

## **PRE EMBARKATION QUESTIONNAIRE / ZIKA VIRUS**

We are hereby informing you that NCL, Oceania Cruises & Regent Seven Seas Cruise vessels trade in Zika infected areas.

Zika is a disease caused by the Zika virus and it is spread to people primarily through the bite of an infected mosquito.

Recent studies by the CDC strongly suggest that the Zika Virus can cause birth defects as the virus is spread from the pregnant woman to her fetus.

Knowledge between Zika and birth defects is evolving but evidence shows that babies infected by the Zika virus can be born with very small brains, something called Microcephaly. Babies with microcephaly have smaller brains that have not developed properly and can suffer from seizures, developmental delay, speech problems, difficulty sitting, standing and walking, intellectual disabilities, problems with movement and balance, feeding problems, hearing loss and vision problems. The impact of a Zika Baby is devastating for the family.

Sexual transmission is also possible, so even if you are not pregnant at this time, you should follow steps not to get pregnant while in Zika infected areas.

If you are pregnant or planning to become pregnant, Health Authorities advise that you should not travel to Zika infected areas.

### **FOR FEMALE CREW ONLY**

Name of Crew Member:

MAPS ID for NCL crew only:

Position onboard:

Name of Vessel:

Date of your last period:

Are you pregnant or suspect to be pregnant?

Signature:

Date: