

2015 Schedule

Thursday, August 13

5:30 p.m.

- Thursday night movie: Trails in Motion Film Tour
Bear Tooth Theatre, 1230 W. 27th Ave.
\$7 general admission, \$9 reserved booth

Friday, August 14

7:30 a.m.

- Run/walk with Jeff Galloway
Hotel Captain Cook Lobby, 939 W. 5th Ave.

3 – 7 p.m.

- BWLR Health and Fitness Expo and Bib Pick-up
Last chance registration
Dena'ina Center, 600 W. 7th Ave.

5:30 p.m.

- Free Running Clinic – The Empower Hour with Tara Lampert
Dena'ina Center, 600 W. 7th Ave.

Saturday, August 15

8 a.m.

- Run/walk with Jeff Galloway and Bart Yasso
Hotel Captain Cook Lobby, 939 W. 5th Ave.

9 a.m. – 4 p.m.

- BWLR Health and Fitness Expo and Bib Pick-up
- Last chance registration
Dena'ina Center, 600 West 7th Ave.
9 a.m. – 4 p.m.

9:30 a.m.

- Children's Hospital at Providence Kids' 2K Run, Family Health & Safety Day
Delaney Park Strip, 10th and G St.

10 a.m.

- Free Running Clinic – Are you Power Hungry? With Heidi Beer
Dena’ina Center, 600 W. 7th Ave.

10:30 a.m.

- Anchorage Mile Sponsored by Alaska Urology
Delaney Park Strip, 10th and G St.

11:00 a.m.

- Free Running Clinic – Breathing Your Way to a Stronger Core with Ana Kokaurova
Dena’ina Center, 600 W. 7th Ave.

12:30 – 2:30 p.m.

- Pre-race Pasta Feed
Featured speakers: Jeff Galloway and Bart Yasso
Dena’ina Center, 600 W. 7th Ave.
\$10 at the door

2 - 5 p.m.

- Jeff Galloway Running Clinic
Dena’ina Center, 600 W. 7th Ave.
\$99

Sunday, August 16

All events start and finish at 6th Ave. and F St.

8 a.m.

- United Physical Therapy 49K Ultra
- Moose’s Tooth Marathon Walk Start

9 a.m.

- Moose’s Tooth Marathon Start
- Bear Tooth Marathon Relay Start

9:30 a.m.

- Skinny Raven Half Marathon Start

10 a.m.

- Snow City Café 5K Start