341	1355	1441	1441	1502	1541	1555	1641	1702	1741	1755
Needham Market		🚉											
		1312				1512					1712		
Stowmarket		🚉											
		1318	1353	1407	1452	1452	1518	1553	1607	1653	1718	1753	1807
Diss		🚉											
		1406	1505	1505		1606		1706		1806			
Norwich		🚉											
		1427	1529	1529		1627		1727		1828			

		 	 		 	 	 		 	 	 	
London Liverpool St	 d	1730	1800		1830	1900	1930		2030	2130	2230	2330
Stratford	DLR  d	1738u			1838u		1938u		2038u	2138u	2238u	
Shenfield	 d											
Chelmsford	 d											
Witham	 d											
Colchester	 a	1819	1845		1919	1945	2019		2119	2219	2319	0022
Colchester	 d	1820	1847		1920	1947	2020		2120	2220	2320	0026
Manningtree	d	1829			1929	1956	2029		2129	2230	2330	0036
Ipswich	 a	1840	1903		1940	2006	2040		2140	2240	2340	0046
Ipswich	 d	1841	1905	1910	1941	2008	2041	2102	2141	2242	2342	0048
Needham Market	d			1918				2112				
Stowmarket	d	1853	1916	1923	1953	2019	2053	2118	2153	2254	2354	0100
Diss	d	1906	1929		2006	2032	2106		2206	2307	0007	0113
Norwich	 a	1927	1951		2027	2054	2127		2227	2330	0027	0138

Norwich to Ipswich and London Liverpool Street

Mondays to Fridays




























		A 📶 ◇	B 📶 ◇		A 📶 ◇	B 📶 ◇	A 📶 ◇	B 📶 ◇		A 📶 ◇	B 📶 ◇		A 📶 ◇
Norwich	🚆	d 0455	0500		0525	0530	0555	0600		0622	0624		0645
Diss		d 0514	0518		0544	0548	0614	0618		0640	0642		0704
Stowmarket		d 0527	0530	0552	0557	0600	0627	0630	0642	0652	0654	0703	0717
Needham Market		d		0557					0647				
Ipswich	🚆	a 0540	0542	0607	0610	0612	0640	0642	0700	0705	0706	0716	0730
Ipswich	🚆	d 0542	0544		0612	0614	0642	0644		0707	0708	0717	0732
Manningtree		d 0553	0554		0623	0624	0653	0654		0718	0718	0727	0743
Colchester	🚆	a 0603	0603		0633	0633	0703	0703		0728	0728	0737	0758
Colchester	🚆	d 0605	0605		0635	0635	0705	0705		0730	0730	0738	
Witham	🚆	a										0755	
Chelmsford	🚆	a											
Shenfield	🚆	a											
Stratford	DLR	⊖ a 0644s	0644s		0715s	0715s						0828s	
London Liverpool St	⊖ a	0654	0654		0727	0727	0758	0758		0824	0824	0840	0842

		B 📶 ◇	A 📶 ◇	B 📶 ◇									
Norwich	🚆	d 0648	0703	0705		0740		0800		0830		0900	0903
Diss		d 0706	0721	0723		0758		0817		0847			0921
Stowmarket		d 0718	0734	0735	0745		0810	0829	0845		0912		0933
Needham Market		d			0750				0850				
Ipswich	🚆	a 0730	0747	0747	0802	0818	0824	0841	0903	0908	0926	0933	0945
Ipswich	🚆	d 0732	0749	0749		0820	0826	0843		0909		0933	0947
Manningtree		d 0743	0759	0759			0836	0853		0919			1003b
Colchester	🚆	a 0758	0808	0808			0845	0902		0928			1002
Colchester	🚆	d	0810	0810			0845	0903		0930			1004
Witham	🚆	a											
Chelmsford	🚆	a					0903	0921					1021
Shenfield	🚆	a											
Stratford	DLR	⊖ a	0852s	0852s			0928s	0948s					1046s
London Liverpool St	⊖ a	0842	0904	0904		0924	0939	1000		1021		1030	1056

			📶 ◇	📶 ◇		📶 ◇		📶 ◇		📶 ◇	📶 ◇		📶 ◇
Norwich	🚆	d	0930	1000		1030		1100		1130	1200		1230
Diss		d	0947	1017		1047		1117		1147	1217		1247
Stowmarket		d 0947		1029	1047		1114	1129	1147		1229	1247	
Needham Market		d 0952			1052				1152			1252	
Ipswich	🚆	a 1003	1008	1041	1104	1108	1128	1141	1202	1208	1241	1304	1308
Ipswich	🚆	d	1009	1043		1109		1143		1209	1243		1309
Manningtree		d	1019	1053		1119		1153		1219	1253		1319
Colchester	🚆	a	1028	1102		1128		1202		1228	1302		1328
Colchester	🚆	d	1030	1103		1130		1203		1230	1303		1330
Witham	🚆	a											
Chelmsford	🚆	a		1121				1221			1321		
Shenfield	🚆	a											
Stratford	DLR	⊖ a		1145s				1245s			1345s		
London Liverpool St	⊖ a		1119	1155		1219		1255		1319	1355		1419



























			📶 ◇	📶 ◇	📶 ◇		📶 ◇		📶 ◇		📶 ◇	📶 ◇	
Norwich	🚆	d	1300		1330	1400		1430		1500		1530	1600
Diss		d	1317		1347	1417		1447		1517		1547	1617
Stowmarket		d 1314	1329	1347		1429	1447		1514	1529	1547		1629
Needham Market		d		1352			1452				1552		
Ipswich	🚆	a 1328	1341	1402	1408	1441	1504	1508	1528	1541	1606	1608	1641
Ipswich	🚆	d	1343		1409	1443		1509		1543		1609	1643
Manningtree		d	1353		1419	1453		1519		1553		1619	1653
Colchester	🚆	a	1402		1428	1502		1528		1602		1628	1702
Colchester	🚆	d	1403		1430	1503		1530		1603		1630	1703
Witham	🚆	a											
Chelmsford	🚆	a	1421			1521				1621			1721
Shenfield	🚆	a											
Stratford	DLR	⊖ a	1445s			1545s				1645s			1745s
London Liverpool St	⊖ a		1455		1519	1555		1617		1657		1719	1758



























Norwich	d	1630	1700	1703	1730	1800	1830	1900	
Diss	d	1647		1722	1747	1817	1847	1917	
Stowmarket	d	1647	1714	1734	1748	1759	1829	1848	1914
Needham Market	d	1652			1753		1853		1929
Ipswich	a	1704	1728	1733	1746	1804	1841	1903	1928
Ipswich	d	1709		1733	1748	1813	1843	1909	1943
Manningtree	d	1719		1801 <i>b</i>	1833 <i>b</i>	1853	1919	1945 <i>b</i>	1953
Colchester	a	1728		1803	1828	1902	1928	1954	2002
Colchester	d	1730		1805	1830	1903	1930		2003
Witham	a								
Chelmsford	a			1822		1921			2021
Shenfield	a								
Stratford	DLR			1848 <i>s</i>		1945 <i>s</i>			2045 <i>s</i>
London Liverpool St	a	1819	1830	1858	1917	1955	2020		2055























													
													
Norwich		d	1930	2000	2030	2100	2200	2305					
Diss		d	1947	2017	2047	2117	2217	2323					
Stowmarket		d	1948	2029	2048	2114	2129	2147	2229	2248	2308	2336	2351
Needham Market		d	1953		2052			2152		2253			2356
Ipswich		a	2004	2010	2041	2101	2108	2128	2141	2204	2241	2303	2321
Ipswich		d		2010	2043		2109	2128	2143	2243		2322	
Manningtree		d		2020	2053		2119	2138	2153	2233b	2253	2332	
Colchester		a		2029	2102		2128	2151	2202	2242	2302	2343	
Colchester		d		2030	2103		2130		2203		2303		
Witham		a								2300	2315		
Chelmsford		a			2121				2221	2309	2325		
Shenfield		a								2319	2336		
Stratford	DLR		a		2145s				2245s	2336	2352s		
London Liverpool St		a		2119	2155		2219		2255	2348	0003		



























Norwich to Ipswich and London Liverpool Street

Saturdays

									
									
Norwich	 d	0500	0530	0600	0630	0700	0730	0800	0830
Diss	d	0517	0547	0617	0647	0717	0747	0817	0847
Stowmarket	d	0529		0629	0646	0729	0745	0829	0847
Needham Market	d			0651		0750		0852	0914
Ipswich	 a	0541	0608	0641	0702	0741	0802	0808	0841
Ipswich	 d	0543	0609	0643	0709	0743	0809	0843	0909
Manningtree	d	0553	0619	0653	0719	0753	0819	0853	0919
Colchester	 a	0602	0628	0702	0728	0802	0828	0911	0928
Colchester	 d	0603	0630	0703	0730	0803	0830		0930
Witham	 a								
Chelmsford	 a	0621		0721		0821			
Shenfield	 a								
Stratford	DLR  a	0645s		0745s		0845s		0942s	
London Liverpool St	 a	0655	0719	0755	0819	0855	0919	0952	1019

									
									
Norwich	 d	0900	0904	0930	1000	1030	1100	1130	1200
Diss	d		0921	0947	1017	1047	1117	1147	1217
Stowmarket	d		0933	0947	1029	1047	1114	1129	1147
Needham Market	d			0952		1052		1152	1229
Ipswich	 a	0933	0945	1002	1008	1041	1102	1108	1128
Ipswich	 d	0933	0947	1009	1043	1109	1143	1209	1243
Manningtree	d		1003b	1019	1053	1119	1153	1219	1253
Colchester	 a		1002	1028	1112	1128	1202	1228	1302
Colchester	 d		1004	1030		1130	1203	1230	1303
Witham	 a								
Chelmsford	 a		1021				1221		1321
Shenfield	 a								
Stratford	DLR  a		1046s		1142s		1245s		1345s
London Liverpool St	 a	1030	1056	1119	1152	1219	1255	1319	1355

							
							
Norwich	 d	1230	1300	1330	1400	1430	1500
Diss	d	1247	1317	1347	1417	1447	1517
Stowmarket	d	1247	1314	1329	1347	1429	1447
Needham Market	d	1252		1352		1452	1514
Ipswich	 a	1302	1308	1328	1341	1402	1408
Ipswich	 d	1302	1309	1343	1409	1443	1502
Manningtree	d	1319	1353	1419	1453	1519	1509
Colchester	 a	1328	1402	1428	1502	1528	1519
Colchester	 d	1330	1403	1430	1503	1530	1528
Witham	 a						1541
Chelmsford	 a		1421		1521		1543
Shenfield	 a						1553
Stratford	DLR  a		1445s		1545s		1553
London Liverpool St	 a	1419	1455	1519	1555	1619	1602

									
									
Norwich	 d	1530	1600	1630	1700	1704	1730	1800	1830
Diss	d	1547	1617	1647		1721	1747	1817	1847
Stowmarket	d		1629	1647	1714	1733	1749	1759	1829
Needham Market	d			1652			1754		1849
Ipswich	 a	1608	1641	1702	1708	1728	1733	1745	1803
Ipswich	 d	1609	1643	1709		1733	1747	1813	1843
Manningtree	d	1619	1653	1719		1803b		1853	1919
Colchester	 a	1628	1702	1728		1802	1828	1902	1928
Colchester	 d	1630	1703	1730		1804	1830	1903	1930
Witham	 a								
Chelmsford	 a		1721			1821		1921	
Shenfield	 a								
Stratford	DLR  a		1745s			1846s		1945s	
London Liverpool St	 a	1719	1755	1819	1830	1856	1919	1955	2019






























Norwich to Ipswich and London Liverpool Street































Saturdays


























		✎ ◇ ⚡		✎ ◇ ⚡		✎ ◇ ⚡		✎ ◇ ⚡		✎ ◇ ⚡		✎ ◇ ⚡		✎
Norwich	✎ d	1900		2000		2100		2200		2305				
Diss	d	1917		2017		2117		2217		2323				
Stowmarket	d	1914	1929	1947	2029	2046	2114	2129	2147	2229	2246	2308	2336	2351
Needham Market	d			1952		2051			2152		2251			2356
Ipswich	✎ a	1928	1941	2002	2041	2101	2128	2141	2202	2241	2303	2322	2349	0008
Ipswich	✎ d	1943		2043		2128	2143		2243		2322			
Manningtree	d	1953	2019b	2053	2119b	2138	2153	2233b	2253	2325b	2332			
Colchester	✎ a	2002	2029	2102	2128	2149	2202	2242	2302	2335	2343			
Colchester	✎ d	2003		2103			2203		2303					
Witham	✎ a							2300	2315					
Chelmsford	✎ a	2021		2121			2221	2309	2325					
Shenfield	✎ a							2319	2336					
Stratford	DLR ✎ a	2045s		2145s			2245s	2336	2352s					
London Liverpool St	✎ a	2055	2117	2155	2217		2255	2345	0003					

Norwich to Ipswich and London Liverpool Street

Sundays

							C					
												
Norwich		d	0652	0800	0820	0900		1000	1100	1200	1300	
Diss		d	0709	0817	0838	0917		1017	1117	1217	1317	
Stowmarket		d	0721	0829	0850	0929	1020	1029	1114	1129	1220	1229
Needham Market		d					1025			1225	1314	1329
Ipswich		a	0733	0841	0902	0941	1038	1041	1128	1141	1236	1241
Ipswich		d	0735	0843	0904	0943		1043	1143	1243	1343	
Manningtree		d	0745	0853	0919b	0953		1053	1153	1253	1353	
Colchester		a	0754	0902	0919	1002		1102	1202	1302	1402	
Colchester		d	0755	0903	0922	1003		1103	1203	1303	1403	
Witham		a										
Chelmsford		a										
Shenfield		a										
Stratford	DLR	a		0943s		1043s		1143s	1243s	1343s	1443s	
London Liverpool St		a	0900	0955	1010	1055		1155	1255	1355	1455	

																					
																					
Norwich		d	1400		1500	1522		1600	1620		1700	1800									
Diss		d	1417		1517	1540		1617	1638		1717	1817									
Stowmarket		d	1420	1429	1514	1529	1552	1620	1629	1650	1711	1729	1820	1829							
Needham Market		d	1425					1625					1825								
Ipswich		a	1436	1441	1528	1541	1604	1636	1641	1702	1725	1741	1836	1841							
Ipswich		d	1443		1543	1606		1643	1704		1743	1843									
Manningtree		d	1453		1553	1619b		1653	1719b		1753	1853									
Colchester		a	1502		1602	1621		1702	1719		1802	1902									
Colchester		d	1503		1603	1623		1703	1722		1803	1903									
Witham		a																			
Chelmsford		a																			
Shenfield		a																			
Stratford	DLR		a	1543s		1643s		1743s			1843s	1943s									
London Liverpool St		a	1555		1655	1711		1755	1810		1855	1955									

											
											
Norwich		d	1900		2000		2100		2200	2305	
Diss		d		1917	2017		2117		2217	2323	
Stowmarket		d	1911	1929	2020	2029	2111	2129	2220	2229	2355
Needham Market		d			2025			2225			2359
Ipswich		a	1925	1941	2036	2041	2125	2141	2238	2241	2351
Ipswich		d	1925	1943		2043	2125	2143	2243		0011
Manningtree		d	1935	1953		2053	2135	2153	2253		
Colchester		a	1945	2002		2102	2145	2202	2302		
Colchester		d		2003		2103		2203	2303		
Witham		a							2315		
Chelmsford		a							2325		
Shenfield		a							2336		
Stratford	DLR		a	2043s		2143s		2243s	2355s		
London Liverpool St		a		2055		2155		2255	0006		

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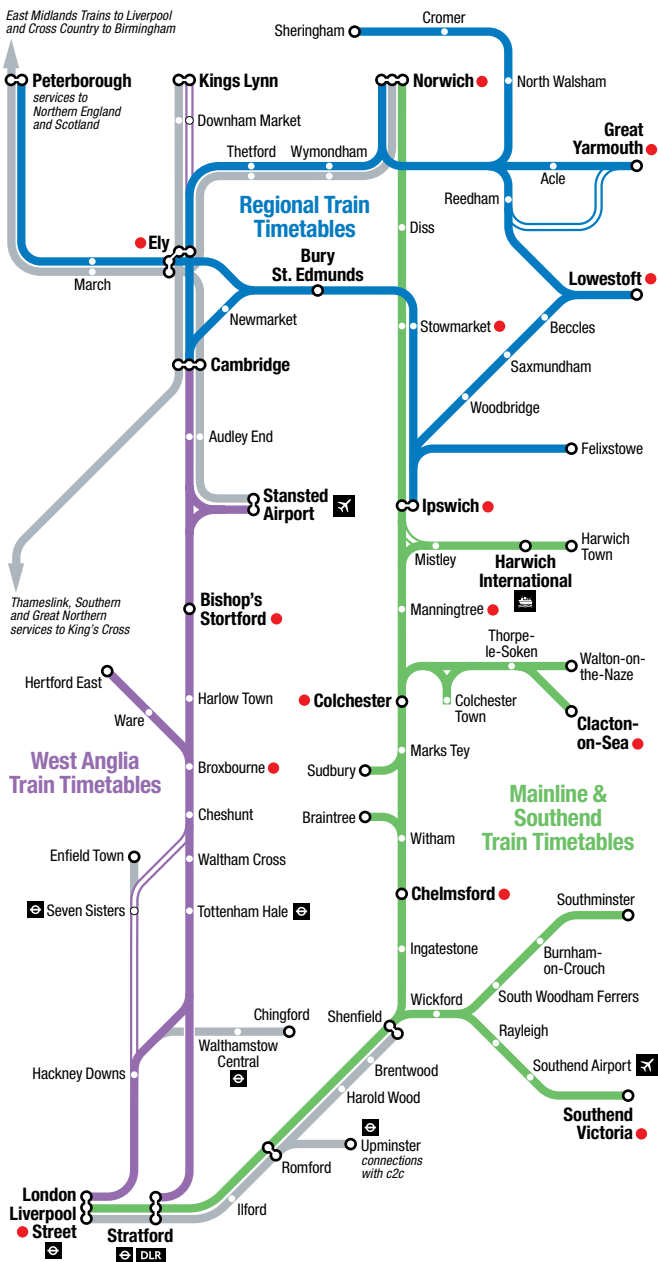


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