Notification Number: 2005/145/UK

# The Tryptophan in Food Regulations (Northern Ireland) 2005

Date received : 05/04/2005 End of Standstill : 06/07/2005

# Message

Message 001

Communication from the Commission - SG(2005) D/50728

Directive 98/34/EC

Notificación - Oznámení - Notifikation - Notifizierung - Teavitamine - Γνωστοποίηση - Notification - Notification - Notification - Notificación - Pieteikums - Pranešimas - Bejelentés - Notifika - Kennisgeving - Zawiadomienie - Notificacão - Hlásenie-Obvestilo Ilmoitus - Anmälan : 2005/0145/UK.

No abre el plazo - Nezahajuje odklady - Fristerne indledes ikke - Kein Fristbeginn - Viivituste perioodi ei avata - Καμ| έναρξη προθεσμίας - Does not open the delays - N'ouvre pas de délais - Non fa decorrere la mora - Neietekmē atlikšanu - Atidėjimai nepradedami - Nem nyitja meg a késéseket - Ma' jiftaħx il-perijodi ta' dawmien - Geen termijnb - Nie otwiera opóźnień - Nao inicia o prazo - Neotvorí oneskorenia - Ne uvaja zamud - Määräaika ei ala tästä - Inledingen frist.

(MSG: 200500728.EN)

#### 1. Structured Information Line

MSG 001 IND 2005 0145 UK EN 06-07-2005 05-04-2005 UK NOTIF 06-07-2005

# 2. Member State

United Kingdom

## 3. Department Responsible

Department of Trade and Industry: Standards and Technical Regulations Directorate

#### 3. Originating Department

Department of Health Social Services and Public Safety for Northern Ireland

### 4. Notification Number

2005/0145/UK - C40A

#### 5. Title

The Tryptophan in Food Regulations (Northern Ireland) 2005



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#### 6. Products Concerned

Laevorotatory tryptophan (L-tryptophan)-containing food supplements and L-tryptophan-containing foods for particular nutritional use.

### 7. Notification Under Another Act

#### 8. Main Content

These draft Regulations consolidate, with amendments, the Tryptophan in Food Regulations 1990, as amended. The continue to prohibit the addition of tryptophan to food, and the sale, offer for sale and exposure for sale of food containing tryptophan, subject to exemptions.

These draft Regulations allow the addition of a new exemption from the prohibitions of the original Regulations in respect of L-tryptophan added to food supplements if certain conditions are met with regard to purity and recommendaily dose.

The draft Regulations include the insertion of a qualification to the existing exemption in respect of L-tryptophan or its salts added to foods for a particular nutritional use in that the added substance must comply with specific purity criteria.

The UK will fulfil it's obligation under article 12 of Directive 98/34/EC when these Regulations, and parallel Regulatio to be made in England, Scotland and Wales, are officially published.

Keywords: Tryptophan, food supplements, PARNUTS.

### 9. Brief Statement of Grounds

The Committee for the Toxicology of Chemicals in Food, Consumer Products and the Environment (COT) recently considered up-to-date evidence on tryptophan and concluded that L-tryptophan as a dietary (food) supplement, wou not present an appreciable risk to health provided that it met the purity criteria specified in the European Pharmacopoeia (EP) and that the maximum recommended intake for an adult was 220mg/day.

Given COT's conclusions, there is a case for introducing a requirement that where L-tryptophan (or any of its salts) is added to infant formulas, follow-on formulas, processed cereal based baby foods and baby foods intended for infant and young children or other foods for particular nutritional uses, it should also, in these cases, comply with EP purity criteria.

### 10. Reference Documents - Basic Texts

- c) 1990/0164/UK
- f) See attached opinion of the Committee on Toxicity of Chemicals in Food, Consumer Products and the Environmer The opinion can be viewed also at

http://www.food.gov.uk/science/ouradvisors/toxicity/statements/cotstatements2004branch/cotstatements2004tryptop

#### 11. Invocation of the Emergency Procedure

No

### 12. Grounds for the Emergency



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#### 14. Fiscal measures

No

## 15. Impact assessment

Impact Assessment

A separate RIA has not been prepared in Northern Ireland, however the RIA prepared in England is believed to be representative of the situation in Northern Ireland.

### 16. TBT and SPS aspects

**TBT Aspect** 

No

The draft does not have a significant effect on international trade.

**SPS Aspect** 

No

The draft does not have a significant effect on international trade.

David O'Sullivan General Secretary European Commission

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