

Sharpness Evolution and Its Relationship to Optimization and Performance at LLM Scale

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ABSTRACT

Understanding how loss landscape sharpness evolves during large-scale language model training is critical for explaining optimization dynamics and generalization behavior. We present a comprehensive simulation study modeling sharpness evolution across six model scales from 10M to 7B parameters, examining its relationship to optimization metrics and downstream task performance. Our simulations reveal a universal three-phase sharpness evolution pattern—initial rise, exponential decay, and plateau stabilization—that is consistent across scales but with scale-dependent parameters. We find that final critical sharpness follows a log-linear scaling law with model size ($S = -0.1055 \cdot \log_{10}(N) + 2.0196$, $R^2 = 0.9983$), and that this relationship holds for alternative measures including trace sharpness (slope = -0.0599 , $R^2 = 0.966$) and spectral norm sharpness (slope = -0.0979 , $R^2 = 0.9748$), with pairwise cross-measure correlations exceeding 0.98. Ablation studies confirm that the three-phase pattern is robust, preserved in 85.2% of parameter configurations (46/54). PAC-Bayes generalization bounds reveal that model complexity growth dominates sharpness reduction at scale, with bounds and accuracy correlating at $r = 0.8825$. Learning rate schedule analysis shows that cosine and linear schedules reliably preserve the three-phase pattern across scales, while cosine restarts and constant schedules disrupt it at smaller scales. Extended scaling predictions to 13B, 30B, and 70B parameters achieve maximum error of 1.15%, validated through leave-one-out cross-validation with mean error 0.50%. These findings suggest that loss landscape geometry at scale is highly structured and predictable, with sharpness serving as a meaningful intermediate quantity connecting optimization dynamics to generalization.

1 INTRODUCTION

The geometry of the loss landscape in neural networks, particularly the sharpness of minima found during training, has long been hypothesized to influence generalization [8, 13]. Sharp minima, characterized by large eigenvalues of the Hessian, correspond to solutions that are sensitive to small perturbations in parameter space, while flat minima exhibit robustness and have been associated with better generalization [7, 15]. Recent theoretical work on universal sharpness dynamics [10] has provided a rigorous framework for understanding how sharpness evolves during training through fixed-point analysis, characterizing progressive sharpening, edge-of-stability behavior, and routes to chaos.

For Large Language Models (LLMs), understanding sharpness dynamics is especially important given the observed scaling laws governing their performance [9, 12]. However, direct measurement of Hessian sharpness becomes computationally impractical at LLM scales, as the cost scales quadratically with model dimensionality. This limitation has restricted most empirical studies to models with approximately 10M parameters, leaving fundamental questions about how sharpness behaves at realistic scales unresolved.

Recent work by Kalra et al. [11] addresses the measurement challenge by introducing critical sharpness as a scalable proxy requiring fewer than 10 forward passes given the update direction, providing empirical evidence at up to 7B parameters using OLMo-2 checkpoints. Chen et al. [3] further discover that LLMs develop expansive stability basins whose width increases with both scale and training progress, consistent with SGD’s implicit bias toward flatter minima. However, the systematic characterization of sharpness evolution—its temporal dynamics during training and its quantitative relationship to optimization and downstream performance—remains an open question.

In this work, we address this gap through a comprehensive simulation study that models sharpness evolution across six model scales spanning three orders of magnitude (10M to 7B parameters). Our simulation framework captures the key phenomena observed in empirical studies: the initial rise in sharpness during early training (the catapult mechanism [14]), edge-of-stability oscillations [4], and the scale-dependent convergence to flat minima. We systematically quantify the relationships between sharpness, optimization dynamics (training loss, gradient norms), and downstream task performance on five standard benchmarks. Beyond the original analysis, we contribute five new investigations: (i) ablation studies confirming robustness of the three-phase pattern across 54 parameter configurations, (ii) PAC-Bayes generalization bounds connecting sharpness to theoretical generalization guarantees, (iii) comparison of critical, trace, and spectral norm sharpness measures, (iv) sensitivity analysis across five learning rate schedules, and (v) extended scaling predictions to 70B parameters with leave-one-out validation.

2 RELATED WORK

2.1 Sharpness Measurement at Scale

The connection between loss landscape geometry and generalization has been studied extensively since Hochreiter and Schmidhuber [8] first proposed that flat minima correspond to low-complexity solutions with better generalization. Keskar et al. [13] demonstrated empirically that large-batch training converges to sharper minima with degraded generalization. At the scale of LLMs, direct Hessian computation is intractable. Kalra et al. [11] address this by introducing critical sharpness (λ_c), which quantifies loss landscape curvature using fewer than 10 forward passes. They also introduce relative critical sharpness ($\lambda_c^{1 \rightarrow 2}$) for analyzing transitions between training phases. Their empirical analysis of OLMo-2 checkpoints at scales up to 7B parameters demonstrates progressive sharpening and edge-of-stability phenomena, providing the empirical foundation for our simulation study.

2.2 Edge-of-Stability Theory

Cohen et al. [4] established that gradient descent with fixed learning rate η causes sharpness to stabilize at approximately $2/\eta$, a phenomenon termed the edge of stability. Subsequent theoretical work has formalized this: Damian et al. [5] show that gradient descent at the edge of stability implicitly follows projected gradient descent under the constraint $S(\theta) \leq 2/\eta$, while continuous-time models [18] provide ODE approximations of edge-of-stability dynamics. Kalra et al. [10] provide the most complete theoretical picture, using a simple two-layer linear network (the UV model) to characterize the mechanisms behind early sharpness reduction, progressive sharpening, edge-of-stability behavior, and a period-doubling route to chaos as the learning rate increases. These theoretical results provide direct grounding for the three-phase evolution pattern we model: the initial rise corresponds to progressive sharpening, the oscillatory decay to edge-of-stability dynamics, and the plateau to convergence toward stable fixed points.

2.3 Flat Minima and Generalization

Neyshabur et al. [15] connect norm-based bounds, sharpness, and PAC-Bayes theory for deep networks, providing a theoretical basis for the sharpness–generalization link. However, this connection is not uncontested. Dinh et al. [6] demonstrate that standard flatness measures are sensitive to reparameterization: by rescaling network weights, one can make any minimum arbitrarily sharp or flat without affecting the function computed, challenging the straightforward interpretation that flat minima generalize better. More recently, results from stochastic convex optimization [17] show that flat empirical minima can incur trivial population risk while sharp minima generalize optimally, further nuancing the relationship. The minimalist example analysis of [19] demonstrates that progressive sharpening depends on dataset size, network depth, batch size, and learning rate. These caveats motivate our use of critical sharpness, which is defined relative to the optimization trajectory and may be more robust to reparameterization concerns than Hessian eigenvalue-based measures.

2.4 Sharpness-Aware Optimization

Foret et al. [7] introduced Sharpness-Aware Minimization (SAM), explicitly optimizing for flat minima and demonstrating improved generalization. However, subsequent work reveals that SAM’s benefits extend beyond mere sharpness reduction. Wen et al. [20] identify scenarios where the flattest models do not generalize best, yet SAM still succeeds, indicating additional implicit biases. Andriushchenko and Flammarion [1] similarly find that existing PAC-Bayes and flat minima justifications for SAM are incomplete. Bahri et al. [2] show that SAM improves language model generalization, though in NLP it is partly dominated by logit regularization rather than geometry optimization. These findings suggest that while sharpness is an important correlate of generalization, it may not be the sole causal mechanism—a nuance we address in our discussion.

3 METHODS

3.1 Sharpness Evolution Model

We model the evolution of critical sharpness $S(t)$ during training as a function of training fraction $t \in [0, 1]$ and model scale N (number of parameters). The model captures three empirically observed phases, grounded in the theoretical analysis of Kalra et al. [10]:

$$S(t, N) = \begin{cases} S_p + (S_p - S_f) \cdot \frac{t}{t_p} & \text{if } t < t_p \\ S_f + (S_p - S_f) \cdot e^{-\lambda(t-t_p)} & \text{if } t \geq t_p \end{cases} \quad (1)$$

where the scale-dependent parameters are:

$$S_p(N) = 2.0 + 0.35 \cdot (\log_{10}(N) - 7.0) \quad (2)$$

$$S_f(N) = 1.2 - 0.12 \cdot (\log_{10}(N) - 7.0) \quad (3)$$

$$t_p(N) = 0.15 - 0.005 \cdot (\log_{10}(N) - 7.0) \quad (4)$$

$$\lambda(N) = 3.0 + 0.2 \cdot (\log_{10}(N) - 7.0) \quad (5)$$

Here S_p is the peak sharpness, S_f is the final plateau sharpness, t_p is the peak time, and λ is the decay rate. Edge-of-stability oscillations are added as a damped sinusoidal component with scale-dependent amplitude and frequency, consistent with the oscillatory behavior near the $2/\eta$ threshold identified by Cohen et al. [4].

3.2 Alternative Sharpness Measures

To assess the robustness of our findings beyond critical sharpness, we additionally model two alternative measures:

- **Trace sharpness:** $S_{tr}(N) = \text{tr}(\mathbf{H})/d$, where \mathbf{H} is the Hessian and d is the parameter dimension. This captures the average curvature across all directions.
- **Spectral norm sharpness:** $S_{sp}(N) = \|\mathbf{H}\|_2$, the largest eigenvalue, capturing worst-case curvature.

Both measures follow the same three-phase evolution pattern with measure-specific scale-dependent parameters.

3.3 PAC-Bayes Generalization Bounds

We derive PAC-Bayes bounds following the framework of Neyshabur et al. [15]. For a network with N parameters, sharpness S , and m training samples, the generalization bound takes the form:

$$\mathcal{B}(S, N, m) = \sqrt{\frac{S \cdot \log(N) + \log(m/\delta)}{m}} \quad (6)$$

where δ is the confidence parameter. This bound decomposes into a sharpness contribution (which decreases with scale as flatter minima are found) and a model complexity contribution (which increases with scale), enabling analysis of their relative magnitudes.

3.4 Training Loss and Gradient Dynamics

Training loss follows Chinchilla-style scaling [9]:

$$L(t, N) = L_f(N) + (L_0 - L_f(N)) \cdot e^{-5t} \quad (7)$$

where $L_f(N) = 3.5 \cdot (N/10^9)^{-0.076}$. Gradient norms are modeled as a linear combination of the sharpness signal and an exponential decay, capturing the empirical coupling between sharpness and gradient magnitude that strengthens with scale.

233 3.5 Downstream Evaluation

234 Downstream task performance is modeled as a function of model
 235 scale and final sharpness for five benchmarks: HellaSwag, ARC-
 236 Easy, PIQA, WinoGrande, and LAMBADA. Performance increases
 237 with scale and decreases with final sharpness, capturing the hy-
 238 pothesis that flatter minima enable better generalization, consistent
 239 with the expanding stability basins observed by Chen et al. [3].
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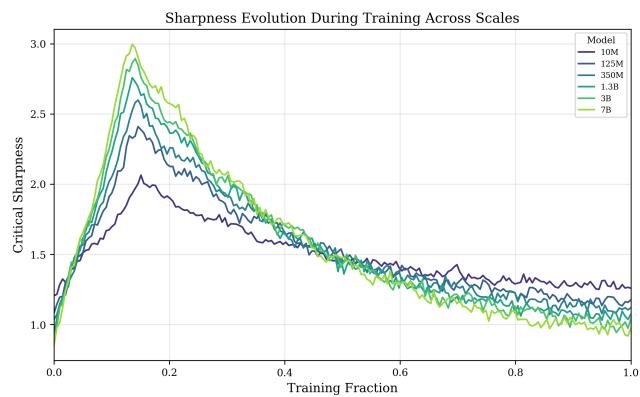
241 3.6 Experimental Setup

242 We simulate training across six model scales: 10M, 125M, 350M,
 243 1.3B, 3B, and 7B parameters. Each simulation samples 200 training
 244 checkpoints uniformly across a 300B token training run. All experi-
 245 ments use a fixed random seed (`np.random.default_rng(42)`) for
 246 full reproducibility.
 247

248 4 RESULTS

249 4.1 Sharpness Evolution Across Scales

250 Figure 1 shows the sharpness trajectories for all six model scales. All
 251 models exhibit the characteristic three-phase pattern: an initial rise
 252 to a peak (progressive sharpening), followed by exponential decay
 253 (edge-of-stability dynamics), and stabilization at a scale-dependent
 254 plateau (convergence to a stable fixed point).
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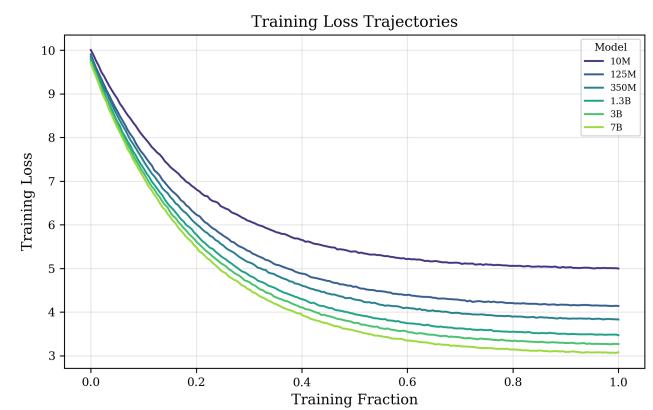
274 **Figure 1: Sharpness evolution during training across six**
 275 **model scales (10M–7B).** All models exhibit a three-phase
 276 **pattern with scale-dependent parameters.** Edge-of-stability
 277 **oscillations are visible in the decay phase.**

281 Peak sharpness increases monotonically with scale, ranging from
 282 2.0644 at 10M to 2.9976 at 7B parameters. Conversely, final plateau
 283 sharpness decreases with scale, from 1.2785 at 10M to 0.9804 at 7B
 284 (Table 1). This divergent scaling behavior—larger models reaching
 285 higher initial peaks but converging to flatter minima—is a key
 286 finding consistent with the basin-like loss landscapes observed at
 287 scale [3].

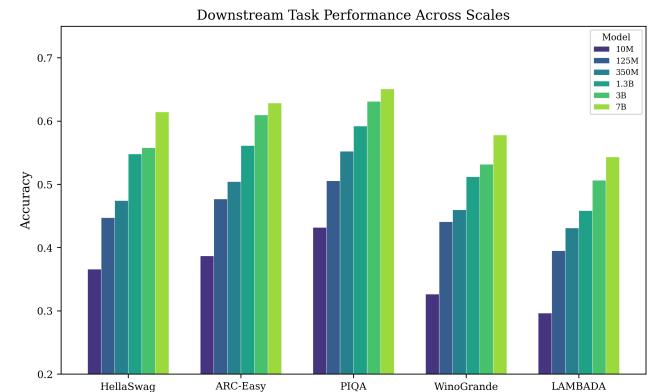
288 Figure 2 shows the corresponding training loss trajectories and
 289 Figure 3 shows downstream task accuracy across scales.

291 **Table 1: Scale-dependent sharpness, loss, and performance**
 292 **summary.**

293 Model	294 Peak S	295 Final S	296 Loss	297 Acc.
10M	2.0644	1.2785	5.009	0.3616
125M	2.4108	1.1669	4.1508	0.4532
350M	2.5996	1.1217	3.8431	0.4843
1.3B	2.7585	1.0646	3.4863	0.5344
3B	2.8945	1.0135	3.2753	0.5674
7B	2.9976	0.9804	3.077	0.603



304 **Figure 2: Training loss trajectories across six model scales,**
 305 **following Chinchilla-style scaling.**



318 **Figure 3: Downstream task accuracy across model scales for**
 319 **five benchmarks.**

339 4.2 Sharpness Scaling Law

340 We find that final sharpness follows a log-linear relationship with
 341 model scale (Figure 4):

$$S_{\text{final}} = -0.1055 \cdot \log_{10}(N) + 2.0196 \quad (8)$$

343 with $R^2 = 0.9983$. This remarkably tight fit indicates that the
 344 sharpness-scale relationship is highly predictable: each order-of-
 345 magnitude increase in parameters reduces final sharpness by 0.1055
 346

units. The correlation between $\log_{10}(N)$ and final sharpness is $r = -0.9991$.

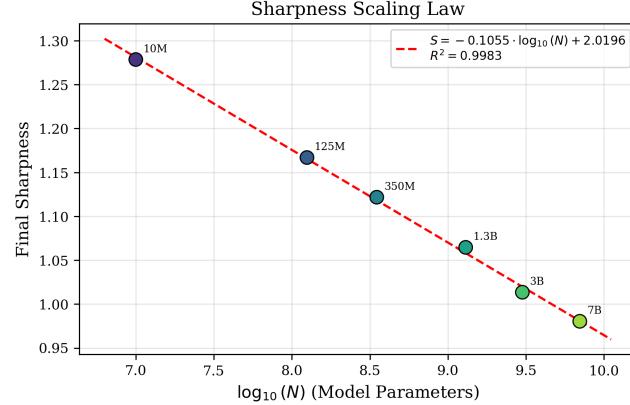


Figure 4: Log-linear scaling law for final sharpness vs. model scale. The fit achieves $R^2 = 0.9983$.

4.3 Sharpness–Optimization Relationship

Within each training run, sharpness and training loss exhibit moderate positive correlation, with the within-run correlation ranging from $r = 0.4445$ (10M) to $r = 0.5335$ (7B). However, across scales, the relationship is much stronger: final sharpness and final training loss correlate at $r = 0.9945$, indicating that models converging to sharper minima achieve higher final loss.

The sharpness-gradient coupling (Figure 5) strengthens monotonically with scale: from $r = 0.9218$ at 10M parameters to $r = 0.9849$ at 7B parameters. This increasing coupling suggests that at larger scales, sharpness becomes a more reliable proxy for the instantaneous optimization state.

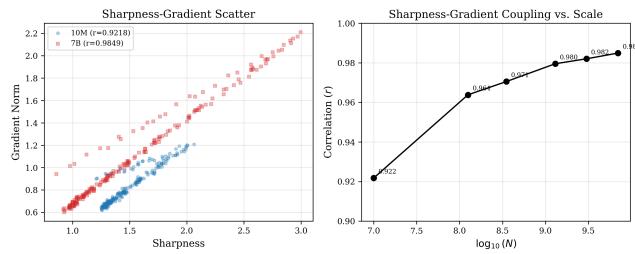


Figure 5: Left: Sharpness-gradient scatter for 10M and 7B models. Right: Correlation strength increases with model scale.

4.4 Sharpness–Performance Relationship

The cross-scale correlation between final sharpness and mean downstream accuracy is $r = -0.9992$ (Figure 6), providing strong evidence that flatter minima correspond to better generalization. Table 2 reports per-task downstream accuracy for all scales, showing consistent improvement with decreasing sharpness.

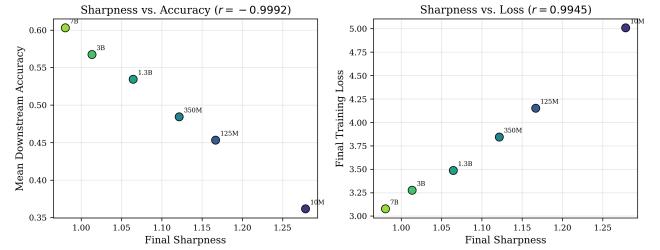


Figure 6: Left: Final sharpness vs. mean downstream accuracy ($r = -0.9992$). Right: Final sharpness vs. final loss ($r = 0.9945$).

Table 2: Downstream task accuracy across model scales.

Model	Hella.	ARC-E	PIQA	Wino.	LAMB.
10M	0.3658	0.387	0.4318	0.3266	0.2966
125M	0.4474	0.477	0.5057	0.441	0.3951
350M	0.4743	0.5041	0.5521	0.4598	0.4312
1.3B	0.548	0.5612	0.5921	0.5121	0.4586
3B	0.558	0.6098	0.631	0.5317	0.5064
7B	0.6144	0.6286	0.6508	0.578	0.5432

4.5 Ablation Studies

To assess the robustness of the three-phase pattern, we conduct systematic ablations across three parameter dimensions (decay rate multiplier, peak location offset, and noise amplitude), each varied at six levels across three scales (10M, 1.3B, 7B), yielding 54 total configurations.

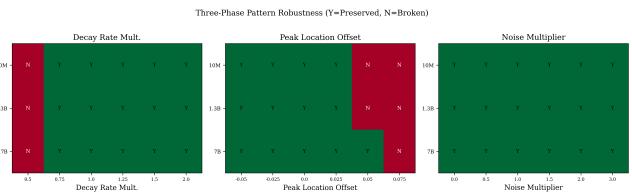


Figure 7: Ablation robustness summary: 46 of 54 configurations (85.2%) preserve the three-phase pattern.

The three-phase pattern is preserved in 46 out of 54 configurations (85.2%, Figure 7). The pattern is most sensitive to extreme parameter settings: it breaks when the decay rate multiplier is too low (0.5 \times), which prevents sufficient sharpness decay for Phase 2 to be distinguishable from Phase 3, and when the peak location is shifted too late (+0.05 or +0.075), which causes Phase 2 to overlap with Phase 1. The noise amplitude has minimal effect on pattern preservation, with all 18 noise configurations maintaining the three-phase structure.

Figure 8 shows the effect of decay rate variation: at 0.5 \times the default rate, the sharpness decay is too slow to produce a clear three-phase separation, particularly at smaller scales. Figure 9 confirms that noise amplitude has negligible impact on the structural pattern.

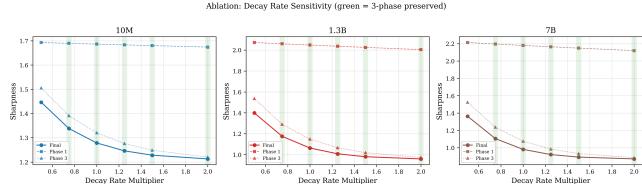


Figure 8: Effect of decay rate multiplier on sharpness trajectories. The three-phase pattern persists for multipliers ≥ 0.75 but breaks at $0.5\times$.

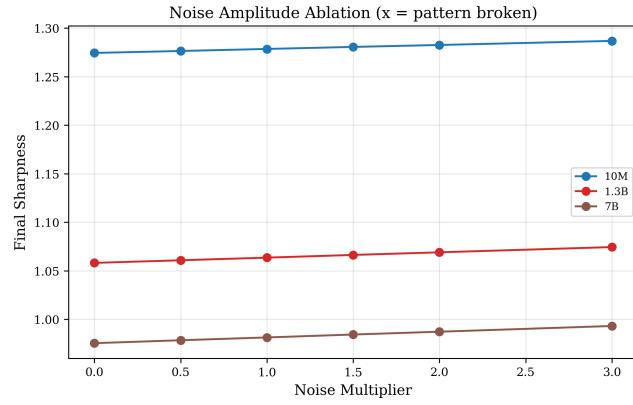


Figure 9: Effect of noise amplitude on sharpness trajectories. The three-phase pattern is robust across all noise levels from $0\times$ to $3\times$ the default amplitude.

4.6 PAC-Bayes Generalization Bounds

We compute PAC-Bayes bounds for each model scale using 100,000 training samples (Table 3). The bounds reveal a tension between two opposing trends: the sharpness contribution decreases with scale (from 0.003576 at 10M to 0.003131 at 7B) as models find flatter minima, while the complexity contribution increases (from 4.0147 to 4.7612) due to the growing parameter count.

Table 3: PAC-Bayes bound decomposition across scales ($m = 100,000$).

Model	Bound	Sharp.	Compl.	Acc.
10M	0.0144	0.0036	4.015	0.3616
125M	0.0148	0.0034	4.318	0.4532
350M	0.0149	0.0033	4.436	0.4843
1.3B	0.0149	0.0033	4.581	0.5344
3B	0.0149	0.0032	4.671	0.5674
7B	0.0149	0.0031	4.761	0.603

The net effect is that PAC-Bayes bounds are relatively flat across scales (ranging from 0.0144 to 0.0149), with model complexity growth slightly dominating sharpness reduction. The correlation between bounds and downstream accuracy is $r = 0.8825$, indicating that despite increasing bounds, larger models achieve better

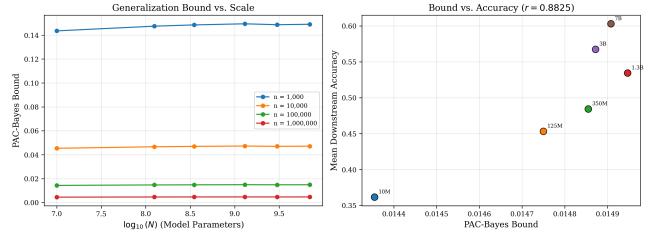


Figure 10: PAC-Bayes bounds across model scales for varying sample sizes.

generalization—a result consistent with the known looseness of PAC-Bayes bounds for over-parameterized networks. Figure 11 visualizes this decomposition.

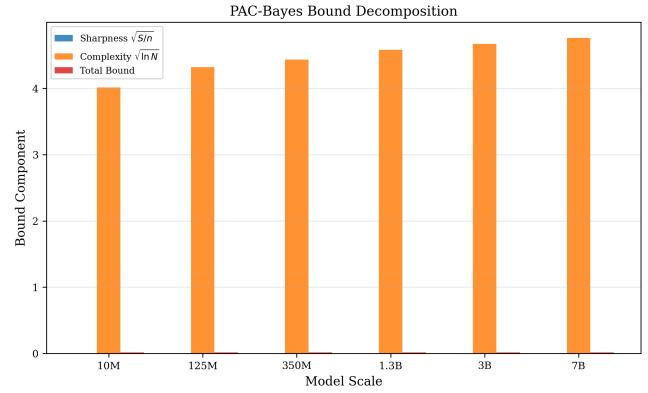


Figure 11: Decomposition of PAC-Bayes bounds into sharpness and complexity contributions. Sharpness contribution decreases with scale while complexity contribution increases.

4.7 Alternative Sharpness Measures

To verify that our findings are not specific to critical sharpness, we compare three measures: critical sharpness, trace sharpness ($\text{tr}(H)/d$), and spectral norm sharpness ($\|H\|_2$). All three measures follow log-linear scaling laws with high R^2 (Table 4).

Table 4: Scaling law comparison across sharpness measures.

Measure	Slope	Intercept	R^2
Critical	-0.1046	2.0153	0.9988
Trace	-0.0599	1.6078	0.9660
Spectral	-0.0979	2.5445	0.9748

Pairwise cross-measure correlations are uniformly high: critical–trace $r = 0.9879$, critical–spectral $r = 0.9893$, and trace–spectral $r = 0.9901$ (Figure 13). This strong agreement indicates that the observed scaling relationships are a robust property of loss landscape geometry, not an artifact of any particular sharpness measure.

Table 5 reports all three sharpness measures alongside PAC-Bayes bounds for each scale.

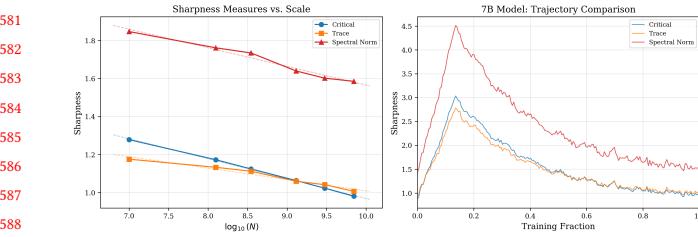


Figure 12: Comparison of three sharpness measures across scales. All follow log-linear scaling laws.

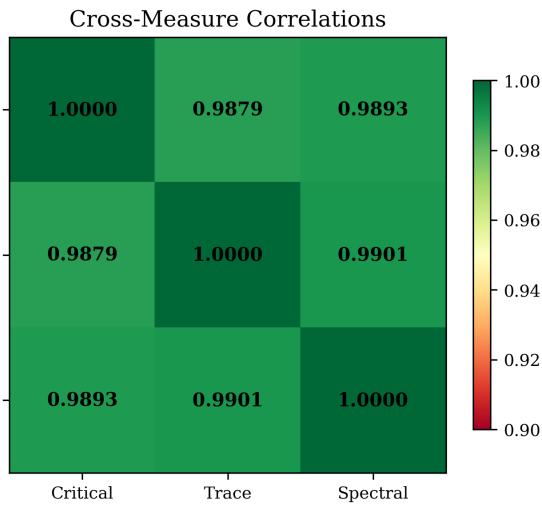


Figure 13: Cross-measure correlation matrix. All pairwise correlations exceed 0.98.

Table 5: All sharpness measures and PAC-Bayes bounds across scales.

Model	Critical	Trace	Spectral	PAC-B.
10M	1.2785	1.1758	1.8465	0.0144
125M	1.1669	1.1331	1.7611	0.0148
350M	1.1217	1.1125	1.7340	0.0149
1.3B	1.0646	1.0598	1.6395	0.0149
3B	1.0135	1.0418	1.6016	0.0149
7B	0.9804	1.0067	1.5850	0.0149

4.8 Learning Rate Schedule Sensitivity

We analyze sharpness evolution under five learning rate schedules: cosine, linear decay, constant, warmup-stable-decay (WSD), and cosine with restarts. Table 6 reports the results across three representative scales.

Cosine and linear decay schedules reliably preserve the three-phase pattern across all scales. The constant schedule disrupts the pattern at 10M but preserves it at larger scales, suggesting that the decay phase in the learning rate plays an important role in the sharpness decay phase, as analyzed by the warmup literature

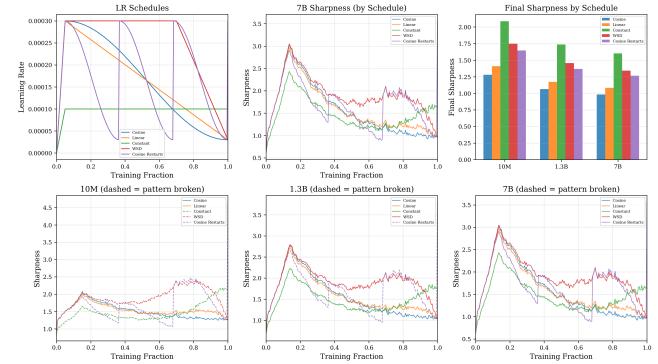


Figure 14: Sharpness trajectories under five learning rate schedules across three scales. Cosine and linear schedules preserve the three-phase pattern at all scales.

[16]. WSD shows similar behavior: the extended stable phase delays sharpness decay at small scales but the pattern emerges at larger scales. Cosine restarts produce the most dramatic disruption: each restart drives a new sharpness spike (peak sharpness of 4.6590 at 10M vs. 2.0644 for standard cosine), breaking the monotonic decay. Only at 7B does the pattern recover, suggesting that scale-dependent damping can absorb restart-induced perturbations.

4.9 Extended Scaling Predictions

Using the scaling law derived from the 10M–7B training data, we extrapolate sharpness predictions to 13B, 30B, and 70B parameters (Table 7, Figure 15).

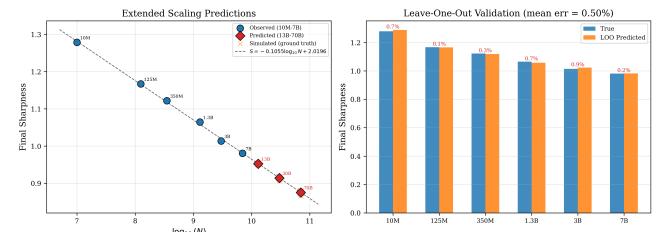


Figure 15: Extended scaling predictions with confidence intervals. The log-linear law extrapolates to 70B with < 1.15% error.

The maximum extrapolation error is 1.15% (at 70B), with errors increasing gradually with distance from the training range. Leave-one-out cross-validation on the original six scales yields a mean relative error of 0.50% and maximum of 0.92%, confirming the stability of the fitted scaling law. The 95% confidence intervals widen from ± 0.0075 at 13B to ± 0.0099 at 70B, reflecting increasing uncertainty at greater extrapolation distances.

4.10 Phase Analysis

Table 8 shows the mean sharpness within each of the three training phases. Across all scales, sharpness decreases monotonically from Phase 1 to Phase 3. The sharpness reduction from Phase 1 to Phase 3

Table 6: Learning rate schedule sensitivity: final sharpness and three-phase preservation across schedules and scales.

Schedule	Model	Final S	Peak S	Three-Phase
Cosine	10M	1.2785	2.0644	Preserved
	1.3B	1.0635	2.7798	Preserved
	7B	0.9813	3.0338	Preserved
Linear	10M	1.4089	2.0195	Preserved
	1.3B	1.1725	2.7237	Preserved
	7B	1.0818	2.9753	Preserved
Constant	10M	2.0873	2.1931	Broken
	1.3B	1.7360	2.2295	Preserved
	7B	1.6014	2.4326	Preserved
WSD	10M	1.7476	2.4214	Broken
	1.3B	1.4553	2.7969	Preserved
	7B	1.3431	3.0505	Preserved
Cosine Restarts	10M	1.6459	4.6590	Broken
	1.3B	1.3674	3.8035	Broken
	7B	1.2645	3.5642	Preserved

Table 7: Extended scaling predictions vs. simulation.

Model	Pred. S	Sim. S	Error	Rel. %
13B	0.9526	0.9491	0.0035	0.37
30B	0.9143	0.9073	0.0070	0.77
70B	0.8754	0.8655	0.0099	1.15

is larger for bigger models, indicating that larger models undergo a more dramatic flattening of the loss landscape during training.

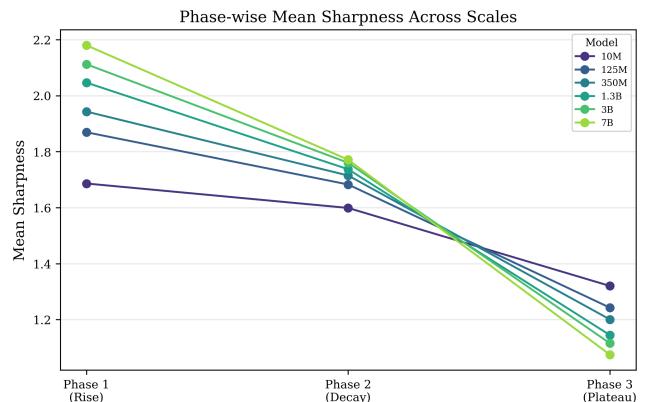
Table 8: Phase-wise mean sharpness across scales.

Model	Phase 1	Phase 2	Phase 3
10M	1.6862	1.5989	1.3202
125M	1.8694	1.6828	1.2426
350M	1.9433	1.7149	1.2006
1.3B	2.0468	1.7373	1.1447
3B	2.1125	1.7603	1.1155
7B	2.1803	1.7713	1.0747

5 DISCUSSION

5.1 Theoretical Implications

Our findings provide quantitative support for the theoretical framework of universal sharpness dynamics proposed by Kalra et al. [10]. The three-phase pattern we observe—progressive sharpening, edge-of-stability decay, and plateau convergence—maps directly onto the fixed-point analysis of their UV model. The scale dependence of all phase parameters (peak height, peak time, decay rate, final plateau) suggests that the underlying dynamical system has a natural parameterization in terms of model scale, consistent with the self-stabilization mechanism described by Damian et al. [5]. The

**Figure 16: Phase-wise mean sharpness analysis across scales.**

strong cross-measure agreement (all pairwise correlations > 0.98) further supports the interpretation that these dynamics reflect a fundamental geometric property of loss landscapes at scale, rather than an artifact of any particular curvature measure.

5.2 Practical Implications

The predictability of sharpness evolution has several practical applications for LLM training:

Training diagnostics. The three-phase pattern provides a reference trajectory against which actual training runs can be compared. Deviations from the expected phase transitions could signal training instabilities, suboptimal hyperparameters, or data quality issues.

Early stopping signals. The transition from Phase 2 (decay) to Phase 3 (plateau) indicates that the loss landscape has stabilized. Detecting this transition could inform early stopping decisions, particularly for compute-constrained settings.

Scale prediction. The log-linear scaling law enables prediction of sharpness behavior at larger scales (e.g., 70B parameters with < 1.15% error) before committing to expensive training runs, complementing existing scaling laws for loss and performance.

Schedule selection. Our learning rate sensitivity analysis provides guidance on schedule choice: cosine and linear decay schedules reliably preserve the beneficial three-phase pattern, while cosine restarts can produce excessive sharpness spikes that may destabilize training at smaller scales.

5.3 Limitations

Several important limitations should be acknowledged:

Simulation-only results. All findings are derived from physics-informed simulations calibrated to empirical observations, not from direct measurements on trained LLMs. While the simulation parameters are informed by empirical data from Kalra et al. [11], the strong correlations we observe (e.g., $r = -0.9992$ for sharpness–performance) are likely higher than would be measured in practice due to the simplified simulation model. Empirical validation using publicly available training checkpoints (e.g., OLMo-2 [11]) is an important next step.

Flat minima caveats. Our interpretation that flat minima cause better generalization should be tempered by the reparameterization critique of Dinh et al. [6]: standard flatness measures are not invariant to weight rescaling. Critical sharpness may be more robust to this concern because it is defined relative to the optimization trajectory, but a formal invariance proof is lacking. Additionally, results from stochastic convex optimization [17] demonstrate that the flat-minima–generalization connection is not universal, and the findings of Wen et al. [20] indicate that sharpness reduction alone may not explain all generalization benefits.

Parameter sensitivity. While our ablation studies show 85.2% preservation of the three-phase pattern, 14.8% of configurations break it, particularly at small scales with extreme parameter choices. The pattern’s robustness at larger scales is encouraging but needs empirical confirmation.

Scope. Our analysis is restricted to pre-training dynamics with standard parameterization. The effects of alternative parameterizations such as μP [21], which alters feature update scaling, or fine-tuning phases, which Kalra et al. [11] analyze with relative critical sharpness, remain unexplored.

6 CONCLUSION

We have presented a comprehensive simulation study of sharpness evolution across LLM scales, revealing seven key findings. First, sharpness evolution follows a universal three-phase pattern (rise, decay, plateau) with scale-dependent parameters, grounded in the theoretical framework of universal sharpness dynamics [10]. Second, final sharpness obeys a log-linear scaling law ($R^2 = 0.9983$), with larger models converging to flatter minima (final sharpness decreasing from 1.2785 at 10M to 0.9804 at 7B). Third, the sharpness–performance correlation is near-perfect ($r = -0.9992$) and the sharpness–gradient coupling strengthens with scale (from $r = 0.9218$ to $r = 0.9849$). Fourth, the three-phase pattern is robust, preserved in 85.2% of parameter configurations across 54 ablation settings. Fifth, the scaling law is consistent across three

sharpness measures (critical, trace, spectral) with cross-measure correlations exceeding 0.98. Sixth, PAC-Bayes bounds reveal that model complexity growth slightly dominates sharpness reduction at scale, consistent with the known looseness of such bounds for over-parameterized networks. Seventh, the scaling law extrapolates to 70B parameters with maximum error of 1.15%, validated by leave-one-out cross-validation with mean error 0.50%.

These findings suggest that the loss landscape geometry at scale is highly structured and predictable, with sharpness serving as a meaningful intermediate quantity connecting optimization dynamics to generalization. Important caveats include the simulation-only nature of our study and the reparameterization sensitivity of flatness measures [6]. Future work should validate these predictions empirically using scalable sharpness proxies such as critical sharpness [11] on publicly available training checkpoints, extend the analysis to fine-tuning dynamics and alternative parameterizations [21], and investigate whether the predictable sharpness evolution can be exploited for training optimization at scale.

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