

## What Do You Mean a “Relationship with Money?”

Do you have a good relationship with money? Too many of us don't, at least not a good one. We touch it as little as possible. We don't talk about it. We pay our bills as fast as we can. We spend as little time reflecting on our money as is humanly possible. After all, we're busy. We have so many other more important things to do.

But really, what is more important than our money? It is the thing that provides us shelter and food, that transports us to our work and to visit the people we love, that educates our children, and so much more. Money, the object, may not be important. But **money, the energy, is an integral part of supporting our daily lives.** Most of us make financial decisions all day, every day. Everything from the insignificant “do I buy that pack of gum?” to the very significant “what salary am I willing to work for?”

The end result of spending so little time developing an enjoyable and working relationship with money is that our daily financial decisions can often be haphazard, even for those with an abundant amount of money. We learn to live in vagueness around our money, not having long term or short term plans and not really knowing where our money goes every month.

Yes, it's out-of-the-box to think about money as something you have a relationship with, but if you want to learn to have a peaceful and prosperous financial life, approaching money as you would an important relationship can change your life.

