



ATHIRA K K

I am a dedicated and ambitious individual. The frontage I received, has abled me to become meticulous and perceptive in dealing with people. Furthermore, I am flexible and is competent at handling multiple tasks. I am striving to perfect my skills and seeking a position to discharge my scholastic knowledge in benefiting the organization.

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EDUCATION

M Sc Clinical Psychology

Christ College (Autonomous)

06/2018 – 05/2020

Irinjalakuda

B Sc Psychology

Union Christian College

06/2015 – 03/2018

Aluva

WORK EXPERIENCE

Intern

Sacred Heart Hospital

12/2019 – 02/2020

Paykulam, Thodupuzha

Achievements/Tasks

- Functioned under psychiatric settings and provided psycho-education for the inmates.
- Conducted regular classes for the patients.
- Behavior scheduling for patients.
- Case and MSE taking.
- Administration of psychometric tests.

Trainee

Govt. L P School South Vemballur

11/2019 – 11/2019

Kodugallur

Achievements/Tasks

- Conducted a brain gym session for the students.
- Counseling for the needy.
- Relaxation sessions for the students.
- Assisted teachers in conducting interactive sessions.

Intern

Santhula Trust Hospital

01/2018 – 02/2018

Achievements/Tasks

- Gained knowledge regarding psychotic and neurotic disorders.
- First-hand experience in dealing with the psychotic patient and amnesic disorder.
- Assisted clinical psychologists in case taking.

SKILLS

Assessment (MSE)

Psychometric tests

Behavioral therapies

Motivation

Effective communication

Interpersonal skills

Microsoft office

PERSONAL PROJECTS

Locus of Control and Self-esteem of Undergraduate Day scholars and Hostellers (2018)

- Dissertation work for Bachelor's degree

A Correlational Study of Personality Traits and

Psychological Well-being among Health care Workers of Psychiatric Wards (2020)

- Dissertation work for Masters degree

CERTIFICATES

Regional Workshop on "Crisis Intervention: Kerala Flood". (08/2018 – 08/2018)

Session was on how to assist people to cope with loss and grief.

National Seminar on "Qualitative Approaches in Psychological Research". (01/2019 – 01/2019)

LANGUAGES

Malayalam
Native or Bilingual Proficiency

English
Full Professional Proficiency

Hindi
Professional Working Proficiency

INTERESTS

Books

Dance

Creative writing