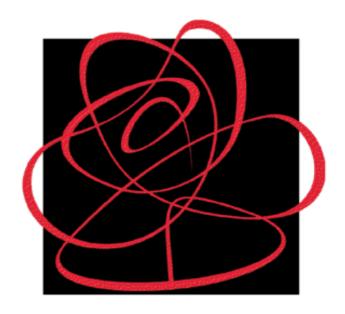
# The Lloyd Center Ice Rink presents



# Ice Crystal Classic

ISI and USFS Basic Skills Open Competition

# 25th Year of this Annual Event

November 9th - 11th, 2012

Lloyd Center Ice Rink 953 Lloyd Center Portland, OR 97232

Phone: (503) 288-6073

Fax: (503) 288-

6940

#### \*\*Entry Deadline Sunday, October 7th, 2012\*\*

Lloyd Center Ice Rink 25<sup>th</sup> Annual Ice Crystal Classic ISI and USFS Basic Skills Open Competition November 9<sup>th</sup>-11<sup>th</sup>, 2012

ISI Endorsed USFS Approved

Dear ISI Member Rinks and USFS Clubs, Skaters and Parents

We cordially invite you to attend the 25<sup>th</sup> Annual Ice Crystal Classic, ISI and USFS Basic Skills Open Competition that will be held at Lloyd Center Ice Rink in Portland, Oregon.

Lloyd Center Ice Rink is a single-surface facility that is located in the heart of the Lloyd Center Mall in Portland, Oregon. The Lloyd Center Mall offers great shopping, restaurants, and entertainment within walking distance of our rink and is connected to Max (the Metropolitan Area Express, Portland's light rail service) for easy access to the Rose Garden, downtown shopping and fine dining.

Enclosed in this announcement is information about our competition including a separate packet of information for ISI and Basic Skills events. We have separated this Announcement into sections to avoid any confusion. Registration for all events should be completed by completing an entry form provided with this packet. Additional registration forms can be obtained on our website at <a href="https://www.lloydcenterice.com">www.lloydcenterice.com</a>.

We are excited to include special skating awards this year for skaters that enter three or more events. All skaters that have entered at least three events will qualify to be evaluated throughout the competition for these special skating awards that include Best Overall Artistic Skater, Best Overall Jumps, and Best Overall Spins. See the Special Awards section of this packet for more information.

The postmark deadline for all entry forms is Sunday, October 7<sup>th</sup>, 2012. Late entries, if accepted, may be charged double. If you have any questions, please contact Lloyd Center Ice Rink at (503) 288-6073. A complete schedule will be sent to each

skater, participating rink, and posted on-line approximately two weeks prior to the start of the competition.

We look forward to seeing you!

Respectfully,

Please send all

forms to:

Lloyd Center Ice Rink Christy Ward Attn:

Competition

Director

Competition Director / Chief Referee

953 Lloyd

Center

Portland, OR 97232

#### **General Competition Information**

November 9<sup>th</sup> - 11<sup>th</sup>, 2012 **Competition Dates:** 

Sunday, October 7<sup>th</sup>, 2012 **Entry Form Postmark Deadline:** 

Late entries, if accepted, may be charged a late fee. There will be a \$20 fee to change your entered events

after the deadline.

**Rink Address:** Lloyd Center Ice Rink

953 Lloyd Center

Portland, OR 97232

**Verification:** The information on the entry form must be accurate and complete. Inaccurate and

/ or incomplete forms will be returned. False information will result in

disqualification. Payment is due when the entry form is submitted. There will be a

\$20.00 fee for any changes made to your original entry form.

**Hospitality:** There will be a hospitality area open to all judges, coaches, and volunteers.

Age and Gender of Groups: Will be determined by the number of entries in each level. If needed

girls and boys may be mixed in order to provide competition within

age groups in events.

<u>Music and Registration:</u> All skaters are to check in at the registration desk at least 1 hour

prior to the scheduled event. If the competition is running ahead of

schedule, an event may begin earlier than the scheduled time. Events

 $\,$  will NOT be held for late skaters, and no refund will be given if a

skater misses the event. CD's should be turned in at the Registration desk.

Music will be available for pick-up within one hour following the

event. CD's are to be clearly labeled with the skater's name, level,

event, and the rink they represent. There should be no more than

one program on a CD. Be sure to bring a back-up CD. No

cassette tapes are allowed. CD's should

be recorded in .WAV

format avoid problems. MP3 and MP4 formatted CD's may not play on our sound system.

Practice Ice:

On our website at

www.lloydcenterice.com by November 1<sup>st</sup>, 2012

Schedule of Events:

Will be posted on our website at

Www.lloydcenterice.com by November 1st, 2012

<u>Awards:</u> All skaters will receive an award. Awards will be presented when the results of that event are posted. Team trophies will be awarded to the top 6 rinks which have

Accumulated the most Team Points in ISI events.

<u>Special Awards:</u> Three special awards will be awarded at the conclusion of the competition for skaters that have

entered three or more events. Awards are open to all skaters and will be awarded for:

- Best Overall Artistic Skater
- Best Overall Jumps
- Best Overall Spins

Skaters will be awarded broken down into the following categories:

\* Low Level: Tot - Delta (ISI)

Snowplow Sam - Basic 8 (Basic

Skills)

\* Medium Level: Freestyle 1 - Freestyle 4

(ISI)

Freeskate 1 - Freeskate 6 (Basic

Skills)

\* High Level: Freestyle 5 - Freestyle 10

(ISI)

Non Test - Preliminary (Basic

Skills)

Skaters that enter three or more events will be judged on all elements that are present during the event. The average of their score will be determined at the end of the competition and the skaters will be announced for each category in each level.

Rink Size: The ice surface is 176' x 76'

Refunds: No refunds will be granted after the close of entries unless submitted with a doctor's note.

# **Lloyd Center Ice Rink**

25<sup>th</sup> Annual Ice Crystal Classic ISI and USFS Basic Skills Open Competition November 9<sup>th</sup> through 11<sup>th</sup>, 2012

# Include a Love Line to someone special in our competition program



Please fill out and return with your payment (25 words or less).

Skater's Name: _		 	
Message:			_

Love Lines must be submitted on or before Sunday, October 7<sup>th</sup>, 2012 in order to be included in our program.

Suggestion: Send it in with your entry form – that way you won't forget.

\*Please make checks payable to Lloyd Center Ice Rink and mail to:

Lloyd Center Ice Rink Attn: Competition Director 953 Lloyd Center Portland, OR 97232

> Lloyd Center Ice Rink 25<sup>th</sup> Annual Ice Crystal Classic ISI and USFS Basic Skills Open Competition November 9<sup>th</sup> through 11<sup>th</sup>, 2012

We are expecting approximately 300 competitors for our competition.

If you have a product or service you would like to promote, please place an ad in our commemorative program.

Thank you in advance for your support.

#### **Program Ad Prices**

• 1 Line	\$ 5.00
Business Card	\$ 25.00
• ¼ Page	\$ 35.00
• ½ Page	\$ 60.00
Full Page	\$ 100.00
Please fill out and return with your payment.	

Name of Company:

Ad Size: Total Amount Due:

Lloyd Center Ice Rink 953 Lloyd Center Portland, OR 97232 (503) 288-6073

#### **Directions to Lloyd Center Ice Rink**

The Lloyd Center Mall is located approximately  $\frac{1}{2}$  mile east of I-5. We are located in the center of the mall on the 1<sup>st</sup> level next to Macy's. The streets surrounding the Lloyd Center Shopping Center are NE Halsey St, NE 15<sup>th</sup> Ave., NE Multnomah St., and NE 9<sup>th</sup> Ave.

#### **Driving Directions**

<sup>\*</sup>Please make checks payable to Lloyd Center Ice Rink and include your artwork.

#### From the North of Portland

- Take I-5 South toward Portland
- Take EXIT 302A toward ROSE QUARTER / CITY CENTER
- Take the ramp toward ROSE QTR
- Turn LEFT onto NE WEIDLER ST
- Turn RIGHT onto NE 14<sup>TH</sup> AVE
- Turn RIGHT onto NE HALSEY ST / LLOYD CTR

#### From the South of Portland

- Take I-5 North toward Portland
- Take EXIT 302A toward ROSE QUARTER / BROADWAY-WEIDLER ST
- Turn RIGHT onto NE WEIDLER ST
- Turn RIGHT onto NE 14<sup>TH</sup> AVE
- Turn RIGHT onto NE HALSEY ST / LLOYD CTR

#### **From the East of Portland**

- Take I-84 West toward Portland
- Take the LLOYD CENTER exit, EXIT 1
- Keep RIGHT at the fork to go on NE 13<sup>TH</sup> AVE
- Turn RIGHT onto NE MULTNOMAH ST

## **List of Area Hotels / Motels**

Lloyd Center Ice Rink is conveniently located in the center of the Lloyd Center Mall. There are many hotels and motels to choose from in close proximity to the mall. Listed below are some of the local accommodations.

Doubletree Hotel 1000 NE Multnomah St Portland, OR 97232 (503) 281-6111

#### http://doubletree1.hilton.com

Residence Inn Portland Downtown / Lloyd Center 1710 NE Multnomah St Portland, OR 97232 (503) 288-1400 www.marriott.com/hotels/travel/pdxlc

Red Lion Hotel Portland

1021 NE Grand Ave

Portland, OR 97232

(503) 235-2100

<a href="http://redlion.rdln.com/HotelLocator/HotelOverview.aspx?metaID=38">http://redlion.rdln.com/HotelLocator/HotelOverview.aspx?metaID=38</a>

Courtyard Hotel Downtown Portland at Lloyd Center 435 NE Wasco St Portland, OR 97232 (503) 234-3200

http://www.marriott.com/hotels/travel/pdxcl-courtyard-portland-downtown-lloyd-center

LaQuinta Inn Portland Convention Center 431 NE Multnomah St Portland, OR 97232 (503) 233-7933

http://www.lq.com/lq/properties/propertyProfile.do?ident=LQ462&propId=462

Inn at the Convention Center 420 NE Holladay St Portland, OR 97232 (503) 233-6331 http://www.innatcc.com/info.html

# USFS Basic Skills Events



#### **USFS Basic Skills Event Information**

#### **ELIGIBILITY:**

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/club or any other Basic Skills Program/club.

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Basic Skills 1-8** skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below their class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

#### **JUDGING:**

The USFS events will be judged according to the rules and regulations set forth in the U.S. Figure Skating Basic Skills Competition Manual 2012-2013.

There will be a hospitality area open to all judges, coaches, and volunteers.

#### **RULES:**

The USFS events in this competition will be conducted in accordance with the 2012-2013 US Figure Skating Basic Skills Competition Manual and the 2012-2013 US Figure Skating Rules and Standards.

#### U.S. Figure Skating / ISI- Basic Skills Conversion Chart

Basic Skills Event	ISI program & have passed	Basic Skills Event	ISI program & have passed
Snowplow	Tot	Basic 8	Delta-Freestyle 1
Basic 1	Pre-alpha (age 7 & older)	Free Skate 1	Delta-Freestyle 2
Basic 2	Advanced Pre-Alpha	Free Skate 2	Freestyle 1-3
Basic 3	Advanced Pre-Alpha	Free Skate 3	Freestyle 2-3
Basic 4	Alpha Gamma	Free Skate 4	Freestyle 4
Basic 6	Delta (except spiral)	Free Skate 5	Freestyle 4-5
Basic 7	Gamma (except scratch spin &ballet jump)	Free Skate 6	Freestyle 5-6

#### LIST OF USFS BASIC SKILLS EVENTS

Basic Elements Event Snowplow Sam - Basic 8
Basic Program Event Snowplow Sam - Basic 8

Free Skate Elements Event Free Skate 1 - 6

Free Skate Event Free Skate 1 - 6 & Adult

Compulsory Event Limited Beginner -

Preliminary & Adult

**Well-Balanced Program** No Test - Preliminary

Showcase Events Snowplow Sam - Preliminary

Interpretive Events Snowplow Sam -

Preliminary

#### **Showcase Events**

• Skaters should enter at their free skate level

- Divided into age and level categories as entries warrant
- Theme of skater's choice
- May have music with words
- Judging to emphasize entertainment value and interpretation of music rather than technical skills
- Costumes to complement music
- May use hand props or any items that skater can get on and off the ice without assistance within 30 seconds.
- Program Time: up to 1:30 +/- 10 seconds

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#### <u>Interpretive Events</u>

**Competition Rules:** The Organizing Committee will pre-select music for the Interpretive events.

All skaters in an event will skate to the same music. Skaters will have the

chance to hear the music selection twice during the warm-up. Following

the warm-up, all skaters except for the first skater will be escorted to a

soundproof locker room or other area to await their turn to skate. Skaters

will hear the music one more time before they skate their program.

**Levels:** The Interpretive Events are open to all U.S. Basic Skills and U.S. Figure Skating members

through the Preliminary level. Skaters should enter at their free skate level. Each event

group will be broken by age and ability as warranted by the entries received. Male and

female skaters may be combined.

**Judging Rules:** Skaters are judged on originality, music interpretation / expression, pattern,

variety of moves used, and creativity. Jumps and spins performed must be

appropriate to the competition level.

**Coaching Rules:** There is no instruction allowed during this event from coaches, parents, or other

skaters. Staging area must be kept clear except for Ice Monitor and authorized competition personnel.

#### **Snowplow Sam:**

- 1. March followed by a two foot glide and dip
- 2. Forward two foot swizzles 2-3 in a row
- 3. Forward snowplow stop
- 4. Backward wiggles 2-6 in a row

#### Basic 5:

- 1. Backward outside edge on a circle clockwise or counterclockwise
- 2. Backward crossovers 4-6 consecutive both directions
- 3. Basic one foot spin free leg held to side of spinning leg minimum three revolutions
- 4. Side toe hop -either direction
- 5. Hockey stop

#### BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

• To be skated on 1/3 to 1/2 ice

\* No music

Basic 1	Basic 6:
<ol> <li>Forward two foot glide and dip</li> <li>Forward two foot swizzles 6-8 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles 6-8 in a row</li> </ol>	<ol> <li>Standstill forward inside three-turn - R &amp; L</li> <li>Bunny Hop</li> <li>Forward spiral on a straight line - R or L</li> <li>Lunge - R or L</li> <li>T-stop - R or L</li> </ol> Basic 7:
Snowplow Sam:  2 Forward one foot glide - either foot 2 Forward alternating ½ swizzle pumps, in a 1. March followed by a two foot glide and dip straight line - 2-3 each foot 2. Forward two foot swizzles 2-3-in a row 3. Moving snowplow stop 3. Backward wiggles 2-6 in a row 4. Two foot turning place- forward to backward 5. Backward two foot swizzles 6 - 8 in a row  Basic 3	Basic 5: Basic 5: R to L and L to R  1. Backward crossovers 4-6 consecutive in both directions Ballet Jump - either direction Basic one-foot spin - free leg held to side of spinning Back crossovers to a back odiside edge landing position leg - minimum three revolutions clockwise and counter clockwise Side toe hon either direction Forward inside pivot direction Basic 6:
<ol> <li>Forward stroking</li> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>Forward slalom</li> <li>Backward one foot glide - either foot</li> <li>Two foot spin – minimum three revolutions</li> </ol>	<ol> <li>Moving forward outside or forward inside three-turns R &amp; L</li> <li>Waltz jump</li> <li>Mazurka - either direction</li> <li>1 Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
Basic 4	
<ol> <li>Standstill forward outside three-turn - R &amp; L</li> <li>Forward outside edge on a circle clockwise or counter clockwise</li> <li>Forward crossovers 4-6 consecutive both directions</li> <li>Backward stroking - 4-6 strokes</li> <li>Backward snowplow stop - R or L</li> </ol>	

#### All elements must be skated in the order listed

I in the order listed \* Time: 1:00 or less

#### **BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Time: 1:00 +/- 10 seconds

Basic 1	Basic 6:
Forward two foot glide and dip	1. Standstill forward inside three-turn - R & L
2. Forward two foot swizzles 6 -8 in a row	2. Bunny Hop
3. Backward wiggles 6-8 in a row	3. Forward spiral on a straight line R or L
4. Forward snowplow stop	4. Lunge - R or L
	5. T-stop - R or L
Basic 2	Basic 7:
1. Forward one foot glide - either foot	Standstill forward inside open Mohawk -
2. Two foot turn in place- forward to backward	R to L and L to R
3. Backward two foot swizzles 6 - 8 in a row	2. Ballet Jump- either direction
4. Forward alternating ½ swizzle pumps, in a	3. Back crossovers to a back outside edge landing position
straight line – 2-3 each foot	clockwise and counter clockwise
5. Moving snowplow stop	4. Forward inside pivot
Basic 3	Basic 8:
Forward stroking	1. Moving forward outside or forward inside three-turns R & L
2. Forward ½ swizzle pumps on a circle, either	2. Waltz jump
clockwise or counter clockwise 4-6	3. Mazurka in either direction
consecutive	4. 1 Combination move - clockwise or counter clockwise -
3. Backward one foot glide – either foot	two forward crossovers into FI Mohawk, step down, cross
4. Forward slalom	behind, step into one back crossover and step to a forward
5. Two foot spin – minimum three revolutions	inside edge
	5. Beginning one-foot upright spin - free foot held to side
	of spinning leg or crossed position -minimum three
	revolutions
Basic 4	
1. Forward crossovers 4-6 consecutive both	
directions	
2. Standstill forward outside three- turn - R & L	
3. Backward stroking - 4-6 strokes	
4. Backward snowplow stop - R or L	

#### FREE SKATE 1-6 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Time: 1:15 or less

Free skate 1 Compulsory		Free skate 4 Compulsory		
	Advanced forward stroking - 4-6 consecutive Basic forward outside edges and forward		Forward power 3's, 2-3 consecutive sets-R or L Sit spin- minimum three revolutions	
	inside consecutive edges - 2-4 outside and 2-4	3.	Loop jump	

<ul> <li>inside</li> <li>One-foot upright scratch spin from backward crossovers-minimum three revolutions</li> <li>Waltz jump from backward crossovers</li> <li>Half flip jump</li> </ul>	4. Waltz jump/loop jump
Free skate 2 Compulsory	Free skate 5 Compulsory
<ol> <li>Forward outside or inside spiral - R or L</li> <li>Waltz Three's - R or L, 2-3 sets</li> <li>Beginning back spin - entry optional</li> <li>Waltz jump, side toe hop, waltz jump series</li> <li>Toe loop jump</li> </ol>	<ol> <li>Camel spin- minimum three revolutions</li> <li>Forward upright spin to back upright spin-minimum three revolutions, each foot</li> <li>Loop/loop jump</li> <li>Flip jump</li> </ol>
Free skate 3 Compulsory	Free skate 6 Compulsory
<ol> <li>Forward crossovers in a figure 8</li> <li>Backward inside three-turns, R &amp; L</li> <li>Back spin- minimum three revolutions</li> <li>Salchow jump</li> <li>Waltz jump/toe loop or Salchow/toe loop</li> </ol>	<ol> <li>Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)</li> <li>Camel, sit spin combination - minimum of four revolutions total</li> <li>Split jump or stag jump</li> <li>Waltz jump, ½ loop, Salchow combination</li> <li>Lutz jump</li> </ol>

#### FREE SKATE 1-6 PROGRAM EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free skate 1	Free skate 4
1. Advanced forward stroking 4-6 strokes	1. Forward power 3's, 2-3 consecutive R or L
<ul><li>2. One-foot upright scratch spin from back crossovers- minimum three revolutions</li><li>3. Waltz jump from back crossovers</li><li>4. Half flip jump</li></ul>	<ul><li>2. Sit spin-minimum three revolutions</li><li>3. Loop jump</li><li>4. Waltz jump/loop jump</li></ul>
Free skate 2	Free skate 5
1. Forward outside spiral R or L	1. Camel spin-minimum three revolutions
Beginning back spin - minimum two revolutions	Forward upright spin to back upright spin- minimum three revolutions each foot
3. Waltz jump, side toe hop, waltz jump	3. Loop/loop combination jump
4. Toe loop	4. Flip jump
Free skate 3	Free skate 6
<ol> <li>Forward crossovers in a figure 8</li> <li>Back spin-minimum three revolutions</li> </ol>	Camel/sit spin combination-minimum four revolutions total
3. Salchow	<ul><li>2. Split or stag jump</li><li>3. Waltz jump/1/2 loop /Salchow combination</li></ul>
4. Waltz jump/Toe loop or Salchow/toe loop	4. Lutz jump

#### **Compulsory Event Well Balanced Levels**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Time: 1:15 or less
- Skaters may have the option to skate one level higher in compulsories than their free skate program

		QUALIFICATIONS	PROGRAM
LEVEL	ELEMENTS		LENGTH
Limited Beginner Compulsory	<ol> <li>Waltz jump</li> <li>½ jump of choice</li> <li>Forward two foot or one foot spin, minimum three revolutions (free leg position optional)</li> <li>Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
Beginner Compulsory	<ol> <li>Toe loop jump</li> <li>Salchow jump</li> <li>Forward scratch spin- minimum three revolutions</li> <li>Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:15
No Test Compulsory	<ol> <li>Loop jump</li> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>Solo spin- sit or camel spin - minimum three revolutions</li> <li>Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:15
Pre-Preliminary Compulsory	<ol> <li>Flip jump</li> <li>Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump</li> <li>Solo spin- sit or camel spin - minimum three revolutions</li> <li>Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating prepreliminary free skate test	Time :1:15
Preliminary Compulsory	<ol> <li>Lutz jump</li> <li>Single jump combination (may not use Lutz jump or Axel)</li> <li>Camel spin- minimum three revolutions</li> <li>Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters must have passed at least the U.S. Figure Skating prepreliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

## **Well-balanced Program Requirements**

#### U.S. Figure Skating rulebook requirements

	<b>Jump Elements</b>	Spins	Steps	Qualifications
LEVEL				
No Test #4280 Times Vary 1:00-1:30 +/-10 Refer to announcemen	Max 5 Single Jumps (no Axel) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Must use one half the ice surface	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.
t	max of 3 single jumps (half-loop is not considered a single jump).	,		
Pre-preliminary #4270 Time: 1:30 +/- 10	Max 5 Single Jumps only (Axel permitted) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single jumps (half-loop is not considered a single jump). Axel may be repeated as individual jump, combo, or sequence. Max 2 Axels.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Must use one half the ice surface	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test.
Preliminary #4260 Time: 1:30 +/- 10	Max 5  1 Axel or Waltz jump type jump Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single/double jumps (half-loop is not considered a single jump). Only 2 different double jumps may be attempted (double Salchow, toe or loop only) Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. Max of 2 Axels or any double jump.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Must use one half the ice surface	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.

#### **ADULT EVENTS: Compulsories, Adult 1-4 Free Skate, Pre-Bronze and Bronze:**

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec unless otherwise noted

Adult 1	Adult 2
<ul> <li>A. Backward swizzles</li> <li>B. Forward one-foot glides, one time skater's height: R &amp; L</li> <li>C. Two-foot turns</li> <li>D. Snowplow stops: R or L</li> <li>E. Forward curves on two feet</li> </ul>	<ul> <li>A. Forward stroking</li> <li>B. Forward crossovers, clockwise and counter clockwise</li> <li>C. Backward one-foot glide: R or L</li> <li>D. Forward pivot</li> <li>E. Forward Chasses on a circle</li> </ul>
Adult 3	Adult 4
<ul> <li>A. Backward crossovers, clockwise and counter clockwise</li> <li>B. Inside Mohawk, either direction</li> <li>C. Backward snowplow stops: R and L</li> <li>D. Forward progressives</li> <li>E. Beginning two-foot spin</li> </ul>	<ul> <li>A. Forward three turns, outside or inside: R &amp; L</li> <li>B. Alternate backward crossovers with two-foot transition</li> <li>C. Footwork sequence: 3-5 forward crossovers to an inside Mohawk; 3-5 backward crossovers; step forward inside the circle</li> <li>D. Power three turns: one direction only</li> <li>E. Backward Chasses on a circle</li> </ul>
Adult Pre-Bronze: Must have passed no higher than adult pre-bronze free skate test or pre-pre free skate test. Time: 1:40 max  Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements	Adult Bronze: Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 max  Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements

## Lloyd Center Ice Rink 25<sup>th</sup> Annual Ice Crystal Classic USFS Basic Skills Open Competition November 9<sup>th</sup> - 11<sup>th</sup>, 2012

Name		Phone		Alternate F	Phone
Address Female / Male (circle)		City		State	Zip
Highest Levels Passed:	Age on 11/01/2012	Birth D	Pate Email	Address	
g.rest zevels i usseu.	Basic Skills	Free Sl	kate	Moves in t	he Field
USFS Club or Basic Skills	Program US	FS Number	Coach's Name	<u></u>	ach's Phone
Please check the event	(s) you are entering	:			
Basic Skills:	Free Skate	Elements:	Comp	ulsory:	
Snowplow Sam	Free Ska			ited Beginne	er
Basic 1 Basi	c 5 Free Ska	ate 2		ginner	
Basic 2 Basi	c 6 Free Ska	ate 3	No	Test	
Basic 3 Basi	c 7 Free Ska	ate 4	Pre	-Preliminary	
Basic 4 Basi	c 8 Free Ska	ate 5	Pre	liminary	
	Free Ska	ate 6	Adı	ult : Level _	
Basic Program:	Free Skate		Well-E	<b>Balanced Pro</b>	gram:
Snowplow Sam	Free Ska	te 1	No <sup>-</sup>	Test	
Basic 1Basic	5Free Ska	te 2	Pre-	Preliminary	
Basic 2Basic	6Free Ska	te 3	Prel	iminary	
Basic 3Basic	7Free Ska	te 4			
Basic 4Basic	8Free Ska	te 5			
	Free Ska	te 6			
	Adult :	Level			
Showcase:			Interpretive:		
Snowplow Sam			Snowplow S	am	
Basic 1	Basic 5		Basic 1		Basic 5
Basic 2	Basic 6		Basic 2		Basic 6
Basic 3	Basic 7		Basic 3		Basic 7
Basic 4	Basic 8		Basic 4		Basic 8
Free Skate 1	Free Skate 5		Free Skate 1	L	Free Skate 5
Free Skate 2	Free Skate 6		Free Skate 2	<u></u>	Free Skate 6
Free Skate 3	Free Skate 7		Free Skate 3		Free Skate 7
Free Skate 4	Free Skate 8		Free Skate 4	<u></u>	Free Skate 8
	Adult : Level				Adult : Level
No Test		No 1	Гest		
Pre-Preliminary		Pre-	Preliminary		

\_\_Preliminary

\_\_Preliminary

#### **USFS Basic Skills In-house Competition – continued**

#### **Certification of the Competitor**

The competitor is eligible to enter the event(s) checked. It is agreed that the competitor skates this competition at his / her own risk. The competitor and family hereby release Lloyd Center Ice Rink, participating clubs, participating rinks, their personnel, and contractors from all liabilities. The competitor and family also agree that any photographs or videos taken by ISI, USFS, Lloyd Center Ice Rink, or any authorized party may be used by ISI, USFS or Lloyd Center Ice Rink for promotional purposes.

Competitor Signature:			Date:	
Parent / Guardian Signature: _			Date:	
Instructor / Coach Signature: _		Date:		
Club Officer / Program Directo	re:		Date:	
Entry Fee is \$45 for the First U	SFS Even	t, \$20 for each	additional event	
First Event Each Additional Event			\$ \$	
TOTAL			\$	
The completed entry form with Late entries, if accepted, will b Make check or money Returned check fee is \$	e charge order pa	d double.		October 7 , 2012.
To pay with a credit card:	Visa	■ Mas	stercard	
Credit Card Number		Expiration Date	2	3-Digit Verification Code
Name on Card (please print)		Signature		
Mail check and completed entry form t		o:	Lloyd Center Ice Rink Attn: Competition Director 953 Lloyd Center Portland, OR 97232	