WHAT IS... HUMILITY?



HUMILITY

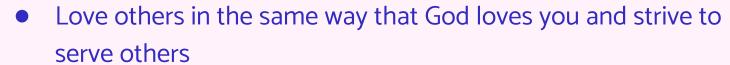


- Humility is the dwelling place of charity (love)
- It is essential to being a true Christian
- "If you ask me what the most essential element in the teaching and morality of Jesus Christ, I would answer you: the first is humility, the second is humility, and the third is humility" - St. Augustine









- In difficult situations, try to look at it from another point of view instead of your own
 - This can help us whenever we feel that others aren't paying attention to us, when we are corrected for a mistake, or when we get jealous of other people























- Not being humble (prideful) leads us to be restless and dissatisfied with life
- Happiness comes when we think about others more than ourselves
- Humility helps us to depend on God when life gets hard (illness, limitations, faults)
- It also allows us to remember that we are daughters of God

WHY SHOULD WE BE HUMBLE? (CONT'D)

 We are able to have more joy and peace and show greater respect and love for the people around us

 By being humble, life becomes easier because we realize that we don't have to do everything on our own



