**Overall Explanation of the SSIS Task and Requirements:**

1. **Task Objective:**
   * Process the **most recent** .txt file from each of **three subfolders** inside a parent folder.
   * Load the data from these files into a **target SQL table**.
   * Log file details (file name, location, and creation time) into a **log table**.
2. **SSIS Components to Use:**
   * **Foreach Loop Container:** To loop through each subfolder and find .txt files.
   * **Script Task:** To determine the **most recent file** in each folder.
   * **Data Flow Task:** To load the file data into the target table.
   * **Execute SQL Task:** To insert file metadata (name, path, creation time) into the log table.
3. **Process Flow:**
   * Use **Foreach Loop** to iterate through subfolders.
   * In **Script Task**, get the latest .txt file from each folder.
   * Load file data into the target table.
   * Store file metadata in a log table.