

MUH 104
Occupational Health And Safety
II



**Chemical, Physical Risk Factors** 

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Class C Occupational Health and Safety

Specialist

### What Will We Learn?

#### A-Chemical Risk Factors

- 1.Chemical Substance
- 2. Factors determining the hazards of dangerous chemicals and chemicals
- 3. Ways of entry of chemicals to the body
- 4. Chemical Risk Measures
  - a) Measures to be taken at source
  - b) Measures to be taken in the environment
  - c) Personal precautions (measures for the people in the environment)
- 5. Storage of chemical materials
- 6. Hazard symbol and signs
- 7. Material safety data sheet

### What Will We Learn?

#### **B-Physical Risk Factors**

1.Noise

Fighting (battling) with noise in the business

- a)Technical measures
- b)Medical measures
- c)Legal Measures
- 2. Vibration

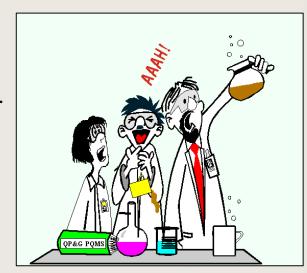


### A-Chemical Risk Factors

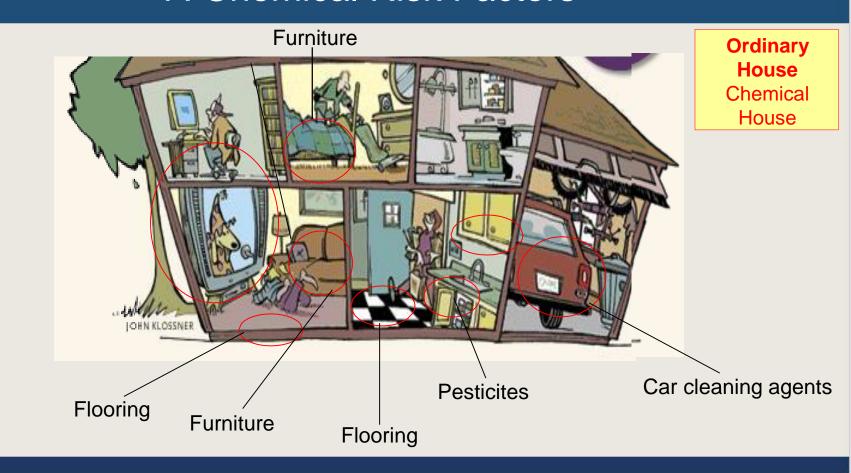
#### **Chemical Substance**

They are all kinds of elements, compounds or mixtures that exist in the natural state, used or produced (including wastes) in any process, regardless of whether they are produced in person and whether they are placed on the market.

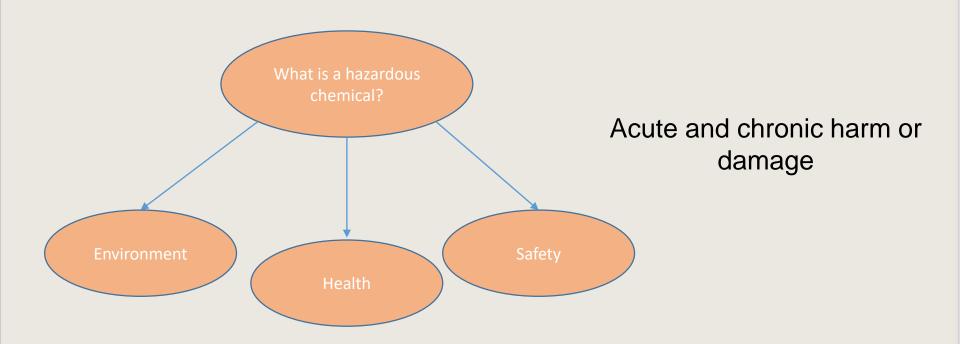
(Regulation on Health and Safety Measures in Working with Chemical Substances Article 4)



## A-Chemical Risk Factors



### Hazardous Chemicals And Factors That Determine Them



#### Factors That Determine The Extent Of Chemical Hazards

- 1. Physical and chemical properties
- 2. Form and duration of exposure
- 3. Characteristics of the exposed person
- 4. Environmental properties (physical environment)





Toxic Toxic

# Ways Of Entry Of Chemicals To The Body

Chemicals enter the body in 3 ways

By inhalation

By absorption from skin and eye

By ingestion

## **Chemical Risk Measures**

- At the source
- In the environment
- Personal



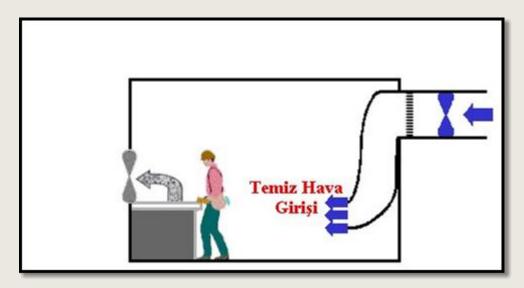
### Measures To Be Taken At The Source

- Changing/replacing the substance used
- Changing the process
- Moving the process into closed system
- Limitation of the process in terms of location and duration
- Application of the local aspiration/ventilation system
- Continuous environment measurements
- Periodic maintenance



# Measures To Be Taken In The Envoronment (Airway)

- Workplace layout and order
- General aspiration
- Dilution aspiration (providing fresh air)



#### Personal Measures

Personal protectors such as goggles, masks, gloves, hard hats are the tools to be applied last but they must be used when necessary.

These tools are only useful if they are used with the awareness of how much and how long they protect against chemical hazards.



# Storage Of Chemical Substances

- Attention should be paid to the signs in storage,
- Precautions should be taken to prevent material from falling off the storage racks,
- Measures should be taken against spills,
- Interacting chemicals should not be put side by side.



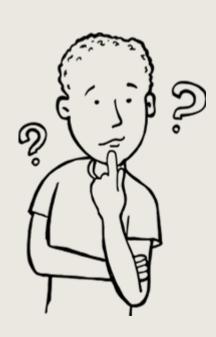
# Storage Of Chemical Substances

- Materials such as barrels, drums, etc. should be stored in a way that does not cause pollution.
- Eye showers and material safety data sheets should be available in the usage areas.
- Absorbent materials suitable for spillages should be available.
- · Containers must be labelled.



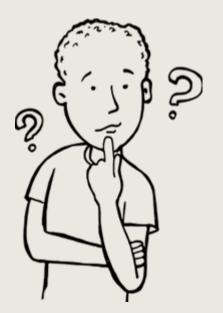


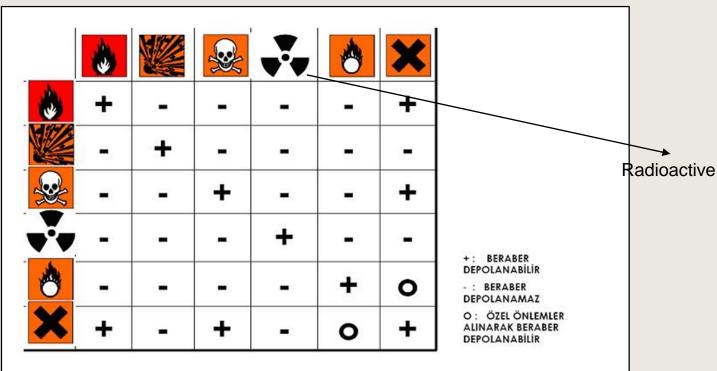
# Chemical Hazard Symbols





# Subtstances That Should Not Be Stored Together





# Material Safety Data Sheet (MSDS)



A document that contains detailed information about the properties of hazardous substances/ mixtures and safety measures to be taken in order to protect human health and the environment from the negative effects of hazardous substances/mixtures according to the hazard characteristics in the workplaces.

# Material Safety Data Sheet (MSDS)

MATERIAL SAFETY DATA		
	SECTION 4 - FIRST AID	
act:	Flush with large amounts of water for at least 15 minutes. Do r Wash affected area gently with soap and water. Skin cream or Do not induce vomiting; drink plenty of water.	
a:	Remove affected person to clean fresh air.	
	**If any of the symptoms persist, seek medical attention imm	
	SECTION 5 - FIRE FIGHTING MEAS	
t:	Non-combustible	
ing media: hazards:	Use extinguishing media appropriate to the surrounding fire. None	
ig quipment:	Wear full bunker gear including positive pressure self-containe	
s	ECTION 6 - ACCIDENTAL RELEASE N	
ocedures:	Avoid creating airborne dust. Follow routine housekeeping pro- filtered equipment. If sweeping is necessary, use a dust suppre- containers. Do not use compressed air for clean-up. Personnel approved respirator. Avoid clean-up procedures that could resu	
	SECTION 7 - HANDLING AND STO	
	Limit use of power tools unless in conjunction with local exhau Frequently clean the work area with HEPA filtered vacuum or accumulation of debris. Do not use compressed air for clean-up	
	This product is stable under all conditions of storage. Store in conditions	

MSDS is a legal requirement.

It should be prepared on the basis of Regulation on Safety Data Sheets Regarding Harmful Substances and Mixtures.

### Information To Be Included in The MSDS

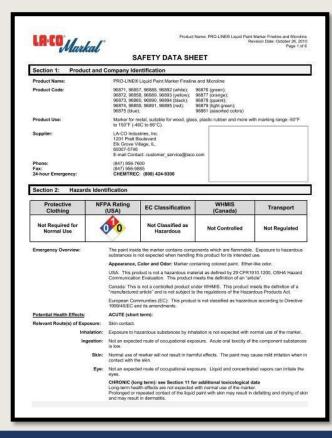
- a) Identity of the substance/mixture and manufacturer/distributor,
- b) Hazard description of the substance
- c) Information on composition/ingredients
- d) First aid measures,
- e) Fire fighting measures,
- f) Measures against accidental spread, spill
- g) Handling and storage
- h) Exposure controls/personal protection

### Information To Be Included in The MSDS

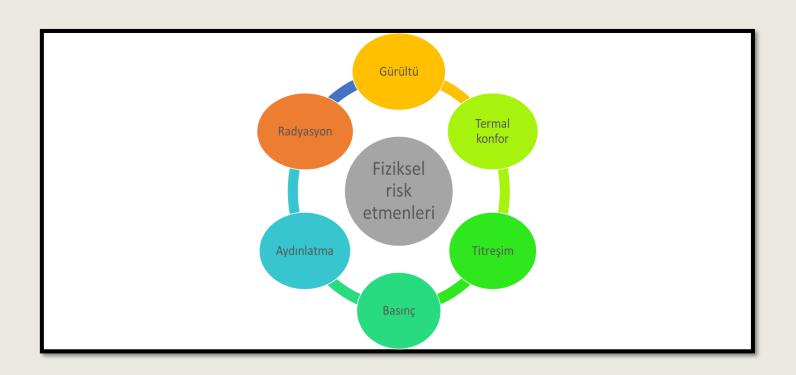
- i) Physical and chemical properties,
- j) Stability and reaction,
- k) Toxicological information,
- I) Ecological information,
- m) Disposal information,
- n) Transport information,
- o) Legislation information,
- p) Other information.

### Information To Be Included in The MSDS

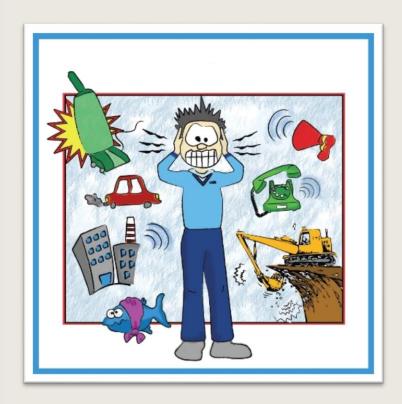




# Physical Risk Factors



### Noise



- Noise is generally described as undesirable and often artificially generated disturbing sound.
- The term noise covers all sounds that may cause hearing loss, harmful to health or pose other risks.

# Noise

Sound Level (Decibel) 0 dB	Known Sound The lowest sound that the human ear can hear
30 dB	Whisper, silent speech
50 dB	Rainfall, quiet office, refrigerator, ventilation
60 dB	Dishwasher, sewing machine, normal speech.
70 dB	Heavy traffic, vacuum cleaner, hair dryer
80 dB	Alarm clock, subway, factory noise
90 dB	Shaving machine, truck traffic, lawn mower
100 dB	Snowmobile, garbage truck, stereo
110 dB	Rock concert, chainsaw
120 dB	Airplane take-off, night club
130 dB	Drill hammer
140 dB	Shotgun, air attack warning system
180 dB	Rocket launcher

# Combating Noise in The Workplace

How to combat noise in the workplace?

We can implement the following measures:

- 1-Technical Measures
  - a) Active Technical Measures
  - b) Passive Technical Measures
- 2-Medical Measures
  - a) Medical Examinations
  - b) Noise Reduction Equipments
- 3-Legal Measures
  - a) Working time control in risky jobs in terms of noise



### **Technical Measures**

a) Active Technical Measures:

These are; using the most suitable material in the manufacturing of machines for minimization of vibration, selecting and programming low-noise processes, and conducting regular and constant maintenance.



### **Technical Measures**

#### b) Passive Technical Measures:

These are; measures such as covering the source of the noise with soundproof walls, construction of the walls and floors of the workplace using soundproof materials and materials that do not reflect sound; and placing high noise processes in the edge (away) areas of the workplace.



#### Medical Measures

Medical measures are divided into two areas as; medical examinations and the advice of usage of equipment that eases the noise intensity in the most appropriate way.

When talking about medical examinations, first of all, audiometry should come to mind.

Audiometry is done with a tool called audiometer and is applied separately for two ears each time. In this examination, hearing acuities of both ears at different frequencies are determined.



# Legal Measures

The third measure against noise is legal measures.

The working time of the employees has been determined with the Regulation on the Protection of Employees from Noise-Related Risks.

According to this regulation:

The weekly noise exposure level will not exceed the 87 dB exposure limit value.

The weekly noise exposure level is an average level and determined by the time average of the measurements taken from a 8 hours, 5 days working time in a week.

It is forbidden to work more than 7.5 hours a day in environments with noise levels higher than 85 dB.

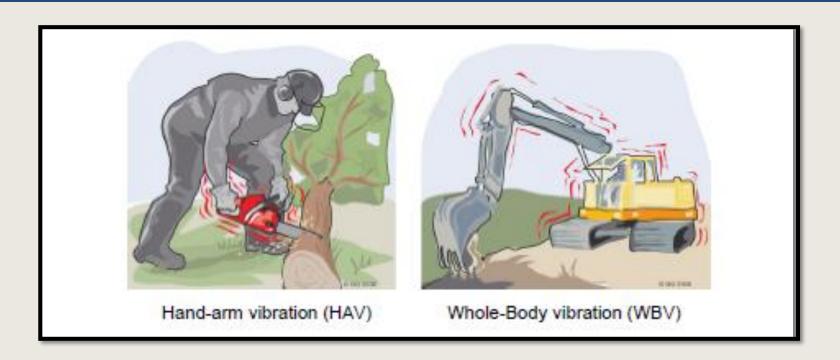
Vibration is defined as mechanical oscillation around a balance point.

Vibration is usually an unwanted movement because it wastes energy and creates unwanted sound and noise.









https://www.who.int/occupational\_health/pwh\_guidance\_no.10\_teaching\_materials.pdf

When we touch a vibrating object, the energy of the vibrating object is transferred to our body.

The higher this energy is and the longer the person is exposed, the higher the health effects of vibration will be.

The energy of the vibrating object enters the body through the body part that is contact with the vibrating object.

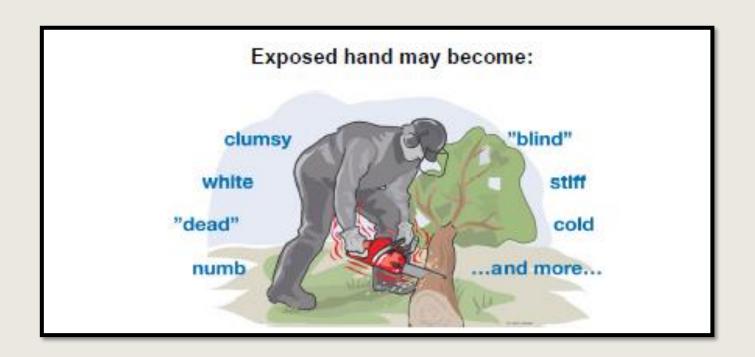
The more bent the elbow joint is, that is, the closer our arm is to our body, the tendency for the effects of vibration to transfer from our hand to the upper arm through the elbow increases.

Therefore, when working with a vibrating tool, the elbow joint should be straight (should not be bent) as much as possible.

Also, the more we grasp a vibratory tool, for example the handle of a chainsaw, or the handle of the blade that we rub on the stone motor to grind, the larger the effect of vibration will be on the body. In other words, hand-arm vibration exposure increases.

Vibration white finger, also known as hand-arm vibration syndrome or dead finger, is a secondary form of Raynaud's syndrome, an industrial injury triggered by continuous use of vibrating hand-held machinery. The fingers turn to white with pain and coldness.





# Thank You



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