Movie Recommendation:

$$\operatorname{lift}(\textit{M}_1 \rightarrow \textit{M}_2) = \frac{\operatorname{confidence}(\textit{M}_1 \rightarrow \textit{M}_2)}{\operatorname{support}(\textit{M}_2)}$$

Market Basket Optimisation:

$$\operatorname{lift}(\textit{\textbf{I}}_1 \rightarrow \textit{\textbf{I}}_2) = \frac{\operatorname{confidence}(\textit{\textbf{I}}_1 \rightarrow \textit{\textbf{I}}_2)}{\operatorname{support}(\textit{\textbf{I}}_2)}$$