Aran Elizabeth Tavakoli, RN, MSN, AOCNS

EDUCATION

2003 - 2005 University of California Los Angeles, School of Nursing

Masters of Science in Nursing, with a focus on

Clinical Nurse Specialist in Oncology.

1998-2000 Loma Linda University, School of Nursing

Bachelor of Science in Nursing

WORK EXPERIENCE

2010-Present University of California San Diego Health System

San Diego, CA

Oncology Clinical Nurse Specialist

- •Responsible for supporting oncology care staff, patients, and administration through education, leadership, quality improvement, research, and clinical expertise.
- •Participation in service line committees and teams, education planning, performance improvement projects, development and implementation of evidence-based practice for the oncology population.
- •Coordinate educational offerings, including Basic Oncology, OCN Review, the ONS Chemotherapy and Biotherapy Course and ONS Treatment Basics.

2005-2010

Scripps Cancer Center

La Jolla, CA

Advanced Practice Nurse for Scripps Memorial Hospital La Jolla

- •Responsible for the coordination of orientation, education and staff development for direct patient caregivers. Evaluating clinical practice for the unit and monitoring standards of care. Providing clinical supervision. Facilitating point of service decision making activities including education, research and performance improvement for the oncology population.
- •Receive referrals from physicians, nurses and other team members for symptom management, psychosocial support and patient education for the oncology population.
- Program Director for two annual conferences that draw nation wide attendance. The Scripps
 Oncology Nurses Symposium and the Scripps Oncology Nursing Advanced Practice
 Conference.
- •Coordinate educational offerings, in a 5 hospital system, including Basic Oncology, OCN Review, the ONS Chemotherapy and Biotherapy Course and monthly Oncology Educational Series
- •Co-chair the multidisciplinary physician Breast Cancer Quality Task Force and Nursing Practice Council

2001-2005

University of California Los Angeles Medical Center

Los Angeles, CA

Clinical Nurse II - Oncology Services

- Responsible for in-patient care of autologous and allogeneic bone marrow transplant patients including drug administration and symptom management. Care of renal cell carcinoma patients with high dose Interlukin-2 treatment and the care of post-operative and medical oncology patients.
- Educating patients and families regarding treatment and symptom management.
- Working and communicating with health care team regarding patient care.
- Acting as preceptor and mentor for new employees and new graduates on the unit.
- Cross-trained to Bowyer Oncology Center responsible for administering chemotherapy regimens and patient education in an outpatient setting.
- UCLA Patient Education Committee participating in improving patient education materials and assessing needs of patients, families and staff related to education.

LICENSURE and CERTIFICATION

2010 - present ONS Treatment Basics Trainer

2006 - present Advanced Oncology Certified Clinical Nurse Specialist (AOCNS®)

2005 - present Clinical Nurse Specialist in the State of California

2005 - present ONS Chemotherapy Certification and trainer

2001 - present Public Health Nurse Certification in the State of California

2000 - present Registered Nurse in the State of California

1998 - present Cardiopulmonary Resuscitation (CPR)

PUBLICATIONS

Levine, A. (2010). Chemotherapy. In J. Eggart and M. Callaghan (Eds.) <u>Cancer Basics</u>. Pittsburgh, PA: ONS Press Inc.

Levine, A. (2008). How Do I Become a CNS? In J. Fulton & M. Wickline (Eds.) So, You Want to be a Clinical Nurse Specialist? Pittsburgh, PA: ONS Press Inc.

Levine, A. (2005). Clinical Trials Research: Challenges of patient education and informed consent. Oncology Nursing Forum, 32(4), 737-739.

ABSTRACTS

Implementing a Hyperthermic Intraperitoneal Chemotherapy Program: Nursing's role in assuring continuity of care in a community hospital. Accepted for podium presentation at

ONS Congress

SELECTED PRESENTATIONS

EC	04/29/11	ATIONS ONS Congress Session, "The 5 Ws of Chemotherapy Competency"
	05/27/10	FDA Satellite Broadcast and Webcast, "Using Employee Health and Personal Hygiene Measures"
	09/16/09	San Diego Fox 5, "Protect Yourself From The Flu"
	06/18/09	San Diego Oncology Nursing Society, "Chemotherapy Safety"
	04/18/09	International Oncology Network's National Nursing Meeting, "Understanding and Treating ITP"
	02/23/09	Scripps La Jolla Nursing Grand Rounds, "CVC Line Removal: A case study"
	11/15/2008	Critical Concepts in Oncology Nursing Management of Adverse Events in Targeted Agents, Seattle, "Current Paradigms for Managing Infusion Reactions"
	9/14/2008	Oncology Issues and Trends Conference, Las Vegas, "Oncologic Emergencies, Hypercalcemia, Tumor Lyisis Syndrome and Spinal Cord Compression"
	5/15/08	ONS Congress Podium Presentation, "Hyperthermic Intraperitoneal Chemotherapy"
	6/10/2007	Cancer Survivorship San Diego, "A Thriver's Guide to Managing the Short Term and Long Term Side-Effects of Cancer Therapies"
	1/23/2007	Scripps Memorial Hospital Grand Rounds, "Central Lines: Making them Better"
	10/6/2006	Association of Clinical Nurse Leaders (ACNL) San Diego Chapter. Innovation Program, "FMEA to Increase the Safety of Chemotherapy Administration"
	1/19 /2006	San Diego Oncology Nursing Society, "Chronic Myelogenous Leukemia: Issues and Insights"
	10/19/2006	Leukemia and Lymphoma Society. Poway Support Group, "Symptom Management"
	9/16/2005	University of California, San Diego, Oncology Core Curriculum Course, "Health Promotion and Professional Performance"
	4/29/2004	ONS Congress Roundtable Facilitator, "Management of Vesicant Extravasation"
	2002-2005	"Oncology Symptom Management" for Chemotherapy Class and Oncology Core Curriculum at UCLA.

PROFESSIONAL MEMBERSHIP

2001 - present Oncology Nursing Society (ONS)

2011 - ONS Leadership Web Course Planning Team Member

2011 - ONS Leadership Think Tank Contributor

2010 - ONS Life Long Learning Position Statement Development Contributor

2009 & 2010 ONS Congress Team Member 2008 Leadership Development Institute Graduate 2008 – ONS Mentorship Planning Team Member 2007 – ONS Mentorship Weekend Attendee

2005 - present San Diego Chapter ONS

President 2008 President Elect. 2007

Chairman, Program Committee 2006 - 2007

2005 - present ONS Clinical Nurse Specialist Special Interest Group

SIG Coordinator 2010 SIG Coordinator Elect 2009

2004 - present Sigma Theta Tau International, Nursing Honor Society

Mosby Nursing Scholarship from UCLA

2004 - present National Association of Clinical Nurse Specialists

2001 - 2005 Greater Los Angeles Chapter ONS

TEACHING

2010 - present Clinical Preceptor, Graduate Nursing Program, Point Loma Nazarene University

2006 Clinical Preceptor, Graduate Nursing Program, University of California Los Angeles

ADDITIONAL EXPERIENCE

2005 - 2008 Leukemia & Lymphoma Society – Patient and family support group facilitator

AWARDS AND RECOGNITION

2003-2005

2010	Nominated for the Woman of the Year Campaign by The Leukemia & Lymphoma Society
2008	Scripps Health Quality Award winner for the Breast Cancer Quality Task Force
2008	Awarded "Outstanding Nurse in a Supportive Role" at Scripps Memorial Hospital La Jolla
2007	Nominated for 'Values in Action" at Scripps Memorial Hospital La Jolla
2005	UCLA School of Nursing Graduation Speaker
2005	Awarded Outstanding Poster for content originality and innovation at Cedars-Sinai's Nursing Research Symposium
2004	Greater Los Angeles Chapter ONS Scholarship