1. **Declare and Instantiate**:
    - Declare a one-dimensional array of integers named `ages` with space for 4 elements.
    - Instantiate the array and set the first element to `18`.
2. **Initialize and Print Elements**:
    - Create an array `scores` using combined declaration and initialization with the values `{90, 85, 88, 92}`.
    - Write code to print the value at the second index.
3. **Explore Multidimensional Arrays**:

Declare and initialize a 3x3 matrix with the following values:

```
1 2 3
4 5 6
7 8 9
```

    - Print the element in the first row and second column.
4. **Traverse with Loops**:
    - Write a `for` loop to traverse and print all elements in a one-dimensional array named `numbers` that contains `{5, 10, 15}`.
5. **Dynamic Array with ArrayList**:
    - Use an `ArrayList` to:
        - Add three names: "Alice", "Bob", and "Charlie".
        - Update the second name to "David".
        - Remove the last name and print the final list.