

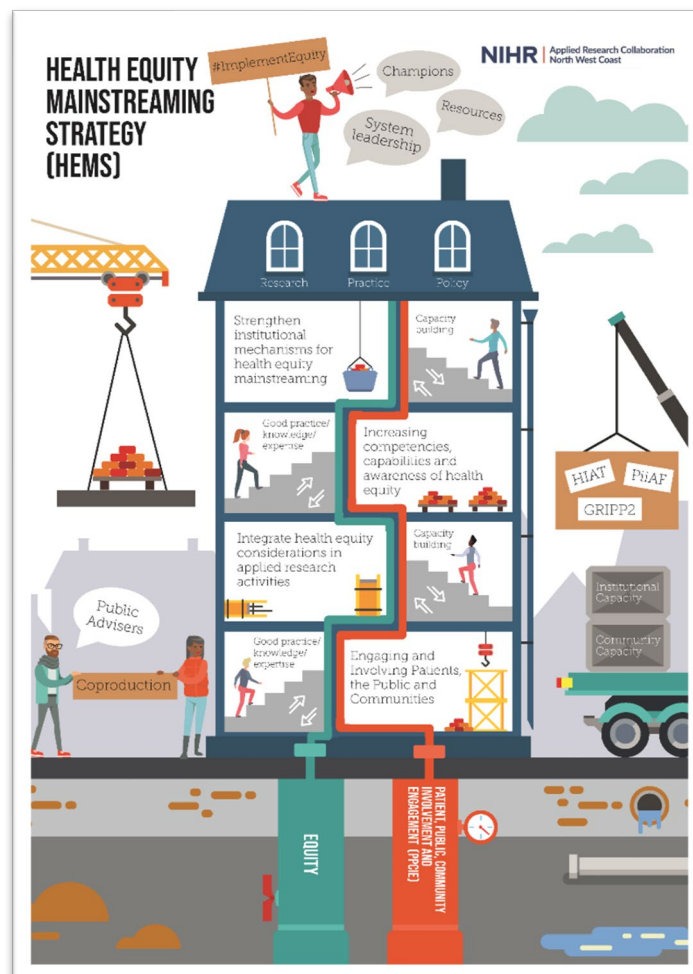
Health Equity Thermometer & Screening Tool

Further Resources

NIHR Applied Research Collaboration North West Coast

The Applied Research Collaboration North West Coast (ARC NWC) consists of health and social care providers, NHS commissioners, local authorities, universities, public advisers, working together to learn more about health inequalities and inequities, and overcome the barriers around translating these discoveries in health research into practice which improves lives. We also have a dedicated strategy and action plan on how we can mainstream equity in all the work we do.

To find out more about ARC NWC please visit our website: <https://arc-nwc.nihr.ac.uk/> and look under Health Equity to read more on our Health Equity Mainstreaming Strategy (HEMS) and Action Plan.



Health Inequalities & Health Equity Resources

The Health Equity Thermometer aims to support the implementation of an equity lens in health research by triggering discussions about concepts, initiating further exploration of best-practice, and thus leading to improved systems, practice and policies that have the capacity to reduce health inequalities. We recognize that theory is always more simplified and straight-forward than practice, which is why independent of your Health Equity temperature on our thermometer, we thought you would find following resources useful:

- ▮ The ***A-Z cards and workbook*** have been codeveloped by Public Advisers and stakeholders of the ARC NWC and can be freely accessed and downloaded from <https://arc-nwc.nihr.ac.uk/midas/overview/health-equity-mainstreaming-strategy-2020-2024/resources/>

Each letter of the alphabet is attached to a word that is related to health inequalities and the cards can be used in a playful way to trigger discussions within teams around concepts generally but also about their application within specific projects.

- ▮ The NIHR ARC NWC in collaboration with the School of Public Health Research (SPHR) have developed the ***Focus on Research and Equity*** webresource that can be accessed at <https://forequity.uk>

This online platform provides tools and resources to help make research evidence more relevant for action to reduce social and health inequalities. It includes an inventory of existing guidance to support research teams to apply an equity lens in their studies, a library of general resources, and a revised version of the Health Inequalities Assessment Toolkit.

- ▮ The ***Health Inequalities Assessment Toolkit (HIAT)*** can be accessed through the Focus on Research and Equity web-platform <https://forequity.uk>

The HIAT aims to support people to reflect on how they can better integrate an equity lens at every stage of the research process from identifying issues to study, through study design and conduct, to dissemination and knowledge exchange. It doesn't provide the answers, but it helps ask the right type of questions.

- ▮ Patient and Public Involvement and Engagement (PPIE) is pivotal to applying an equity lens. The ***Public Involvement Impact Assessment Framework (PiiAF)*** aims to support researchers in assessing the impact of PPIE in their work and can be freely accessed from <https://piiaf.org.uk/>

- ▮ It's not enough to involve patients and the public in health research. Instead their value ought to be recognized and reported in publications. The **Guidance for Reporting Involvement of Patients and the Public (GRIPP2)** has been developed as a tool that can enhance the PPIE evidence-base by helping researchers report it in a systematic way. Both its long and short form can be freely accessed <https://rdcu.be/cZX41>
- ▮ If you are conducting research the **Place-Based Longitudinal Data Resource (PLDR)** uses local and national datasets (e.g Hospital admissions data, budgetary data, prescribing data) to calculate inequality indicators for places (neighbourhoods, local government areas, regions and countries) that are consistent over time. If you want to find out more about the resource and how to access it visit <https://pldr.org/>

Are you more of an audio-visual learner? Look for our **ARC NWC YouTube channel** where we host short vlogs to longer seminars and our **Equity Lens podcast series** on which stakeholders from all around ARC NWC share their challenges and learnings from implementing an equity lens to their work.

Find us on Twitter for regular updates on our work: **@arc_nwc**
Send us your thoughts, queries and feedback using **#ImplementEquity**

Key terms Glossary

Co-production	The genuine equitable involvement of the public and experts by experience at all levels of research and implementation, not just brief or tokenistic engagement
Equality in health	Offering everyone the same support regardless of need
Equity in health	Offering everyone different support based on individual needs
Evidence-base	A pool of knowledge and evidence from previous research and/or experience that should be the foundation of implementation
Health Determinants	Physical, social, economic, or political individual or place-based characteristics that impact on health
Health Inequalities	Health inequalities are systematic, unjust, and avoidable differences in health across the population, and between different groups within society that are a result of the conditions in which we are born, grow, live, work and age i.e the health determinants.
Intersectionality	Indicate the co-existence and combined impact of multiple determinants (e.g. economic, gender, or migrant status) that impact on health
Upstream approach to health equity	Proactive approach focusing on prevention by targeting the causes of the causes, which is the opposite to downstream approach offering services reactively to already ill people.