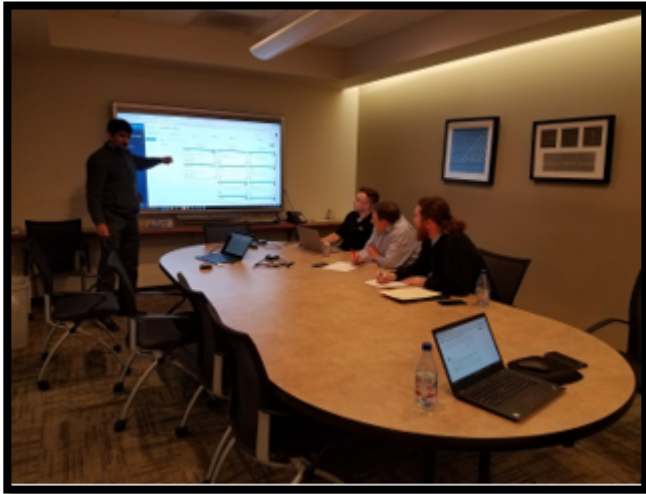
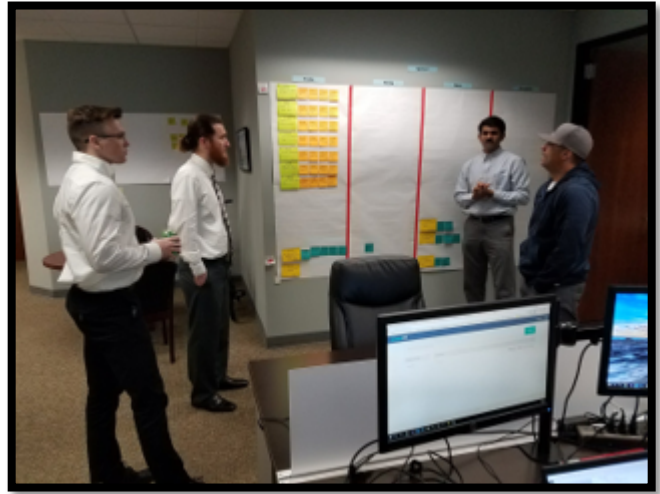


INSIGHT Sprint Ceremonies and Activities

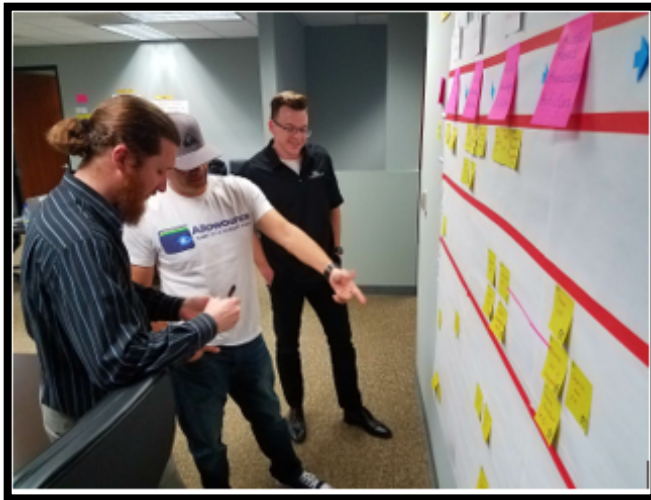
Sprint Planning



Daily Scrum



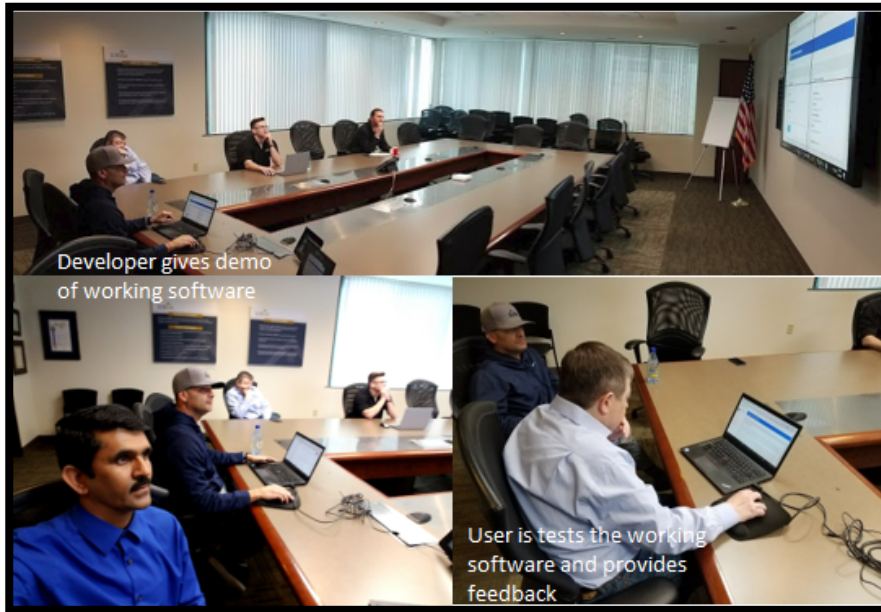
Product Backlog Grooming



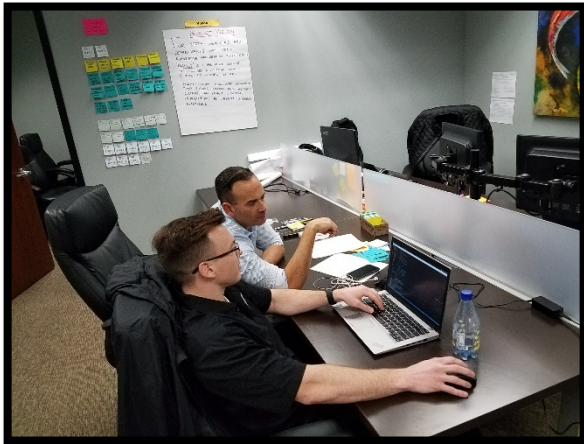
Planning Poker



Sprint Review Meeting



Pair Programming



Sprint Retrospective

