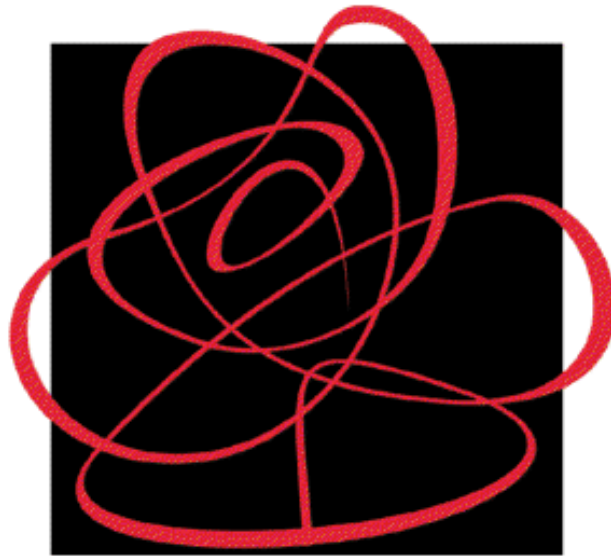


*The Lloyd Center Ice Rink presents*



# Ice Crystal Classic

ISI and USFS Basic Skills Open Competition

**25<sup>th</sup> Year of this Annual Event**

**November 9<sup>th</sup> - 11<sup>th</sup>, 2012**

**Lloyd Center Ice Rink  
953 Lloyd Center  
Portland, OR 97232**

**Phone: (503) 288-6073  
Fax: (503) 288-  
6940**

**\*\*Entry Deadline Sunday, October 7<sup>th</sup>, 2012\*\***

**Lloyd Center Ice Rink  
25<sup>th</sup> Annual Ice Crystal Classic  
ISI and USFS Basic Skills Open Competition  
November 9<sup>th</sup>-11<sup>th</sup>, 2012**

ISI Endorsement #                      pending  
USFS Approval                          pending

Dear ISI Member Rinks and USFS Clubs, Skaters and Parents

We cordially invite you to attend the 25<sup>th</sup> Annual Ice Crystal Classic, ISI and USFS Basic Skills Open Competition that will be held at Lloyd Center Ice Rink in Portland, Oregon.

Lloyd Center Ice Rink is a single-surface facility that is located in the heart of the Lloyd Center Mall in Portland, Oregon. The Lloyd Center Mall offers great shopping, restaurants, and entertainment within walking distance of our rink and is connected to Max (the Metropolitan Area Express, Portland's light rail service) for easy access to the Rose Garden, downtown shopping and fine dining.

Enclosed in this announcement is information about our competition including a separate packet of information for ISI and Basic Skills events. We have separated this Announcement into sections to avoid any confusion. Registration for all events should be completed by completing an entry form provided with this packet. Additional registration forms can be obtained on our website at [www.lloydcenterice.com](http://www.lloydcenterice.com).

*We are excited to include special skating awards this year for skaters that enter three or more events. All skaters that have entered at least three events will qualify to be evaluated throughout the competition for these special skating awards that include Best Overall Artistic Skater, Best Overall Jumps, and Best Overall Spins. **See the Special Awards section of this packet for more information.***

**The postmark deadline for all entry forms is Sunday, October 7<sup>th</sup>, 2012.** Late entries, if accepted, may be charged double. If you have any questions, please contact Lloyd Center Ice Rink at (503) 288-6073. A complete schedule will be sent to each

skater, participating rink, and posted on-line approximately two weeks prior to the start of the competition.

We look forward to seeing you!

Respectfully,  
forms to:

Christy Ward  
**Director**  
Competition Director / Chief Referee  
**Center**

Please send all  
**Lloyd Center Ice Rink**  
**Attn: Competition**  
**953 Lloyd**  
**Portland, OR 97232**

### **General Competition Information**

**Competition Dates:** November 9<sup>th</sup> – 11<sup>th</sup>, 2012

**Entry Form Postmark Deadline:** Sunday, October 7<sup>th</sup>, 2012  
Late entries, if accepted, may be charged a late fee. There will be a \$20 fee to change your entered events after the deadline.

**Rink Address:** Lloyd Center Ice Rink  
953 Lloyd Center  
Portland, OR 97232

**Verification:** The information on the entry form must be accurate and complete. Inaccurate and / or incomplete forms will be returned. False information will result in disqualification. Payment is due when the entry form is submitted. There will be a \$20.00 fee for any changes made to your original entry form.

**Hospitality:** There will be a hospitality area open to all judges, coaches, and volunteers.

**Age and Gender of Groups:** Will be determined by the number of entries in each level. If needed girls and boys may be mixed in order to provide competition within

age groups in events.

**Music and Registration:** All skaters are to check in at the registration desk at least 1 hour prior to the scheduled event. If the competition is running ahead of schedule, an event may begin earlier than the scheduled time. Events will NOT be held for late skaters, and no refund will be given if a skater misses the event. CD's should be turned in at the Registration desk.

Music will be available for pick-up within one hour following the event. CD's are to be clearly labeled with the skater's name, level, event, and the rink they represent. There should be no more than one program on a CD. Be sure to bring a back-up CD. No cassette tapes are allowed. **CD's should be recorded in .WAV format avoid problems.** MP3 and MP4 formatted CD's may not play on our sound system.

**Practice Ice:** A schedule for practice ice will be posted on our website at [www.lloydcenterice.com](http://www.lloydcenterice.com) by November 1<sup>st</sup>, 2012

**Schedule of Events:** A copy of the competition schedule will be posted on our website at [www.lloydcenterice.com](http://www.lloydcenterice.com) by November 1<sup>st</sup>, 2012

**Awards:** All skaters will receive an award. Awards will be presented when the results of that event are posted. Team trophies will be awarded to the top 6 rinks which have Accumulated the most Team Points in ISI events.

**Special Awards:** Three special awards will be awarded at the conclusion of the competition for skaters that have

entered three or more events. Awards are open to all skaters and will be awarded for:

- Best Overall Artistic Skater
- Best Overall Jumps
- Best Overall Spins

Skaters will be awarded broken down into the following categories:

\* Low Level: Tot - Delta (ISI)  
Snowplow Sam - Basic 8 (Basic Skills)

(ISI)  
Medium Level: Freestyle 1 - Freestyle 4  
Freeskate 1 - Freeskate 6 (Basic Skills)  
(ISI)  
High Level: Freestyle 5 - Freestyle 10  
Non Test - Preliminary (Basic Skills)

Skaters that enter three or more events will be judged on all elements that are present during the event. The average of their score will be determined at the end of the competition and the skaters will be announced for each category in each level.

**Rink Size:** The ice surface is 176' x 76'

**Refunds:** No refunds will be granted after the close of entries unless submitted with a doctor's note.

**Lloyd Center Ice Rink**  
**25<sup>th</sup> Annual Ice Crystal Classic**  
**ISI and USFS Basic Skills Open Competition**  
**November 9<sup>th</sup> through 11<sup>th</sup>, 2012**

## **Include a Love Line to someone special in our competition program**



*Only \$5!*

Please fill out and return with your payment (25 words or less).

**Skater's Name:** \_\_\_\_\_

**Message:** \_\_\_\_\_

\_\_\_\_\_

Love Lines must be submitted on or before Sunday, October 7<sup>th</sup>, 2012 in order to be included in our program.

**Suggestion: Send it in with your entry form – that way you won't forget.**

\*Please make checks payable to Lloyd Center Ice Rink and mail to:

***Lloyd Center Ice Rink  
Attn: Competition Director  
953 Lloyd Center  
Portland, OR 97232***

**Lloyd Center Ice Rink  
25<sup>th</sup> Annual Ice Crystal Classic  
ISI and USFS Basic Skills Open Competition  
November 9<sup>th</sup> through 11<sup>th</sup>, 2012**

We are expecting approximately 300 competitors for our competition.

If you have a product or service you would like to promote, please place an ad in our commemorative program.

Thank you in advance for your support.

Program Ad Prices

- 1 Line ..... \$ 5.00
- Business Card ..... \$ 25.00
- ¼ Page ..... \$ 35.00
- ½ Page ..... \$ 60.00
- Full Page ..... \$ 100.00

Please fill out and return with your payment.

Name of Company: \_\_\_\_\_

Ad Size: \_\_\_\_\_ Total Amount Due: \_\_\_\_\_

**\*Please make checks payable to Lloyd Center Ice Rink and include your artwork.**

Lloyd Center Ice Rink  
953 Lloyd Center  
Portland, OR 97232  
(503) 288-6073

**Directions to Lloyd Center Ice Rink**

The Lloyd Center Mall is located approximately ½ mile east of I-5. We are located in the center of the mall on the 1<sup>st</sup> level next to Macy’s. The streets surrounding the Lloyd Center Shopping Center are NE Halsey St, NE 15<sup>th</sup> Ave., NE Multnomah St., and NE 9<sup>th</sup> Ave.

**Driving Directions**

### **From the North of Portland**

- Take I-5 South toward Portland
- Take EXIT 302A toward ROSE QUARTER / CITY CENTER
- Take the ramp toward ROSE QTR
- Turn LEFT onto NE WEIDLER ST
- Turn RIGHT onto NE 14<sup>TH</sup> AVE
- Turn RIGHT onto NE HALSEY ST / LLOYD CTR

### **From the South of Portland**

- Take I-5 North toward Portland
- Take EXIT 302A toward ROSE QUARTER / BROADWAY-WEIDLER ST
- Turn RIGHT onto NE WEIDLER ST
- Turn RIGHT onto NE 14<sup>TH</sup> AVE
- Turn RIGHT onto NE HALSEY ST / LLOYD CTR

### **From the East of Portland**

- Take I-84 West toward Portland
- Take the LLOYD CENTER exit, EXIT 1
- Keep RIGHT at the fork to go on NE 13<sup>TH</sup> AVE
- Turn RIGHT onto NE MULTNOMAH ST

## **List of Area Hotels / Motels**

Lloyd Center Ice Rink is conveniently located in the center of the Lloyd Center Mall. There are many hotels and motels to choose from in close proximity to the mall. Listed below are some of the local accommodations.

Doubletree Hotel  
1000 NE Multnomah St  
Portland, OR 97232  
(503) 281-6111



<http://doubletree1.hilton.com>

Residence Inn Portland Downtown / Lloyd Center

1710 NE Multnomah St

Portland, OR 97232

(503) 288-1400

[www.marriott.com/hotels/travel/pdxlc](http://www.marriott.com/hotels/travel/pdxlc)

Red Lion Hotel Portland

1021 NE Grand Ave

Portland, OR 97232

(503) 235-2100

<http://redlion.rdln.com/HotelLocator/HotelOverview.aspx?metaID=38>

Courtyard Hotel Downtown Portland at Lloyd Center

435 NE Wasco St

Portland, OR 97232

(503) 234-3200

<http://www.marriott.com/hotels/travel/pdxcl-courtyard-portland-downtown-lloyd-center>

LaQuinta Inn Portland Convention Center

431 NE Multnomah St

Portland, OR 97232

(503) 233-7933

<http://www.lq.com/lq/properties/propertyProfile.do?ident=LQ462&propId=462>

Inn at the Convention Center

420 NE Holladay St

Portland, OR 97232

(503) 233-6331

<http://www.innatcc.com/info.html>

# USFS Basic Skills Events



# USFS Basic Skills Event Information

## ELIGIBILITY:

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/club or any other Basic Skills Program/club.

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Basic Skills 1-8** skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the **Free skate 1-6, Test Track and Well Balanced levels**, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below their class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.**

## JUDGING:

The USFS events will be judged according to the rules and regulations set forth in the U.S. Figure Skating Basic Skills Competition Manual 2012-2013.

There will be a hospitality area open to all judges, coaches, and volunteers.

## RULES:

The USFS events in this competition will be conducted in accordance with the 2012-2013 US Figure Skating Basic Skills Competition Manual and the 2012-2013 US Figure Skating Rules and Standards.

## U.S. Figure Skating / ISI- Basic Skills Conversion Chart

<b><i>Basic Skills Event</i></b>	<b><i>ISI program &amp; have passed</i></b>	<b><i>Basic Skills Event</i></b>	<b><i>ISI program &amp; have passed</i></b>
Snowplow	Tot	Basic 8	Delta-Freestyle 1
Basic 1	Pre-alpha (age 7 & older)	Free Skate 1	Delta-Freestyle 2
Basic 2	Advanced Pre-Alpha	Free Skate 2	Freestyle 1-3
Basic 3	Advanced Pre-Alpha	Free Skate 3	Freestyle 2-3
Basic 4	Alpha Gamma	Free Skate 4	Freestyle 4
Basic 6	Delta (except spiral)	Free Skate 5	Freestyle 4-5
Basic 7	Gamma (except scratch spin & ballet jump)	Free Skate 6	Freestyle 5-6

## LIST OF USFS BASIC SKILLS EVENTS

<b>Basic Elements Event</b>	Snowplow Sam – Basic 8
<b>Basic Program Event</b>	Snowplow Sam – Basic 8
<b>Free Skate Elements Event</b>	Free Skate 1 – 6
<b>Free Skate Event</b>	Free Skate 1 – 6
<b>Compulsory Event</b>	Limited Beginner –
<b>Preliminary</b>	
<b>Well-Balanced Program</b>	No Test – Preliminary
<b>Showcase Events</b>	Snowplow Sam – Preliminary
<b>Interpretive Events</b>	Snowplow Sam –
<b>Preliminary</b>	

### Showcase Events

- Skaters should enter at their free skate level
- Divided into age and level categories as entries warrant
- Theme of skater's choice
- May have music with words
- Judging to emphasize entertainment value and interpretation of music rather than technical skills
- Costumes to complement music
- May use hand props or any items that skater can get on and off the ice without assistance within 30 seconds.
- Program Time: up to 1:30 +/- 10 seconds

\*\*\*\*\*  
\*\*\*\*\*

### Interpretive Events

**Competition Rules:** The Organizing Committee will pre-select music for the Interpretive events.

All skaters in an event will skate to the same music. Skaters will have the chance to hear the music selection twice during the warm-up. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or other area to await their turn to skate. Skaters

will hear the music one more time before they skate their program.

**Levels:** The Interpretive Events are open to all U.S. Basic Skills and U.S. Figure Skating members through the Preliminary level. Skaters should enter at their free skate level. Each event group will be broken by age and ability as warranted by the entries received. Male and female skaters may be combined.

**Judging Rules:** Skaters are judged on originality, music interpretation / expression, pattern, variety of moves used, and creativity. Jumps and spins performed must be appropriate to the competition level.

**Coaching Rules:** There is no instruction allowed during this event from coaches, parents, or other skaters. Staging area must be kept clear except for Ice Monitor and authorized competition personnel.

<b><u>Snowplow Sam:</u></b> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<b><u>Basic 5:</u></b> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 4-6 consecutive - both directions</li> <li>3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>4. Side toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
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## **BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8**

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice

\* No music

<b><u>Basic 1</u></b> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<b><u>Basic 6:</u></b> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<b><u>Basic 2</u></b> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>3. Forward two foot swizzles 2-3-in a row</li> <li>4. Moving snowplow stop</li> <li>5. Backward wiggles 2-6 in a row</li> <li>6. Two foot turn in place- forward to backward</li> <li>7. Forward snowplow stop</li> <li>8. Backward two foot swizzles 6 - 8 in a row</li> </ol>	<b><u>Basic 7:</u></b> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Backward crossovers 4-6 consecutive in both directions</li> <li>3. Ballet Jump - either direction</li> <li>4. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions clockwise and counter clockwise</li> <li>5. Side toe hop - either direction</li> <li>6. Forward inside pivot</li> <li>7. Hockey stop</li> </ol>
<b><u>Basic 3</u></b> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Forward slalom</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin – minimum three revolutions</li> </ol>	<b><u>Basic 8:</u></b> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<b><u>Basic 4</u></b> <ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn - R &amp; L</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 4-6 consecutive both directions</li> <li>4. Backward stroking - 4-6 strokes</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

- **All elements must be skated in the order listed**

\* Time: 1:00 or less

## **BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p>Basic 1</p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p>Basic 6:</p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p>Basic 2</p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place- forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>5. Moving snowplow stop</li> </ol>	<p>Basic 7:</p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump- either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p>Basic 3</p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide – either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin – minimum three revolutions</li> </ol>	<p>Basic 8:</p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p>Basic 4</p> <ol style="list-style-type: none"> <li>1. Forward crossovers 4-6 consecutive both directions</li> <li>2. Standstill forward outside three- turn - R &amp; L</li> <li>3. Backward stroking - 4-6 strokes</li> <li>4. Backward snowplow stop - R or L</li> </ol>	

## FREE SKATE 1-6 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

<p><b><u>Free skate 1 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4</li> </ol>	<p><b><u>Free skate 4 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive sets-R or L</li> <li>2. Sit spin- minimum three revolutions</li> <li>3. Loop jump</li> </ol>
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inside 3. One-foot upright scratch spin from backward crossovers-minimum three revolutions 4. Waltz jump from backward crossovers 5. Half flip jump	4. Waltz jump/loop jump
<b><u>Free skate 2 Compulsory</u></b> 1. Forward outside or inside spiral - R or L 2. Waltz Three's - R or L, 2-3 sets 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump	<b><u>Free skate 5 Compulsory</u></b> 1. Camel spin- minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions, each foot 3. Loop/loop jump 4. Flip jump
<b><u>Free skate 3 Compulsory</u></b> 1. Forward crossovers in a figure 8 2. Backward inside three-turns, R & L 3. Back spin- minimum three revolutions 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop	<b><u>Free skate 6 Compulsory</u></b> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of four revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

## FREE SKATE 1-6 PROGRAM EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free skate 1	Free skate 4
1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers- minimum three revolutions 3. Waltz jump from back crossovers 4. Half flip jump	1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin-minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump
Free skate 2	Free skate 5
1. Forward outside spiral R or L 2. Beginning back spin - minimum two revolutions 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	1. Camel spin-minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions each foot 3. Loop/loop combination jump 4. Flip jump
Free skate 3	Free skate 6
1. Forward crossovers in a figure 8 2. Back spin-minimum three revolutions 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	1. Camel/sit spin combination-minimum four revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

## Compulsory Event Well Balanced Levels

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two foot or one foot spin, minimum three revolutions (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
Beginner Compulsory	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin- minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:15
No Test Compulsory	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin- sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:15
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Flip jump</li> <li>2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump</li> <li>3. Solo spin- sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:15
Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Lutz jump</li> <li>2. Single jump combination (may not use Lutz jump or Axel)</li> <li>3. Camel spin- minimum three revolutions</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

# Well-balanced Program Requirements

## U.S. Figure Skating rulebook requirements

LEVEL	Jump Elements	Spins	Steps	Qualifications
<b>No Test #4280</b>  Times Vary 1:00-1:30 +/-10 Refer to announcement	Max 5 Single Jumps (no Axel) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single jumps (half-loop is not considered a single jump).	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Must use one half the ice surface	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.
<b>Pre-preliminary #4270</b>  <b>Time: 1:30 +/- 10</b>	Max 5 Single Jumps only (Axel permitted) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single jumps (half-loop is not considered a single jump). Axel may be repeated as individual jump, combo, or sequence. Max 2 Axels.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Must use one half the ice surface	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test.
<b>Preliminary #4260</b>  <b>Time: 1:30 +/- 10</b>	Max 5 1 Axel or Waltz jump type jump Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single/double jumps (half-loop is not considered a single jump). Only 2 different double jumps may be attempted (double Salchow, toe or loop only) Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. Max of 2 Axels or any double jump.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Must use one half the ice surface	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.

**Lloyd Center Ice Rink**  
**25<sup>th</sup> Annual Ice Crystal Classic**  
**USFS Basic Skills Open Competition**  
**November 9<sup>th</sup> - 11<sup>th</sup>, 2012**

Name _____		Phone _____	Alternate Phone _____
Address _____		City _____	State _____ Zip _____
Female / Male (circle) _____	Age on 11/01/2012 _____	Birth Date _____	Email Address _____
Highest Levels Passed: _____		Free Skate _____	Moves in the Field _____
Basic Skills _____			
USFS Club or Basic Skills Program _____	USFS Number _____	Coach's Name _____	Coach's Phone _____

**Please check the event(s) you are entering:**

<b>Basic Skills:</b>		<b>Free Skate Elements:</b>		<b>Compulsory:</b>	
___ Snowplow Sam		___ Free Skate 1		___ Limited Beginner	
___ Basic 1	___ Basic 5	___ Free Skate 2		___ Beginner	
___ Basic 2	___ Basic 6	___ Free Skate 3		___ No Test	
___ Basic 3	___ Basic 7	___ Free Skate 4		___ Pre-Preliminary	
___ Basic 4	___ Basic 8	___ Free Skate 5		___ Preliminary	
		___ Free Skate 6			
<b>Basic Program:</b>		<b>Free Skate:</b>		<b>Well-Balanced Program:</b>	
___ Snowplow Sam		___ Free Skate 1		___ No Test	
___ Basic 1	___ Basic 5	___ Free Skate 2		___ Pre-Preliminary	
___ Basic 2	___ Basic 6	___ Free Skate 3		___ Preliminary	
___ Basic 3	___ Basic 7	___ Free Skate 4			
___ Basic 4	___ Basic 8	___ Free Skate 5			
		___ Free Skate 6			
<b>Showcase:</b>			<b>Interpretive:</b>		
___ Snowplow Sam			___ Snowplow Sam		
___ Basic 1	___ Basic 5	___ Basic 1	___ Basic 5		
___ Basic 2	___ Basic 6	___ Basic 2	___ Basic 6		
___ Basic 3	___ Basic 7	___ Basic 3	___ Basic 7		
___ Basic 4	___ Basic 8	___ Basic 4	___ Basic 8		
___ Free Skate 1	___ Free Skate 5	___ Free Skate 1	___ Free Skate 5		
___ Free Skate 2	___ Free Skate 6	___ Free Skate 2	___ Free Skate 6		
___ Free Skate 3	___ Free Skate 7	___ Free Skate 3	___ Free Skate 7		
___ Free Skate 4	___ Free Skate 8	___ Free Skate 4	___ Free Skate 8		
___ No Test			___ No Test		
___ Pre-Preliminary			___ Pre-Preliminary		
___ Preliminary			___ Preliminary		

## USFS Basic Skills In-house Competition – continued

### Certification of the Competitor

The competitor is eligible to enter the event(s) checked. It is agreed that the competitor skates this competition at his / her own risk. The competitor and family hereby release Lloyd Center Ice Rink, participating clubs, participating rinks, their personnel, and contractors from all liabilities. The competitor and family also agree that any photographs or videos taken by ISI, USFS, Lloyd Center Ice Rink, or any authorized party may be used by ISI, USFS or Lloyd Center Ice Rink for promotional purposes.

Competitor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor / Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Club Officer / Program Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Entry Fee is \$45 for the First USFS Event, \$20 for each additional event

First Event \$45 \$ \_\_\_\_\_

Each Additional Event \$20 x # of events \_\_\_\_\_ \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

The completed entry form with fees must be postmarked no later than October 7<sup>th</sup>, 2012.

Late entries, if accepted, will be charged double.

Make check or money order payable to Lloyd Center Ice Rink

Returned check fee is \$25.00

To pay with a credit card: ☐ Visa ☐ Mastercard

\_\_\_\_\_  
Credit Card Number      Expiration Date      3-Digit Verification Code

\_\_\_\_\_  
Name on Card (please print)      Signature

Mail check and completed entry form to:

Lloyd Center Ice Rink  
Attn: Competition Director  
953 Lloyd Center  
Portland, OR 97232