

Club of Gurgaon Harmony Iberis Charter Date: 12 November 2018

Club Bulletin - HARMONY

Issue # - 10, April 2021





Rotary Opens Opportunities

www.rotaryharmonyiberis.com

**RI District 3011 Club No - 89710** 

#### MARCH IS MATERNAL AND CHILD HEALTH MONTH

Rtn. Holger Knaack RI President

Rtn. Sanjiv Rai Mehra District Governor

Rtn. Mukta Malhotra President

Rtn. Anjali Rana Secretary



Rtn. Mukta Malhotra President 2020-21

## From The President's Desk

Dear Fellow Rotarians,

Wishing you all well I do hope you and your family are taking good care. Safety and precautions are the need of the hour. Month of April '21 is the Maternal and child health.

Maternal health refers to the health of women during pregnancy childbirth and the postnatal period. Each stage should be a positive experience. Rotary makes high quality health care available to vulnerable mothers and children so they can live longer and grow stronger. Rotary members are working diligently towards this goal through projects that provide education, immunizations, Birth kits, mobile health.

Presenting the Bulletin for the month of April hope you enjoy reading.

With Rotary Regards

Rtn Mukta Malhotra President 2020-21

#### THOUGHT OF THE MONTH

"Your mind is a powerful thing. When you filter it with positive thoughts, your life will start to change."



### RI President's Message



#### Holger Knaack President Rotary International

For years, Susanne and I hosted many Rotary Youth Exchange students in our home. This program was an entry point to Rotary for me, and my heart is truly in it. When Rotary's exchange programs were suspended because of COVID-19 to keep students and families safe, we felt sorry, especially for the participants, because those years cannot be repeated. Because of the many uncertainties of the pandemic, the Rotary Board has decided to suspend in-person exchanges through June 2022. As we look ahead with hope, we thank Youth Exchange officers, host families, and volunteers for their contributions in years past, and we encourage districts to offer virtual exchanges as

a way of connecting students around the world with each other and with our communities.

For those who are not able to participate in Rotary Youth Exchange, Rotary offers other opportunities. New Generations Service Exchange (NGSE) is a Rotary program that deserves wider recognition: It is an excellent opportunity for young people ages 18 to 30 to participate in community service as individuals or in a group and to gain internship experience. Simukai Matshalaga, a Rotaractor from Zimbabwe, stayed with us in Ratzeburg during her NGSE experience three years ago. When I applied for the New Generations Service Exchange program, I did not realize that I was signing up for a life-changing experience. This program gave me that opportunity and much more. It taught me about the importance of failing fast, learning quicker, and being myself.

Some of my greatest experiences happened at the dinner table. The warmth and kindness of every home I lived in still resonate with me today. It took me weeks to understand how a stranger could care for me as deeply as these members of the Rotary family did. I am inspired by the lessons of humility I learned from all the amazing people I met. I came to understand a new culture and realized that the only things that separate us as people are our experiences and, at times, our false assumptions.

Professionally, it gave me confidence in my own abilities as an engineer. Seeing how other organizations handled problems made me aware that the best person to solve the challenges in my country was me. Returning home from northern Germany, I declined a promotion, quit my job, and began building a family business — a decision that previously I would have never made, out of fear. I am indebted to the Rotary family. I am not sure whether the friends, mentors, and families I left behind knew that they changed my life permanently. I hope they now do.

New Generations Service Exchange changed Simukai's life. It can change yours, too. All Rotary members can experience something similar at any time: I encourage everyone to take a virtual journey this month and visit meetings of other clubs online. You will see how different Rotary is around the world as you meet great people and make new friends.

Let us build upon these connections forged online — and later, when the time is right, enjoy in-person exchanges through Rotary Friendship Exchange, another excellent program for Rotary members of all ages.

Our ability to meet in person is limited now, but we know that Rotary Opens Opportunities, always. Now is the time to get ready, so that when the pandemic is behind us, Rotary's exchange programs will come back stronger than before, serving a world that is yearning to reconnect.

Source: https://my.rotary.org/en/news-media/office-president/presidential-message



### **Know your Fellow Rotarian**

Rtn Dr Kavya Jha



Rtn Dr. Kavya Jha is a social worker cum business woman mother of two boys born brought city of joy Kolkatta belongs to Madhubani. She lives in Gurgaon.

She always associated as a social worker for the upliftment of women and girl child with NGOs.

Presently she associated with Akshay Patra as a devotee for their noble cause of mid day meal of poor student and orphans.

She started her business 5 years back to sustain my social causes and herself. Received Little awards for achievements to business journey.

Recently Royal American University honoured her with the Doctorate for her Acts towards the Society and the Environment.

Rtn Dr Kavya Jha joined Rotary Club of Gurgaon Harmony Iberis in March 2021.



# Donation of Stationary items for the little underprivileged children





Rotary Club of Gurgaon Harmony Iberis donated Stationary items for the little underprivileged children at Utkarsh Prayaas School, Gurgaon on 1st April 2021. Though the children are not in due Covid restrictions, but we saw some craft items that these children make. Mrs Pooja has been running this school in her own basement. A very noble act. We will be giving them uniforms as well once they are ready. President Rtn Mukta Malhotra and Secretary Rtn Anjali Rana graced the occasion.

#### **Donation of Almirahs at Parivartan School**



Rotary Club of Gurgaon Harmony Iberis donated two Almirahs to Parivartan school were delivered on 19<sup>th</sup> April 2021.



## Distributed Cooked Food (8-15 April 2021)









Rotary Club of Gurgaon Harmony Iberis distributed cooked food at Nathupur Village. Few days back there was a major fire approx 400 Hutments were gutted down. People have no shelter left. On 8th April our club distributed cooked food to 300 people. We have further decided to distribute food for complete one week to help the poor. President Rtn Mukta Malhotra graced the occasion.









Our second day distribution of cooked food at Nathupur Village to 300 people. We were Happy to see smiles on their faces.



# **Distributed Cooked Food (8-15 April 2021)**

#### 10<sup>th</sup> April 2021



Our third day distribution of cooked food at Nathupur Village to 300 people. We were Happy to see smiles on their faces.

#### 12<sup>th</sup> April 2021



Our fourth day distribution of cooked food at Nathupur Village to 300 people. We were Happy to see smiles on their faces.



## **Distributed Cooked Food (8-15 April 2021)**

#### 13<sup>th</sup> April 2021







Our fifth day distribution of cooked food at Nathupur Village to 300 people. We were Happy to see smiles on their faces. Rtn Anjali and Rtn Kavya was very happy to be amongst children and she helped in distribution.

#### 14<sup>th</sup> April 2021









Our Sixth day distribution of cooked food at Nathupur Village to 300 people. We were Happy to see smiles on their faces. Rtn Kavya was very happy to be amongst children and she helped in distribution.



# **Distributed Cooked Food (8-15 April 2021)**

15<sup>th</sup> April 2021



Our Seventh and last day cooked food distribution for 300 people at Nathupur Village on 15<sup>th</sup> April 2021. We were Happy to see smiles on their faces.



## WinS Project

# Installation Ceremony of WinS at Govt Bajghera School, Gurgaon





Rotary Club of Gurgaon Harmony Iberis successfully completed the WinS Project - Installation Ceremony of Hand Wash Stations at Govt Bajghera School, Gurgaon on 3 April 2021. President Rtn Mukta Malhotra, PP Rtn Abdul Aziz Seyid, SE Rtn Shobha Khatri and Rtn Rama Chawla Graced the occasion.

# Donation of AAIN 4 Balls and 2 Baskets



Our Club donated AAIN Ball (4 balls and 2 baskets rings) to Govt School, Bajghera Gurgaon on 12 April 2021. This is for the game that was initiated on 3rd April on our visit. I am sure children will really enjoy playing this game plus it will be a good exercise to keep them fit.

# Donated Desks and Benches



Rotary Club of Gurgaon Harmony lberis donated Desks and Benches to Govt Primary School, Bajghera, Gurgaon on 29th April 2021.



## TEACH Project

### Game with underprivileged children of Sakshi NGO







Rotary Club of Gurgaon Harmony Iberis organized a Game with Sakshi NGO underprivileged children on 3 April 2021 – Our Club invited the "AAIN ball" federation to introduce and teach a new game to the children. This game was very good to play specially during the pandemic maintaining social distance and no contact amongst individuals. Children were thrilled to play this game and enjoyed. We were very happy to see smiling faces. This game is excellent for good exercise. President Rtn Mukta Malhotra, SE Rtn Shobha Khatri and Rtn Rama Chawla graced the occasion.

#### Meeting with Kids of NGO "Humana"







Members of Rotary Club of Gurgaon Harmony Iberis meeting with the Kids of NGO "Humana" on 3 April 2021. Our club also distributed Snacks to these underprivileged children. President Rtn Mukta Malhotra, SE Rtn Shobha Khatri and Rtn Rama Chawla graced the occasion.



## **Youth Service**

#### **RYLA 2021**



Rotary Youth Leadership Awards function was held at Manav Rachna International University, Faridabad on 4th April 2021. Our Club recognized at RYLA. President Rtn Mukta Malhotra along with Rtr Dipanvita Sehgal, President, Rtr Svetlana Sehgal, Vice President and Rtr Khushboo, Secretary well attended RYLA event from our Rotaract Club of Gurgaon Harmony lberis.





# **Meeting with DGE Rtn Anup Mittal**



President Rtn Mukta Malhotra attended meeting with DGE Anup Mittal on 17th April 2021 at 5pm. Meeting's topic was 'Way to Move forward during Covid pandemic time. It was very beneficial meeting.

**Meeting with DGE Rtn Anup Mittal** 



President Rtn Mukta Malhotra attended a virtual meeting with DGE Anup Mittal on 17th April 2021 at 9pm for AGS 2021-22 to discuss about motivating the incoming presidents 2021-22.

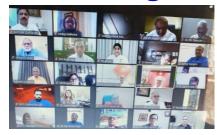




# Meeting with BK Sister Shivani and a conversation with RID Kamal Singhvi







President Rtn Mukta Malhotra attended the Speaker Meeting with BK Sister Shivani, DG Rtn Sanjiv Rai Mehra and a conversation with RID Kamal Singhvi was held on 18<sup>th</sup> April 2021 at Zoom. Our Club was one of the co-host. Speaker BK Sister Shivani spoke on 'Rotary & Spirituality'. Session attended by 900+ Rotarians including galaxy of PDG, District Dignitaries, Presidents, Secretaries. It was very well organized event.

## **Meeting with DGE Rtn Anup Mittal**



President Rtn Mukta Malhotra attended a meeting with DGE Rtn Anup Mittal on 24<sup>th</sup> April 2021 at Zoom.



## Club Service

#### **Board e-Meeting**













Board Meeting was held on 14th April 2021 at Zoom. President Rtn Mukta Malhotra updated the project details successfully completed till date and she shared the project plans. It was very fruitful meeting.

Regular Club e-Meeting













Regular Club Meeting was held on 14th April 2021 at Zoom. President Rtn Mukta Malhotra updated the project details successfully completed till date. It was very fruitful meeting. On request of the President, Rotaract Club President Dipanvita shared her experience of RYLA event.



## From the Secretary's Desk

Rotary Designated Months	
January	Vocational Service
February	Peace and
	Conflict
	Prevention/
	Resolution
March	Water and
	Sanitation
April	Maternal and
	Child Health
May	Youth Service
June	Rotary
	Fellowships

Calendar of Events	
12 May 2021	Virtual Regular Club Meeting
26 May 2021	Virtual Regular Club Meeting
May 2021	Projects as planned

#### **Best Wishes & Felicitations**

#### **Birthdays**

2 May Rtn. Rakesh Kumar Singh 14 May Rtn. Anjali Rana 27 May Mr Daljit Singh Bais 28 May Rtn. Praveen Bhargava

14 June Rtn Shobha Khatri

16 June Rtn Raghubar Swaroop Atroley

#### **Anniversaries**

17 May Rtn. Neera Jolly & Mr. N.K. Jolly





**Editor: Rtn Neera Jolly** 

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