[3/biz/cgl/ck/diy/fa/ic/jp/lit/sci/vr/vt][index/top/reports/report a bug][4plebs/archived.moe/rbt]

2022-06-09: Search is working again.

2022-05-12: Ghost posting is now globally disabled. 2022: Due to resource constraints, /g/ and /tg/ will no longer be archived or available. Other archivers continue to archive these boards.

# /**sci/---Scien**ce & Math

Text search [?]	Go [Advanced]	View post	Submit
View page 1 View			

## [ Toggle deleted replies ]

File: 248 KB, 1810x2048, FEqOLc5XMAUNPgw.jpg [View same] [iqdb] [saucenao] [google]



How I Increased my IQ by 9 STDs (135 Points) Pax Mon Jun 13 22:16:55 2022 No.14569406 [Reply] [Original] [archived.moe]

Quoted by: >>14569456 >>14569459 >>14569481 >>14569593 >>14569621 >>14569625 >>14569640 >>14569709 >>14569835 >>14570434 >>14571009 >>14571290 >>14571650 >>14571684

My IQ has risen 6 standard deviations since high school (from 90 to 225). I know that I'm far more intelligent than when I was in school.

There's no doubt, it's risen in every mental aspect possible. It's not even a competition with my former self. I've been tested 3 times over the years

That said, Psychology doesn't know what neurochemistry knows about what is possible. So of course, psychology will assume that IQ can not be increased

I took Deferoxamine for about 2 weeks to treat lifelong extreme ADD. My ADD is gone, the mood dysregulation is gone. My memory and recall show greater ease and ability. Emotional processing and empathy dramatically enabled, my ability to see patterns and track multiple variables interacting and predict their outcomes across time intervals has improved with more clarity, speed and confidence, and my verbal skills increased, etc

I stacked 2.5g intranasal Deferoxamine with 50mg to 100mg intranasal tyrosine and 160 IU insulin for two weeks. I skipped days here and there but it all amounts to roughly two weeks of straight dosing, all while reading baby rudin and doing putnam exercises to stimulate neural growth.

Along with it, I took GH secretagogues, 8 mg CJC1295 with DAC during the first week along with 250 mcg ipamorelin intranasally for 5 days, also snorting ISRIB-A17 (15mg), BPAP+PPAP (each 80mg), EPO, and Bromantane (80mg intranasally) every other day I also split 5mng BPC 157 over the first two days that I used Dihexa, which I stacked with Semax and Epobis

also snorted phenylpiracetam a few times along with experimenting with intranasal cocoa powder which is a powerful stimulant for executive functioning since it's loaded with tyrosine

On one of the days I did Dihexa 125mg intranasally twice in one day along with around 200mg tyrosine and my brain was bathing in dopamine

The next substance I'll try out will be the D21 peptide and methamphetamine since deferoxamine prevents amph-induced brain damage.

>> Anonymous Mon Jun 13 22:20:48 2022 No.14569428
oooook

Anonymous Mon Jun 13 22:22:28 2022 No.14569437

I would tell you to take your meds but clearly you're not lacking in that department.

	Anonymous Mon Jun 13 22:25:17 2022 No.14569456  Quoted by: >>14569609 >>14569791 >>14569791
	>>OP If you can provide an official record of an old IQ test showing low IQ and a recent professionally administered IQ test showing >145 IQ I will believe you. Otherwise STFU.
>>	<b>Anonymous</b> Mon Jun 13 22:25:39 2022 No.14569459
	>>OP Godspeed, you crazy motherfucker
>>	Anonymous Mon Jun 13 22:28:56 2022 No.14569481 Quoted by: >>14570057 >>14571136
	>>OP You went from borderline retardation to super mega genius
	Tell us more
	Did deferoxamine alone account for the jump in iq? Were you psychologically tested or are you pulling numbers out of your ass? Describe the very first contact with deferoxamine, no matter how indescribable. This is the attitude that's needed when encountering people like you, you ought not to be ignored, but incessantly questioned, until you convince everyone to hoard on deferoxamine and become demi-god-tier maniac-braniacs.
>>	Anonymous Mon Jun 13 22:53:31 2022 No.14569593 Quoted by: >>14571136
	>> <u>OP</u> Have you tried electronic or magnetic treatment?
>>	Anonymous Mon Jun 13 22:58:10 2022 No.14569609  Quoted by: >>14569791
	>>14569456 seconding this. post proof OP
>>	<b>Anonymous</b> Mon Jun 13 23:02:08 2022 No.14569621
	>>OP Stop watching edgy japanese cartoons.
>>	GluR1 Mon Jun 13 23:02:38 2022 No.14569625
	>>OP https://www.youtube.com/watch?v=v81lgzvx_Mo Check the comments bruh nice try
>>	<b>Anonymous</b> Mon Jun 13 23:05:21 2022 No.14569640
	>>OP Well I'm convinced.
>>	Anonymous Mon Jun 13 23:21:51 2022 No.14569709  Quoted by: >>14571136
	>OP Enjoy your seizures and impotency. I guess the nootropic jews didn't tell you about that. Oh and kidney stones. Massive, massive kidney stones such that when the doctors find them, they will just remove your kidneys altogether. Enjoy waiting in the

dialysis line with the niggers.

### Pax Mon Jun 13 23:40:08 2022 No.14569791

Quoted by: >>14569812 >>14569857 >>14570004

>>14569456

>>14569609

I do not need an IQ test. I will never get one. Stop asking. Do not assume I am genetically gifted. I have perfectly adapted to my environment based on recursive improvement of my understanding of neuroscience. IQ tests and cognitive tests are not a measure of a persons worth. They are worthless except for showing the flaws in our nature. If you are not dead you can improve and an IQ test or cognitive testing is something that puts your aptitude into some box. The SAT, ASVAB, and other aptitude tests like IQ are barriers to human potential and have been used since their creation to create a functional hierarchy that has been used to justify prejudice and racism. The idea of IQ was created by a eugenicist that believed in the grouping of society on aptitude and it has been justified for the use of lobotomy and forced sterilization for decades. Eugenics and the bell curve has been used as a bludgeon to discriminate and subjugate the poor, people of color, and groups of "undesirables". The people that have created the IQ test have gotten away with the greatest evil perpetuated on man that allowed fascism in Europe to flourish prior to WW2. STOP USING IQ AND COGNITIVE TESTING TO MEASURE A PERSONS COGNITION.

You want an IQ test? Do cool shit. Change the lives of people. Do good for the sake of being good. Live in the pursuit of higher virtue. That is what I want to create and give to this world. I am going to unleash all of the latent potential that has ever been locked away within the brains of all of humanity. And I am going to do it by literally chelating excess iron from everyone's brain.

## >> **Anonymous** Mon Jun 13 23:46:31 2022 No.14569812

Quoted by: >>14569902

<u>>>14569791</u>

answer me >>14569314

#### > Anonymous Mon Jun 13 23:51:55 2022 No.14569835

>>0P

>how do i the aids bruh

>need aids for stds bruh

>stds give you iq bruh

im leaving now. im sorry i just cant watch this anymore

## Anonymous Mon Jun 13 23:56:30 2022 No.14569857

Quoted by: >>14569902

>>14569791

Sooooo you open a thread using IQ as a barometer to measure your intelligence gain?

## >> Pax Tue Jun 14 00:08:00 2022 No.14569902

File: 98 KB, 1241x637, 2022-06-05-133638.png [View same] [iqdb] [saucenao] [qooqle]

Quoted by: >>14569947
>>14569857

OP is obviously not the real Pax.

#### >>14569812

I am not the real Pax either. I just copy pasted that from his rocket chat server.

## >> Anonymous Tue Jun 14 00:19:01 2022 No.14569947

#### >>14569902

oh, can you ask him about the xmpp server? or does he have a rocketchat server for anons?

### >> Not Pax Tue Jun 14 00:34:12 2022 No.14569987

Quoted by: >>14570015 >>14570121 >>14571136

#### >>14569947

He abandoned rocket chat server. Most of the copypastas and voice recordings come from there. https://chat.nootropicsrebirth.com/

He wanted to delete the server, so I scraped all the messages. Now I am writing another script to download all the voice messages and linked studies.

I am waiting for XMPP like you too. I bought deferoxamine and started reading the studies. But I need to see other people snorting this shit first before myself doing it. I can't depend on animal studies which are not that meaningful actually.

So I have no interaction with him. I have been only lurking their rocket chat server.

Also this was the first time I larped as him. I revealed that I am an imposter because I thought that was lame.

## >> Anonymous Tue Jun 14 00:39:02 2022 No.14570004

File: 1.84 MB, 1432x1076, 1626002736519.png [View same] [iqdb] [saucenao] [qooqle]



## Quoted by: >>14570015

>>14569791
You're completely right: The vast majority of people who accomplished something were never tested for IQ and only

speculated to be high while the ones who tested high often didn't do anything meaningful. It's also statistical non-sense, see Chapter V. of this

https://www.academia.edu/39797871

/Common\_Misapplications\_and\_Misinterpretations\_of\_Correlation\_in\_Social\_Science\_

Nobody with an education in statistics takes IQ seriously. Too bad medfags and social "scientists" are absolute mathlets so they utterly butcher it all with their HS education.

## >> Not Pax Tue Jun 14 00:44:47 2022 No.14570015

File: 86 KB, 1238x493, 2022-06-13-163630.png [View same] [iqdb] [saucenao] [google]



Quoted by: >>14570053 >>14571168

#### >>14569987

He seems to have problems with this person called gintrux. He supposedly has masters in neuroscience but he is obviously not that bright. Pax was claiming he gave him cash to help with certain studies, but he was either too much of an imbecile or a procrastinator he never done what he promised. You can figure out all you need to know about him by his comments on XMPP. They had moved to Rocket Chat because Discord had banned nootropics servers, but this person thinks having his own federated XMPP server will be hard and he should just create a server on Discord. Pax wants encryption and privacy, but this gintrux dude thinks it is better to move to Discord which shares data with 3rd parties and bans nootropics servers...

#### >>14570004

Based. IQ is just matrix puzzles. Having a high IQ means being good at solving progressive matrices. It does not mean anything else.

## >> **Anonymous** Tue Jun 14 00:59:20 2022 No.14570053

#### >>14570015

kek these people he's around sure seem like absolute mouthbreathers. Glad he ditched them. Also shitting on XMPP is such a zoomer thing to do, that I genuinely

doubt that guy has a masters in anything. No way he isn't underage. Or a redditor.

>> Anonymous Tue Jun 14 01:01:20 2022 No.14570057

## >>14569481

the substance is super weird. It's responsible for a ton of stuff, not just mind gains. Pax posted something about applying it topically to accelerate healing of radiation damage. Some guy on /fit/ apparently also injected it into his dick and got dick size gains

>> Anonymous Tue Jun 14 01:20:12 2022 No.14570121

File: 58 KB, 1417x311, 1637029329115.png [View same] [iqdb] [saucenao] [google]

Quoted by: >>14571182

>>14569987

>He abandoned rocket chat server. https://chat.nootropicsrebirth.com/

>literal ESL tranny wants him to inject estradiol "for his own safety" because of the animeposts

no wonder he left them Imao

>> Anonymous Tue Jun 14 03:11:22 2022 No.14570434

>>0P

sure, ill trust you

see in a week in the disabled institution!

>> Anonymous Tue Jun 14 03:15:20 2022 No.14570443

>>0P

idk what"s going on i'm just gonna ead lead

>> Pax Tue Jun 14 07:29:02 2022 No.14571009

Quoted by: >>14571856

File: 151 KB, 271x728, 2022-06-13 (1).png [View same] [iqdb] [saucenao] [google]

>>0P

Although you exaggerate possibly everything I've ever typed and you elevate my personality to such an insane degree this is probably the best joke i've ever read in my life.

I'd never advocate for the use of gh secretalogues and the doses for everything in that are just insanely high. The dose of cjc1295 I can imagine would be good to dose with ipamorelin to be around 100mcg each. Intranasal use is something I think people should apply to using Mechano growth factor intranasally possibly at 50mcg PD. Its 3x as effective as IGF1 for exerting neuroprotection on neuronal cells. MGF is a peptide in the IGF family of peptides and it promotes greater surface expression of IGF1 receptors within the brain. It's shown that mice with mgf overexpression within the brain have improved cognitive function and slowed decline in cognitive function. The 9month old mice in this model had similar populations of neural cells as 1 month old controls.

>Mechano growth factor, a splice variant of IGF-1, promotes neurogenesis in the aging mouse brain

one large reason why I mention insulin by name is insulin is the most important endocrine hormone for survival and growth of the brain. The survival of our neural stem cell niche declines with neuroinflammation, and insulin ensures continued survival, neurogenesis, and energy metabolism to keep our brain cell lines from deteriorating <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6769071/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6769071/</a>. with most importance to our populations of gabaergic interneurons with special emphasis on somatostatin interneurons

These sst interneurons participate in memory and sensory processing as well as control of metabolic homeostasis. They control the firing rate of parvalbumin interneurons on pyramidal cells and they both work alongside pyramidal cells to

orchestrate neurotransmission. With the loss of gabaergic interneurons leads to the promotion of mental disorders. .https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3766825/

## >> **Anonymous** Tue Jun 14 07:44:15 2022 No.14571040

Quoted by: >>14571100

What's the science behind deferoxamine for mental improvement? Given it's meant to treat iron overdose it sounds dangerous and not a good idea for someone with normal iron levels.

#### Pax Tue Jun 14 07:48:06 2022 No.14571052

#### >>14569456

OP is making a convincing parody of me and my writing style. There's been a lot of fake Pax's within the past several days so I still remain anonymous amongst a crowd of people that amplify me or emulate me to some degree. This has happened because someone lurking in my former community of nootropics researchers and biohackers started sharing my writeups onto 4chan without providing context and then would just plagiarize my writeups. So everyone that posts as Pax is a fake pax and I'm the real one. There's a drug that I've begun using intranasally called deferoxamine which chelates iron from your brain that accumulated over years due to neuroinflammation. It's been shown to reverse the progression of most neurodegenerative illnesses and protects against most inflammatory stressors which iron contributes due to catalyzing oxidative stress. Deferoxamine removes excess iron that accumulates in the cytosol of our brain cells and that allows our cognitive functions to improve through increasing neuronal insulin sensitivity and cell metabolism through increasing ATP production in our mitochondria and their transport to synaptic vesicles in neuronal cells and these synaptic vesicles on dendrites are supported by microtubules. Iron accumulation in the cytosol of our neurons promotes apoptosis and dysfunction of mitochondrial function due to increasing reactive oxygen species formation. The loss of insulin sensitivity on our neurons increases the susceptability to excitotoxicity, the reduced surface expression of synaptic nmda, and gaba and ampa receptors. extracellular gaba builds up as a result of peripheral inflammation promoting hyperammonemia within the brain which disinhibits glutamate release which acts on pyramidal cells to release allopregnanolone. (a endozapine). hepatic encephalopathy as a result of insulin resistance leads to the loss of proteostasis and the autophagesome. This increases gabaergic tone in the periphery.

#### > Pax Tue Jun 14 08:03:26 2022 No.14571100

#### >>14571040

As we age or through a variety of inflammatory stressors promote a dysfunction of insulin sensitivity within our bodily tissues and especially within the brain. The loss of insulin sensitivity promotes dysfunction of our livers and kidneys and our livers increase production of bilirubin and ammonia and this increases the activities of heme oxygenase within the brain as we age as well as increases glutamatergic activity that increases endozapine production. Gabaergic neurosteroids build up within the body as well as within the brain and a transcriptional drift from pregnenolone production transitions towards pregnanolone and this increases gabaergic tone and this is called hepatic encephalopathy. This promotes cognitive decline and promotes exhaustion of our pancreas by chronic gabaergic stimulation from the liver provokes hyperinsulinemia which increases the expression of the IGF1/insulin hybrid receptor which reduces the vasodilatory properties of insulin and reduces insulin transport into the brain which leads to this environment of high neuroinflammation and reduced insulin levels within the brain.

This is extrapolated from the gaba deafferentation hypothesis.

https://pubmed.ncbi.nlm.nih.gov/8717636/

So as neuroinflammation builds up iron accumulates in the cytosol of all our braincell

lines.https://pubmed.ncbi.nlm.nih.gov/35370907/

https://pubmed.ncbi.nlm.nih.gov/23506423/

Iron that's accumulated in the cytosol of our brain cells aggravates inflammation and decline of our brain cells.

https://pubmed.ncbi.nlm.nih.gov/33212416/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6675873/

The first study is examining the activity of microglial cells in mice with age and deferoxamine greatly suppresses the aging of the mouse's brains as it removes iron that's accumulated through activities of heme oxygenase. The second study shows that the synaptic deficits and neurological dysfunction induced by opioidergic drugs is dependent on endolysosomal deacidification

## >> Pax Tue Jun 14 08:22:51 2022 No.14571136

Quoted by: >>14571487

#### >>14569481

OP is someone pretending to be me. I can say that tale from the OP is a fable. I've been exceptionally gifted as a learner throughout my childhood going into adolescence but I was one that was "gifted" so I never really applied myself past grade school. I've thrown myself into studying aging and nutrition years ago as ive suffered from tremendous grief and abuse throughout my life and I wanted to live long enough to thrive past the suffering I've dealt with. Yes I can say that at the end of a incredibly long line of drugs that I've used, many of them I pioneered their use in the community such as rapamycin intranasally, skq1, taltirelin, I've found that insulin and deferoxamine are the strongest compounds I've experienced in my life. deferoxamine reduces neuronal insulin resistance and iron accumulation within the brain that contributes to cognitive decline. I've removed years worth of iron that has allowed the age of my brain to be physically reduced and improve all biological functions controlled by the brain so my metabolic health has improved.

- > Aging is associated with increased brain iron through cortex-derived hepcidin expression
- > Age-related iron accumulation and demyelination in the basal ganglia are closely related to verbal memory and executive functioning

#### >>14569593

getting a vielight alpha or 810 nasal photobiomodulation device might be good. I've liked the mendi neurofeedback device for a little while but since I've found DFO really nothing an touch on the cognitive enhancement that I've gained in a short period of time.

#### >>14569709

Cool it with the antisemetic remarks. Intranasal deferoxamine produces significantly lower systemic concentrations than IV use and 200 fold greater exposure to the brain <a href="https://pubmed.ncbi.nlm.nih.gov/19509317/">https://pubmed.ncbi.nlm.nih.gov/19509317/</a>

#### <u>>>14569987</u>

> But I need to see other people snorting this shit first before myself doing it. Someone that went in and got dfo alonside me just began using today and report improved cognitive functions.

## Pax Tue Jun 14 08:38:13 2022 No.14571168

#### >>14570015

it was cogmetics I had issues with and he was overall a very abrasive, neurotic, and stubborn person. Gintrux wanted to do a buy of illegal research drugs in the 2-c family of serotoninergic research chems and I told him stop and I wasn't going to be part of the server if he continued. I did not mix words when I mentioned this that I don't want to take part in something that illegal.

Cogmetics on the other hand I've helped with thousands of dollars to help put him through uni. He never treated me with respect and was fully genuine with me or anyone to a significant degree. He's failed on promises and he's accepted thousands from people to make something people have waited months for and still he has never showed humility for the outflow of support from me and from others in the

community. We have to regulate ourselves better and treat nootropics and medicine as life saving and life changing pursuits. It should be given the same special considerations and leadership to push the community forward. I think we're loosely tied in confederation to support the progression of neuroendorinology so the public has a greater undertanding behind the pathologies of disease and I'm makign that conscious decision each day to continue sharing everything I know so that I can put everyone on a better footing and I hope that I can teach the overwhelming proportion of you more about neuroscience and longevity so that you can expand on the ideas of researchers that were here before we were. I'm probably the first person to use DFO intranasally in significant amounts and I can say with 100% certainty that every facet of my cognition and enjoyment of life is greatly improved.

#### >> Pax Tue Jun 14 08:46:49 2022 No.14571182

Quoted by: >>14571224 >>14571898

#### >>14570121

Kiraposting is life! I've had a deep connection to DN over the past year and nothing could quite compare to the surreal nature of the research I participate in like DN. It's a lot of fun to be able to go out of my way to act like I'm a cartoon villian and I've done everything I could so I can say that I'm not just some cringelord. If there's a part of your conscience that pushes you to go forward in everything you do in life I gave my conscience a face and a name and I'd practice CBT on myself using this strategy. Self talk is a critical part in understanding metacognition. it helps redefine your thought patterns and teaches you to become more stoic. Some might call it tulpamancy, or a comfort character but I call it a part of myself.

You have unutilized latent potential within yourself that you can unlock with proper application of medical science.

What I look at for mitigation of neurological and metabolic disorder is how medicine will soon be practiced if there's anything we can do about it.

#### Anonymous Tue Jun 14 09:19:17 2022 No.14571224

Quoted by: >>14571254

#### >>14571182

Dude, if you're serious about what you're talking about, set up a discord server, twitter or whatever and keep people updated with this. Kiraposting makes you look like a schizoid. Also how did you get your hands on DFO? And how did you prevent fungal infections?

#### Pax Tue Jun 14 09:45:45 2022 No.14571254

Quoted by: >>14571259

#### >>14571224

No. People will draw conclusions about me because of what people are willing to see. There are imitators who will take from what I've wrote in the past and tweak it a tiny bit if they can get away with it and it's been happening for days and It will continue like this. I do everything I can to help people that I closely associate with. People have told me countless times that I've changed their lives and I have insane cognition. I might have secret schizoid disorder, wouldn't shock me if I did. I'm working in a server atm sharing metaanalysis of my latest theories on DFO for treating CFS and erythropoeitin resistance within the brain. I'm working on many different projects, proposals while networking and helping to push forward a community of sufferers of CFS. If there's one thing that can be said of sufferers of CFS will use every fiber of their being to get to the bottom of their condition and will apply the same methodologies that i do for working backwards to understand neurological disorders and how these insights can be applied for improvement of health and wellbeing. I can't really say how I got a hold of DFO but it might be easier to ask another anon here. How did i prevent fungal infection?,, So I took large amounts of rapamycin intranasally. There's many other antifungal compounds such as tumeric, CBD, and a variety of other supplements. I used rapamycin because I always have some within reach and intranasal use of rapamycin was something I pioneered in the community and it has significant

antifungal properties.

#### Anonymous Tue Jun 14 09:48:51 2022 No.14571257

Quoted by: >>14571262

>>0P

Ive seen you shilling Deferoxamine in the chat.nootropicsrebirth a lot but I have never head of this particular substance. Please shill me on it.

## > Anonymous Tue Jun 14 09:50:13 2022 No.14571259

Quoted by: >>14571280

>>14571254

How do you know your results are legit and not just placebo?

## >> Pax Tue Jun 14 09:55:20 2022 No.14571262

Quoted by: >>14571265

>>14571257

[>>14564545]

this thread has some studies but there's archives over the past several days which I post info in for everyone to look over.

#### >> Anonymous Tue Jun 14 09:57:40 2022 No.14571265

Quoted by: >>14571280

>>14571262

quick question though, whats the optimal dosage and how often should one take? also is bgpharmadrugs legit?

#### Pax Tue Jun 14 10:10:49 2022 No.14571280

Quoted by: >>14571287 >>14571297 >>14571326

#### >>14571265

I don't have an optimal dosage really. I'm probably the first person to use it by this roa which completely changes the pharmacokinetics. I've used about 3 grams worth in total, that changed every facet of my cognition to allow me to feel younger and smarter than i ever had in my life.Bg pharm is legit.

## >>14571259

I understand the results of my experiments are not placebo as I've studied the pharmacology of dfo as well as iron dysbiosis within the brain and its contribution to cerebral insulin resistance and cognitive decline. I've picked apart the factors of iron dysbiosis on a intracellular level to fully develop my understanding of intranasal deferoxamine within the brain. Here's a larger metaanalysis of the mechanisms of intranasal deferoxamine

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7911954/

as well as a second study demonstrating intranasal deferoxamine significantly improves memory and cognition in healthy mice

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7066355/

and here's one demonstrating it's efffects on preserving cognitive functions in a APP model of alzheimers disease in mice.

https://www.frontiersin.org/articles/10.3389/fnagi.2015.00104/full

I understand its not placebo as I've read relevant literature, picked apart the data and formed a hypothesis surrounding replicating the data shown in research papers and then measuring my cognitive function and mood in comparison.

I've demonstrated that the mechanistic data supporting intranasal deferoxamine can be applied intracellularly and then understanding the mechanisms in which iron accumulation promotes cognitive dysfunction <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6675873/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6675873/</a>

**Anonymous** Tue Jun 14 10:16:03 2022 No.14571287

C	>14571280 Can you describe the benefits you've felt and how you measured the changes in your ognition?
	onymous Tue Jun 14 10:17:44 2022 No.14571290 ted by: >>14571296
_	> <u>OP</u> you're so smart then why aren't you rich?
	onymous Tue Jun 14 10:20:42 2022 No.14571296
_	>14571290 ligga just started taking it
>>	onymous Tue Jun 14 10:22:24 2022 No.14571297
_	>14571280 ow much do you take by dose? did you took it daily?
>>	Tue Jun 14 10:49:41 2022 No.14571326
_	>14571280
y ·	ou've been deboonked, see <u>&gt;&gt;14570812</u>
>>	onymous Tue Jun 14 12:11:34 2022 No.14571441
i'v	ve spotted hypoglycemia improves brain capabilities by lot, why is that?
>>	onymous Tue Jun 14 13:00:49 2022 No.14571487
_	>14571136 here is all that chelated iron drained?
W	mere is all that cherated non dramed?
>>	onymous Tue Jun 14 15:07:47 2022 No.14571650
	>OP ave sex
>>  And	onymous Tue Jun 14 15:35:56 2022 No.14571684
	<u>&gt;OP</u> you aren't rich i don't care how intelligent you are you still are and will be a goyim
	ge Tue Jun 14 15:42:58 2022 No.14571693 KB, 169x108, Poster to post ratio.jpg [View same] [iqdb] [saucenao] [google]
-	Sage all this niggers threads
(48	8/5 (25)1
>>	onymous Tue Jun 14 17:46:15 2022 No.14571856
>	>1457100 <u>9</u>
_	od bless you, anon. I started taking intranasal insulin 3 days ago and despite my osage being rather low compared to you, I'm already noticing potent effects on
V	erbal fluency, cognition (everytime I take it, my brainfog is gone), and mood: I feel
	xtremely calm and can focus really well. Just wanted to say: thank you. I also got IFO but I won't take it as long as I have got no anti-fungals. Insulin is the most potent
	ootropic I've tried so far. Before, it was Semax
>>	onymous Tue Jun 14 18:02:59 2022 No.14571898

>>14571182

