

# Anchorage RunFest: 2016 Schedule

## August 18, Thursday

### 7:30 AM:

#### **Run/walk with visiting VIP**

Location: Hotel Captain Cook lobby, 939 W. 5th Avenue

### 5:30 PM:

#### **Movie Night, "2016 Trails in Motion"**

Location: Bear Tooth Theatrepub, 1230 West 27th Avenue

Tickets: \$8.00 general admission

## August 19, Friday

### 7:30 AM:

#### **Run/walk with visiting VIP**

Location: Hotel Captain Cook lobby, 939 W. 5th Avenue

### 3 – 7 PM:

#### **RunFest Health and Fitness Expo and Bib Pick-up**

Location: Dena'ina Center, 600 West Seventh Avenue

## August 20, Saturday

### 2 – 5 PM:

#### **Jeff Galloway Running Clinic**

Cost: \$99

Location: Dena'ina Center, 600 West Seventh Avenue

### 9 AM – 4PM:

#### **RunFest Health and Fitness Expo and Bib Pick-up**

Location: Dena'ina Center, 600 West Seventh Avenue

**9:30 AM:**

**Healthy Heroes Warm-up for Kids**

Location: Delaney Park Strip near 9th and G Streets

**10 AM:**

**The Children's Hospital at Providence Kid's 2K Run**

Location: Delaney Park Strip near 9th and G Streets

**10:00 AM - 2:00 PM:**

**Family Health & Safety Day**

Location: Delaney Park Strip between E and I Streets

**11 AM:**

**The Anchorage Mile**

Start: 10th and H Streets

**12:30 PM - 2:30 PM:**

**Pasta Feed presented by Health North Family Medicine**

Location: Dena'ina Center, 600 West Seventh Avenue

Cost: \$10, tickets available at the door

## August 21, Sunday

**7:30 AM:**

**Yoga by Divine Intervention Design**

Town Square (adjacent to the starting line)

Led by: Cazoshay Ward

**8 AM:**

**United Physical Therapy 49K Ultra**

Start/Finish: 6th and F Streets

**8 AM:**

**Moose's Tooth Marathon Walk**

Start/Finish: 6th and F Streets

**9 AM:**

**Moose's Tooth Marathon**

Start/Finish: 6th and F Streets

**9 AM:**

**Bear Tooth Marathon Relay**

Start/Finish: 6th and F Streets

**9:30 AM:**

**Skinny Raven Half Marathon**

Start/Finish: 6th and F Streets

**10 AM:**

**Spenard Roadhouse 5K**

Start/Finish: 6th and F Streets