



PERSONAL CARE

This can be a big area that many of us avoid, while others of us spend a lot. What should go on your annual & monthly expenditures? Taking good care of ourselves helps us be better stewards of our money.

Is there something you want to do to take care of yourself, but you don't because you can't afford it?

When's the last time you saw a therapist?

How much money should you be spending on clothes every month?

When's the last time you got a massage?

